

13th Annual Inter-House Athletics Sports Meet

SAINT FRANCIS' HIGH SCHOOL



HAYATABAD, PESHAWAR



On Wednesday, 3rd December, 2008 at 10:00 a.m.

Mr. Sardar Hussain Babak

Provincial Minister for Elementary
& Secondary Education
Government of NWFP.

Will Preside & Distribute the Trophies



Mr. Sardar Hussain Babak, Provincial Minister for Elementary and Secondary Education, distinguished guests and worthy parents, I welcome you all to our 13th Annual Athletics Sports Meet on behalf of the faculty and students of St. Francis' High School.

Holding such an elaborate function each year is not a matter of ease. What you see here in two hours is the essence of year long activities. Unlike some other institutions, sporting activities at St. Francis' are not limited only to a sports week or sports day. The competitions in various sports and track & field events are conducted all the year round. This Athletics Sports Meet forms the climax of these activities when we gather here to appreciate and encourage those students who earn distinction in various sports.

Present today amongst us is Mr. Sardar Hussain Babak, Provincial Minister for Elementary and Secondary Education- a young man with a challenging portfolio. As a matter of fact, young people have a greater awareness of the demands of present times. They also have the fortitude to take up challenges and to rectify the matters that have been left ignored for ages. The elementary and secondary education of our province is one of the most neglected sectors for a long time. No substantial changes were seen over decades. Though we are not directly involved in the political





process, we appreciate the manifesto of Mr. Babak's party which aimed at replacing guns with pen. In their manifesto, they have also promised to allocate 6% of the GDP on education. If intention turns into reality, it will contribute a great deal towards the progress and prosperity of our nation. We expect that Mr. Babak would look into the various issues which are causing the decay of our elementary and secondary education system. Through this forum, I also appeal for direct involvement of private sector in policy-making, planning and implementation of decisions. I support my suggestion with the instances from recent past in which the government took decisions detrimental to the whole set up, and which finally had to be reversed. I hope and expect that the present government will try to put the matters right at the grass root level, so that our province can have a respectable literacy rate.

Dear parents, we can expect the government to take steps for improving the literacy rate but as far as education is concerned, that, as I have mentioned time and again, is the collective responsibility of the school and the family. The teachers and parents have to work hand in hand to educate the students in the real sense. Education is much more than just being literate, which is merely the ability to read and write. The genuine education aims at the overall development of the





personality and the character of the students so that they can become a responsible citizens and a functional members of the society. Books only cannot serve the purpose. We need to provide them opportunities outside the class as well, so that the intrinsic traits of their character are developed.

If we look at the present situation of our society, there is no peace around us and that is mainly due to a dearth of tolerance. In our society a very constructive word ‘competition’ has taken a negative meaning. It seems that everyone believes in the notion, ‘Everything is fair in love, war-and competition.’ This is taking us towards an ultimate downfall. We all need to do something in this regard. The parents have to teach their children the value of fair play, whether it be academics or any other field. We, here at St. Francis’ are giving them practical lessons of fair play and tolerance. We provide equal opportunities to all in the class and on the playground. We can proudly claim that we are out of a few, if not the only institution, to provide equal opportunities to boys and girls in all the sporting events. Recently, one of our girl students participated in the National Karate Championship and won a bronze medal. It is an unsurpassed achievement, the details of which will be announced during the Karate Display. So, irrespective of gender we help them polish their academic or sporting abilities. We let them compete to achieve what they





can and then we honour their achievement with trophies. Only a few of them win the trophies, but all of them learn virtues of much greater value-tolerance, fair play, sportsmanship, self respect, and much more. I wish there is more tolerance in our society, because peace comes with tolerance, and tolerance comes with education. So we need to increase the education rate, not just literacy. We respect the opinion of a few parents who have reservations about sports activities, but we want them to realize how important it is for an overall development of Their children. I am sure they'll realize once their children excel in life and attribute it to what they learnt in this playground.

Ladies and gentlemen, I am grateful to you all for being here today. In am especially obliged to Mr. Sardar Hussain Babak, who readily accepted our invitation and honoured us with his presence. I also want to appreciate the efforts of the teachers and students to make this day a success.

Have some food for thought: A trophy gets dusty over the year; the values learnt in the game shine forever.





St. Francis' High School

Hayatabad, Peshawar.

**13th Annual Inter-House
Athletics Sports Meet 2008**

CHIEF GUEST

**Mr. Sardar Hussain Babak,
Provincial Minister for Elementary and
Secondary Education, Government of NWFP.**

OFFICIALS

REFEREE

Mr. Francis Sales Fernando

STARTER

Mr. Anwar Jamal

CHECK STARTERS

Mr. Suleman Sabir

Mrs. Shabana Riaz

TRACK UMPIRES

Mr. Khurram Waqar

Miss. Naheed Falaksher

Mr. Zeeshan Griffen

Miss. Kiran Munir

TIME KEEPERS

Miss. Jazba Murad Mr. Khurram Shehzad

Miss. Nighat Parveen Mr. Naveed Hassan Ali Shah

ANNOUNCERS

Mr. Fayyaz Ghufran

Mr. Naeem Pervez

Mr. Imran Qureshi

RECORDER

Mr. Rifat Ullah

TECHNICIANS

Mr. Saleem Akhtar

OFFICIAL PHOTOGRAPHER

M/S Malik Sons

13th

ANNUAL INTER-HOUSE



ATHLETICS SPORTS MEET



RECEPTION & GUEST STEWARDS

Mrs. Musarat Jabeen
Mr. Havildar Khan
Mrs. Christina Javed
Mrs. Fauzia Yasmin

Mr. Essa Khan
Mr. Robinson Yousaf
Mr. Adnan Shahid
Miss. Dur-e-Nayab

GENERAL SUPERVISION

Mrs. Nighat Iqbal
Mrs. Samrana Iqbal
Mrs. Mufaza Naeem
Miss. Sumaira Zahoor
Miss. Elishba Emmanuel
Mrs. Humaira Simon
Mrs. Sharia Faraz
Miss. Beenish Younas
Mrs. Asiya Shehzad
Mrs. Naseem Kanwal
Mrs. Pansy Shamoun
Mrs. Sumaira Adnan
Miss. Misbah Ali
Mrs. Basharat Naeem
Mrs. Sumaira Adeel

Miss. Sumaira Tabassum
Mrs. Amrozia Aamir
Mrs. Ruth Shakeel
Miss. Pansy Yousaf
Miss. Shazia Jabeen
Miss. Farnita Jacqueline
Miss. Victoria Francis
Miss. Nadia Pervaiz
Miss. Anny Murad
Miss. Samina George
Miss. Anila Gill
Miss. Saima Yaqoob
Miss. Debora Bashir
Mr. Naveed Walter
Mr. Rizwan Ilyas

PREPARATION OF CERTIFICATES

Mrs. Khalida Fernando
Miss. Iffat Iqbal

Mrs. Aliya Shahid
Miss. Sobia Tabassum

TROPHIES

Mr. Ahmad Faraz
Mr. Yaqoob Mohan

Mr. Jamshed Griffen
Mr. Amoon Emmanuel

P.T INSTRUCTORS

Mr. Subhan Uddin
Miss. Shazia Pervaiz
Mr. Muhammad Riaz

Mrs. Noreen John
Mr. Ezzat Khan

BAND MASTERS

Mr. Muhammad Munir

Mr. Saddique Alam

REFRESHMENT

Mrs. Rukhsana Asad
Mrs. Aliya Shahid
Mrs. Zanoobia Robinson

Mrs. Rubina Saeed
Mrs. Rubina Irshad





CONDITIONS

- 1) Competitors not ready at the time and place appointed for their event will be scratched.
- 2) Competitors will be excluded from taking part in an event unless properly attired.
- 3) Every competitor shall be supplied with and must wear during competition, a distinctive number. Competitors who fail to fix their numbers securely to their vest will not be allowed to participate.
- 4) Any dispute and / or complaint shall be submitted to the referee, whose decision shall be final.
- 5) In both senior and junior events, no competitor shall enter for more than three individual events of which not more than two shall be track events.
- 5) Competitors are requested to make use of their House Enclosures. They are to be in their Enclosures, in charge of the House Masters and Mistresses who will issue all instructions to them.
- 7) Competitors are requested to keep off the field when they are not warming up or participating in the events for which they have entered.
- 8) Points will be awarded as follows:

	<u>Individual Events</u>	<u>Team Events</u>
First Place	5 Points	7 Points
Second Place	3 Points	5 Points
Third Place	1 Points	3 Points

In the event of TIE, points will be shared.





CAPTAINS OF CLASS TEAM (BOYS)

Annual Athletic Sports Meet 2008 2009

4-Blue	Cricket Football	1132 / 1459 /	Asim Ullah Umer Farooq
4-Green	Cricket Football	1209 / 1280 /	Rehmat Ullah Waqar Afridi
4-Yellow	Cricket Football	1332 / 1580 /	Muhammad Zeeshan Salahudin
5-Blue	Cricket Football Volleyball Basketball	1044 / 1287 / 1305 / 1015 /	Mansoor Subhan Zeeshan Khan Tahmeem Wali Salman Ahmed
5-Green	Cricket Football Volleyball Basketball	1133 / 1086 / 1222 / 1103 /	Muhammad Adnan Hamad Afridi Mustafa Javed Khalid Khan
5-Yellow	Cricket Football Volleyball Basketball	1536 / 1516 / 1572 / 1796 /	Farhan Khattak Adnan Khan Musa Khan Danish Khattak
6-Blue	Cricket Football Volleyball Basketball	918 / 911 / 1256 / 1458 /	Danial Ahmad Asad Rehman Jansher Khan Abu Bakar
6-Green	Cricket Football Volleyball Basketball	1330 / 1469 / 1672 / 1200 /	Farhan Afridi Ubaid-ur-Rehman Adnan Jehanzeb Kashif Shiraz
6-Yellow	Cricket Football Volleyball Basketball	1596 / 1575 / 1544 / 1561 /	Hamza Sajjad Haider Asif Hamza Sajjad Ehtesham Saeed
7-Blue	Cricket Football Volleyball Basketball	1320 / 1268 / 793 / 1145 /	Noman Khattak Arsalan Khalid Shah Rukh Khan Umair Imran
7-Green	Cricket Football Volleyball Basketball	1728 / 1224 / 1313 / 598 /	Sohail Ahmad Zain-ul-Abideen Amir Afridi Muhammad Ismail
7-Yellow	Cricket Football Volleyball Basketball	1562 / 1461 / 1535 / 1433 /	Muhammad Umer Afridi Amir Afridi Rehan Khan Khattak Abdullah Shinwari





CAPTAINS OF CLASS TEAM (BOYS)

Annual Athletic Sports Meet 2008 2009

4-Blue	Cricket	1132 /	Asim Ullah
	Football	1459 /	Umer Farooq
4-Green	Cricket	1209 /	Rehmat Ullah
	Football	1280 /	Waqar Afridi
4-Yellow	Cricket	1332 /	Muhammad Zeeshan
	Football	1580 /	Salahudin
5-Blue	Cricket	1044 /	Mansoor Subhan
	Football	1287 /	Zeeshan Khan
	Volleyball	1305 /	Tahmeem Wali
	Basketball	1015 /	Salman Ahmed
5-Green	Cricket	1133 /	Muhammad Adnan
	Football	1086 /	Hamad Afridi
	Volleyball	1222 /	Mustafa Javed
	Basketball	1103 /	Khalid Khan
5-Yellow	Cricket	1536 /	Farhan Khattak
	Football	1516 /	Adnan Khan
	Volleyball	1572 /	Musa Khan
	Basketball	1796 /	Danish Khattak
6-Blue	Cricket	918 /	Danial Ahmad
	Football	911 /	Asad Rehman
	Volleyball	1256 /	Jansher Khan
	Basketball	1458 /	Abu Bakar
6-Green	Cricket	1330 /	Farhan Afridi
	Football	1469 /	Ubaid-ur-Rehman
	Volleyball	1672 /	Adnan Jehanzeb
	Basketball	1200 /	Kashif Shiraz
6-Yellow	Cricket	1596 /	Hamza Sajjad
	Football	1575 /	Haider Asif
	Volleyball	1544 /	Hamza Sajjad
	Basketball	1561 /	Ehtesham Saeed
7-Blue	Cricket	1320 /	Noman Khattak
	Football	1268 /	Arsalan Khalid
	Volleyball	793 /	Shah Rukh Khan
	Basketball	1145 /	Umair Imran
7-Green	Cricket	1728 /	Sohail Ahmad
	Football	1224 /	Zain-ul-Abideen
	Volleyball	1313 /	Amir Afridi
	Basketball	598 /	Muhammad Ismail
7-Yellow	Cricket	1562 /	Muhammad Umer Afridi
	Football	1461 /	Amir Afridi
	Volleyball	1535 /	Rehan Khan Khattak
	Basketball	1433 /	Abdullah Shinwari





CAPTAINS OF CLASS TEAM (BOYS)

Annual Athletic Sports Meet 2008 2009

8-Blue	Cricket	732 /	Mueen-ur-Rehman
	Football	1312 /	Mudassir Iqbal
	Volleyball	652 /	Syed Ayub Shah
	Basketball	1027 /	Taiha Khan Khattak
8-Green	Cricket	779 /	Rehman Alam
	Football	905 /	Zahab Ali Khan
	Volleyball	787 /	Shayan Sameer Fernando
	Basketball	789 /	Shoaib Abid
8-Yellow	Cricket	1208 /	Sadiq Nawaz
	Football	1477 /	Zarak Khan
	Volleyball	1041 /	Ali Raza
	Basketball	1707 /	Danial Khan
9-Blue	Cricket	1029 /	Asfandiyar Khalid
	Football	950 /	Zia-ur-Rehman
	Volleyball	648 /	Junaid Afridi
	Basketball	519 /	Fahad Khan
9-Green	Cricket	761 /	Razdan Khan
	Football	914 /	Afraz Khan Afridi
	Volleyball	713 /	Waleed Khan
	Basketball	1483 /	Aizaz Sharif
9-Yellow	Cricket	1325 /	Irfan Sattar
	Football	1207 /	Rab Nawaz
	Volleyball	1456 /	Faraz Ahmad
	Basketball	1311 /	Mubashir Iqbal
10-Blue	Cricket	521 /	Zubair Khan
	Football	1084 /	Amjad Ali
	Volleyball	504 /	Salman Zahid
	Basketball	630 /	Mousin Amin
	Badminton	521 /	Zubair Khan
	Chess	573 /	Ihsan Ullah
	Tug-O-War	1102 /	Osama-bin-zeb
10-Green	Cricket	523 /	Saffaf Habib
	Football	909 /	Ehtesham Qayyum
	Volleyball	1955 /	Shah Faisal
	Basketball	1140 /	Shahzad Tariq
	Badminton	523 /	Saffaf Habib
	Chess	435 /	Shahzaib-ui-mulk
	Tug-o-war	523 /	Saffaf Habib
10-Yellow	Cricket	1319 /	Yasir Afridi
	Football	1470 /	Ajlal Ahmad
	Volleyball	406 /	Muhammad Saqib
	Basketball	1489 /	Jonathan Samson
	Badminton	1310 /	Syed Shahmeer Raza
	Chess	/	Jalil Iqbal
	Tug-o-war	1310 /	Shahmeer Raza





CHIEF PREFECTS & PREFECTS (BOYS) ACADEMIC YEAR 2008

CHIEF PREFECTS

- | | | |
|----|--------|--------------------|
| 1. | (1310) | Syed Shahmeer Raza |
| 2. | (521) | Zubair Khan |

PREFECTS

- | | | |
|----|--------|------------------|
| 1. | (644) | Haroon Khan |
| 2. | (435) | Shahzaib ul mulk |
| 3. | (1219) | Hashim Elahi |
| 4. | (1585) | Muslim Elahi |
| 5. | (1293) | Muhammad Mansoor |
| 6. | (604) | Adnan Khan |
| 7. | (476) | Usama Riaz Khan |

CHIEF PREFECTS & PREFECTS (GIRLS) ACADEMIC YEAR 2008

CHIEF PREFECTS

- | | | |
|----|-------|-------------|
| 1. | (143) | Sana Rehman |
| 2. | (337) | Amna Arif |

PREFECTS:

- | | | |
|----|-------|-------------------|
| 1. | (358) | Saira Kainat Awan |
| 2. | (231) | Sana Abdullah |





JUNIOR PREFECTS ACADEMIC YEAR 2008-2009

(Blue House)

622	Daniyal Imtiaz	9 Blue
1172	Syed Adil Shah	9 Yellow
1456	Faraz Ahmed Khan	9 Blue

(Green House)

961	Daud Ahmad	9 Green
761	Razdan Khan	9 Green
692	Kamran Subhan uddin	9 Green

(Yellow House)

1478	Ehtisham Muhammad Khan	9 Green
1471	Muhammad Amin Khan	9 Green

(Blue House)

