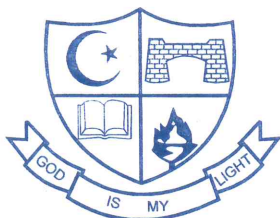


Saint Francis' High School



Hayatabad, Peshawar.

ANNUAL INTER-HOUSE ATHLETICS SPORTS MEET 1999



on Monday, 22nd November, 1999 at 9:30 a.m.

CHIEF GUEST

Syed Mazhar Ali Shah

Secretary to the Govt. of N.W.F.P.
Education Department, Peshawar.

Will Preside & Distribute the Trophies

SAINT FRANCIS' HIGH SCHOOL

HAYATABAD, PESHAWAR.

Annual Athletics Day

The Principal, Staff And Students
Cordially Invite

Mr. & Mrs. _____

to the Annual Athletics day to be held on school grounds
on Monday, 22nd November, 1999 at 9:30 a.m.

Syed Mazhar Ali Shah

Secretary to the Govt. of N.W.F.P.
Education Department, Peshawar

has very kindly consented to be the Chief Guest and to give away the prizes.

Kindly show this card at the entrance and take your seat by 9:25 a.m.

PROGRAMME

09:30	Arrival of the Chief Guest
09:35	Opening Ceremony
09:40	Address of the Principal
09:45	Open Competition 4 x 100 Metres Relay (Boys)
09:50	Open Competition 200 Metres (Girls)
09:55	Open Competition 400 Metres (Boys)
10:00	Gymnastics
10:10	Drill Display
10:45	Parents Race (i) Ladies (Lighting a Candle) (ii) Gents (Three Legged Race)
10:55	March Past
11:10	Address of the Chief Guest
11:20	Distribution of Trophies.

CHECK STARTER

Mr. Kamran George

TIME KEEPER

Mr. Shehzad Bashir

Mr. Silas Akhtar

Mr. Irfan Ul Haq

ANNOUNCERS

Mr. Fayyaz Ghufraan

Mrs. Nabeela Naseer

Miss. Sadaf

RECORDERS

Mrs. Khalida Fernando

Mr. Rifat Ullah

TECHNICIAN

Mr. Iqbal Minto

OFFICIAL PHOTOGRAPHER

M/S Malik Sons

RECEPTION & GUEST STEWARDS

Mrs. Rukhsana Asad

Mr. Iqbal Minto

Mrs. Aliya Shahid

Miss. Siraj Ul Banat

Mrs. Christina Javed

Mrs. Musarat Jabeen

Mr. Anwar Jamal

Mr. Ahmed Faraz

Mr. Yousaf Benjamin

Mrs. Rukhsana Tabasum

GENERAL SUPERVISION

Mrs. Nighat Iqbal

Mr. Silas Akhtar

Mr. Shams Naveed

Miss. Shiama Kumari

Mrs. Rozena Sehr

Miss. Shahida Perveen

Mrs. Mufasa Naeem

Mr. Sajid George

Miss. Sumaira Zahoor

Miss. Shaista Javed

Miss. Nawal Fatima

Miss. Shumaila Irum

Mr. Shehzad Bashir

Miss. Nayyar John

Mrs. Samrana Iqbal

Miss. Joyice

Miss. Asmat Gill

Mr. Akhtar Alam

Miss. Nazia Bashir

Miss. Hafsa Gul

Mrs. Fauzia Yasmin

Miss. Naila Afridi

PREPARATION OF CERTIFICATES

Mrs. Khalida Fernando

Miss. Zakia Mary

Miss. Mehmooda

ARRANGEMENT OF TROPHIES

Mr. Ahmed Faraz Yusfi

SCHOOL RECORDS

Mr. Rifat Ullah

P. T. INSTRUCTORS

Miss. Shaila Irum

Miss. Noreen John

Miss. Zakia Mary

Mr. Subhan Uddin

Mr. Havildar Khan

Mr. Muhammad Riaz

Mr. Irfan Haider

BAND MASTERS

Mr. Muhammad Munir

Mr. Irfan Haider

CONDITIONS

1. Competitors not ready at the time and place appointed for their event will be scratched.
2. Competitors will be excluded from taking part in an event unless properly attired.
3. Every competitor shall be supplied with and must wear during competition, a distinctive number. Competitors who fail to fix their numbers securely to their vest will not allowed to participate.
4. Any dispute and / or complaint shall be submitted to the referee, whose decision shall be final.
5. In both senior and junior events, no competitor shall enter for more than three individual events of which not more than two shall be track events.
6. Competitors are requested to make use of their House Enclosures. They are to be in their Enclosures, in charge of the House Masters and Mistresses who will issue all instructions to them.
7. Competitors are requested to keep off the field when they are not warming up or participating in the events for which they have entered.
8. Points will be awarded as follows:

	<u>Individual Events</u>	<u>Team Events</u>
First Place	5 Points	7 Points
Second Place	3 Points	5 Points
Third Place	1 Point	3 Points

In the event of TIE, points will be shared.

HOUSE CAPTAINS AND VICE CAPTAINS

BLUE HOUSE:

03/Cl---10 Muhammad N. Daud S/O Mr. Noorudddin F. Daud
307/Cl---10 Asif Khan S/O Mr. Siraj Ud Din
125/Cl---10 Wagma Khan D/O Mr. Naeem Khan

GREEN HOUSE:

500/Cl---10 Bilal Arif S/O Mr Arif Sohail
541/Cl---10 Aleem Shah S/O Arbab Shah Afridi
128/Cl---10 Dur-e-Nayab D/O Mr. Farhat Ullah Jan

CHIEF PREFECTS

03/Cl---10 Muhammad N. Daud S/O Mr. Noorudddin F. Daud
307/Cl---10 Asif Khan S/O Mr. Siraj Ud Din
128/Cl---10 Dur-e-Nayab D/O Mr. Farhat Ullah Jan

ORDER OF MARCH PAST

Parade Commander: 500/Cl---10 Bilal Arif S/O Mr. Arif Sohail
Assistant Parade 383/Cl---10 Waseen Feroz Babar
Commander: S/O Mr. Feroz Khan Babar

BLUE HOUSE:

Squad No:	Classes	Leaders
1 (Girls)	2 to 5	006/5 Blue Uzma Hashim D/O Mr. Hashim Khan
2 (Girls)	6 to 10	128/10 Blue Wagma Khan D/O Mr. Naeem Khan
3 (Boys)	Class 3	422/3 Blue Salman Farid S/O Mr. Farid Gul
4 (Boys)	Class 4	516/4 Blue Shahab Saleem S/O Mr. Rehman Ullah

5 (Boys)	Class 5	079/5 Blue Naqib Ullah S/O Mr. Ayub Jan
6 (Boys)	6 & 7	653/7 Blue Shujat Ullah S/O Noor Mohammad
7 (Boys)	Class 8	233/8 Blue Adnan Haider S/O A. Rasheed (Late)
8 (Boys)	9 & 10	249/10 Blue Umer Khan S/O Mr. Gohr Ali Khan

GREEN HOUSE:

Squad No.	Classes	Leaders
1. (Girls)	2 to 5	066/5 Blue Farah Noreen D/O Mr. Samuel
2. (Girls)	6 to 10	056/8 Blue Hira Paracha D/O Mr. Hanif Paracha
3. (Boys)	Class 3	463/3 Green Muhammad Adeel S/O Mr. A. Saleem
4. (Boys)	Class 4	416/4 Green Zia Ullah S/O Fazal-e-Khaliq
5. (Boys)	5 & 6	471/5 Green Mujeeb Alam S/O Mr. Shamsheer Khan
6. (Boys)	Class 7	255/7 Green Zaheer Hashim S/O Mr. Hashim Khan
7. (Boys)	Class 8	542/8 Green Najeem Shah S/O Mr. Arbab Shah
8. (Boys)	9 & 10	544/10 Blue Adil Bashir S/O Mr. Bashir

Command: Well Advance, left turn

Report: Parade is present and ready for your inspection, Sir.