1282	Safeer Ahmed	8 Blue
694	Asfandyar Iqbal	8 Blue
1208	Sadiq Nawaz	8 Blue

(Green House)

1707	Muhammad Danyal	8 Green
787	Shayan Sameer Fernando	8 Green
1661	Saad Gul	8 Green





OFFICIAL DUTIES ACADEMIC YEAR 2008 2009

<u>Class</u>	<u>Name</u>	<u>Roll Number</u>
Flags:		
9-Blue	Raheel Ahmad	619
9-Blue	Hamza Shayan	1581
9-Green	Afraz Khan Afridi	914
9-Green	Irfan Sattar	1325
9-Green	Muhammad Waleed Khan	713

Linguistic Officers. Academic Year 2008 2009

5 Blue	Salman Zakir	1028
5 Yellow	Abdullah	1524
6 Green	Shakar Khan	1476
6 Blue	Reshail Naeem	92
6 Yellow	Saud Shah	1526
7 Green	Zaiyam Khan	1175
7 Blue	Shaoor Khan	810
7 Yellow	Saad Moaziz	1529
8 Blue	Abdul Samad	1439
8 Green	Shayan Sameer Fernando	787
9 Green	Afraz Khan	914
9 Blue	Raheel Ahmed	619
10 Blue	Shahzaib Ul Mulk	435
10 Blue	Shahmeer Raza	1310
10 Blue	Osama Riaz	476

Bell:

9-Blue	Junaid Afridi	648
9 Blue	Syeda Mehak Sardar	145





CAPTAINS AND VICE CAPTAINS OF TEAM (BOYS)

BADMINTON:

Captain:	Muhammad Saqib	406 / Cl.10
Vice Captain:	Syed Shahmeer Raza ✓	1310 / Cl.10

BASKETBALL:

Captain:	Jonathan Samson	1489 / Cl.10
Vice Captain:	Maaz Amjad	968 / Cl.10

CHESS:

Captain:	Muhammad Saqib	406 / Cl.10
Vice Captain:	Syed Shahmeer Raza ✓	1310 / Cl.10

FOOTBALL:

Captain:	Ajlal Ahmad	1470 / Cl.10
Vice Captain:	Waqas Alam	1254 / Cl.10

CRICKET:

Captain:	Syed Shahmeer Raza ✓	1310 / Cl.10
Vice Captain:	Muhammad Yaseen	1319 / Cl.10

GYMNASTICS

Captain	Shayan Sameer Fernando	787 / Cl.8
Vice Captain:	Talha Israr	1419 / Cl.6

VOLLEYBALL:

Captain:	Muhammad Saqib	406 / Cl.10
Vice Captain:	Osama Riaz ✓	476 / Cl.10

TUG-O-WAR:

Captain:	Muhammad Saqib	406 / Cl.10
Vice Captain:	Osama Riaz ✓	476 / Cl.10





CAPTAINS OF CLASS TEAM (GIRLS)

BADMINTON:

Blue House:	Sana Rehman	143 / Cl.10
Green House:	Sana Ahad	443 / Cl.10
Yellow House:	Amna Arif	337 / Cl.10

NETBALL:

Blue House:	Mahnoor Tahir	493 / Cl.10
Green House:	Syeda Sidra Aftab	261 / Cl.10
Yellow House:	Zarafshan Nawaz	560 / Cl.9

CHESS:

Blue House:	Sana Abdullah	231 / Cl.9
Green House:	Saira Kainat Awan	358 / Cl.10
Yellow House:	Syeda Mehak Sardar	145 / Cl.9

Tug-O-War:

Blue House:	Mahnoor Tahir	493 / Cl.10
Green House:	Saira Kainat Awan	358 / Cl.10
Yellow House:	Tehreem Zahra	180 / Cl.10

GYMNASTICS:

Captain:	Bader Atiq	140 / Cl. 9
Vice Captain:	Ayesha Shahid	295 / Cl. 7





ORDER OF THE MARCH PAST

Parade Commanders

523 / Cl. 10

Saffaf Habib

261 / Cl. 10

Syeda Sidra Aftab

Assistant Parade Commanders

1067 / Cl. 10

Sherjeel Riaz

443 / Cl. 10

Sana Ahad

SQUAD LEADERS (BOYS)

Roll No.	Leaders	Class
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Blue House

1607	Ali Musa Raza	3 Blue
1407	Saif ullah Afridi	4 Blue
1018	Salman Zakir	5 Blue
911	Asad Rehman	6 Blue
793	Shahrukh Afridi	7 Blue
652	Syed Muhammad Shah	8 Blue
1029	Asfandyar Khalid	9 Blue
327	Ameer Hamza Khan	10 Blue

Green House

1275	Saad Hassan	3 Green
1090	Saad Afridi	4 Green
1133	Muhammad Adnan	5 Green
1058	Abdul Wahid	6 Green
787	Shayan Sameer Fernando	8 Green
905	Zahab Ali Khan	8 Green
761	Razdan Khan	9 Green
438	Ahsan Abbas	10 Blue





SQUAD LEADERS (BOYS)

<u>Roll No.</u>	<u>Leaders</u>	<u>Class</u>
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Yellow House

1400	Syed Arsalan	3 Yellow
1580	Salah uddin Khan	4 Yellow
1516	Adnan Khan	5 Yellow
1596	Muhammad Saad Azam	6 Yellow
1428	Faizan Khan	7 Yellow
1208	Sadiq Nawaz	8 Yellow
1185	Muhammad Jawad	9 Blue
1325	Irfan Sattar	9 Green

SQUAD LEADERS (GIRLS)

<u>Roll No.</u>	<u>Leaders</u>	<u>Class</u>
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Blue House

231	Sana Abdullah	10 Blue
429	Afsheen Said	10 Blue

Green House

146	Qurat-ul-Ain	10 Blue
442	Hira Ahad	9 Blue

Yellow House

404	Shahida Izzat	10 Blue
548	Gul Rukh Rasheed	10 Blue





FLAG CARRIERS (BOYS)

Blue House (Boys)

10 Blue	Zubair Khan	521
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Green House (Boys)

10 Blue	Shah Faisal	1055
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Yellow House (Boys)

10 Blue	Muhammad Saqib	406
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FLAG CARRIERS (GIRLS)

Blue House (Girls)

10 Blue	Mahnoor Tahir	493
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Green House (Girls)

10 Blue	Saira Kainat Awan	358
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Yellow House (Girls)

10 Blue	Tehreem Zahra	180
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SCOUT OF THE MARCH PAST

Roll No.	Name	Class
520	Rohail Khan Bangash	9
Blue		
519	Fahd Khan Bangash	9
Blue		
1255	Aamir Naseem	9
Blue		
1207	Rab Nawaz Khan	9
Green		





BUS AND VAN MONITORS

Bus No.1	(Ring Road, Kohat Road, Gulbahar, Kohati)
1067 / Cl.10	Sherjeel Riaz
Bus No.2	(Ring Road, Swati Gate, Ferdous, Haji Camp)
435 / Cl.10	Shahzaib-ul-mulk
Bus No.3	(Phase I, II, V)
644 / Cl. 10	Haroon Khan
Bus No. 4	(Board, University Campus, Police Colony)
504 / Cl. 10	Salman Zahid
Bus No.5	(University Road, Tehkal, Shami Road)
406 / Cl. 10	Muhammad Saqib
Bus No. 6	(Phase II, III)
1480 / Cl. 10	Musa Khan
Bus No. 7	(Phase VI)
1254 / Cl. 10	Waqas Alam
Bus No. 8	(Phase VI)
1138 / Cl. 9	Abdul Rehman
Bus No. 9	(Phase VI)
1205 / Cl. 8	Musa Zahoor
Van No.1	
914 / Cl.9	Afraz Khan
Van No.2	
294 / Cl.	Talia Tahir

TEAM EVENTS ALREADY WORKED OUT

		Blue	Green	Yellow
Badminton				
	(Boys) Singles	13	17	15
	Doubles	29	19	27
	(Girls) Singles	11	17	17
	Doubles	20	31	27
Basketball		31	31	37
Chess		13	26	24
	(Girls)	30	30	30
Cricket		39	27	39
Football		33	29	39
Netball				
	(Girls)			
Tug-O-War	(Boys)	32	24	34
	(Girls)	15	29	31
Volleyball		28	30	26





HOUSE CAPTAINS AND VICE CAPTAINS

Academic Year 2008-2009

Blue House (Boys)

Captain:	Zubair Khan	521 / Cl.10
Vice Captain:	Haroon Khan	644 / Cl.10

Green House (Boys)

Captain:	Adnan Syed	604 / Cl.10
Vice Captain:	Shahzaib-ul-mulk	435 / Cl.10

Yellow House (Boys)

Captain:	Syed Shahmeer Raza	1310 / Cl.10
Vice Captain:	Muhammad Saqib	406 / Cl.10

Blue House (Girls)

Captain:	Mahnoor Tahir	493 / Cl.10
Vice Captain:	Sana Rehman	143 / Cl.10

Green House (Girls)

Captain:	Saira Awan	358 / Cl.10
Vice Captain:	Syeda Sidra Aftab	261 / Cl.10

Yellow House (Girls)

Captain:	Tehreem Zahra	180 / Cl.10
Vice Captain:	Amna Arif	337 / Cl.10
		548 / Cl. 10





ATHLETIC CAPTAINS AND VICE CAPTAINS Academic Year 2008-2009

Blue House (Boys)

Captain	Sherjeel Riaz	1067 / Cl.10
Vice Captain	Shafat Hussain	1093 / Cl.10

Green House (Boys)

Captain	Daud Khan Bangash	812 / Cl.10
Vice Captain	Saffaf Habib	523 / Cl.10

Yellow House (Boys)

Captain	Muhammad Saqib	406 / Cl.10
Vice Captain	Jonathan Samson	1489 / Cl.10

Blue House (Girls)

Captain	Sana Rehman	143 / Cl. 10
Vice Captain	Mahnoor Tahir	493 / Cl. 10

Green House (Girls)

Captain	Syeda Sidra Aftab	261 / Cl. 10
Vice Captain	Sana Ahad	443 / Cl. 10

Yellow House (Girls)

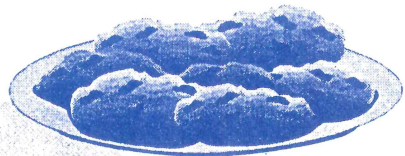
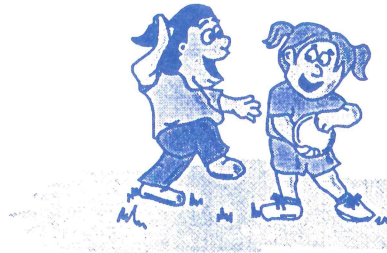
Captain	Amna Arif	337 / Cl. 10
Vice Captain	Gulrukh Rasheed	548 / Cl. 10



Saquib Abbass

Distributers

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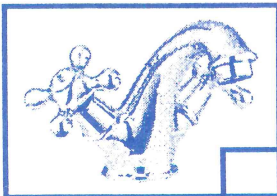


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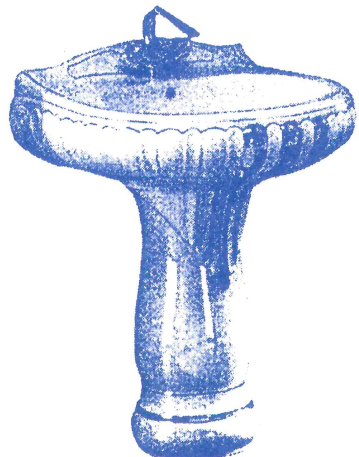
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Sports Meet - 2008

Under 4 (Boys)

SPOON LEMON RACE

1st	1792 / Pre - Prep Green(Gr)	Muhammad Aareez Gohar
2nd	1757 / Pre - Prep Green(Yel)	Muhammad Mujtaba
3rd	1815 / Prep - Yellow (Yel)	Moazzam Hanif

RABBIT RACE

1st	1805 / Pre - Prep Green(Gr)	Behram Khan
2nd	1815 / Prep - Yellow (Yel)	Moazzam Hanif
3rd	1788 / Pre - Prep Blue (Bl)	Hammad Akbar

CYCLE RACE

1st	1792 / Pre - Prep Green(Gr)	Muhammad Aareez Gohar
2nd	1797 / Pre - Prep Green(Bl)	Muhammad Ali
3rd	1732 / Pre - Prep Blue (Yel)	Syed Ali Raza

Sports Meet - 2008

Under 4 (Girls)

SPOON LEMON RACE

1st	667 / Pre - Prep Blue (Bl)	Erma Riaz
2nd	725 / Pre - Prep Green (Gr)	Sofia Amber
3rd	671 / Pre - Prep Green (Gr)	Kashmala Zaka

RABBIT RACE

1st	683 / Pre - Prep Green (Bl)	Zainab Zahoor
2nd	701 / Pre - Prep Green (Gr)	Amina Khan
3rd	667 / Pre - Prep Blue (Bl)	Erma Riaz

CYCLE RACE

1st	683 / Pre - Prep Green (Bl)	Zainab Zahoor
2nd	701 / Pre - Prep Green (Gr)	Amina Khan
3rd	725 / Pre - Prep Green (Gr)	Sofia Amber





Sports Meet - 2008

Under 5 (Boys)

SPOON LEMON RACE

1st	1624 / 1 - Green	(Gr)	Mustafa Hussain
2nd	1658 / Prep - Blue	(Bl)	Shayan Akhtar
3rd	1622 / Prep - Blue	(Bl)	Muhammad Osama Alam

RABBIT RACE

1st	1615 / Prep - Blue	(Bl)	Haris Jamal
2nd	1658 / Prep - Blue	(Bl)	Shayan Akhtar
3rd	1622 / Prep - Blue	(Bl)	Muhammad Osama Alam

CYCLE RACE

1st	1839 / Pre - Prep Green	(Gr)	Abdul Haseeb
2nd	1622 / Prep Blue	(Bl)	Muhammad Osama Alam
3rd	1808 / Pre - Prep Green	(Yel)	Waqar Khan

Sports Meet - 2008

Under 5 (Girls)

SPOON LEMON RACE

1st	610 / Prep Blue	(Bl)	Maria Ilyas
2nd	621 / Prep Blue	(Bl)	Marva Jabbar
3rd	682 / Pre - Prep Green	(Yel)	Abeera Usman

RABBIT RACE

1st	610 / Prep Blue	(Bl)	Maria Ilyas
2nd	718 / Pre - Prep Green	(Gr)	Sabaoon Nasir
3rd	621 / Prep Blue	(Bl)	Marva Jabbar

CYCLE RACE

1st	608 / Prep Blue	(Bl)	Maniha Ahmad
2nd	623 / Prep Blue	(Bl)	Humdah Tahir
3rd	676 / Pre - Prep Blue	(Bl)	Humaira Ikram





Sports Meet - 2008

Under 8 (Boys)

50 METRES

1st	1235 / 3 - Green	(Gr)	Essa Khan	8.03 Secs.
2nd	1566 / 4 - Yellow	(Yl)	Shaheryar Khan	
3rd	1628 / 4 - Yellow	(Yl)	Hassan Akhtar	

SPOON LEMON RACE

1st	1246 / 3 - Green	(Gr)	Syed Moeed Ullah Shah
2nd	1243 / 3 - Green	(Gr)	Fakhar Aman
3rd	1635 / 3 - Blue	(Bl)	Saeed Ullah

RABBIT RACE

1st	1452 / 3 Yellow	(Yel)	Khyzer Nawab
2nd	1878 / 3 Blue	(Bl)	Ashfaq Ahmed
3rd	1809 / 3 Green	(Gr)	Muhammad Salman

THREE LEGGED RACE

1st	1235 / 3 Green	(Gr)	Essa Khan
1st	1240 / 3 Green	(Gr)	Fakhar Aman
2nd	1636 / 3 Green	(Gr)	Shariq Khan Afridi
2nd	1251 / 3 Green	(Gr)	Danyal Malik
3rd	1323 / 3 - Yellow	(Yel)	Ahmar Abbas Zahid
3rd	1513 / 3 - Yellow	(Yel)	Zia Ullah

WHEEL BARROW RACE

1st	1636 / 3 Green	(Gr)	Shariq Khan Afridi
1st	1251 / 3 Green	(Gr)	Danyal Malik
2nd	1636 / 3 Blue	(Bl)	Saeed Ullah
2nd	1432 / 4 Blue	(Bl)	Abdul Mueed
3rd	1250 / 3 - Blue	(Bl)	Afrasyab Khalid
3rd	1234 / 3 - Blue	(Bl)	Ali Ghufraan

THROWING THE TENNIS BALL

1st	1628 / 4 Yellow	(Yel)	Hassan Akhtar	47.02 Metres.
2nd	1410 / 3 Yellow	(Yel)	Siraj	37.20 Metres
3rd	1235 / 3 Green	(Gr)	Essa Khan	32.72 Metres





Sports Meet - 2008

Under 8 (Girls)

50 METRES

1st	698 / 1	Blue / Girls	(Yel)	Saber mina	9.53 Secs
2nd	419 / 3	Green / Girls	(Gr)	Mahroona Syed	
3rd	368 / 4	Blue / Girls	(Bl)	Sayedza Zalaah Shah	

SPOON LEMON RACE

1st	699 / 2	Blue / Girls	(Bl)	Yasmina	
2nd	494 / 3	Blue / Girls	(Yel)	Laila Gul	
3rd	572 / 3 -	Blue / Girls	(Bl)	Ayesha Iqbal	

THREE LEGGED RACE

1st	368 / 4	Blue / Girls	(Bl)	Syeda Zalaah Shah	
1st	572 / 3	Blue / Girls	(Bl)	Ayesha Iqbal	
2nd	415 / 3	Green / Girls	(Gr)	Summiya Bano	
2nd	487 / 3	Green / Girls	(Gr)	Sara Asfandiyar	
3rd	648 / 3	Green / Girls	(Gr)	Asmara Lodhi	
3rd	716 / 2	Green / Girls	(Gr)	Sara Ibrahim	

THROWING THE TENNIS BALL

1st	699 / 2	Blue / Girls	(Bl)	Yasmina	24.95 Metres
2nd	494 / 3	Blue / Girls	(Yel)	Laila Gul	23.73 Metres
3rd	694 / 1	Blue / Girls	(Bl)	Bastifa	18.34 Metres





Sports Meet - 2008

Under 9 (Boys)

50 METRES

1st	1481 / 4	Green (Gr)	Saif Ullah Jamal	7.95 Secs.
2nd	1522 / 4	Yellow(Yel)	Tabish Sattar	
3rd	1297 / 4	Green (Gr)	Zeeshan Akhtar	

4 X 50 METRES RELAY

1st	1481 / 4	Green(Gr)	Saif Ullah Jamal	33.86 Secs.
1st	1297 / 4	Green(Gr)	Zeeshan Akhtar	
1st	1280 / 4	Green(Gr)	Waqar Ahmad	
1st	1180 / 4	Green(Gr)	Misbah ud din Afridi	
2nd	1176 / 4	Blue (Bl)	Ahmed Nawaz	
2nd	1174 / 4	Blue (Bl)	Ansar Subhan	
2nd	1119 / 4	Blue (Bl)	Umer Shafiq	
2nd	1195 / 4	Blue (Bl)	Azlan Afridi	
3rd	1506 / 5-	Yellow (Yel)	Ehthesham Ullah Khan	
3rd	1409 / 5-	Yellow (Yel)	Hamza Ahmad	
3rd	1548 / 5-	Yellow (Yel)	Muhammad Junaid	
3rd	1522 / 5-	Yellow (Yel)	Tabish Sattar	

OBSTACLE RACE

1st	1522 / 4	Yellow (Yel)	Tabish Sattar
2nd	1315 / 3	Yellow(Yel)	Fahim Iqbal
3rd	1643 / 3	Blue (Bl)	Sajjad Khan

DRIBBLING THE FOOTBALL

1st	1690 / 5	Blue (Bl)	Ali Raza
2nd	1197 / 4	Green(Gr)	Syed Hamad Jamal
3rd	1804 / 4	Yellow(Yel)	Naseem

THROWING THE CRICKET BALL

1st	1180 / 4	Green(Gr)	Misbah ud din	45.61 Metres.
2nd	1287 / 4	Blue (Bl)	Ashfaq Ahmad	42.92 Metres.
3rd	1279 / 4	Blue (Bl)	Taimur Ahmad	42.57 Metres.





Sports Meet - 2008 Under 9 (Girls)

50 METRES

1st	378 / 4	Blue / Girls	(Gr)	Mahreen Durrani	9.35 Secs.
2nd	377 / 4	Blue / Girls	(Bl)	Hoor Sharif	
3rd	546 / 3	Blue / Girls	(Bl)	Sana Irfan	

SPOON LEMON RACE

1st	436 / 5	Blue / Girls	(Yel)	Mahnoor Khan	
2nd	590 / 4	Blue / Girls	(Gr)	Alina Rashid	
3rd	478 / 3	Blue / Girls	(Bl)	Shanza Gul	

4 X 50 METRES RELAY

1st	554 / 5	Green / Girls	(Gr)	Syeda Alishbah	39.06 Secs.
1st	428 / 3	Green / Girls	(Gr)	Aimen Murtaza	
1st	378 / 4	Blue / Girls	(Gr)	Mahreen Durrani	
1st	350 / 5	Green / Girls	(Gr)	Raya Zaman	
2nd	377 / 4	Blue / Girls	(Bl)	Hoor Sharif	
2nd	546 / 3	Blue / Girls	(Bl)	Sana Irfan	
2nd	406 / 4	Blue / Girls	(Bl)	Tanees Asim	
2nd	533 / 4	Blue / Girls	(Bl)	Aneesa Rasool	
3rd	436 / 5	Blue / Girls	(Yel)	Mahnoor Khan	
3rd	452 / 3	Blue / Girls	(Yel)	Javeria Zakir	
3rd	555 / 4	Blue / Girls	(Yel)	Mahnoor Zaheer	
3rd	616 / 4	Blue / Girls	(Yel)	Farishta Khan	

OBSTACLE RACE

1st	377 / 4	Blue / Girls	(Bl)	Hoor Sharif	
2nd	590 / 4	Blue / Girls	(Gr)	Alina Rashid	
3rd	478 / 3	Blue / Girls	(Bl)	Shanza Gul	

SACK RACE

1st	428 / 3	Green / Girls	(Gr)	Aimen Murtaza	
2nd	436 / 5	Blue / Girls	(Yel)	Mahnoor Khan	
3rd	506 / 4	Blue / Girls	(Gr)	Nayara Almas	

THROWING THE CRICKET BALL

1st	533 / 4	Blue / Girls	(Bl)	Aneesa Rasool	18.86 Metres.
2nd	637 / 3	Green / Girls	(Gr)	Mehak-e-Gulalai	16.97 Metres.
3rd	616 / 4	Blue / Girls	(Yel)	Farishta Khan	16.50 Metres.





Sports Meet - 2008

Under 10 (Boys)

50 METRES

1st	1287 / 5	Blue (Bl)	Hamid Khan Afridi	7.50 Secs.
2nd	1050 / 5	Blue (Bl)	Sajid Mohmand	
3rd	1044 / 5	Blue (Bl)	Mansoor Subhan	

100 METRES

1st	1332 / 4	Yellow (Yel)	Muhammad Zeeshan	15.24 Secs
2nd	1287 / 5	Blue (Bl)	Hamid Khan Afridi	
3rd	1104 / 4	Yellow(Yel)	Hamza Sadaat	

4 X 50 METRES RELAY

1st	1044 / 5	Blue (Bl)	Mansoor Subhan	32.25 Secs.
1st	1287 / 5	Blue (Bl)	Hamid Khan Afridi	
1st	1050 / 5	Blue (Bl)	Sajid Mohmand	
1st	1236 / 4	Blue (Bl)	Muhammad Zohaib	
2nd	1332 / 4	Yellow (Yel)	Muhammad Zeeshan	
2nd	1673 / 5	Yellow (Yel)	Junaid Jehanzeb	
2nd	1104 / 4	Yellow (Yel)	Hamza Sadaat	
2nd	1516 / 5	Yellow (Yel)	Adnan Khan	
3rd	1146 / 5	Green (Gr)	Owais Imran	
3rd	1217 / 5	Green (Gr)	Syed Usama Shah	
3rd	1103 / 5	Green (Gr)	Khalil Khan	
3rd	1125 / 5	Green (Gr)	Basit Malik	

OBSTACLE RACE

1st	1267 / 5	Blue (Bl)	Sohail Khan	
2nd	1710 / 5	Yellow(Yel)	Syed Azfar Shah	
3rd	1746 / 4	Yellow(Yel)	Hamraz Haider	

SACK RACE

1st	1044 / 5	Blue (Bl)	Mansoor Subhan	
2nd	1209 / 4	Green (Gr)	Rehmat Ullah	
3rd	1104 / 4	Yellow(Yel)	Hamza Sadaat	

DRIBBLING THE FOOTBALL

1st	1772 / 4	Yellow (Yel)	Hassan Ali	
2nd	1209 / 4	Green (Gr)	Rehmat Ullah	
3rd	1663 / 6	Yellow (Yel)	Muhammad Salman	

THROWING THE CRICKET BALL

1st	1332 / 4	Yellow (Yel)	Muhammad Zeeshan	49.93 Metres
2nd	1771 / 6	Yellow (Yel)	Nouman Javed	49.54 Metres
3rd	1165 / 4	Blue (Bl)	Umair Afridi	47.74 Metres





Sports Meet - 2008

Under 10 (Girls)

50 METRES

1st	573 / 7	Blue / Girls	(Gr)	Ghazala Munawar	8.94 Secs.
2nd	360 / 5	Blue / Girls	(Bl)	Faiza Gul	
3rd	352 / 5	Blue / Girls	(Yel)	Laiba Mehsud	

100 METRES

1st	573 / 7	Blue / Girls	(Gr)	Ghazala Munawar	17.30 Secs.
2nd	352 / 5	Blue / Girls	(Yel)	Laiba Mehsud	
3rd	549 / 5	Blue / Girls	(Gr)	Mahnoor Fatima	

4 X 50 METRES RELAY

1st	435 / 4	Blue / Girls	(Gr)	Gulalai Rehman	38.66 Secs
1st	390 / 5	Green / Girls	(Gr)	Tajala	
1st	446 / 5	Green / Girls	(Gr)	Laila Farooq	
1st	573 / 7	Blue / Girls	(Gr)	Ghazala Munawar	
2nd	326 / 5	Blue / Girls	(Bl)	Arooj Fatima	
2nd	360 / 5	Blue / Girls	(Bl)	Faiza Gul	
2nd	399 / 5	Blue / Girls	(Bl)	Kainat Gul	
2nd	581 / 4	Blue / Girls	(Bl)	Pukhtu Khan	
3rd	287 / 6	Blue / Girls	(Yel)	Tuba Zafar	
3rd	403 / 4	Blue / Girls	(Yel)	Mariya Khatoon	
3rd	381 / 4	Blue / Girls	(Yel)	Minahil Qazi	
3rd	582 / 5	Blue / Girls	(Yel)	Zulaikha Shah	

OBSTACLE RACE

1st	399 / 5	Blue / Girls	(Bl)	Kainat Gul	
2nd	547 / 4	Blue / Girls	(Yel)	Munaza Fayyaz	
3rd	498 / 4	Blue / Girls	(Bl)	Maheen Akbar	

SACK RACE

1st	549 / 5	Green / Girls	(Gr)	Mahnoor Fatima	
2nd	403 / 4	Blue / Girls	(Yel)	Mariya Khatoon	
3rd	326 / 5	Blue / Girls	(Bl)	Arooj Fatima	

THROWING THE CRICKET BALL

1st	573 / 7	Blue / Girls	(Gr)	Ghazala Munawar	20.21 Metres
2nd	613 / 6	Green / Girls	(Gr)	Laiba Asad	19.18 Metres
3rd	360 / 5	Blue / Girls	(Bl)	Faiza Gul	18.44 Metres





Sports Meet - 2008 Under 11 (Boys)

100 METRES

1st	1419 / 6	Green (Gr)	Talha Israr	14.35 Secs
2nd	1672 / 6	Green (Gr)	Adnan Jehanzeb	
2nd	1575 / 6	Yellow (Yel)	Haider Asif	

200 METRES

1st	1419 / 6	Green (Gr)	Talha Israr	30.32 Secs
2nd	1575 / 6	Yellow (Yel)	Haider Asif	
3rd	1672 / 6	Green (Gr)	Adnan Jehanzeb	

4 X 50 METRES RELAY

1st	1419 / 6	Green (Gr)	Talha Israr	31.75 Secs.
1st	1672 / 6	Green (Gr)	Adnan Jehanzeb	
1st	1469 / 6	Green (Gr)	Obaid ur Rehman	
1st	1133 / 6	Green (Gr)	Muhammad Adnan	
2nd	911 / 6	Blue (Bl)	Asad Rehman Khattak	
2nd	1012 / 5	Blue (Bl)	Muneeb-ur-Rehman	
2nd	1589 / 5	Blue (Bl)	Ameer Hamza	
2nd	845 / 7	Blue (Bl)	Uzair Ahmed	
3rd	1563 / 6	Yellow (Yel)	Muhammad Ismail Afridi	
3rd	1575 / 6	Yellow (Yel)	Haider Asif	
3rd	1544 / 6	Yellow (Yel)	Hamza Sajjad	
3rd	1532 / 7	Yellow (Yel)	Muhammad Arsalan	

4 X 100 METRES RELAY

1st	1419 / 6	Green (Gr)	Talha Israr	17.50 Secs.
1st	1672 / 6	Green (Gr)	Adnan Jehanzeb	
1st	1469 / 6	Green (Gr)	Obaid ur Rehman	
1st	1086 / 5	Green (Gr)	Hammad Afridi	
2nd	1190 / 6	Blue (Bl)	Anwar Khan	
2nd	1012 / 5	Blue (Bl)	Muneeb-ur-Rehman	
2nd	845 / 7	Blue (Bl)	Uzair Ahmed	
2nd	911 / 6	Blue (Bl)	Asad Rehman Khattak	
3rd	1563 / 6	Yellow (Yel)	Muhammad Ismail Afridi	
3rd	1575 / 6	Yellow (Yel)	Haider Asif	
3rd	1544 / 6	Yellow (Yel)	Hamza Sajjad	
3rd	1532 / 7	Yellow (Yel)	Muhammad Arsalan	

LONG JUMP

1st	1086 / 5	Green (Gr)	Hammad Afridi	4.26 Metres
2nd	1469 / 6	Green (Gr)	Obaid ur Rehman	4.15 Metres
3rd	1419 / 6	Green (Gr)	Talha Israr	4.12 Metres

HIGH JUMP

1st	1575 / 6	Yellow (Yel)	Haider Asif	4 ft.1 inch
2nd	1672 / 6	Green (Gr)	Adnan Jehanzeb	4 ft.
3rd	1133 / 5	Green (Gr)	Muhammad Adnan	3 ft. 9 inches





Sports Meet - 2008

Under 11 (Girls)

100 METRES

1st	446 / 5	Green / Girls (Gr)	Hira Asad	16.73 Secs.
2nd	405 / 6	Blue / Girls (Bl)	Mahnoor Asim	
3rd	313 / 6	Green / Girls (Gr)	Sana Saleem	

4 X 50 METRES RELAY

1st	313 / 6	Green / Girls (Gr)	Sana Saleem	37.56 Secs.
1st	277 / 6	Green / Girls (Gr)	Mahnoor Khalid	
1st	446 / 5	Green / Girls (Gr)	Hira Asad	
1st	690 / 5	Green / Girls (Gr)	Aqsa Sharif	
2nd	359 / 6	Blue / Girls (Bl)	Hina Gul	
2nd	405 / 6	Blue / Girls (Bl)	Mahnoor Asim	
2nd	386 / 6	Blue / Girls (Bl)	Uzma Gillani	
2nd	735 / 6	Blue / Girls (Bl)	Sidra Shah	
3rd	343 / 5	Blue / Girls (Yel)	Aman Barkat	
3rd	490 / 5	Blue / Girls (Yel)	Nayab Khan	
3rd	317 / 6	Blue / Girls (Yel)	Laleen Syed	
3rd	402 / 6	Blue / Girls (Yel)	Kainat Syed	

SACK RACE

1st	386 / 6	Blue / Girls (Bl)	Uzma Gillani	
2nd	313 / 6	Green / Girls (Gr)	Sana Saleem	
3rd	576 / 6	Blue / Girls (Bl)	Sara Shujaat	

OBSTACLE RACE

1st	690 / 5	Green / Girls (Gr)	Aqsa Sharif	
2nd	402 / 6	Blue / Girls (Yel)	Kainat Syed	
3rd	349 / 5	Blue / Girls (Bl)	Anum Nawaz	

LONG JUMP

1st	317 / 6	Blue / Girls (Yel)	Laleen Syed	3.03 Metres
2nd	313 / 6	Green / Girls (Gr)	Sana Saleem	3.01 Metres
3rd	277 / 6	Green / Girls (Gr)	Mahnoor Khalid	2.83 Metres





Sports Meet - 2008

Under 12 (Boys)

100 METRES

1st	905 / 8	Green (Gr)	Zahab Ali Khan	13.56 Secs.
2nd	1145 / 7	Blue (Bl)	Umair Imran	
3rd	1477 / 8	Blue (Yel)	Zarak Khan	

200 METRES

1st	1330 / 6	Green (Gr)	Muhammad Farhan	29.38 Secs.
2nd	1145 / 7	Blue (Bl)	Umair Imran	
3rd	1432 / 7	Yellow (Yel)	Mirwais Khan	

400 METRES

1st	1021 / 7	Blue (Bl)	Fawad Akbar	1 Min. 7. 63 Secs.
2nd	1432 / 7	Yellow (Yel)	Mirwais Khan	
3rd	905 / 8	Green (Gr)	Zahab Ali Khan	

4 X 100 METRES RELAY

1st	1330 / 6	Green (Gr)	Muhammad Farhan	59.62 Secs.
1st	906 / 8	Green (Gr)	Wajahat Ali Khan	
1st	844 / 8	Green (Gr)	Mash-hood Ahmad	
1st	905 / 8	Green (Gr)	Zahab Ali Khan	
2nd	1477 / 8	Blue (Yel)	Zarak Khan	
2nd	1461 / 7	Yellow (Yel)	Muhammad Amir	
2nd	1517 / 8	Blue (Yel)	Muhammad Osama	
2nd	1428 / 7	Yellow (Yel)	Fayzan Khan	
3rd	1432 / 7	Yellow (Yel)	Mirwais Khan	
3rd	1608 / 6	Yellow (Yel)	Umer Waqar	
3rd	1515 / 7	Yellow (Yel)	Zeeshan Khan	
3rd	1819 / 5	Yellow (Yel)	Shahzad Khan	

LONG JUMP

1st	1330 / 6	Green (Gr)	Muhammad Farhan	4.45 Metres.
2nd	1598 / 6	Yellow (Yel)	Masood Iqbal	4.19 Metres.
3rd	1265 / 7	Blue (Bl)	Muhammad Tufail	4.00 Metres.