Permission: May I have your permission to carry on, Sir.

BUS MONITORS

1. City Bus No. 1 (City Circular Road)
668/C1 9 Nouman Ahmed
2. City Bus No. 2 (Gulbahar Road)
246/C1 10 Sadaqat Ali
3. City Bus No. 3 (G. T. Road)
377/C1 9 Asfandyar
4. City Bus No. 4 (Shami Road)
584/C1 9 Jamal Pasha
5. Ring Road Bus:
01/C1 9 Ayesha Khalid
6. Hayatabad Bus No. 1 (Phases I & IV)
362/C1 9 Saif Ullah Khan
7. Hayatabad Bus No. 2 (Phases II & III)
414/C1 10 Usman Ellahi
8. University Campus Bus: (Phase V)
544/C1 10 Adil Bashir

TEAM EVENTS ALREADY COMPLETED

		Blue	Green
Badminton:	(Boys)		
	Singles	34	26
	Doubles	48	39
	(Girls)		
	Singles	20	15
	Doubles	22	23
Basketball		24	24
Chess		13	44
Cricket		36	36
Football		34	38
Netball		5	16
Tug-O-War		15	21
Volley Ball		<u>26</u>	<u>22</u>
	Total	<u>277</u>	<u>304</u>

EVENTS ALREADY WORKED OUT

UNDER 6

50 Metres:

1st	707/Prep Green	Yasir Khan	10 Sec.
2nd	697/Prep Green	Akhunzada Saad Ullah	
3rd	520/Prep Blue	Rohail Khan	
	646/Prep Blue	Owais	

Potato Race:

1st	707/Prep Green	Yasir Khan
2nd	622/Prep Blue	Danial Imtiaz
3rd	617/Prep Blue	Amir Waseem

Rabbit Race:

1st	707/Prep Green	Yasir Khan
2nd	692/Prep Green	Kamran Subhan
3rd	646/Prep Blue	Owais

Throwing the Tennis Ball:

1st	646/Prep Blue	Owais	23.64 M
2nd	680/Prep Green	Muaz Ullah	17.77 M

UNDER 6

(GIRLS)

50 Metres

1st	185/Prep Blue	Ayesha Ali Afridi	14 Sec.
2nd	145/Prep Blue	Mehak Sardar	
3rd	187/Prep Blue	Alishba Shuja Ansari	

Rabbit Race:

1st	185/Prep Blue	Ayesha Ali Afridi
2nd	187/Prep Blue	Alishba Shujah Ansari
3rd	171/Prep Green	Fatima Shahbaz

Potato Race:

1st.	171/Prep Green	Fatima Shahbaz
2nd	185/Prep Green	Ayesha Ali Afridi
3rd	145/Prep Blue	Mehak Sardar

EVENTS ALREADY WORKED OUT **UNDER 7**

50 Metres:

1st	498/1 Green	Duraiz Khan	10.6 Sec
2nd	669/1 Green	Haseeb Ur Rehman	
3rd	648/Prep Blue	Junaid	

Potato Race:

1st	616/1 Blue	Muhammad Waqas
2nd	486/1 Green	Haider Sohail
3rd	643/1 Blue	Mubashir Altaf

Three Legged Race

1st	615/2 Blue	Babar Rehman
	594/1 Blue	Zia Ud Din
2nd	616/1 Blue	Waqas Alam
	531/1 Blue	Nabeel Farukh
3rd	486/1 Green	Haider Sohail
	549/1 Green	Joel Gill

Wheel Barrow Race:

1st	531/1 Blue	Nabeel
	616/1 Blue	Waqar Alam
2nd	594/1 Blue	Zia Ud Din
	615/1 Blue	Babar Rehman
3rd	417/2 Green	Muhammad Shoaib
	498/1 Green	Duraiz Khan

Rabbit Race:

1st	615/2 Blue	Babar Rehman
2nd	648/Prep Blue	Junaid
3rd	604/1 Green	Adnan Sayed

Throwing the Tennis Ball:

1st	648/Prep Blue	Junaid Afridi	22.30 M
2nd	498/1 Green	Duraiz Khan	21.60 M
3rd.	531/1 Blue	Nabeel Farukh	20.40 M

UNDER 7
(GIRLS)**50 Metres:**

1st	149/1 Blue	Sameera Hafeez	12.19 Sec
2nd	180/1 Blue	Tehreem Zohra	
3rd	137/1 Blue	Sumble Javed	

Potato Race:

1st	151/1 Blue	Asma Ali
2nd	143/1 Blue	Sana Rehman
3rd	149/1 Blue	Sameera Hafeez

Three Legged Race:

1st	181/Prep Green	Mashal
	137/1 Blue	Sumble Javed
2nd	149/1 Blue	Sameera Hafeez
	121/1 Blue	Umara Alam
3rd	136/1 Blue	Anum Arshad Malik
	151/1 Blue	Asma Ali

EVENTS ALREADY WORKED OUT **UNDER 8**

50 Metres:

1st	426/2 Green	Shahzeb Khan	9.040 Sec.
2nd	413/3 Green	Yasir Khan	
3rd	478/2 Green	Yasir Jamal	

Potato Race:

1st	339/2 Green	Shahrose Iftikhar
2nd	478/2 Green	Yasir Jamal
3rd	561/2 Blue	Abdul Qadir

Wheel Barrow Race:

1st	426/2 Green	Shahzeb Khan
	339/2 Green	Shahrose Iftikhar
2nd	472/1 Green	Mansoor Ali
	523/1 Green	Safaf Habib
3rd	485/2 Blue	Waleed Sohail
	474/2 Blue	Muzammil Ahmed

Three Legged Race:

1st	329/2 Green	Waqas Khan
	423/2 Green	Afnan Farid
2nd	485/2 Blue	Waleed Sohail
	474/2 Blue	Muzammil Ahmad
3rd	561/2 Blue	Abdul Qadir
	507/2 Blue	Usman Khalid

Throwing the Tennis Ball:

1st	523/1 Green	Safaf Habib	32.00 M
2nd	413/2 Green	Yasir Khan	26.01 M
3rd	474/2 Blue	Muzammil Ahmad	25.15 M

Under 8 **(Girls)**

50 Metres:

1st	58/2 Green	Ayesha Shinwari	10 Secs.
2nd	107/2 Green	Madeena Qazi	
3rd	100/3 Green	Mehwish Asad	

Potato Race:

1st	58/2 Green	Ayesha Shinwari
2nd	168/2 Blue	Benazir Ishfaq
3rd	96/2 Green	Warida

Three Legged Race:

1st	100/3 Green	Mehwish Asad
	205/1 Green	Farkhanda
2nd	206/2 Blue	Zainab Zahid
	118/1 Blue	Arooj Shahzad
3rd	111/2 Green	Maheen Farooq
	123/1 Green	Shamama Tul Amber

Sack Race:

1st	58/2 Green	Ayesha Shinwari
2nd	168/2 Blue	Benazir Ashfaq
3rd	107/2 Green	Madeena Qazi

Throwing the Tennis Ball:

1st	117/2 Blue	Basma Ayub	16.75 M
2nd	109/1 Green	Naila Jan	12.13 M
3rd	111/2 Green	Maheen Farooq	11.65 M

EVENTS ALREADY WORKED OUT **UNDER 9**

50 Metres:

1st	436/3 Blue	Muhammad Qasim	8.049 Sec.
2nd	455/2 Blue	Shakir Afridi	
3rd	313/3 Blue	Zaheer Ahmad	

Obstacle Race:

1st	436/3 Blue	Muhammad Qasim	
2nd	372/3 Green	Zeeshan Ahmad	
3rd	102/4 Green	Shiraz Hashim	

Throwing the Cricket Ball:

1st	455/2 Blue	Shakir Afridi	41.83 M
2nd	399/3 Blue	Shah Hassan	31.55 M
3rd	641/2 Blue	Nadir Khan	27.30 M

Dribbling the Football:

1st	455/2 Blue	Shakir Afridi	
2nd	641/2 Blue	Nadir Khan	
3rd	372/3 Green	Zeeshan Ahmad	

4 x 50 Metres Relay:

1st	641/2 Blue	Nadir Khan	38.009 Sec.
	455/2 Blue	Shakir Afridi	
	308/3 Blue	Salman Khan	
	436/3 Blue	Muhammad Qasim	
2nd	399/3 Blue	Shah Hassan	
	311/3 Blue	Muhammad Ali Khan	
	313/3 Blue	Zaheer Ahmad Qureshi	
	699/3 Blue	Ozair Iqbal	
3rd	344/3 Green	Saad Azhar	
	372/3 Green	Zeeshan Ahmad	
	224/3 Green	Waleed Khan	
	102/4 Green	Sheraz Hashim	

Under 9 (Girls)

50 Metres:

1st	83/3 Blue	Ayesha Khan	19.012
2nd	108/3 Blue	Sakina Qazi	
3rd	78/3 Blue	Mehreen Iqbal	

Potato Race:

1st	78/3 Blue	Mehreen Iqbal	
2nd	134/3 Blue	Sadaf	
3rd	139/4 Blue	Shumaila Zeb	

Obstacle Race:

1st	83/3 Blue	Ayesha Khan	
2nd	156/3 Blue	Ayesha Nawaz	
3rd	64/2 Blue	Zamara Sohail	

Sack Race:

1st	87/3 Blue	Mehreen Iqbal	
2nd	108/3 Blue	Sakina Qazi	
3rd	139/4 Blue	Shumaila Zeb	

Throwing the Cricket Ball:

1st	83/3 Blue	Ayesha Khan	27 $\frac{1}{2}$ 09
2nd	139/4 Blue	Shumaila Zeb	16.64
3rd	108/3 Blue	Sakina Qazi	14.94

4 x 50 Metres Relay:

1st	83/3 Blue	Ayesha Khan	
	87/3 Blue	Mehreen Iqbal	
	86/2 Blue	Mehreen Ijaz	
	37/3 Blue	Nadia Ali	
2nd	108/3 Blue	Sakina Qazi	
	64/2 Blue	Zamarah Sohail	
	139/4 Blue	Shumaila Zeb	
	134/4 Blue	Sadaf Shereen	

EVENTS ALREADY WORKED OUT **UNDER 10**

50 Metres:

1st	204/4 Blue	Bilal Jalil	8.070 Sec.
2nd	66/5 Blue	Mian Bilal Shah	
3rd	279/4 Green	Junaid Javed	

100 Metres:

1st	632/3 Blue	Sibghat Ullah	16.098 Sec.
2nd	204/4 Blue	Bilal Jalil	
3rd	66/5 Blue	Mian Bilal Shah	

4 x 50 Metres Relay:

1st	204/4 Blue	Bilal Jalil	36.093 Secs.
	158/4 Blue	Waqas Ahmad	
	66/5 Blue	Mian Bilal Shah	
	288/4 Blue	Syed Anis Shah	
2nd	191/4 Blue	Syed Hassan Daud	
	632/3 Blue	Sibghat Ullah	
	461/3 Blue	Ghulam Umer	
	633/4 Blue	Khizar Hayat	
3rd	77/4 Green	Muhammad Musa	
	367/4 Green	Muhammad Umer	
	470/3 Green	Raza Ateeq	
	217/3 Green	Haseeb	

Obstacle Race:

1st	650/5 Blue	Abdul Jabbar	
2nd	584/3 Blue	Haider Ali	
3rd	461/3 Blue	Ghulam Umar	

Sack Race:

1st	461/3 Blue	Ghulam Umar	
2nd	213/3 Green	Junaid Khan	
3rd	584/3 Blue	Haider Ali	

Throwing the Cricket Ball:

1st	158/4 Blue	Waqas Ahmad	40.15 M
2nd	288/4 Blue	Syed Anis Shah	37.72 M
3rd	279/4 Green	Junaid Javed	36.10 M

Dribbling the Football:

1st	288/4 Blue	Syed Anis Shah
2nd	488/3 Green	Kamran Gul
3rd	687/4 Blue	Muhammad Faisal Khan

UNDER 10 (Girls)

50 Metres:

1st	75/5 Blue	Amina Bibi (Green House)	9.062 Sec.
2nd	39/4 Blue	Sana Imtiaz (Blue House)	
3rd	46/4 Blue	Jasia Bukhari (Green House)	

Sack Race:

1st	07/5 Blue	Arzoo Sharif (Green House)
2nd	189/5 Blue	Sajida Khalid (Green House)
3rd	121/4 Blue	Haya Anwar (Green House)

Obstacle Race:

1st	115/4 Blue	Tooba Rehman (Blue House)
2nd	75/5 Blue	Amina Bibi (Green House)
3rd	07/5 Green	Arzoo Sharif (Green House)

Throwing the Cricket Ball:

1st	07/5 Green	Arzoo Sharif (Green House)	24.38 M
2nd	189/5 Blue	Sajida Khalid (Green House)	19.4 M
3rd	115/4 Blue	Tooba Rehman (Blue House)	15.37 M

EVENTS ALREADY WORKED OUT

UNDER 11

50 Metres:

1st	144/5 Green	Shahid Ali	15.086 Secs.
2nd	135/5 Green	Mansoor Jamal	
3rd	96/5 Blue	Umair Ahmad	

200 Metres:

1st	144/5 Green	Shahid Ali	34.054 Secs.
2nd	235/5 Blue	Abbas Haider Malooki	
3rd	525/5 Blue	Muhammad Imran Khan	
	369/5 Green	Saeed Ur Rehman	

4 x 50 Metres Relay:

1st	96/5 Blue	Umair Ahmad	33.083 Secs.
	636/5 Blue	Khushal Shah	
	525/5 Blue	Muhammad Imran Khan	
	235/5 Blue	Abbas Haider Malooki	
2nd	369/5 Green	Saeed Ur Rehman	
	180/5 Green	Muhammad Ali	
	116/5 Green	S. Arsalan	
	135/5 Green	Mansoor Jamal	
3rd	355/4 Green	Abdul Qudoos	
	734/4 Green	Umar Shekhani	
	496/4 Green	Sher Ali	
	360/4 Green	Fasahat Hussain	

4 x 100 Metres Relay:

1st	96/5 Blue	Umair Ahmad	1 min 8.053 Sec
	525/5 Blue	Muhammad Imran Khan	
	535/5 Blue	Khushal Shah	
	235/5 Blue	Abbas Haider Malooki	
2nd	180/5 Green	Muhammad Ali	
	369/5 Green	Saeed Ur Rehman	
	116/5 Green	S. Arsalan	
	135/5 Green	Mansoor Jamal	
3rd	88/4 Green	Zia Ullah	
	360/4 Green	Fasahat Ullah	

264/4 Green
355/4 Green

Moeen Maqsood
Abdul Qadoos

Long Jump:

1st 135/5 Green
2nd 235/5 Blue
3rd 636/5 Blue

Mansoor Jamal 3.65 M
Abbas Haider Malooki 3.53 M
Khushal Shah 3.49 M

High Jump:

1st 144/5 Green
2nd 235/5 Blue
3rd 135/5 Green

Shahid Ali 3 ft. 10 inches
Abbas Haider Malooki 3 ft. 6 inches
Mansoor Jamal 3 ft. 4 inches

UNDER 11 (Girls)

100 Metres:

1st 14/5 Blue
2nd 126/5 Blue
3rd 06/5 Blue

Javeria Tehreem (Gr. House) 17.073 Sec.
Zarlakhta (Blue House)
Uzma Khan (Blue House)

Sack Race:

1st 91/5 Blue
2nd 126/5 Blue
3rd 72/5 Blue

Sophia Zohra (Blue House)
Zarlakhta (Blue House)
Sidra Habib (Green House)

4 x 50 Metres Relay:

1st 06/5 Blue
(Blue 126/5 Blue
House) 176/5 Blue
95/5 Blue
2nd 11/6 Blue
(Green 14/5 Blue
House) 72/5 Blue
66/5 Blue

Uzma Hashim 38.053 Secs.
Zarlakhta
Taha Rehman
Nida Naeem
Faiza Iqbal
Javeria Tehreem
Sidra Habib
Farah Noreen

Obstacle Race:

1st 91/5 Blue
2nd 71/5 Blue
3rd 66/5 Blue

Sophia Zohra (Blue House)
Sana Javed (Green House)
Farah Noreen (Green House)

Long Jump:

1st 126/5 Blue
2nd 95/5 Blue
3rd 66/5 Green

Zarlakhta (Blue House) 2.76 M
Nida Naeem (Blue House) 2.74 M
Farah Noreen (Green House) 2.65 M

EVENTS ALREADY WORKED OUT **UNDER 12**

100 Metres:

1st	212/6 Blue	Jalal Ahmad	13.089 Secs.
2nd	471/5 Green	Mujeeb Alam	
3rd	533/4 Blue	Rahid Afridi	

200 Metres:

1st	212/6 Blue	Jalal Ahmad	32.047 Secs.
2nd	80/7 Blue	Noor Ullah	
3rd	412/7 Green	Shahbaz Khan	

400 Metres:

1st	471/5 Green	Mujeeb Alam	1 min 15.076 Sec.
2nd	212/6 Blue	Jalal Ahmad	
3rd	583/5 Green	Inayat Khan	

4 x 100 Metres Relay:

1st	80/7 Blue	Noor Ullah	1 min 4.047 Sec.
	251/7 Blue	Junaid Shah	
	333/6 Blue	Haroon Iqbal	
	212/6 Blue	Jalal Ahmad	
2nd	583/5 Green	Inayat Khan	
	591/6 Green	Abbas Khan	
	412/7 Green	Shahbaz Khan	
	471/5 Green	Mujeeb Alam	
3rd	72/5 Blue	Niqab Ullah	
	533/4 Blue	Rahid Afridi	
	120/5 Blue	Quaid Iqbal	
	745/5 Blue	Kamran Shah	

High Jump:

1st	471/5 Green	Mujeeb Alam	4' 2"
2nd	120/5 Blue	Quaid Iqbal	4' 2"
3rd	583/5 Green	Inayat Khan	4' 1"

Long Jump:

1st	533/4 Blue	Rahid Afridi	4.28 M
2nd	251/7 Blue	Junaid Shah	4.23 M
3rd	491/7 Blue	Najam Us Saqib	3.92 M

UNDER 12 (Girls)

100 Metres:

1st:	05/6 Blue	Tania Hashim	(Blue House) 16.079 Sec
2nd	85/6 Blue	Sara Riaz	(Green House)
3rd	207/6 Blue	Sania Gohar	(Green House)

Sack Race:

1st	90/6 Blue	Hajira Mumtaz Khattak	(Green House)
2nd	207/6 Blue	Sania Gohar	(Green House)
3rd	26/6 Blue	Shresh Jamil	(Blue House)

4 x 10 Metres Relay:

1st	221/6 Blue	Sama Khan	1 min 4.086 Sec
Blue	26/6 Blue	Shresh Jamal	
House	193/4 Blue	Nazish Zeb	
	05/6 Blue	Tania Hashim	
2nd	153/6 Blue	Samica Iftikhar	
Green	90/6 Blue	Hajira Mumtaz Khattak	
House	207/6 Blue	Sania Gohar	
	85/6 Blue	Sara Riaz	

200 Metres:

1st	05/6 Blue	Tania Hashim	(Blue House) 35.031 Sec
2nd	193/4 Blue	Nazish Zeb	(Blue House)
3rd	85/6 Blue	Sara Riaz	(Green House)

Obstacle Race:

1st	31/6 Blue	Ayesha Hayat	(Blue House)
2nd	57/6 Blue	Ayesha Hafeez	(Blue House)
3rd	162/6 Blue	Sanum Usman	(Blue House)

Long Jump:

1st	221/6 Blue	Sama Khan	(Blue House) 3.70 M
2nd	05/6 Blue	Tania Hashim	(Blue House) 3.60 M
3rd	85/6 Blue	Sara Riaz	(Green House) 3.42 M

EVENTS ALREADY WORKED OUT **UNDER 13**

100 Metres:

1st	234/8 Blue	Zeeshan Haider	13.042 Sec.
2nd	681/7 Green	Hamid Khan	
3rd	674/7 Green	Mumraiz Khan	

200 Metres:

1st	234/8 Blue	Zeeshan Haider	29.072 Sec.
2nd	13/5 Blue	Abdul Rehman	
	674/7 Green	Mumraiz Khan	

400 Metres:

1st	711/7 Green	Muhammad Farhan	1 min 18.061 Sec.
2nd	582/7 Blue	Fawad Rashid	
3rd	365/7 Green	Sheran Yaqub	

4 x 100 Metres Relay:

1st	674/7 Green	Mumraiz Khan	3.006 Sec.
	365/7 Green	Sheran Yaqub	
	427/7 Green	Sahibzada Saleem	
	681/7 Green	Hamid Khan	
2nd	639/7 Blue	Hakim Hotaki	
	248/5 Blue	Muhammad Ahsan Khan	
	234/8 Blue	Zeeshan Malooki	
	13/5 Blue	Abdul Rehman	
3rd	582/7 Green	Fawad Rashid	
	627/6 Green	Tahir Hafeez	
	711/7 Green	Muhammad Ferhan	
	706/7 Green	Muhammad Haseeb Mughal	

Long Jump:

1st	674/7 Green	Mumraiz Khan	4.43 N
2nd	711/7 Green	Muhammad Farhan	4.20 N
3rd	681/7 Green	Hamid Khan	4.12 N

High Jump:

1st	234/8 Blue	Zeeshan Haider	4ft. 2 in
2nd	681/7 Green	Hamid Khan	3ft. 10 in
3rd	365/7 Green	Sheran Yaqub	3ft. 7 in

UNDER 13 (Girls)**100 Metres:**

1st	209/6 Blue	Saima Riaz	(Green House)	17.023 Sec.
2nd	41/7 Blue	Sanam Khan	(Blue House)	
3rd	22/5 Blue	Maria Siraj	(Blue House)	

200 Metres:

1st	181/6 Blue	Raheela	(Green House)	37.020 Sec.
2nd	222/6 Blue	Maria Khan	(Green House)	
3rd	155/6 Blue	Zarka Khan	(Blue House)	

4 x 100 Metres Relay:

1st	222/6 Blue	Maria Khan	1 min. 15.070 Sec.
Green House	94/6 Green	Raheela Mehmood	
	203/7 Blue	Sehresh Jamil	
	209/6 Blue	Saima Riaz	
2nd	141/7 Blue	Uzma Batool	
Blue House	41/7 Blue	Sanam Khan	
	04/6 Blue	Kiran Sharif	
	155/6 Blue	Zarka Khan	

Sack Race:

1st	22/5 Blue	Maria Siraj	(Blue House)
2nd	203/7 Blue	Sehresh Jamil	(Green House)
3rd	141/7 Blue	Uzma Batool	(Blue House)

Long Jump:

1st	94/6 Blue	Raheela Mehmood	(Gr. House)	3.64 M
2nd	209/6 Blue	Saima Riaz	(Gr. House)	3.50 M
3rd	04/6 Blue	Kiran Sharif	(Blue House)	3.18 M

Shot Putt:

1st	209/6 Blue	Saima Riaz	(Green House)	4.90 M
2nd	94/6 Blue	Raheela	(Green House)	3.94 M
3rd	155/6 Blue	Zarka Khan	(Blue House)	3.62 M