HIGH JUMP

1st	1021 / 7	Blue (Bl)	Fawad Akbar	4ft. 5 inches.
2nd	905 / 8	Green (Gr)	Zahab Ali Khan	4ft. 2 inches.
3rd	1432 / 7	Yellow (Gr)	Mirwais Khan	4ft.





Sports Meet - 2008

Under 12 (Girls)

100 METRES

1st	295 / 7	Blue / Girls	(Gr)	Ayesha Shahid	16.53 Secs.
2nd	308 / 7	Blue / Girls	(Bl)	Ayesha Durrani	
3rd	319 / 7	Blue / Girls	(Yel)	Noor-e-Sahar	

200 METRES

1st	295 / 7	Blue / Girls	(Gr)	Ayesha Shahid	36.17 Secs.
2nd	308 / 7	Blue / Girls	(Bl)	Ayesha Durrani	
3rd	486 / 6	Blue / Girls	(Bl)	Sofia Asfandiyar	

4 X 100 METRES RELAY

1st	295 / 7	Blue / Girls	(Gr)	Ayesha Shahid	1Min.15.30 Secs.
1st	361 / 7	Blue / Girls	(Gr)	Sidra Zeb	
1st	367 / 6	Green / Girls	(Gr)	Rukhsar Afridi	
1st	217 / 7	Blue / Girls	(Gr)	Mahdiyyah Saleem	
2nd	246 / 7	Blue / Girls	(Yel)	Aimen Zaman	
2nd	597 / 6	Blue / Girls	(Yel)	Maria Mohmand	
2nd	233 / 7	Blue / Girls	(Yel)	Khushbakht Qayyum	
2nd	319 / 7	Blue / Girls	(Yel)	Noor-e-Sahar	
3rd	348 / 7	Blue / Girls	(Bl)	Mahrugh	
3rd	563 / 7	Blue / Girls	(Bl)	Kulsoom Ali	
3rd	704 / 7	Blue / Girls	(Bl)	Zainab Jehan	
3rd	308 / 7	Blue / Girls	(Bl)	Ayesha Durrani	

SACK RACE

1st	233 / 7	Blue / Girls	(Yel)	Khushbakht Qayyum	
2nd	319 / 7	Blue / Girls	(Yel)	Noor-e-sahar	
3rd	367 / 6	Green / Girls	(Gr)	Rukhsar Afridi	

OBSTACLE RACE

1st	233 / 7	Blue / Girls	(Yel)	Khushbakht Qayyum	
2nd	224 / 8	Blue / Girls	(Yel)	Madeha Asghar Khan	
3rd	563 / 7	Blue / Girls	(Bl)	Kulsoom Ali	

LONG JUMP

1st	319 / 7	Blue / Girls	(Yel)	Noor-e-sahar	2.94 Metres
2nd	233 / 7	Blue / Girls	(Yel)	Khushbakht Qayyum	2.40 Metres
3rd	347 / 6	Blue / Girls	(Bl)	Mahnoor Asghar Keen	2.33 Metres

HIGH JUMP

1st	295 / 7	Blue / Girls	(Gr)	Ayesha Shahid	3ft. 4 inches.
2nd	316 / 8	Blue / Girls	(Bl)	Sumbal Aman	3ft. 3 inches.
3rd	348 / 7	Blue / Girls	(Bl)	Mahrugh	2ft. 11 inches.





Sports Meet - 2008 Under 13 (Boys)

100 METRES

1st	713 / 9	Green (Gr)	Muhammad Waleed Khan	13.03 Secs.
2nd	779 / 8	Green (Gr)	Rehman Alam	
3rd	1042 / 8	Blue (Bl)	Hamza Ali Bangash	

200 METRES

1st	732 / 8	Blue (Bl)	Mueen ur Rehman	29.28 Secs.
2nd	1042 / 8	Blue (Bl)	Hamza Ali Bangash	
3rd	1525 / 8	Yellow (Yel)	Shershah Khan	

400 METRES

1st	713 / 9	Green (Gr)	Muhammad Waleed Khan	1Min. 5. 43 Secs.
2nd	793 / 8	Blue (Bl)	Shah Rukh Khan	
3rd	1535 / 7	Yellow(Yel)	Rehan Khan	

4 X 100 METRES RELAY

1st	713 / 9	Green (Gr)	Muhammad Waleed Khan	58.35 Secs.
1st	771 / 8	Green (Gr)	Babar Nadeem Malik	
1st	899 / 8	Green (Gr)	Hisham Khan Mahsud	
1st	779 / 8	Green (Gr)	Rehman Alam	
2nd	732 / 8	Blue (Bl)	Mueen ur Rehman	
2nd	1312 / 8	Blue (Bl)	Muddassir Iqbal	
2nd	1042 / 8	Blue (Bl)	Hamza Ali Bangash	
2nd	709 / 8	Blue (Bl)	Musadiq Noor	
3rd	1535 / 7	Yellow (Yel)	Rehan Hamid	
3rd	1541 / 8	Yellow (Yel)	Shaharyar Raheel	
3rd	1707 / 8	Yellow (Yel)	Muhammad Danyal Khan	
3rd	1525 / 8	Yellow (Yel)	Shershah Khan	

LONG JUMP

1st	713 / 9	Green (Gr)	Muhammad Waleed Khan	4.84 Metres.
2nd	732 / 8	Blue (Bl)	Mueen ur Rehman	4.60 Metres.
3rd	1535 / 7	Yellow(Yel)	Rehan Khan	4.44 Metres.

HIGH JUMP

1st	1448 / 8	Blue (Bl)	Abdul Jalil	4ft.
1st	1406 / 8	Yellow (Yel)	Daud Rasheed	4ft.
3rd	899 / 8	Green (Gr)	Hisham Khan Mahsud	3ft. 10 inches





Sports Meet - 2008

Under 13 (Girls)

100 METRES

1st	488 / 8	Green / Girls	(Gr)	Hajra Aslam	17.02 Secs.
2nd	218 / 8	Green / Girls	(Gr)	Sobia Gillani	
3rd	340 / 9	Blue / Girls	(Bl)	Madeeha Afzal	

200 METRES

1st	218 / 8	Green / Girls	(Gr)	Sobia Gillani	37.20 Secs.
2nd	340 / 9	Blue / Girls	(Bl)	Madeeha Afzal	
3rd	376 / 8	Blue / Girls	(Bl)	Mahanoor Habib	

4 X 100 METRES RELAY

1st	407 / 7	Blue / Girls	(Gr)	Malaika Riaz	1 Min. 13.35 Secs.
1st	733 / 7	Blue / Girls	(Gr)	Savera Tariq	
1st	218 / 8	Green / Girls	(Gr)	Sobia Gillani	
1st	488 / 8	Green / Girls	(Gr)	Hajra Aslam	
2nd	340 / 9	Blue / Girls	(Bl)	Madeeha Afzal	
2nd	376 / 8	Blue / Girls	(Bl)	Mahanoor Habib	
2nd	235 / 7	Blue / Girls	(Bl)	Malaika Nawaz	
2nd	595 / 8	Blue / Girls	(Bl)	Mahnoor Shah	

OBSTACLE RACE

1st	592 / 8	Green / Girls	(Gr)	Natasha Kamran	
2nd	235 / 7	Blue / Girls	(Bl)	Malaika Nawaz	
3rd	407 / 7	Blue / Girls	(Gr)	Malaika Riaz	

LONG JUMP

1st	561 / 7	Blue / Girls	(Yel)	Afrah Sajjad	3.05 Metres.
2nd	340 / 9	Blue / Girls	(Bl)	Madeeha Afzal	2.90 Metres.
3rd	595 / 8	Blue / Girls	(Bl)	Mahnoor Shah	2.72 Metres.

HIGH JUMP

1st	214 / 8	Blue / Girls	(Bl)	Hamana Tahir	3ft. 4 inches.
2nd	561 / 7	Blue / Girls	(Yel)	Afrah Sajjad	3ft. 2 inches.
3rd	218 / 8	Green / Girls	(Gr)	Sobia Gillani	3ft.





Sports Meet - 2008

Under 14 (Boys)

100 METRES

1st	1022 / 9	Blue	(Bl)	Jawad Akbar	13.05 Secs.
2nd	1478 / 9	Green	(Yel)	Ehtisham Muhammad Khan	
3rd	1661 / 8	Green	(Yel)	Saad Gul	

200 METRES

1st	1029 / 9	Blue	(Bl)	Asfandiyar Khalid	27.76 Secs.
2nd	1224 / 7	Green	(Gr)	Zain-ul-Abideen	
3rd	1480 / 10	Blue	(Yel)	Musa Khan	

400 METRES

1st	812 / 10	Blue	(Gr)	Daud Khan Bangash 1 Min.	7. 25 Secs.
2nd	1022 / 9	Blue	(Bl)	Jawad Akbar	
3rd	598 / 7	Green	(Gr)	Muhammad Ismail	

4 X 100 METRES RELAY

1st	1084 / 10	Blue	(Bl)	Amjad Ali	56.39 Secs.
1st	1092 / 9	Blue	(Bl)	Asfandiyar Khalid	
1st	1022 / 9	Blue	(Bl)	Jawad Akbar	
1st	1093 / 10	Blue	(Bl)	Shafat Hussain	
2nd	1224 / 7	Green	(Gr)	Zain-ul-Abideen	
2nd	598 / 7	Green	(Gr)	Muhammad Ismail	
2nd	692 / 9	Green	(Gr)	Kamran Subhan	
2nd	812 / 10	Blue	(Gr)	Daud Khan Bangash	
3rd	1478 / 9	Green	(Yel)	Ehtisham Muhammad Khan	
3rd	1189 / 9	Green	(Yel)	Shairaz Naseem	
3rd	1255 / 9	Blue	(Yel)	Aamir Waseem	
3rd	1661 / 8	Green	(Yel)	Saad Gul	

4 X 400 METRES RELAY

1st	1084 / 10	Blue	(Bl)	Amjad Ali	4 Mins. 57.78 Secs.
1st	1092 / 9	Blue	(Bl)	Asfandiyar Khalid	
1st	1022 / 9	Blue	(Bl)	Jawad Akbar	
1st	1093 / 10	Blue	(Bl)	Shafat Hussain	
2nd	1224 / 7	Green	(Gr)	Zain-ul-Abideen	
2nd	598 / 7	Green	(Gr)	Muhammad Ismail	
2nd	692 / 9	Green	(Gr)	Kamran Subhan	
2nd	812 / 10	Blue	(Gr)	Daud Khan Bangash	

SHOT PUTT

1st	1093 / 10	Blue	(Bl)	Shafat Hussain	6.16 Metres.
2nd	1029 / 9	Blue	(Bl)	Asfandiyar Khalid	6. 01 Metres.
3rd	726 / 8	Blue	(Gr)	Muhammad Babar	5. 91 Metres.

LONG JUMP

1st	812 / 10	Blue	(Gr)	Daud Khan Bangash	5.21 Metres.
2nd	1029 / 9	Blue	(Bl)	Asfandiyar Khalid	5.20 Metres.
3rd	1084 / 10	Blue	(Bl)	Amjad Ali	4.51 Metres.

HIGH JUMP

1st	812 / 10	Blue	(Gr)	Daud Khan Bangash	5 ft.
2nd	598 / 7	Green	(Gr)	Muhammad Ismail	4 ft. 3 inches.
3rd	1478 / 9	Green	(Yel)	Ehtisham Muhammad Khan	4 ft. 2 inches.





Sports Meet - 2008

Under 14 & Over 14 (Girls)

100 METRES

1st	261 / 10	Blue / Girls	(Gr)	Syeda Sidra Aftab	16.15 Secs.
2nd	245 / 7	Blue / Girls	(Gr)	Yusra Anwar	
3rd	140 / 9	Blue / Girls	(Gr)	Bader Atiq	

200 METRES

1st	245 / 7	Blue / Girls	(Gr)	Yusra Anwar	34.95 Secs.
2nd	177 / 9	Blue / Girls	(Gr)	Lubna Hashim	
3rd	261 / 10	Blue / Girls	(Gr)	Syeda Sidra Aftab	

4 X 100 METRES RELAY

1st	261 / 10	Blue / Girls	(Gr)	Syeda Sidra Aftab	1 Min. 8. 50 Secs.
1st	140 / 9	Blue / Girls	(Gr)	Bader Atiq	
1st	177 / 9	Blue / Girls	(Gr)	Lubna Hashim	
1st	245 / 7	Blue / Girls	(Gr)	Yusra Anwar	
2nd	549 / 8	Blue / Girls	(Yel)	Mashal Rasheed	
2nd	548 / 10	Blue / Girls	(Yel)	Gulrukh Rasheed	
2nd	560 / 9	Blue / Girls	(Yel)	Zarafshan Nawaz	
2nd	337 / 10	Blue / Girls	(Yel)	Amna Arif	
3rd	504 / 9	Blue / Girls	(Bl)	Roma Anwar	
3rd	169 / 7	Blue / Girls	(Bl)	Mahnoor Zaman	
3rd	231 / 10	Blue / Girls	(Bl)	Sana Abdullah	
3rd	143 / 10	Blue / Girls	(Bl)	Sana Rehman	

SHOT PUTT

1st	493 / 10	Blue / Girls	(Bl)	Mahnoor Tahir	5.84 Metres.
2nd	140 / 9	Blue / Girls	(Gr)	Bader Atiq	5.20 Metres.
3rd	148 / 9	Blue / Girls	(Bl)	Sherina Minto	5.10 Metres.

LONG JUMP

1st	549 / 8	Blue / Girls	(Yel)	Mashal Rasheed	3.25 Metres.
2nd	245 / 7	Blue / Girls	(Gr)	Yusra Anwar	3.09 Metres.
3rd	296 / 9	Blue / Girls	(Yel)	Aneesa Zeb	3.08 Metres.

HIGH JUMP

1st	140 / 9	Blue / Girls	(Gr)	Bader Atiq	3ft. 8 inches.
2nd	549 / 8	Blue / Girls	(Yel)	Mashal Rasheed	3ft. 8 inches.
3rd	560 / 9	Blue / Girls	(Yel)	Zarafshan	3ft.