EVENTS ALREADY WORKED OUT **UNDER 14**

100 Metres:

1st	233/8 Blue	Adnan Haider Malooki	13.059 Sec.
2nd	566/9 Green	Haroon Afridi	
3rd	640/8 Blue	Zarak Khan	

200 Metres:

1st	566/9 Green	Haroon Afridi	30.082 Sec.
2nd	764/8 Green	Asher Jawed	
3rd	484/9 Blue	Syed Jamal Pasha	

400 Metres:

1st	389/6 Blue	Muhammad Abbas	1 min. 18.07 Sec.
2nd	233/8 Blue	Adnan Haider	
3rd	640/8 Blue	Zarak Khan	

4 x 100 Metres Relay:

1st	398/6 Blue	Muhammad Abbas
Blue	233/8 Blue	Adnan Haider
House	484/9 Blue	S. Jamal Pasha
	640/8 Blue	Zarak Khan
2nd	255/7 Green	Muhammad Zahir
Gr.	747/8 Green	Shams ur Rehman Afridi
House	764/7 Green	Asher Javed
	566/9 Green	Haroon Afridi
3rd	714/8 Green	Sohail Akber
Gr.	110/7 Green	Majid Amin
House	411/7 Green	Muhammad Taimur
	10/6 Green	Meher Asmat

4 x 100 Metres Relay:

1st	255/7 Green	Muhammad Zahir	5 mins. 5.048 Sec
Gr.	764/7 Green	Asher Javed	
House	747/8 Green	Shams ur Rehman Afridi	
	566/9 Green	Haroon Afridi	

2nd 233/6 Blue
 Blue 484/9 Blue
 House 389/6 Blue
 640/8 Blue
 3rd 714/8 Green
 Gr. 110/7 Green
 House 101/6 Green
 411/7 Green

Adnan Haider
 Syed Jamal Pasha
 Muhammad Abbas
 Zarak Khan
 Sohail Akber
 Majid Amin
 Meher Asmat
 Muhammad Taimur

High Jump:

1st 389/6 Blue
 2nd 484/4 Blue
 3rd 674/7 Green

Muhammad Abbas 4 ft. 6 in.
 S. Jamal Pasha 4 ft. 6 in.
 Asher Javed 4 ft. 4 in.

Long Jump:

1st 389/6 Blue
 2nd 255/7 Green
 3rd 747/8 Green

Muhammad Abbas 5.17 M
 Muhammad Zaheer 4.31 M
 Shams ur Rehman 4.28 M

Shot Putt:

1st 723/8 Green
 2nd 566/9 Green
 3rd 140/8 Blue

Waqar Saval 6.09 M
 Haroon Afridi 5.59 M
 Hamid Ullah 5.13 M

UNDER 14 (Girls)

100 Metres:

1st 99/7 Blue
 2nd 03/6 Blue
 3rd 211/6 Blue

Rabia Asad (Green House) 17.081 Sec.
 Sonia Sherif (Blue House)
 Iqra Pervez (Blue House)

Shot Putt:

1st 99/7 Blue
 2nd 03/6 Blue
 3rd 211/6 Blue

Rabia Asad (Green House) 4.96 M
 Sonia Sherif (Blue House) 3.51 M
 Iqra Pervez (Blue House) 3.19 M

Long Jump:

1st 99/7 Blue
 2nd 03/6 Blue
 3rd 211/6 Blue

Rabia Asad (Green House) 3.35 M
 Sonia Sherif (Blue House) 3.21 M
 Iqra Pervez (Blue House) 2.34 M

EVENTS ALREADY WORKED OUT

UNDER 15

100 Metres:

1st	500/10 Green	Bilal Arif	13.004 Sec.
2nd	495/8 Green	Farhan Afridi	
3rd	414/9 Blue	Usman Ellahi	

200 Metres:

1st	495/8 Green	Farhan Afridi	30.059 Sec.
2nd	741/8 Green	Waqar Ul Mulk	
3rd	751/8 Green	Malik Imran Ashaq	

400 Metres:

1st	362/9 Blue	Saif Ullah Khan	1 min. 17.014 Sec.
2nd	741/8 Green	Waqar Ul Mulk	
3rd	526/7 Green	Saffi Ullah	

800 Metres:

1st	362/9 Blue	Saif Ullah Khan	2 min. 49.093 Sec.
2nd	653/7 Blue	Shujat Noor	
3rd	635/8 Blue	Abddul Shah	

4 x 100 Metres Relay:

1st	653/7 Blue	Shujat Noor	1 min. 0.055 Sec.
	635/8 Blue	Abdul Shah	
	46/8 Blue	Faisal Jalil	
	362/9 Blue	Saif Ullah Khan	
2nd	751/8 Green	Malik Imran Ishaq	
	741/8 Green	Waqar Ul Mulk	
	500/10 Green	Bilal Arif	
	495/8 Green	Farhan Afridi	
3rd	639/8 Blue	Muhammad Azeem	
	157/9 Blue	Farukh Ahmad	
	75/7 Blue	Muhammad Umar	
	414/9 Blue	Usman Ellahi	

4 x 400 Metres Relay:

1st	500/10 Green	Bilal Arif	5 mins. 17.068 Sec.
	751/8 Green	Malik Imran Ishaq	
	741/8 Green	Waqar Ul Mulk	

	495/8 Green	Farhan Afridi
2nd	653/8 Blue	Shujat Noor
	46/8 Blue	Faisal Jalil
	635/7 Blue	Abdal Shah
	362/9 Blue	Saif Ullah Khan
3rd	157/9 Blue	Farukh Ahmad
	414/9 Blue	Usman Ellahi
	75/7 Blue	Muhammad Umar
	639/8 Blue	Muhammad Azeem

Long Jump:

1st	570/9 Green	Shehzad Ullah	4.69 M
2nd	500/10 Green	Bilal Arif	4.55 M
3rd	653/7 Blue	Shujat Noor	4.50 M

High Jump:

1st	414/9 Blue	Usman Ellahi	4 ft. 3 in.
2nd	157/9 Blue	Farukh Ahmad	4 ft. 2 in.
3rd	570/9 Green	Shehzad Ullah	3 ft. 10 in.

Shot Putt:

1st	500/10 Green	Bilal Arif	7.57 M
2nd	751/8 Green	Imran Ishaq	6.29 M
3rd	526/7 Green	Saif Ullah	6.27 M

UNDER 15 (Girls)

100 Metres:

1st	167/8 Blue	Momina Khan (Green House)	16.086 Sec.
2nd	56/8 Blue	Hira Paracha (Green House)	
3rd	01/9 Blue	Ayesha Malik (Blue House)	

Shot Put:

1st	167/8 Blue	Momina Khan (Green House)	4.23 M
2nd	01/9 Blue	Ayesha Malik (Blue House)	4.16 M
3rd	175/6 Blue	Samia Naz (Green House)	4.06 M

Long Jump:

1st	167/8 Blue	Momina Khan (Green House)	2.95 M
2nd	56/8 Blue	Hira Paracha (Green House)	2.60 M
3rd	01/9 Blue	Ayesha Malik (Blue House)	2.55 M

EVENTS ALREADY WORKED OUT **UNDER 16**

100 Metres:

1st	202/7 Green	Imran Afridi	12.075 Sec.
2nd	574/8 Green	Ishaq Afridi	
3rd	282/8 Blue	Alam Zeb	

200 Metres:

1st	201/7 Green	Imran Afridi	28.028 Sec.
2nd	494/9 Blue	Sajid Habib	
3rd	282/8 Blue	Alam Zeb	

400 Metres:

1st	332/9 Blue	Waseem Iqbal	1 min. 7.055 Sec.
2nd	420/9 Blue	Zeeshan Farid	
3rd	246/10 Blue	Sadaqat Ali	