Sports Meet - 2008

Under 15 (Boys)

100 METRES

1st	961 / 9	Green (Gr)	Daud Ahmad	13.36 Secs.
2nd	652 / 8	Blue (Bl)	Syed Muhammad Ayub Shah	
3rd	1455 / 9	Green (Yel)	Mansoor Ahmad Khan	

200 METRES

1st	1325 / 9	Green (Yel)	Irfan Sattar	29.28 Secs.
2nd	961 / 9	Green (Gr)	Daud Ahmad	
3rd	652 / 8	Blue (Bl)	Syed Muhammad Ayub Shah	

400 METRES

1st	1325 / 9	Green (Yel)	Irfan Sattar	1 Min. 8. 35 Secs.
2nd	1041 / 8	Yellow (Yel)	Ali Raza Bangash	
3rd	1166 / 9	Blue (Bl)	Abdul Samad	

800 METRES

1st	573 / 10	Blue (Bl)	Ihsan Ullah Khan	2 Min. 47. 22 Secs.
2nd	1166 / 9	Blue (Bl)	Abdul Samad	
3rd	1293 / 10	Blue (Yel)	Muhammad Mansoor Khan	

4 X 100 METRES RELAY

1st	1325 / 9	Green (Yel)	Irfan Sattar	58.75 Secs.
1st	1293 / 10	Blue (Yel)	Muhammad Mansoor Khan	
1st	1208 / 8	Blue (Yel)	Sadiq Nawaz	
1st	1311 / 9	Blue (Yel)	Mubashir Iqbal	
2nd	652 / 8	Blue (Bl)	Syed Muhammad Ayub Shah	
2nd	573 / 10	Blue (Bl)	Ihsan Ullah Khan	
2nd	504 / 10	Blue (Bl)	Salman Zahid	
2nd	1166 / 9	Blue (Bl)	Abdul Samad	
3rd	1140 / 10	Blue (Gr)	Shahzad Tariq Afridi	
3rd	604 / 9	Green (Gr)	Syed Adnan	
3rd	961 / 9	Green (Gr)	Daud Ahmad	
3rd	893 / 9	Green (Gr)	Ehsan Bin Aman	





Sports Meet - 2008

Under 15 (Boys)

4 X 400 METRES RELAY

1st	652 / 8 Blue (Bl)	Syed Muhammad Ayub Shah	4Mins. 50.60Secs.
1st	573 / 10 Blue (Bl)	Ihsan Ullah Khan	
1st	504 / 10 Blue (Bl)	Salman Zahid	
1st	1166 / 9 Blue (Bl)	Abdul Samad	
2nd	1140 / 10 Blue (Gr)	Shahzad Tariq Afridi	
2nd	604 / 9 Green (Gr)	Syed Adnan	
2nd	961 / 9 Green (Gr)	Daud Ahmed	
2nd	893 / 9 Green (Gr)	Ehsan Bin Aman	
3rd	1325 / 9 Green (Yel)	Irfan Sattar	
3rd	1293 / 10 Blue (Yel)	Muhammad Mansoor	
3rd	1310 / 10 Blue (Yel)	Syed Shameer Raza	
3rd	1041 / 8 Green (Yel)	Ali Raza Bangash	

SHOT PUTT

1st	1319 / 10 Blue (Yel)	Muhammad Yaseen	7. 50 Metres.
2nd	504 / 10 Blue (Bl)	Salman Zahid	7. 08 Metres.
3rd	652 / 8 Blue (Bl)	Syed Muhammad Ayub Shah	6. 62 Metres.

LONG JUMP

1st	1208 / 8 Blue (Yel)	Sadiq Nawaz	4.63 Metres.
2nd	504 / 10 Blue(Bl)	Salman Zahid	4.17 Metres.
3rd	1311 / 9 Blue (Yel)	Mubashir Iqbal	4.12 Metres.
3rd	604 / 10 Blue (Gr)	Adnan Syed	4.12 Metres.

HIGH JUMP

1st	1041 / 8 Yellow (Yel)	Ali Raza Bangash	4ft. 6 inches
2nd	504 / 10 Blue (Bl)	Salman Zahid	4ft. 4 inches.
3rd	1325 / 9 Green (Yel)	Irfan Sattar	4ft. 3 inches.





Sports Meet - 2008

Under 16 (Boys)

100 METRES

1st	761 / 9	Green (Gr)	Razdan Khan	13.84 Secs.
2nd	1067 / 10	Blue (Bl)	Sherjeel Riaz	
3rd	909 / 10	Blue (Gr)	Ehtesham Qayyum	

200 METRES

1st	761 / 9	Green (Gr)	Razdan Khan	28.79 Secs.
2nd	523 / 10	Blue (Gr)	Saffaf Habib	
3rd	1470 / 10	Blue (Yel)	Ajlal Ahmad Yousaf Zai	

400 METRES

1st	1456 / 9	Blue (Yel)	Faraz Ahmad Khan	1 Min. 9.10 Secs.
2nd	1102 / 10	Blue (Bl)	Osama Bin Zeb	
3rd	968 / 10	Blue (Yel)	Maaz Amjad	

800 METRES

1st	1456 / 9	Blue (Yel)	Faraz Ahmad Khan	2 Mins. 45.23 Secs.
2nd	1207 / 9	Green (Yel)	Rab Nawaz Afridi	
3rd	1188 / 10	Blue (Bl)	Jibran Bangash	

4 X 100 METRES RELAY

1st	523 / 10	Blue (Gr)	Saffaf Habib	58.02 Secs.
1st	909 / 10	Blue (Gr)	Ehtesham Qayyum	
1st	438 / 10	Blue (Gr)	Ahsan Abbas Zahid	
1st	761 / 9	Green (Gr)	Razdan Khan	
2nd	1456 / 9	Blue (Yel)	Faraz Ahmad Khan	
2nd	968 / 10	Blue (Yel)	Maaz Amjad	
2nd	1470 / 10	Blue (Yel)	Ajlal Ahmad Yousaf Zai	
2nd	1207 / 9	Green (Yel)	Rab Nawaz Afridi	
3rd	1067 / 10	Blue (Bl)	Sherjeel Riaz	
3rd	521 / 10	Blue (Bl)	Zubair Khan	
3rd	644 / 10	Blue (Bl)	Haroon Khan	
3rd	939 / 8	Blue (Bl)	Ghassan Zahir Shah	





Sports Meet - 2008

Under 16 (Boys)

4 X 400 METRES RELAY

1st	1456 / 9 Blue (Yel)	Faraz Ahmad Khan	4 Mins. 37.56 Secs.
1st	968 / 10 Blue (Yel)	Maaz Amjad	
1st	1470 / 10 Blue (Yel)	Ajlal Ahmad Yousaf Zai	
1st	1207 / 9 Green (Yel)	Rab Nawaz Afridi	
2nd	523 / 10 Blue (Gr)	Saffaf Habib	
2nd	909 / 10 Blue (Gr)	Ehtesham Qayyum	
2nd	438 / 10 Blue (Gr)	Ahsan Abbas Zahid	
2nd	761 / 9 Green (Gr)	Razdan Khan	
3rd	1067 / 10 Blue (Bl)	Sherjeel Riaz	
3rd	1102 / 10 Blue (Bl)	Osama Bin Zeb	
3rd	644 / 10 Blue (Bl)	Haroon Khan	
3rd	939 / 8 Blue (Bl)	Ghassan Zahir Shah	

SHOT PUTT

1st	1207 / 9 Green (Yel)	Rab Nawaz Afridi	7.46 Metres.
2nd	519 / 9 Blue (Bl)	Fahd Khan Bangash	7.31 Metres.
3rd	438 / 10 Blue (Gr)	Ahsan Abbas	6.98 Metres.

LONG JUMP

1st	1067 / 10 Blue (Bl)	Sherjeel Riaz	4.65 Metres.
2nd	761 / 9 Green (Gr)	Razdan Khan	4.63 Metres.
3rd	1207 / 9 Green (Yel)	Rab Nawaz Afridi	4.60 Metres.
3rd	1470 / 10 Blue (Yel)	Ajlal Ahmad Yousaf Zai	4.60 Metres.

HIGH JUMP

1st	1067 / 10 Blue (Bl)	Sherjeel Riaz	4ft. 3 inches.
2nd	523 / 10 Blue (Gr)	Saffaf Habib	4ft. 3 inches.
3rd	909 / 10 Blue (Gr)	Ehtesham Qayyum	4ft.





Sports Meet - 2008

Over 16 (Boys)

100 METRES

1st	1489 / 10	Blue (Yel)	Jonathan Samson	13.21 Secs.
2nd	1055 / 10	Blue(Gr)	Shah Faisal	
3rd	406 / 10	Blue (Yel)	Muhammad Saqib	

400 METRES

1st	1489 / 10	Blue (Yel)	Jonathan Samson	1 Min. 12.70 Secs.
2nd	406 / 10	Blue (Yel)	Muhammad Saqib	
3rd	327 / 10	Blue (Bl)	Amir Hamza	

SHOT PUTT

1st	1055 / 10	Blue(Gr)	Shah Faisal	6.36 Metres.
2nd	327 / 10	Blue (Bl)	Amir Hamza	6.24 Metres.
3rd	406 / 10	Blue (Yel)	Muhammad Saqib	5.18 Metres.





ORDER AND

WEDNESDAY, 3rd

S/No.	Time	Events
1)	10:00 a.m.	Arrival of the Chief Guest.
2)	10:05 a.m.	Opening Ceremony.
3)	10:10 a.m.	Address of the Principal.
4)	10:15 a.m.	Open Competition 4 x 100 Metres Relay (Girls)
5)	10:20 a.m.	Open Competition 4 x 200 Metres Relay (Boys)
6)	10:25 a.m.	Open Competition 400 Metres (Boys)
7)	10:30 a.m.	Open Competition 200 Metres (Girls)
8)	10:35 a.m.	Karate Demonstration (School Karate Team)
9)	10:50 a.m.	Drill Display

THE PRINCIPAL AND STAFF
SINCERELY THANK
ALL DONORS OF ADVERTISEMENTS
AND
THE PARENTS, THE WELL WISHERS
WHO HAVE GENEROUSLY CONTRIBUTED
TOWARDS THE SUCCESS OF THIS MEET.





TIME OF EVENTS

DECEMBER, 2008.

S/No.	Time	Events
10)	11:10 a.m.	Gymnastics (School Gymnastic Teams)
11)	11:30 a.m.	Parents' events
		Ladies Throwing the Cricket bal
		Gents Search for treasure
12)	11:35 a.m.	March Past
13)	11:45 a.m.	Address of the Chief Guest.
14)	11:50 a.m.	Distribution of Trophies.
15)	12:00 Noon	National Anthem.

THE ATHLETE'S PROMISE

We promise to take part in this Annual Athletic Sports Meet in loyal competition respecting the rules and regulation that govern them.

We promise to keep a stout heart in defeat, to keep our pride under, in victory, to keep a sound soul, a clean mind, a healthy body and play the game in true spirit of sportsmanship





EVENTS OF THE FINAL DAY

Open Competition 4 x 200 Metres (Boys)

Lane 1.

523 / Cl. 10-Blue
761 / Cl. 9-Blue
812 / Cl. 10-Blue
713 / Cl. 9-Blue

Lane 2.

1067 / Cl. 10-Blue
1022 / Cl. 9-Blue
1084 / Cl. 10-Blue
1166 / Cl. 9-Blue

Lane 3.

1489 / Cl. 10-Blue
1325 / Cl. 9-Blue
1298 / Cl. 9-Blue
1470 / Cl. 10-Blue

Lane 4.

1166 / Cl. 9-Blue
793 / Cl. 7-Blue
652 / Cl. 8-Blue
1042 / Cl. 8-Blue

Green House:

Saffaf Habib
Razdan Khan
Daud Khan
Waleed Khan

Blue House:

Sharjeel Riaz
Fawad Akbar
Amjad Ali
Abdul Samad

Yellow House:

Jonathan Samson
Irfan Sattar
Awais Fida
Ajlal Ahmad

Blue House:

Abdul Samad
Shahrukh Afridi
Syed Muhammad Ayub Shah
Hamza Ali

Open Competition 400 Metres (Boys)

Lane 1.

1224 / Cl. 7-Green
1041 / Cl. 8-Green

Zain ul Abideen (**Green House**)
Ali Raza (**Yellow House**)

Lane 2.

573 / Cl. 10-Blue

Ihsan Ullah (**Blue House**)

Lane 3.

1456 / Cl. 9-Green

Faraz Ahmad (**Yellow House**)

Lane 4.

779 / Cl. 8-Blue

Rehman Hamid (**Green House**)





EVENTS OF THE FINAL DAY

Open Competition 4 x 100 Metres (Girls)

Lane 1.

261 / Cl. 10-Blue
177 / Cl. 9-Blue
245 / Cl. 7-Blue
140 / Cl. 9-Blue

Green House:

Syeda Sidra Aftab
Lubna Hashim
Yusra Anwar
Bader Atiq

Lane 2.

549 / Cl. 8-Blue
337 / Cl. 10-Blue
548 / Cl. 10-Blue
560 / Cl. 9-Blue

Yellow House:

Mashal Rasheed
Amna Arif
GulRukh Rasheed
Zarafshan

Lane 3.

340 / Cl. 9-Blue
143 / Cl. 10-Blue
169 / Cl. 7-Blue
308 / Cl. 7-Blue

Blue House:

Madhiha Afzal
Sana Rehman
Mahnoor Zaman
Ayesha Durrani

Lane 4.

563 / Cl. 7-Blue
707 / Cl. 9-Blue
214 / Cl. 8-Blue
504 / Cl. 9-Blue

Blue House:

Kulsoom Ali
Mashal Faiq
Hamana Tahir
Roma Anwar

Open Competition 200 Metres (Girls)

Lane 1.

295 / Cl. 7-Blue

Green House:

Ayesha Shahid

Lane 2.

309 / Cl. 8-Blue

Yellow House:

Usaal Sani

Lane 3.

340 / Cl. 9-Blue

Blue House:

Madheeha Afzal

Lane 4.

201 / Cl. 10 Blue

Green House:

Syeda Sidra Aftab





SHOTOKAN KARATE INTERNATIONAL

Shotokan Karate Classes were started at St. Francis' High School on 8th January, 2004 under the supervision of Mr. Ghulam Muhammad, Black Belt I Don, National Shotokan Karate Champion for the year 1997.

Karate is a form of martial arts which aims at inculcating the spirit of discipline, keeping physically fit, and building up confidence, besides teaching the art of self defense.
DEMONSTRATIONS:

1. "Assembly"
2. "Group Kata"
 - i) Maliaka Riaz
 - ii) Syeda Mahak Sardar
 - iii) Sumbal Aman
3. "Fight"
 - i) Fakhar Aman
 - ii) Hamza Sadaat
 - iii) Aymal Khalid
 - iv) Syed Shahab
 - v) Spogmay Riaz
 - vi) Mahnoor Asim
4. "Individual Kata"
Mariya khatoon
5. "Breaking of tiles"
 - i) Ammar Riaz
 - ii) Mahnoor Asim
 - iii) Spogmay Riaz
 - iv) Tanees Asim
 - v) Syed Daniyal Shah
6. "Fight"
Mr. Ghulam Muhammad Vs Mehak Sardar
7. "Kata with bounkai"
 - i) Haseeb
 - ii) Baaz Muhammad
 - iii) Jawad Ali





KARATE TEAM 2008 2009

1310	10-Blue	Syed Shameer Raza	Captain
145	9-Blue	Syeda Mehak Sardar	V. Captain.
476	10-Blue	Osamah Riaz Khan	
316	8-Blue	Sumbal Aman	
1268	7-Blue	Arsalan Khan	
1316	7-Blue	Haris Khan	
407	7-Blue	Malaika Riaz	
1529	7-Yellow	Syed Saad Muaziz Kakakhel	
702	7-Yellow	Ammar Riaz Khan	
1683	6-Blue	Taha Sajjad	
405	6-Blue	Mahnoor Asim	
1685	6-Green	Moazin Sajjad	
1476	6-Green	Muhammad Shakkar Khan	
408	6-Green	Spogmay Riaz	
1267	5-Blue	Sohail Khan Afridi	
1259	5-Blue	Ahmad Ali Shah	
1269	5-Blue	Aymal Khalid	
554	5-Green	Syeda Alishbah Muaziz Kakakhel	
466	5-Green	Konpal Iqbal	
1422	5-Yellow	Danyal Jahangir Khan	
1702	5-Yellow	Syed Shahab Shah	
564	4-Blue	Huma Khalid	
403	4-Blue	Maria Khatoon	
406	4-Blue	Tanees Asim	
1104	4-Yellow	Hamza Saadat	
1607	3-Blue	Ali Musa	
1646	3-Blue	Muhammad Owais	
1668	3-Blue	Suaidd Sajjad	
1625	3-Blue	Irfan Amin	
565	3-Blue	Aiman Khalid	
730	3-Green	Hoorine Javed	
1684	3-Green	Tehamee Sajjad	
1243	3-Green	Fakhar Aman	
1270	3-Yellow	Nangial Khalid	
1368	2-Blue	Syed Daniyal Shah	
1858	Prep Green	Aizaz Javed	





GYMNASTIC TEAM (BOYS)

787	8-Green	Shayan Sameer Fernando.	Captain.
1419	6-Green	Talha Israr	V. Captain.
859	8-Green	Omair Ali Khan	
906	8-Green	Wajahat Ali Khan	
837	7-Blue	Yahya Sultan	
791	7-Blue	Muhammad Annas	
1803	7-Green	Muhammad Sameen	
1728	7-Green	Sohail Ahmad	
1491	6-Green	Hasnain Habib	
1853	6-Green	Muhammad Shahryar Khan	
1588	6-Yellow	Muhammad Zareen Khan	
1584	6-Yellow	Syed Haris Banuri	
1563	6-Yellow	Muhammad Ismail Afridi	
1544	6-Yellow	Hamza Sajjad	
1596	6-Yellow	Muhammad Saad Azam	
1545	5-Yellow	Tayyab Ali Khan	
1673	5-Yellow	Junaid Jehanzeb	
1589	5-Blue	Amir Hamza	
1050	5-Blue	Muhammad Sajid	
1317	5-Blue	Waleed Ahmed Khan	
1267	5-Blue	Sohail Khan Afridi	
1287	5-Blue	Hamid Khan Afridi	
1305	5-Blue	Tamim Wali	
1481	4-Green	Saif Ullah Jamal	