800 Metres:

1st	332/9 Blue	Waseem Iqbal	3 mins. 6.059 Sec.
	494/9 Blue	Sajid Habib	
3rd	668/9 Green	Nouman Ahmad	

4 x 100 Metres Relay:

1st	494/9 Blue	Sajid Habib	55.090 Sec.
	332/9 Blue	Waseem Iqbal	
	282/8 Blue	Alamzeb Khan	
	420/9 Blue	Zeeshan Fareed	
2nd	574/8 Green	Ishaq Afridi	
	202/7 Green	Imran Afridi	
	737/10 Green	Qasim Iqbal	
	668/9 Blue	Nouman Ahmad	

4 x 400 Metres Relay:

1st	494/9 Blue	Sajid Habib	4 mins. 45.072 Sec.
	332/9 Blue	Waseem Iqbal	
	282/8 Blue	Alamzeb Khan	
	420/9 Blue	Zeeshan Fareed	
2nd	737/10 Green	Qaisar Iqbal	
	668/9 Green	Noman Ahmad	
	202/7 Green	Imran Afridi	
	574/8 Green	Ishaq Afridi	
3rd	503/8 Green	Azam Zahid	
	565/9 Green	Shafiq Afridi	
	542/8 Green	Najeem Shah Afridi	
	536/10 Green	Naqeeb Afridi	

Long Jump:

1st	202/7 Green	Imran Afridi	5.74 M
2nd	574/8 Green	Ishaq Afridi	5.31 M
3rd	332/9 Blue	Waseem Iqbal	4.97 M

High Jump:

1st	574/8 Green	Ishaq Afridi	4 ft. 6 in.
2nd	542/8 Green	Najeem Shah	4 ft.
3rd	503/8 Green	Azam Zahid	3 ft. 10 in.

Shot Put:

1st	565/9 Green	Shafiq Afridi	7.16 M
2nd	420/9 Blue	Zeeshan Fareed	6.87 M
3rd	503/8 Green	Azam Zahid	6.31 M

EVENTS ALREADY WORKED OUT **OVER 16**

100 Metres:

1st	03/10 Blue	Muhammad N. Daud	13.038 Sec.
2nd	675/10 Green	jamshed Khan	
3rd	358/10 Blue	Wajahat Hussain	

200 Metres:

1st	03/10 Blue	Muhammad N. Daud	27.077 Sec.
2nd	358/10 Blue	Wajahat Hussain	
3rd	283/7 Blue	Pervez Muhammad	

400 Metres:

1st	307/10 Blue	Asif Khan	1 min. 12.049 Sec.
2nd	673/10 Green	Naseem Shinwari	
3rd	283/7 Blue	Pervez Muhammad	

800 Metres:

1st	527/8 Green	Sultan-e-Rome	3 mins. 24.091 Sec.
2nd	249/10 Blue	Umar Khan	
3rd	370/9 Blue	Muhammad Ali	

4 x 100 Metres Relay:

1st	03/10 Blue	Muhammad N. Daud	58 Sec.
	358/10 Blue	Wajahat Hussain	
	283/7 Blue	Pervez Muhammad	
	307/10 Blue	Asif Khan	

2nd	675/10 Green	Jamshed Khan
	527/8 Green	Sultan-e-Rome
	673/10 Green	Naseem Shinwari
	541/10 Green	Aleem Shah

4 x 200 Metres Relay:

1st	03/10 Blue	Muhammad N. Daud	5mins. 15.055 S
	358/10 Blue	Wajahat Hussain	
	283/7 Blue	Pervez Muhammad	
	307/10 Blue	Asif Khan	
2nd	675/10 Green	Jamshed Khan	
	527/8 Green	Sultan-e-Rome	
	673/10 Green	Naseem Shinwari	
	541/10 Green	Aleem Shah	

Long Jump:

1st	03/10 Blue	Muhammad N. Daud	5.25
2nd	307/10 Blue	Asif Khan	4.93
3rd	541/10 Green	Aleem Shah	

High Jump:

1st	307/10 Blue	Asif Khan	4 ft. 7 in.
2nd	541/10 Green	Aleem Shah	4 ft. 5 in.

Shot Putt:

1st	541/10 Green	Aleem Shah	8.27 M
2nd	249/10 Blue	Umar Khan	7.62 M
3rd	673/10 Green	Naseem Shinwari	6.89 M

EVENTS OF THE FINAL DAY

4 x 100 Metres Relay (Boys) Open competition

Under 15 , 16 & Over 16

Lane 1:	576/C1--8	Ishaq Afridi	Under 16
Green	495/C1--8	Ferhan Afridi	Under 15
House	541/C1--10	Aleem Shah Afridi	Over 16
Team (A)	202/C1--7	Imran Afridi	Under 16

Lane 2:	494/C1--9	Sajid Habib	Under 16
Blue	332/C1--9	Waseem Iqbal	Under 16
House	03/C1--10	Muhammad N. Daud	Over 16
Team (A)	307/C1--10	Asif Khan	Over 16

Lane 3:	566/C1--9	Haroon Afridi	Under 14
Green	764/C1--7	Asher Javed	Under 14
House	500/C1--10	Bilal Arif	Under 15
Team (B)	675/C1--10	Jamshed Khan	Over 16

Lane 4:	233/B1--8	Adnan Haider	Under 14
Blue	358/C1--10	Wajahat Hussain	Over 16
House	362/C1--9	Saif Ullah Khan	Under 15
Team (B)	609/C1--9	Ashfaq Afridi	Under 15

200 Metres (Girls) Open Competition

Under 12, 13 & 14

05/6 Blue	Tania Hashim	(Blue)	Under 12	Lane 1
85/6 Blue	Sarah Riaz	(Green)	Under 12	Lane 2
94/6 Blue	Raheela Afridi	(Green)	Under 13	Lane 3
99/7 Blue	Rabia Asad	(Green)	Under 14	Lane 3
209/6 Blue	Saima Riaz	(Green)	Under 13	Lane 4
193/4 Blue	Nazish Zeb	(Blue)	Under 12	Lane 4

400 Metres (Boys) Open Competition

Under 12, 13 & 14

389/6 Blue	Muhammad Abbas	Under 14	Lane 1
233/8 Blue	Adnan Haider Malooki	Under 14	Lane 2
764/7 Green	Asher Javed	Under 14	Lane 3
566/9 Green	Haroon Afridi	Under 14	Lane 3
234/8 Blue	Zeeshan Haider Malooki	Under 13	Lane 4
471/5 Green	Mujeeb Ur Rehman	Under 12	Lane 4

ORDER AND

Monday, 22nd

	<u>Time:</u>	<u>Events</u>
1.	09.30 a.m.	Arrival of the Chief Guest.
2.	09.35 a.m.	Opening Ceremony
3.	09.40 a.m.	Address of the Principal
4.	09.45 a.m.	Open Competition 4 x 100 Metres Relay Under 15, 16 & Over 16 (Boys)
5.	09.50 a.m.	Open Competition 400 Metres (Boys) Under 12, 13 & 14
6.	09.55 a.m.	Open Competition 200 Metres (Girls) Under 12, 13 & 14
7.	10.00 a.m.	Gymnastics

The Principal and Staff
Sincerely thank
All donorsof Advertisement
and
the parents the well-wishers
who have generously contributed
towards success of this meet.

TIME EVENTS

November, 1999

8. 10.10 a.m. Drill Display
BOYS
i) Classes i) Prep to 3 with handkerchiefs
ii) Classes ii) 4 to 6 with Tambourines
iii) Classes iii) 7 & 8 with Jingle Bells
GIRLS
i) Classes 1 to 3 with Flowers
ii) Classes 4 to 7 with Sticks and Bells.
9. 10.45 a.m. Parent's Race
i) Ladies: Lighting a Candle.
ii) Three Legged Race
10. 10.55 a.m. March Past
11. 11.10 a.m. Address of the Chief Guest
12. 11.20 a.m. Distribution of Trophies

THE ATHLETES' PROMISE

We promise to takepart in this Annual Athletic Sports Meet in loyal competition respecting the rules and regulations that govern them.