GYMNASTIC TEAM (GIRLS)

140	9-Blue	Badar Atiq	Captain
295	7-Blue	Ayesha Shahid	V. Captain
560	9-Blue	Zarafshan	
145	9-Blue	Mehak Sardar	
436	5-Blue	Mahnoor Khan	
332	5-Blue	Amber Rehan	
387	4-Blue	Mahnoor Ishfaq	
533	4-Blue	Aneesa Rasool	
403	4-Blue	Mariya Khatoon	
616	4-Blue	Farishta Khan	
287	6-Blue	Tuba Zafar	
543	5-Blue	Arisha Iqbal	
456	5-Blue	Aiman Jahangir	
426	5-Green	Minahil Wisal	
563	7-Blue	Kalsoom Ali	
573	7-Blue	Ghazala Munawar	
300	6-Blue	Amna Aftab	
562	5-Blue	Sana Sajjad	





SCHOOL BAND (BOYS)

2008 2009

914	9-Green	Afraz Khan Afridi	Captain
1102	10-Blue	Osama Bin Zeb	V. Captain
630	9-Blue	Mohsin Amin	B ^b Clarinet
1465	9-Green	Afzaal Jehangir	B ^b Euphonium
1583	9-Green	Syed Shahkar Banuri	Flute
975	8-Blue	Muhammad Adnan	Tenor Drum
921	8-Green	Sikandar Bakht Khan	Side Drum
1057	7-Blue	Jamal Khan	Cornet
727	7-Blue	Muhammad Shafat	Flute
1320	7-Blue	Noman Khan	Trombone
1265	7-Blue	Tufail Khan	Euphonium
1149	7-Green	Danyal Salim	Side Drum
1719	7-Green	Ali Usman	Side Drum
1294	7-Green	Hamdan	Side Drum
1720	7-Green	Asfandiyar	Side Drum
1186	7-Green	Muhammad Fawwad	B ^b Clarinet
1175	7-Green	Zaiyam Khan	Side Drum
1192	6-Green	Waqar Khan Shinwary	Flute
1683	6-Blue	Taha Sajjad	Tambourine
1040	5-Blue	Faizan Shafqat	Flute





SCHOOL BAND (GIRLS)

2008 2009

145	9-Blue	Syeda Mahak	Captain
234	8-Green	Maleeha Nisar	V. Captain.
314	7-Blue	Rimsha Wisal	Side Drum
362	7-Blue	Sidra Zeb	Side Drum
233	7-Blue	Khushbakth Qayyum	Tenor Drum
634	7-Blue	Aasia	Side Drum
407	7-Blue	Malaika Riaz	Side Drum
319	7-Blue	Noor-e-Sahar	Tambourine
246	7-Blue	Aiman Zaman	Tambourine
447	7-Blue	Maria Zeb	Base Drum
408	6-Green	Spogmay Riaz	Flute
351	6-Green	Iqra Haseeb	Flute
373	5-Blue	Khutija Awan	Flute
458	5-Blue	Azka Rashid	Flute
582	5-Blue	Zulaikha Shah	Flute
446	5-Green	Hira Asad	Flute
390	5-Blue	Tajala	Flute
365	5-Blue	Komal Naeem	Tambourine
690	5-Green	Aqsa Sharif	Flute
326	5-Blue	Arooj Fatima	Flute
331	5-Blue	Uzma Hussain	Cymbal
343	5-Blue	Aiman Barkat	Flute





Class Officials 2008-2009

(Boys)

Pre Prep Blue:-

NAMES:

Abdul Rafay	1764	Class Leader
Mamoon Rehan	1734	Deputy Class Leader
Erma Riaz	667	House Chief
Mary Ismal John	668	Deputy House Chief
Hiba Ikram	675	Academic officer
Ibrahim Mehmood	1749	Deputy Academic Officer

Pre Prep Green:-

NAMES:

Zainab Zahoor	683	Class Leader
Kashmala Zaka	671	Deputy Class Leader
Muhammad Daud	1795	House Chief
Amina Khan	701	Deputy House Chief
Palwasha	708	Academic Officer
Muhammad Aareez	1792	Deputy Academic Officer





Class Officials 2008-2009

Prep Blue:-

NAMES:

Haris Jamal	1615	Class Leader
Muhammad Osama Alam	1622	Deputy Class Leader
Ayra Anwar	666	House Chief
Maha Ikhtiar	612	Deputy House Chief
Uphaz John	1612	Academic Officer
Muhammad Faizan Khan	1610	Deputy Academic Officer

Prep Green:-

NAMES:

Aleena Faiz	656	Class Leader
Ayesha	695	Deputy Class Leader
Suraya Durrani	641	House Chief
Faria Faisal	658	Deputy House Chief
Muhammad Noman	1691	Academic Officer
Kulsoom Adil	642	Deputy Academic Officer

Prep Yellow:-

NAMES:

Muhammad Hammad	1761	Class Leader
Qazi Muhammad Afan	1789	Deputy Class Leader
Maheen Durani	686	House Chief
Syed Taha Ali Shah	1733	Deputy House Chief
Rehamat Ullah	1763	Academic Officer
Zartifa	693	Deputy Academic Officer





Class Officials 2008-2009

1 - Blue:-

NAMES:

Muhammad Asif Khan	1501	Class Leader
Syed Usman Ali Shah	1527	Deputy Class Leader
Sheheryar Ahmed	1675	House Chief
Muhammad Shoaib Alam	1531	Deputy House Chief
Muhammad Usman Sohail	1519	Academic Officer
Yaseen Ahmed	1680	Deputy Academic Officer
Baseer Ahmed	1497	Treasurer
Muhammad Ahsan Mehdi	1611	Deputy Treasurer
Salman Khan	1807	Interior Decorator
Roman Zeb	1812	Deputy Interior Decorator

1 - Green:-

NAMES:

Musa Khan	1724	Class Leader
Zakariya Anwar Khan	1565	Deputy Class Leader
Eshan Gohar	1498	House Chief
Muhammad Yousaf	1504	Deputy House Chief
Arbab Talal	1674	Academic Officer
Darab Khan	1605	Deputy Academic Officer
Umer Khyyam	1609	Treasurer
Mustafa Hassan	1624	Deputy Treasurer
Abdul Wahab	1614	Interior Decorator
Mujtaba Raza Aamin	1593	Deputy Interior Decorator

1 - Yellow:-

NAMES:

Hamza Mehmood	1752	Class Leader
Mohsin Iqbal	1568	Deputy Class Leader
Ikrash Khan	1546	House Chief
Rizwan	1783	Deputy House Chief
Muhammad Eisa	1619	Academic Officer
Salman Afridi	1770	Deputy Academic Officer
Tehseen Alam	1552	Treasurer
Muhammad Aalian	1496	Deputy Treasurer
Wasif Abbass	1790	Interior Decorator
Ijlal	1741	Deputy Interior Decorator





Class Officials 2008-2009

2 - Blue:-

NAMES:

Abdur Rehman	1369	Class Leader
Tamheed Ullah	1666	Deputy Class Leader
Shamwel Khan	1385	House Chief
Muhammad Shaheer	1511	Deputy House Chief
Moiz Ahmed	1373	Academic Officer
Syed Muhammad Shah	1372	Deputy Academic Officer
Razzan Sattar Khan	1717	Treasurer
Muhammad Yasir	1559	Deputy Treasurer
Muhammad Qamar	1494	Interior Decorator
Syed Muhammad Daniyal	1368	Deputy Interior Decorator

2 - Green:-

NAMES:

Hassan Ali	1652	Class Leader
Saad Imran	1631	Deputy Class Leader
Usman Shafiq	1374	House Chief
Sameer Ahmed	1362	Deputy House Chief
Jawad Ali Khan	1665	Academic Officer
Muhammad Younas	1550	Deputy Academic Officer
Zaryab Ahmed	1633	Treasurer
Waleed Riaz	1627	Deputy Treasurer
Muhammad Ibrahim	1794	Interior Decorator
Soban Asad	1632	Deputy Interior Decorator

2 - Yellow:-

NAMES:

Saadat Khan	1500	Class Leader
Schazel Naeem	1379	Deputy Class Leader
Mujtaba	1712	House Chief
Haider Khan	1415	Deputy House Chief
Mahboob ul Hasnain	1387	Academic Officer
Muzamil Khan	1421	Deputy Academic Officer
Ilham Afzal	1388	Treasurer
Burhan Farooq	1606	Deputy Treasurer
Moiz Ali Shah	1451	Interior Decorator
Khushal Khan	1678	Deputy Interior Decorator





Class Officials 2008-2009

3 - Blue:-

NAMES:

Naqqi Abbas	1229	Class Leader
Afrasyab	1250	Deputy Class Leader
Ahmed Shah	1831	House Chief
Ali Musa	1607	Deputy House Chief
Maaz Ai Shah	1366	Academic Officer
Moheez Latif	1363	Deputy Academic Officer
Muhammad Awais Awan	1646	Treasurer
Ali Ghufraan	1234	Deputy Treasurer
Muhammad Umair	1639	Interior Decorator
Abdullah	1599	Deputy Interior Decorator

3 - Green:-

NAMES:

Saad Hassan	1275	Class Leader
Muhammad Aimal	1240	Deputy Class Leader
Shariq Khan Afridi	1636	House Chief
Faisal Abbas	1537	Deputy House Chief
Fakhar Awan	1243	Academic Officer
Mian Nouman Ali	1261	Deputy Academic Officer
Ali Khan Afridi	1244	Treasurer
Essa Khan	1235	Deputy Treasurer
Inam Ullah Khan	1245	Interior Decorator
Tahamee Sajjad	1684	Deputy Interior Decorator

3 - Yellow:-

NAMES:

Naaman	1359	Class Leader
Zia Ullah	1513	Deputy Class Leader
Faheem Iqbal	1315	House Chief
Syed Arsalan	1400	Deputy House Chief
Danish	1523	Academic Officer
Muhammad Suleman	1502	Deputy Academic Officer
Sikandar	1521	Treasurer
Rayyan Sattar	1716	Deputy Treasurer
Hamza Ahmad	1654	Interior Decorator
Abdullah	1681	Deputy Interior Decorator





Class Officials 2008-2009

4 - Blue:-

NAMES:

Saif Ullah Afridi	1407	Class Leader
Syed Muzammil	1338	Deputy Class Leader
Humza Hassan Khan	1116	House Chief
Joel John	1115	Deputy House Chief
Qazi Safwan	1528	Academic Officer
Shahbaz Ahmad	1380	Deputy Academic Officer
Ansar Subhan	1174	Treasurer
Umar Shafiq	1119	Deputy Treasurer
Ahmer Anwar	1181	Interior Decorator
Abdul Mueed	1432	Deputy Interior Decorator

4 - Green:-

NAMES:

Syed Zain Muaziz	1228	Class Leader
Musa Munawar	1121	Deputy Class Leader
Misbah ud din	1180	House Chief
Syed Afaq Ali	1237	Deputy House Chief
Syed Hamid Jamal	1197	Academic Officer
Bilal Tariq Afridi	1142	Deputy Academic Officer
Ossman Mohmand	1602	Treasurer
Zaid Samadi	1120	Deputy Treasurer
Zeeshan Waseem	1838	Interior Decorator
Adam	1295	Deputy Interior Decorator

4 - Yellow:-

NAMES:

Shaheryar Khan	1566	Class Leader
Talha Jamal	1750	Deputy Class Leader
Azhar ud din	1555	House Chief
Syed Mukarram Shah	1637	Deputy House Chief
Tabish Khan	1522	Academic Officer
Zohaib Khan	1669	Deputy Academic Officer
Saad Qayyum	1499	Treasurer
Muhammad Muneeb	1547	Deputy Treasurer
Muhammad Ghayoor	1553	Interior Decorator
Muhammad Hayan Khan	1626	Deputy Interior Decorator





Class Officials 2008-2009

5 - Blue:

NAMES:

Salman Zakir	1018	Class Leader
Hamid Khan Afridi	1287	Deputy Class Leader
Suhail Khan	1267	House Chief
Sajid Mohmand	1050	Deputy House Chief
Haider Ali Shah	1009	Academic Officer
Muneeb-Ur-Rehman	1012	Deputy Academic Officer
Aqib Hayat	1226	Treasurer
Ameer Hamza	1589	Deputy Treasurer
Faizan Shafqat	1040	Interior Decorator
Abid Khattak	1013	Deputy Interior Decorator

5 - Green:-

NAMES:

Muhammad Adnan	1133	Class Leader
Basit Malik	1125	Deputy Class Leader
Hammad Afridi	1086	House Chief
Osama Sarwar	1113	Deputy House Chief
Bilal Ahmed	1034	Academic Officer
Owais Imran	1146	Deputy Academic Officer
Khalil Khan	1103	Treasurer
Ahmad Namdar	1110	Deputy Treasurer
Majeed Jan	1744	Interior Decorator
Asher John	1114	Deputy Interior Decorator

5 - Yellow:-

NAMES:

Zarak Khan	1556	Class Leader
Muhammad Abdullah	1524	Deputy Class Leader
Muhammad Musa	1572	House Chief
Adnan Khan	1516	Deputy House Chief
Syed Mujtaba Abbas	1450	Academic Officer
Tayab Ali Khan	1545	Deputy Academic Officer
Umar Mohmand	1601	Treasurer
Danyal Jehangir	1422	Deputy Treasurer
Farhan Hamid Khan	1536	Interior Decorator
Danish Khattak	1796	Deputy Interior Decorator





Class Officials 2008-2009

6 - Blue:-

NAMES:

Danial Ahmad	918	Class Leader
Roman Abdullah	1651	Deputy Class Leader
Asad Rehman	911	House Chief
Zaid Ahmad	1286	Deputy House Chief
Reshail Naeem	920	Academic Officer
Hebron Iqbal	907	Deputy Academic Officer
Muhammad Sajjad	1187	Treasurer
Adil Munsif	1289	Deputy Treasurer
Abdul Ahad	1440	Interior Decorator
Zalan Khan	1644	Deputy Interior Decorator

6 - Green:-

NAMES:

Muhammad Rashid	1159	Class Leader
Abu Baker	981	Deputy Class Leader
Abdul Wahid	1264	House Chief
Ubaid-ur-Rehman	1469	Deputy House Chief
Muhammad Shahkar	1476	Academic Officer
Jaffer Iqbal	1314	Deputy Academic Officer
Talha Israr	1419	Treasurer
Hassan Javed	1072	Deputy Treasurer
Abdur Rehman	1727	Interior Decorator
Umer Riaz	1709	Deputy Interior Decorator

6 - Yellow:-

NAMES:

Aizaz Afridi	1630	Class Leader
Haider Asif	1575	Deputy Class Leader
Humza Sajjad	1544	House Chief
Muhammad Ismail	1563	Deputy House Chief
Muhammad Hassan Khan	1509	Academic Officer
Syed Hassan Gillani	1755	Deputy Academic Officer
Muhammad Salman	1663	Treasurer
Saad Azam	1596	Deputy Treasurer
Humza Muqarrab	1650	Interior Decorator
Ali Humza Khan	1758	Deputy Interior Decorator





Class Officials 2008-2009

7 - Blue:-

NAMES:

Aqil Amjid	826	Class Leader
Hafiz Ullah Afridi	1020	Deputy Class Leader
Fawad Akbar	1021	House Chief
Khanzeb	1051	Deputy House Chief
Omar Imran	1145	Academic Officer
Moiz Khan	831	Deputy Academic Officer
Shershah Suri	796	Treasurer
Agha Ali	819	Deputy Treasurer
Umer Sharif	720	Interior Decorator
Hashir Khan	832	Deputy Interior Decorator

7 - Green:-

NAMES:

Zaiyam Khan	1175	Class Leader
Sohail Ahmad	1728	Deputy Class Leader
Amir Taj	1313	House Chief
Muhammad Ismail	598	Deputy House Chief
Syed Itizaz Ali Shah	1073	Academic Officer
Danyal Saleem	1149	Deputy Academic Officer
Muhammad Fawad	1186	Treasurer
Hamdan Hussain	1294	Deputy Treasurer
Muhammad Saad Khan	977	Interior Decorator
Syed Mazhar Ali Shah	1074	Deputy Interior Decorator

7 - Yellow:-

NAMES:

Muhammad Umer Afridi	1562	Class Leader
Rizwan Naeem	1453	Deputy Class Leader
Mirwais Khan	1432	House Chief
Changez Khan	1571	Deputy House Chief
Syed Saad	1529	Academic Officer
Luqman Khan	1590	Deputy Academic Officer
Aimal Khan	1420	Treasurer
Fayzan Khan	1428	Deputy Treasurer
Muhammad Adeeb	1425	Interior Decorator
Zeeshan Khan	1515	Deputy Interior Decorator





Class Officials 2008-2009

8 - Blue:-

NAMES:

Ghassan Zahir Khan	939	Class Leader
Zarak Khan	1477	Deputy Class Leader
Hamza Ali	1042	House Chief
Yasir Khan	707	Deputy House Chief
Muhammad Talha	1027	Academic Officer
Mueen-ur-Rehman	732	Deputy Academic Officer
Sher Shah Khan	1525	Treasurer
Muhammad Younas	1508	Deputy Treasurer
Faisal Javaid	1398	Interior Decorator
Asfandiyar Iqbal	694	Deputy Interior Decorator

8 - Green:-

NAMES:

Shayan Sameer Fernando	787	Class Leader
Danyal Khan	1707	Deputy Class Leader
Hisham Khan Ahmad 899		House Chief
Mashood Ahmad	844	Deputy House Chief
Syed Sajjad Raza	1689	Academic Officer
Malik Aftab	1554	Deputy Academic Officer
Shahryar Raheel	1541	Treasurer
Ali Raza Bangash	1041	Deputy Treasurer
Shah Faisal	466	Interior Decorator
Zahab Ali	905	Deputy Interior Decorator

9 - Blue:-

NAMES:

Ahsan Sajjad	1336	Class Leader
Jawad Akbar	1022	Deputy Class Leader
Zia-ur-Rehman	950	House Chief
Hamza Shujaat	1581	Deputy House Chief
Raheel Ahmed 619		Academic Officer
Rohail Khan	520	Deputy Academic Officer
Yasir Imran	1144	Treasurer
Muhammad Jawad	1185	Deputy Treasurer
Saad Hamayun	1291	Interior Decorator
Syed Adil Shah	1172	Deputy Interior Decorator





Class Officials 2008-2009

9 -Green:-

NAMES:

Aizaz Sharif	1488	Class Leader
Waleed Khan	713	Deputy Class Leader
Irfan Sattar	1325	House Chief
Rab Nawaz Afridi	1207	Deputy House Chief
Syed Muddassar Khan	1337	Academic Officer
Ehtisham Muhammad Khan	1478	Deputy Academic Officer
Akhunzada Sadullah	697	Treasurer
Muneeb ur Rehman	1512	Deputy Treasurer
Afraz Khan	914	Interior Decorator
Shahkar Banuri	1583	Deputy Interior Decorator



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Class Officials 2008-2009 (Girls)

1.Blue / Girls:-

Names:

Naiba-Tu-Zahra	552	Class Leader
Michal John	605	Deputy Class Leader
Maria Khan	547	House Chief BLUE
Faizan Wisal	627	Deputy House Chief
Naila Subhan	550	House Chief GREEN
Zovia Kiran	540	Deputy House Chief
Ayesha Nahman	638	House Chief YELLOW
Zainab Ajmal	559	Deputy House Chief
Maham Sherin	542	Academic Officer BLUE
Sanan Nasir	646	Deputy Academic Officer
Laila Arbab	705	Academic Officer GREEN
Saman Kamran	611	Deputy Academic Officer
Sana Ali Khan	575	Academic Officer YELLOW
Saman Wisal	586	Deputy Academic Officer
Aisha Rasool	534	Treasurer
Mahnoor Zafar	558	Deputy Treasurer
Ujala Shah	653	Interior Decorator
Fatima	697	Deputy Interior Decorator

2.Blue / Girls:-

Maria Zakir	645	Class Leader
Maheen Mustafa	501	Deputy Class Leader
Aina Khan	471	House Chief
Yasmine	699	Deputy House Chief
Iqra Ayub	530	Academic Officer
Faiqa Durrani	476	Deputy Academic Officer
Hoor Qazi	684	Treasurer
Sofia	636	Deputy Treasurer
Rekhmina Naeem	535	Interior Decorator
Syeda Laiba	477	Deputy Interior Decorator





Class Officials 2008-2009

2. Blue / Girls:-

Names:

Laiba Kamran	602	Class Leader
Nashmia Nawaz	469	Deputy Class Leader
Mishma Riaz	470	House Chief
Hamna Habib	523	Deputy House Chief
Nicheal Shamoun	472	Academic Officer
Laiba Khan	618	Deputy Academic Officer
Mamoona Banuri	578	Treasurer
Hadia Wasim	532	Deputy Treasurer
Satayish	480	Interior Decorator
Khadeejah Usman	659	Deputy Interior Decorator

3 - Blue / Girls:-

Radina Niaz	416	Class Leader
Javeria Zakir	452	Deputy Class Leader
Manahil Khan	491	House Chief BLUE
Lailuma Jamal	515	Deputy House Chief
Laila Khan	494	Academic Officer
Sana Irfan	546	Deputy Academic Officer
Ayesha Iqbal	572	Treasurer
Aqsa Daud	420	Deputy Treasurer
Aimen Khalid	565	Interior Decorator
Ayat Shabir	499	Deputy Interior Decorator

3 - Green / Girls:-

Sana Shah	553	Class Leader
Summiya Bano	415	Deputy Class Leader
Zawata Afnan	620	House Chief BLUE
Nahida	567	Deputy House Chief
Marwa Khan	632	Academic Officer
Aiman Murtaza	428	Deputy Academic Officer
Maimoona Zeb	527	Treasurer
Mahroona Syed	419	Deputy Treasurer
Nawal Khan	598	Interior Decorator
Khasiyat	495	Deputy Interior Decorator





Class Officials 2008-2009 (Girls)

4 - Blue / Girls:-

Names:

Gulalai Rehman	435	Class Leader
Mahreen Durrani	378	Deputy Class Leader
Fatima Khan	372	House Chief
Mahnoor Ishfaq	387	Deputy House Chief
Tanees Asim	406	Academic Officer
Hoor Sharif	377	Deputy Academic Officer
Mariya Khatoon	403	Treasurer
Mahnoor Zaheer	555	Deputy Treasurer
Zalaa Kaka Khel	368	Interior Decorator
Alina Rashid	590	Deputy Interior Decorator

5 - Blue / Girls:-

Faiza Gul	360	Class Leader
Anum Nawaz	349	Deputy Class Leader
Nayab Khan	490	House Chief BLUE
Aimen Jehangir	456	Deputy House Chief
		House Chief YELLOW
		Deputy House Chief
Khutija Awan	373	Academic Officer
Ayesha Tariq	556	Deputy Academic Officer
Arooj Fatima	326	Treasurer
Kainat Gul	399	Deputy Treasurer
Laiba Mehsud	352	Interior Decorator
Mahnoor Khan	436	Deputy Interior Decorator

5 - Green / Girls:-

Komal Naeem	365	Class Leader
Laila Farooq	599	Deputy Class Leader
Minahil Wisal	426	House Chief
Zainab Abbas	333	Deputy House Chief
Arshia Faiz	631	Academic Officer
Tajala	390	Deputy Academic Officer
Hira Asad	446	Treasurer
Raya Zaman	350	Deputy Treasurer
Konpal Iqbal	466	Interior Decorator
Aqsa Sharif	690	Deputy Interior Decorator





Class Officials 2008-2009 (Girls)

6 - Blue / Girls:-

NAMES:

Hina Gul	359	Class Leader
Gulrukh	354	Deputy Class Leader
Amina Aftab	300	House Chief BLUE
Meher Fatima	321	Deputy House Chief
Uzma Gillani	386	House Chief YELLOW
Tuba Zafar	287	Deputy House Chief
Sara Shujaat	576	Academic Officer
Mahnoor Keen	347	Deputy Academic Officer
Faryal Tariq	382	Treasurer
Zarghuna Riaz	422	Deputy Treasurer
Kainat Syed	402	Interior Decorator
Muniba Inayat	688	Deputy Interior Decorator

6 - Green / Girls:-

NAMES:

Spogmay Riaz	408	Class Leader
Rukhsar Afridi	367	Deputy Class Leader
Maira Haider	657	House Chief GREEN
Noor Zohra	223	Deputy House Chief
Sana Saleem	313	Academic Officer
Nimra Sattar	545	Deputy Academic Officer
Iqra Haseeb	351	Treasurer
Mahnoor Ibrar	678	Deputy Treasurer
Laila Asad	613	Interior Decorator
Tehreem Shakir	685	Deputy Interior Decorator

7 - Blue / Girls:-

NAMES:

Hijal Gul	522	Class Leader
Mahrukh	348	Deputy Class Leader
Ayesha Durrani	308	House Chief BLUE
Mahnoor Zaman	169	Deputy House Chief
Ghazala Munawar	173	House Chief YELLOW
Malika Riaz	407	Deputy House Chief
Mahdiyyah Saleem	217	Academic Officer
Huma Afridi	298	Deputy Academic Officer
Laila Syed	401	Treasurer
Urooj	518	Deputy Treasurer
Farwa Ali	395	Interior Decorator
Rimsha Wisal	314	Deputy Interior Decorator





Class Officials 2008-2009 (Girls)

8 - Blue / Girls:-

NAMES:

Romaisa Mehsud	200	Class Leader
Sadia Muaziz	228	Deputy Class Leader
Mahnoor Habib	376	House Chief BLUE
Mahnoor Shah	595	Deputy House Chief
		House Chief GREEN
		Deputy House Chief
Mashal Rasheed	549	House Chief YELLOW
Mahnoor Rehman	432	Deputy House Chief
Yumna Banuri	577	Academic Officer
Misbah Sayed	462	Deputy Academic Officer
Kashmala Fayaz	516	Treasurer
Shandana Jamal	589	Deputy Treasurer
Shah Laila	374	Interior Decorator
Madeeha Asghar	224	Deputy Interior Decorator

8 - Green / Girls:-

NAME:

Neelam Nawaz	306	Class Leader
Natasha Kamran	592	Deputy Class Leader
		House Chief BLUE
		Deputy House Chief
Hajira Aslam	488	House Chief GREEN
Bakhtmina	410	Deputy House Chief
		House Chief YELLOW
		Deputy House Chief
Sahar Waqar	600	Academic Officer
Faryal Ahmed	201	Deputy Academic Officer
Hajira Shah	629	Treasurer
Sobia Gillana	218	Deputy Treasurer
Maleeha Nisar	234	Interior Decorator
Shireen	528	Deputy Interior Decorator





Class Officials 2008-2009 (Girls)

9 - Blue / Girls:-

NAMES:

Lubna Hashim	177	Class Leader
Redha Shahid	355	Deputy Class Leader
Roma Anwar	504	House Chief BLUE
Madeeha Afzal	340	Deputy House Chief
Maria Khan	237	House Chief GREEN
Bader Ateeq	140	Deputy House Chief
Zarafshan Nawaz	560	House Chief YELLOW
Neelum Khattak	650	Deputy House Chief
Omama Saleem	196	Academic Officer
Hina Gul	82	Deputy Academic Officer
Mehak Khan	356	Treasurer
Hira Ahad	442	Deputy Treasurer
Naaima Shafiq	467	Interior Decorator
Sherina Minto	148	Deputy Interior Decorator

10 - Blue / Girls:-

NAMES:

Shukria Hassan	453	Class Leader
		Deputy Class Leader
Sana Abdullah	231	House Chief BLUE
Afsheen Syed	429	Deputy House Chief
Syeda Sidra	261	House Chief GREEN
Sana Ahad	443	Deputy House Chief
Tehreem Zahra	180	House Chief YELLOW
Gulrukh Rasheed	548	Deputy House Chief
Saira Awan	359	Academic Officer
		Deputy Academic Officer
Qurat-ul-Ain	146	Treasurer
		Deputy Treasurer
Safia Mahsud	505	Interior Decorator
Shahida Izzat	404	Deputy Interior Decorator
Mahnoor Tahir	493	Linguistic Officer





SCHOOL RECORDS (BOYS)

Under 4:

50 Metres: 1550 / Prep Green M. Younas 11.29 Secs. 19.12.06

Under 5:

50 Metres: 1160 / Prep Blue Daniyal Afridi 10.44 Secs. 7.12.04
Throwing the Tennis Ball 1180 / Prep Green Misbah-ud-Din Afridi 22.77 m 7.12.04

Under 6:

50 Metres: 1044 / 1 Blue Mansoor Subhan 8.78 Secs. 2.12.05
Throwing the Tennis Ball 1278 / 1 Blue Ishfaq Ahmad 40.15m 2.12.05

Under 7:

50 Metres: 1332 / 2 Blue M. Zeeshan 8.30 Secs. 2.12.05
Throwing the Tennis Ball 1831 / 3 Blue Ahmad Shah 38.80 M 03.12.08

Under 8:

50 Metres: 1044 / 3 Blue Mansoor Subhan 8.17 Secs. 19.12.06
Throwing the Tennis Ball 1628 / 4 Yellow Hassan Akhtar 47.02 M 03.12.08

Under 9:

50 Metres: 1145 / 4 Blue Umair Imran 7.94 Sec. 2.12.05
Throwing the Cricket Ball 1332 / 4 Blue Muhammad Zeeshan 52.75 m 27.11.07
4 x 50

Metres Relay: 1481 / 4 Green Saif Ullah Jamal 33.86 Secs. 03.12.08
 1297 / 4 Green Zeeshan Akhtar
 1280 / 4 Green Waqar Ahmad
 1180 / 4 Green Misbah ud din Afridi

Under 10:

50 Metres: 1287 / 5 Blue Hamid Khan Afridi 7.50 Secs. 03.12.08
100 Metres: 1145 / 5 Blue Umair Imran 15.0 Secs. 19.12.06
200 Metres: 925 / 5 Blue Rizwan Mehsud 33.65 Secs. 5.11.02
4 x 50

Metres Relay: 1042 / 5 Blue Hamza Ali Bangash 33.37 Secs. 7.12.04
 1312 / 5 Blue Mudassar Iqbal 19.12.06
 732 / 5 Blue Mueen ur Rehman 19.12.06
 709 / 5 Blue Musadiq Noor 19.12.06
Throwing the Cricket Ball 708 / 5 Green Nasir Khan 61.24 m 2.12.05





SCHOOL RECORDS (BOYS)

Under 11:

100 Metres:	1419 / 6 Green	Talha Israr	14.35 Secs.	03.12.08
200 Metres:	984 / 6 Green	Jamal Khan	30.14 Secs.	7.12.04
4 x 50				
Metres Relay:	906 / 7 Green	Wajahat Ali Khan	32.00 m	27.11.07
	905 / 7 Green	Zahab Ali Khan		
	844 / 7 Green	Mash hood Ahmed		
	1330 / 5 Green	Muhammad Farhan		
4 x100				
Metres Relay:	984 / 6 Green	Jamal Khan	1 Min 3. 16 Secs.	7.12.04
	707 / 5 Green	Yasir Khan		
	1041 / 5 Blue	Ali Raza Bangash		
	1329 / 6 Blue	Noman Afridi		
Long Jump:	708 / 7 Green	Nasir Khan	4.38 m	19.12.06
High Jump:	708 / 7 Green	Nasir Khan	4ft. 5 inches	19.12.06

Under 12:

50 Metres:	953 / 4 Blue	Owais Khan	7.75 Secs.	6.12.03
100 Metres:	905 / 8 Green	Zahab Ali Khan	13.56 Secs.	03.12.08
200 Metres:	1084 / 8 Blue	Amjad Ali Khan	29.32 Secs.	19.12.06
400 Metres:	708 / 8 Green	Nasir Khan	1 Min. 4.53 Secs.	27.11.07
4 x 50				

Metres Relay:	984 / 7 Green	Muhammad Jamal	29.91 Secs.	2.12.05
	423 / 8 Green	Afnan Afridi	19.12.06	
	1014 / 7 Green	Ali Shahbaz	19.12.06	
	1325 / 6 B/G (Gr)	Irfan Sattar	19.12.06	

4 x 100

Metres Relay:	1330 / 6 Green	Muhammad Farhan	59.62 Secs.	03.12.08
	906 / 8 Green	Wajahat Ali Khan		
	894 / 8 Green	Mash-hood Ahmad		
	905 / 8 Green	Zahab Ali Khan		

Long Jump:	708 / 8 Green	Nasir Khan	4.69 Secs.	27.11.07
High Jump:	1137 / 7 Green	Saddam Saleem	4ft. 5 inches	7.12.04
	1021 / 7 Blue	Fawad Akbar	4ft. 5 inches	03.12.08





SCHOOL RECORDS (BOYS)

Under 13:

100 Metres: 713 / 9 Green(Gr) Muhammad Waleed 13.03 Secs. 03.12.08

200 Metres: 1084 / 9 Blue Amjad Ali 27.60 Secs. 27.11.07

400 Metres: 713 / 9 Green (Gr) Muhammad Waleed 1 Min.5.43Secs. 03.12.08

4 x 100

Metres Relay: 1581 / 8 Blue Hamza Shujaat 5.75 Secs. 27.11.07

1093 / 9 Blue Shafat Hussain

1084 / 9 Blue Amjad Ali

1029 / 8 Blue Asfandiyar Khalid

4 x 400

Metres Relay: 707 / 7 Green Yasir Khan 4 Min. 50.30. 19.12.06

337 / 8 Green Nauman Afridi 19.12.06

961 / 7 Green Daud Ahmad 19.12.06

984 / 8 Green Jamal Khan 19.12.06

Long Jump: 471 / 6 Green Mujeeb Alam 5.03 m 9.11.00

High Jump: 715 / 8 Green Zahid Ahmad 4ft. 7 inches 5.11.02

Under 14:

100 Metres: 806 / 8 Blue Arsalan Abdullah 12.40 Secs. 5.11.02

200 Metres: 806 / 8 Blue Arsalan Abdullah 26.90 Secs. 5.11.02

400 Metres: 423 / 10 Blue Afnan Farid 1 Min 5.15 Secs.27.11.07

4 x 100

Metres Relay: 667 / 10 Blue(YI) Munim ur Rehman 54.46 Secs 27.11.07

1482 / 9 Blue (YI) Usman Fahim

1325 / 8 Blue (YI) Irfan Sattar

1293 / 9 Blue (YI) Muhammad Mansoor Khan

4 x 400

Metres Relay: 667 / 10 Blue (YI) Munim ur Rehman 4 Min. 42.18 Secs 27.11.07

1482 / 9 Blue (YI) Usman Fahim

1325 / 8 Blue (YI) Irfan Sattar

1293 / 9 Blue (YI) Muhammad Mansoor Khan





SCHOOL RECORDS (BOYS)

Under 15:

100 Metres:	636 / 10 Blue S. Khushal Shah	12.66 Secs. 7.12.04
200 Metres:	799 / 10 Blue Muhammad Furqan	27.04 Secs. 19.12.06
400 Metres:	413 / 10 Blue(YI) Yasir Khan	1 Min 06.74Sec . 27.12.06
800 Metres:	636 / 10 Blue S. Khushal Shah	2 Min. 38.93 Secs. 7.12.06

4 x 100

Metres Relay:	235 / 10 Blue Abbas Haider Malooki	55.48 Secs. 7.12.04
	636 / 10 Blue S. Khushal Khan	
	949 / 9 Blue Bilal Hussain	
	1024 / 9 Blue Muhammad Sohaib	

4 x 400

Metres Relay:	235/10 Blue Abbas Haider Malooki	4 Min. 38.36 Secs 7.12.06
	636 / 10 Blue S.Khushal Shah	
	949 / 10 Blue Bilal Hussain	
	1024 / 9 Blue Muhammad Sohaib	

Long Jump:	566 / 10 Blue (Gr) Haroon Afridi	5.10m 9.11.00
High Jump:	114 / 9 Blue Hamad Shah	4 ft. 9 inches 14.11.98
	102 / 8 Blue Quaid Iqbal	4 ft. 9 inches 5.11.02
Shot Putt:	471 / 8 Green Mujeeb Alam	7.99 m 5.11.02

Under 16:

100 Metres:	202 / 7 Green Imran Afridi	12.75 Secs. 22.11.99
	234 / 9 Blue Zeeshan Haider Malooki	12.75 Secs.5.11.02
200 Metres:	216 / 10 Blue (Gr) Muhammad Shiraz Hashim	
27.44 Secs.	27.11.07	
400 Metres:	640 / 10 Blue Zarak Khan	1 Min 1 Secs. 20.11.01
800 Metres:	333 / 10 Blue Haroon Iqbal	2 Min 38 Secs. 6.11.03

4 x 100

Metres Relay:	494 / 9 Blue Sajid Habib	55.09 Secs. 22.11.99
	332 / 9 Blue Waseem Iqbal	
	282 / 8 Blue Alamzeb Khan	
	420 / 9 Blue Zeeshan Farid	

4 x 400

Metres Relay:	681 / 9 Blue Hamid Khan	4 Min 34 Secs. 5.11.02
	674 / 10 Blue Muhammad Mumraiz	
	711 / 10 Blue Muhammad Farhan	
	427 / 10 Blue Sahibzada Saleem	

Long Jump:	471 / 10 Blue Mujeeb Alam	5.35 m 7.12.04
High Jump:	1489 / 9 Blue(YI) Jonathan Samson	5 ft. 27.11.07
Shot Putt:	471 / 10 Blue Mujeeb Alam	8.59 m 7.12.04





SCHOOL RECORDS (GIRLS)

Under 4:

50 Metres: 559 / Pre-Prep Gr. Zainab Ajmal 11.78 Secs. 19.12.06

Under 5:

50 Metres: 436 / 1 Blue Mahnoor Khan 12.44 Secs. 7.12.04

Throwing the Tennis Ball 436 / 1 Blue Mahnoor Khan 12.5 m 7.12.04

Under 6:

50 Metres: 567 / 1 Blue (Gr) Nahida 9.90 Secs. 19.12.06

Throwing the Tennis Ball 721 / 1 Blue (Gr) Ayesha 21.64 m 03.12.08

Under 7:

50 Metres: 579 / 3 Blue Alina Rahman 9.35 Secs. 27.11.07

Throwing the Tennis Ball 494 / 2 Blue Laila Gul 22.97 m 27.11.07

Under 8:

50 Metres: 360 / 3 Blue Faiza Gul 9.0 Secs. 19.12.06

Throwing the Tennis Ball 359 / 3 Blue Hina Gul 26.09 m 02.12.05

Under 9:

50 Metres: 184 / 5 Blue(Gr) Palwasha Khan 8.65 Secs. 7.12.04

Throwing the Cricket Ball 184 / 5 Blue(Gr) Palwasha Khan 52.75 m 7.12.04

4 x 50

Metres Relay: 184 / 5 Blue (Gr) Palwasha Khan 38.28 Secs. 7.12.04

196 / 5 Blue (Gr) Omama Saleem

410 / 4 Blue (Gr) Bakht Mina

424 / 4 Blue (Gr) Mahnoor Shah

Under 10:

50 Metres: 184 / 6 Blue (Gr) Palwasha Khan 8.59 Secs. 02.12.05

100 Metres: 342 / 5 Blue (Gr) Nida Ali 16.93 Secs. 07.12.04

4 x 50

Metres Relay: 342 / 5 Blue (Gr) Nida Ali 37.08 Secs. 7.12.04

237 / 5 Blue (Gr) Maria Khan

177 / 5 Blue (Gr) Lubna Hashim

231 / 5 Blue (Gr) Sana Abdullah





SCHOOL RECORDS (GIRLS)

Under 11:

100 Metres: 94 / 3 Blue (Gr) Raheela Mahmood 13.93 Secs. 25.11.97
4 x 50

Metres Relay: 05 / 5 Blue Taniya Hashim 37.09 Secs. 14.11.98
43 / 5 Blue S. Alia Azhar
57 / 5 Blue Ayesha Hafiz
26 / 5 Blue Taniya Hashim

Long Jump: 05 / 5 Blue Taniya Hashim 3.46 m 14.11.98

Under 12:

100 Metres: 94 / 5 Blue (Gr) Raheela Mahmood 13.90 Secs. 14.11.98

200 Metres: 05 / 6 Blue Taniya Hashim 35.31 Secs. 22.11.99

4 x 50

Metres Relay: 155 / 5 Blue Zarka Khan 38.03 Secs. 14.11.98
141 / 6 Blue Uzma Batool
41 / 6 Blue Sanam Khan
04 / 6 Blue (Gr) Kiran Sharif

4 x 100

Metres Relay: 221 / 6 Blue Sanam Khan 1 Min. 4.86 Secs. 22.11.99

20 / 6 Blue Sehrish Jamal

193 / 4 Blue Nazish Zeb

05 / 6 Blue Taniya Hashim

Long Jump: 94 / 5 Blue (Gr) Raheela Mahmood 3.74 Secs. 14.11.98

High Jump: 84 / 8 Blue Ghazala Khan 3ft. 4 inches 7.12.01





SCHOOL RECORDS (GIRLS)

Under 13:

100 Metres: 05 / 7 Blue Taniya Hashim 15.38 Secs. 09.11.00

200 Metres: 05 / 7 Blue Taniya Hashim 34.38 Secs. 09.11.00

4 x 100

Metres Relay: 73 / 8 Blue (Gr) Nida Ali 1 Min. 10.47 Secs 07.12.04

379 / 8 Blue (Gr) Hammara Hamayun

96 / 7 Blue (Gr) Warida Naeem

139 / 9 Blue (Gr) Shumaila Zeb

Long Jump: 85 / 7 Blue (Gr) Sara Riaz 3.77 m 09.11.00

High Jump: 84 / 9 Blue Ghazala Khan 3ft. 10 inches 02.12.05

Under 14:

100 Metres: 209 / 7 Blue (Gr) Saima Riaz 15.75 Secs. 09.11.00

200 Metres: 261 / 9 Blue (Gr) Syeda Sidra Aftab 34.90 Secs. 27.11.07

4 x 100

Metres Relay: 261 / 9 Blue (Gr) Syeda Sidra Aftab 1 Min. 8.85 Secs 27.11.07

318 / 10 Blue (Gr) Farah Naz Burki

140 / 8 Blue (Gr) Bader Atiq

96 / 10 Blue (Gr) Warida Naeem

Long Jump: 209 / 7 Blue (Gr) Saima Riaz 3.94 m 09.11.00

High Jump: 84 / 10 Blue (Bl) Ghazala Khan 4ft. 2 inches 19.12.06

Shot Putt: 84 / 10 Blue (Bl) Ghazala Khan 6.26 m 19.12.06

Under 15:

100 Metres: 06 / 9 Blue Uzma Hashim 16 Secs. 6.12.03

200 Metres: 06 / 9 Blue Uzma Hashim 36.26 Secs. 6.12.03

4 X 100

Metres Relay: 126 / 9 Blue Zarlakhta 1min13secs 6.12.03

06 / 9 Blue Uzma Hashim

176 / 8 Blue Taha Rehman

91 / 9 Blue Sophia Zohra

Long Jump: 06 / 9 Blue Uzma Hashim 3.85m 6.12.03

High Jump: 91 / 9 Blue Sophia Zohra 3 ft. 7 inches 6.12.03

Shot Putt: 375 / 9 Blue (Gr) Hijab Habib 5.70 m 02.12.05

Under 16:

Shot Putt: 77 / 9 Blue (Gr) Sana Habib 5.70 m. 02.12.05





CHAMPION ATHLETES (BOYS)

13th Annual Inter House Athletic Sports Meet 2008

Group	Roll No.	Class	Name	Points.
Under 4	1792 /	Pre-Prep Green (Gr)	Muhammad Aarez	10
Under 5	1658 /	Prep-Blue (Bl)	Shayan Akhtar	06
Under 6	1564 /	1-Green (Gr)	Adnan Khan Afridi	05
	1812 /	1-Blue (Bl)	Roman Zeb	05
	1546 /	1-Yellow (Yel)	Ikrash Khan	05
	1531 /	1-Blue (Bl)	Muhammad Shoaib Alam	05
Under 7	1831 /	3-Blue (Bl)	Ahmad Shah	13
Under 8	1235 /	3-Green (Gr)	Essa Khan	06
	1628 /	4-Yellow (Yel)	Hassan Akhtar	06

(With 1 New Record 50 Metres 8.03 Secs)

Under 9	1522 /	4-Yellow (Yel)	Tabish Sattar	08
Under 10	1332 /	4-Yellow (Yel)	Muhammad Zeeshan	10
Under 11	1419 /	6-Green (Gr)	Talha Israr	11
Under 12	1330 /	6-Green (Gr)	Muhammad Farhan	10
	1021 /	7-Blue (Bl)	Fawad Akbar	10
Under 13	713 /	9-Green (Gr)	Muhammad Waleed Khan	15
(With 2 New Records) (i)			100 Metres	13.03 Secs.
(ii)			400 Metres	1 Min. 5.43 Secs.
Under 14	812 /	10 Blue (Gr)	Daud Khan Bangash	15
(With 2 New Records) (i)			Long Jump	5.21 Metres.
(ii)			High Jump	5 ft.
Under 15	1325 /	9-Green (Yel)	Irfan Sattar	11
Under 16	761 /	9-Green (Gr)	Razdan Khan	13
	1067 /	10-Blue (Bl)	Sherjeel Riaz	13
Over 16	1489 /	10-Blue (Bl)	Jonathan Samson	10





THE BEST ATHLETE'S TROPHY

2007 - 2008

BOYS:

1999	202 / 7 Green	Imran Afridi
2000	202 / 7 Green	Imran Afridi
2001	495 / 10 Green	Farhan Afridi
2002	715 / 8 Green	Zahid Ahmad
2003	471 / 9 Blue (Gr)	Mujeeb Alam with 15 Points
2003	1199 / 3 Blue	Muneeb Habib with 15 Points
2004	471 / 10 Blue (Gr)	Mujeeb Alam with 15 Points
2005	795 / 10 Blue	Hamza Bangash 15 Points
2006	708 / 7 Green	Nasir Khan with 15 Points
2007	708 / 7 Green(Gr)	Nasir Khan with 15 Points
	423 / 10 Blue (Bl)	Afnan Farid with 15 Points

THE BEST ATHLETE'S TROPHY

2007 - 2008

GIRLS:

1999	99 / 7 Blue	Rabia Asad
2000	209 / 9 Green	Saima Riaz
2001	05 / 8 Blue	Taniya Hashim
2002	05 / 8 Blue	Taniya Hashim
2003	05 / 10 Blue	Taniya Hashim with 15 Points
2004	375 / 8 Blue	Hijab Habib with 15 Points
2005	359 / 3 Blue	Hina Gul 15 Points
2006	84 / 10 Blue	Ghazala Khan with 15 Points
2007	360 / 6 Blue (Bl)	Faiza Gul





CHIEF GUESTS:

- 1) Year 1996 (21-11-1996) Muhammad Saleem Khan
(Secretary to the Gove. of N.W.F.P
Planning Environment and
Development Department Peshawar)
- 2) Year 1997 (25-11-1997) Mr. Shakil Durrain
(Additional Chief Secretary to the
Govt. of N.W.F.P Planning Enviroment
and Development Department)
- 3) Year 1998 (14-11-1998) Maj. (Retd.) Sahibzada M. Khalid
(Secretary to the Gove. of N.W.F.P
Education Department, Peshawar)
- 4) Year 1999 (22-11-1999) Syed Mazhar Ali Shah
(Secretary to the Govt. of N.W.F.P
Education Department, Peshawar)
- 5) Year 2000 (09-11-2000) Mr. Muhammad Riaz
Chairman Monopoly Control Authority
Govt. of Pakistan, Islamabad.)
- 6) Year 2001 (20-11-2001) Mr. Francis' Sales Fernando
(Principal St.Francis' High School
Hayatabad Peshawar.)
- 7) Year 2002 (05-11-2002) His Excellency Gen.C.S. Weerasooriya
(The High Commissioner for Sri Lanka
in Pakistan)
- 8) Year 2003 (06-12-2003) Mr. Nooruddin F. Daud,
Tamga-I-Imtiaz (Civil) (The
Managing Director, Daud Sons,
Peshawar.)
- 9) Year 2004 (07-12-2004) Mr. Sherzada Khan
Secretary Schools and Literacy
Deptt. Govt. of N.W.F.P
- 10) Year 2005 (02-12-2005) Mr. Lt. Col. (R) Alam Zeb
Chairman, B.I.S.E, Peshawar.
- 11) Year 2006 (19-12-2006) Maj. (R) Sahibzada Muhammad Khalid
Chairman, Governor's Inspection
Team Govt. of N.W.F.P
- 12) Year 2007 (27-11-2007) Mr. Muhammad Azam Khan
Minister Finance & P&D Department,
Government of NWFP.





SCHOOL TROPHIES

Inter House Sports Trophy:

- (Boys) ✓ To Yellow House with 241 points
(Blue House :218 points & Green House: 203 points)
(Girls) ✓ To Green House with 107 points
(Blue House 76 points & Yellow House 105 points)
✓ Overall Inter House Sports Trophy

INTER HOUSE ATHLETICS TROPHY

- (Boys) ✓ To Green House with 234.5 points
(Blue House: 234 Points & Yellow House 203.5 points)
(Girls) ✓ To Green House with 191 points.
(Blue House: 142 points & Yellow House 106 points)

OVERALL INTER HOUSE ATHLETICS TROPHY:

- To Green House with 425.5 points
(Blue House: 376 points & Yellow House: 309.5 points)

INTER HOUSE RELAY TROPHY:

- (Boys) ✓ To Green House with 68 points
(Blue House: 59 points & Yellow House: 50 points)
(Girls) ✓ To Green House with 42 points
(Blue House: 26 points & Yellow House: 19 points)

OVERALL INTER HOUSE RELAY TROPHY:

- To Green House with 110 points
(Blue House: 85 points & Yellow House: 69 points)

HOUSE TENT TROPHY:

MARCH PAST TROPHY:

THE BEST ATHLETE'S TROPHY (Boys):

2007 708 / 7 Green(Gr)

Nasir Khan with 15 Points ✓

423 / 10 Blue (Bl)

Afnan Farid with 15 Points

THE BEST ATHLETE'S TROPHY (Girls):

2007 360 / 6 Blue (Bl)

Faiza Gul

Overall Championship Trophy

13th

ANNUAL INTER-HOUSE



ATHLETICS SPORTS MEET