We promise to keep a stout heart in defeat, to keep our pride under, in victory, to keep a sound soul, a clean mind, a healthy body and play the game in true spirit of sportsmanship.

CLASS OFFICIALS ACADEMIC YEAR 1999-2000

PRE-PREP BLUE:

183	Kiran Fatima	Class Leader
212	Javeria Jamal	House Chief
688	<i>Tashfeen Khan</i>	<i>Academic Officer</i>

PRE-PREP GREEN:

768	Saad Afridi	Class Leader
763	Qazi Abdul Ghafar	House Chief
214	<i>Hamana Tahir</i>	<i>Academic Officer</i>

PREP BLUE:

160	Muqaddas Mashal	Class Leader
148	<i>Syeda Mehak</i>	<i>House Chief</i>
648	<i>Junaid</i>	<i>Academic Officer</i>

PREP GREEN:

181	Mashal	Class Leader
697	Akhunzada Saadullah	House Chief
700	Noel John	Academic Officer

PREP BLUE/GREEN:

713	Muhammad Waleed	Class Leader
197	Zarghuna	House Chief
718	Waqas Khan	Academic Officer

1 BLUE:

679	Shoaib Ahmed	Class Leader
578	Muhammad Hassan	House Chief
613	Syed Israr	Academic Officer

1 GREEN:

435	Shahzaib Ul Mulk	Class Leader
486	Haider Sohail	House Chief
472	Mansoor Ali	Academic Officer

1 BLUE (Girls):

123	Shamama Tul Amber	Class Leader
147	Mariym Hayat	House Chief
124	Parkha Shams	Academic Officer

2 BLUE:

641	Nadir Khan	Class Leader
485	Waleed Sohail	House Chief
422	Basil Arshad Malik	Academic Officer

2 GREEN:

478	Yasir Jamal	Class Leader
351	Mansoor Khalil	House Chief
460	Tanzeel Ahmed	Academic Officer

2 BLUE (Girls)

87	Mehreen	Class Leader
74	Sanum Malooki	House Chief (Blue)
64	Zamarah Sohail	House Chief (Green)
111	Maheen Farooq	Academic Officer

3 BLUE:

461	Ghulam Umer	Class Leader
436	Muhammad Kazim	House Chief
277	Zuraiz Khan	Academic Officer

3 GREEN:

372	Syed Zeeshan	Class Leader
463	Muhammad Adeel	House Chief
488	Kamran Gul	Academic Officer

3 BLUE (Girls):

100	Mehwish Asad	Class Leader
105	Mariyam Ayaz	House Chief
135	Shayan-e-Mehak	Academic Officer

4 BLUE

204	Bilal Jalil	Class Leader
191	Syed Hassan Daud	House Chief
516	Shahab Saleem	Academic Officer

4 GREEN

367	Muhammad Umer	Class Leader
716	Chengez Khan	House Chief
218	Muhammad Haris	Academic Officer

4 BLUE (Girls):

70	Mahum Farooq	Class Leader
144	Mashal Riaz	House Chief
63	Amina Qadir	Academic Officer

5 BLUE:

445	Mohsin Mukhtar	Class Leader
235	Abbas Haider	House Chief
404	Ali Asghar	Academic Officer

5 GREEN:

471	Mujeeb Alam	Class Leader
183	Hassan Khalid	House Chief
116	Arsalan Ahmed	Academic Officer

5 BLUE (Girls):

006	Uzma Hashim	Class Leader
022	Maria Siraj	House Chief (Blue)
007	Arzo Sharif	House Chief (Green)
72	Sidra Habib	Academic Officer

6 BLUE:

044	Furqan Ali Shah	Class Leader
333	Muhammad Haroon	House Chief
72	Malik Usman	Academic Officer

6 GREEN:

492	Khuram Shehzad	Class Leader
415	Omer Zaman	House Chief
514	Atif Afridi	Academic Officer

6 BLUE (Girls):

090	Hajira Mumtaz	Class Leader
05	Tania Hashim	House Chief (Blue)
94	Raheela Mehmood	House Chief (Green)
155	Zarka Khan	Academic Officer

7 BLUE:

09	Fahad Bin Shahid	Class Leader
283	Muhammad Pervez	House Chief
427	Sahibzada Saleem	Academic Officer

7 GREEN:

225	Muhammad Zaheer Hashim	Class Leader
674	Mumraiz Khan	House Chief
278	Omair Javed	Academic Officer

7 BLUE (Girls):

89	Zaish Riaz	Class Leader
141	Uzma Batool	House Chief (Blue)
99	Rabia Asad	House Chief (Green)
202	Sonam Yar	Academic Officer

8 BLUE:

639	Muhammad Azam	Class Leader
282	Alam Zeb	House Chief
640	Zarak Khan	Academic Officer

8 GREEN:

527	Sultan-e-Rome	Class Leader
495	Farhan Afridi	House Chief
503	Azam Zahid	Academic Officer

8 BLUE (Girls):

167	Momina Khan	Class Leader
56	Hira Paracha	House Chief
150	Nayab Amin	Academic Officer

CLASS 9:

565	Shafiq Afridi	Class Leader
157	Farrukh Ahmed	House Chief (Blue)
566	Haroon Afridi	House Chief (Green)
623	Asad Maghfoor	Academic Officer

CLASS 10:

125	Dur-e-Nayyab	Class Leader
358	Wajahat Hussain	House Chief (Blue)
500	Bilal Arif	House Chief (Green)
530	Hashmat Ullah	Academic Officer

BASKET BALL TEAM 1999-2000

1.	358/10 Blue	Wajahat Hussain	(Captain)
2.	737/10 Green	Qasim Iqbal	(Vice Captain)
3.	249/10 Blue	Umer Khan	
4.	541/10 Green	Aleem Shah	
5.	03/10 Blue	Muhammad N. Daud	
6.	500/10 Green	Bilal Arif	
7.	544/10 Green	Adil Bashir	
8.	307/10 Blue	Asif Khan	
9.	383/10 Blue	Waseem Feroz	
10.	675/10 Green	Jamshed Khan	
11.	673/10 Green	Naseem Shinwari	
12.	565/9 Green	Shafiq Afridi	

GYMNASTIC TEAM 1999-2000

1.	255/7 Green	Muhammad Zaheer	(Captain)
2.	681/7 Green	Hamid Khan	(Vice Captain)
3.	674/7 Green	Mumraiz Khan	
4.	639/7 Blue	Hakim Hotaki	
5.	653/7 Blue	Shujat Noor	
6.	287/7 Blue	Shoaib Shah	
7.	75/7 Blue	Muhammad Umer	
8.	58/6 Blue	Afaq Ali	
9.	471/5 Green	Mujeeb Ur Rehman	
10.	144/5 Green	Shahid Ali	
11.	46/8 Blue	Faisal Jalil	
12.	79/5 Blue	Naqab Ullah	
13.	78/5 Blue	Abdul Rehman	
14.	532/3 Blue	Taimur Khan	
15.	06/9 Blue	S. Rehan Ahmed	
16.	582/7 Blue	Fawad Rasheed Khan	
17.	564/6 Blue	Saqib Hussain	

CHESS TEAM 1999-2000

- | | | | |
|-----|-------------|-----------------|----------------|
| 1. | 508/10 Blue | Usman Tahir | (Captain) |
| 2. | 383/10 Blue | Waseem Feroz | (Vice Captain) |
| 3. | 358/10 Blue | Wajahat Hussain | |
| 4. | 181/10 Blue | Daud Khalid | |
| 5. | 307/10 Blue | Asif Khan | |
| 6. | 312/10 Blue | Raheel Hafeez | |
| 7. | 544/10 Blue | Adil Bashir | |
| 8. | 246/10 Blue | Sadaqat Ali | |
| 9. | 672/8 Blue | Usman Abbasi | |
| 10. | 640/8 Blue | Zarak Khan | |
| 11. | 229/8 Blue | Asad Latif | |
| 12. | 233/8 Blue | Adnan Haider | |
| 13. | 495/8 Green | Farhan Afridi | |
| 14. | 314/7 Green | Dawar Awan | |
| 15. | 582/7 Blue | Fawad Rashid | |
| 16. | 439/7 Blue | Asad Sharif | |
| 17. | 50/7 Blue | Aneeq Riaz | |
| 18. | 599/7 Blue | Qaiser Wahab | |
| 19. | 278/7 Green | Umair Javed | |
| 20. | 513/6 Green | Hassan Meraj | |
| 21. | 683/6 Green | Muhammad | |

CRICKET TEAM (Senior)

1999-2000

541/Cl--10	Aleem Shah Afridi (Captain)
03/Cl--10	Muhammad N. Daud (Vice Captain)
307/Cl--10	Muhammad Asif
358/Cl--10	Wajahat Hussain
675/Cl--10	Jamshed Khan
181/Cl--10	Daud Khalid
737/Cl--10	Qasim Iqbal
566/Cl--9	Haroon Afridi
565/Cl--9	Shafiq Afridi
157/Cl--9	Farukh Ahmad
628/Cl--9	Taimur Khan
673/Cl--10	Naseem Shinwar
332/Cl--9	Muhammad Waseem
740/Cl--9	Nadir Shah
370/Cl--9	Muhammad Aly

CRICKET TEAM (Junior)

1999-2000

282/8 Blue	Alam Zeb Khan (Captain)
480/7 Green	Muhammad Zaheer (Vice Captain)
515/8 Blue	Shehzada Saleem
359/8 Blue	Sabahat Hussain
640/8 Blue	Zarak Khan

635/8 Blue	Abdul Shah
89/8 Blue	Yousaf Jamal
310/8 Blue	Alamdard Afridi
574/8 Blue	Ishaq Afridi
751/8 Green	Imran Malik
542/8 Green	Najeem Shah
495/8 Green	Farhan Afridi
255/7 Blue	Qaiser Khan
653/7 Blue	Shujat Noor
674/7 Blue	Mumraiz Khan
314/7 Blue	Dawar Awan
487/7 Blue	Mehran Gul
203/7 Blue	Imran Afridi
75/7 Blue	Muhammad Umar
80/7 Blue	Noor Ullah
384/7 Blue	Farhan Habib
427/7 Green	Sahibzada Saleem
283/7 Green	Pervez Khan
09/7 Green	Fahad Bin Shahid
419/7 Green	Haris
389/6 Blue	Muhammad Abbas
471/5 Green	Mujeeb Alam

BADMINTON TEAM 1999-2000

181/10 Blue	Daud Khalid	(Captain)
530/10 Blue	Hashmat Ullah	(Vice Captain)
249/10 Blue	Umer Khan	
541/10 Blue	Aleem Shah	
157/9 Blue	Farrukh Ahmed	
370/9 Blue	Muhammad Ali	
566/9 Blue	Haroon Afridi	
332/9 Blue	Waseem Iqbal	
749/9 Blue	Muhammad Hayat	
574/8 Blue	Ishfaq Afridi	
640/8 Blue	Zarak Khan	
503/8 Blue	Azam Shahid	
09/7 Blue	Fahad Bin Shahid	
706/7 Blue	Haseeb Mughal	
101/6 Green	Mehr Asmat	
180/5 Green	Muhammad Ali Sheikh	

SENIORS NETBALL TEAM 1999-2000

128/C1--10	Wagma Khan	(Captain)
125/C1--10	Dur-e-Nayab	(Vice Captain)
01/C1--9	Ayesha Malik	
99/7 Blue	Rabia Asad	
05/6 Blue	Tania Hashim	
155/6 Blue	Zarqa Khan	
209/6 Blue	Saima Riaz	

JUNIOR NETBALL TEAM 1999-2000

26/6 Blue	Sehrish Jamal	(Captain)
90/6 Blue	Hajira Khattak	(Vice Captain)
03/6 Blue	Sonia Sharif	
94/6 Blue	Raheela Mehmood	
85/6 Blue	Sarah Riaz	
126/6 Blue	Zarlakhta Ferhat	
91/6 Blue	Sophia Khattak	

SCHOOL BAND 1999-2000

(Boys)

1.	181/10 Blue	Daud Khalid	Leader
2.	484/9 Blue	Jamal Pasha	Assistant Leader
3.	182/9 Blue	Usman Khalid	Side Drum
4.	635/8 Blue	Abdul Shah	Base Drum
5.	09/7 Blue	Fahd Bin Shahid	Base Drum
6.	487/7 Blue	Mehran Gul	Side Drum
7.	50/7 Blue	Aniq Riaz	Side Drum
8.	251/7 Blue	Junaaid Shah	Side Drum
9.	639/7 Blue	Hakim Hotaki	Flute
10.	25/7 Blue	Malik Umer	Cymbal
11.	599/7 Blue	Qaiser Wahab	Tambourine
12.	491/7 Blue	Najm Ul Saqib	Flute
13.	283/7 Blue	Pervez Muhammad	Tambourine
14.	411/7 Blue	Taimur Shah	Cymbal
15.	303/7 Blue	Aman Ud Din	Tenor Drum
16.	110/7 Blue	Majid Amin	Flute
17.	532/7 Blue	Fawad Rashid	Flute
18.	514/6 Green	Muhammad Atif	Tambourine
19.	492/6 Green	Khurram Shehzad	Tambourine
20.	683/6 Green	Muhammad	Flute
21.	627/6 Green	Tahir Hafeez	Flute
22.	591/6 Green	Abbas Khan	Tambourine
23.	588/6 Green	Ibrahim Khan	Tambourine
24.	545/6 Green	Muhammad Raheel	Flute

SCHOOL BAND 1999-2000

(Girls)

1.	90/7 Blue	Hajira Mumtaz Khattak	Leader
2.	85/7 Blue	Sara Riaz	Asst: Leader
3.	89/7 Blue	Zaish Riaz	Base Drum
4.	99/7 Blue	Rabia Asad	Base Drum
5.	52/7 Blue	Hanna Siraj	Side Drum
6.	203/7 Blue	Sehrish Jamil	Tambourine
7.	141/7 Blue	Uzma Batool	Side Drum
8.	91/5 Blue	Sophia Khattak	Side Drum
9.	126/5 Blue	Zarlakhta Farhat	Cymbal
10.	95/5 Blue	Nida Naeem	Cymbal
11.	72/5 Blue	Sidra Habib	Side Drum
12.	60/5 Blue	Neelam Afridi	Cymbal
13.	144/4 Blue	Mashal Riaz	Flute
14.	77/4 Blue	Sanna Habib	Tenor Drum
15.	39/4 Blue	Sanna Imtiaz	Tambourine
16.	122/4 Blue	Haya Anwar	Tambourine
17.	70/4 Blue	Mahum Farooq	Flute
18.	176/4 Blue	Taha Rehman	Flute
19.	115/4 Blue	Tooba Rehman	Flute
20.	46/4 Blue	Jasia Bukhari	Tambourine
21.	663/4 Blue	Amina Qadir	Flute
22.	139/4 Blue	Shumaila Zeb	Flute

SCHOOL RECORDS (Boys):

UNDER 6:

50 Metres:	429/Iftikhar Afridi	25-11-97	10 Sec.
Throwing the Tennis Ball:	585/Abdul Wahab	14-11-98	27.27 M

UNDER 7:

50 Metres:	436/Muhammad Qasim	25-11-97	9 Sec.
Throwing the Tennis Ball:	429/Iftikhar Afridi	14-11-98	28.05 M

UNDER 8:

50 Metres:	436/Muhammad Kazim	14-11-98	8.047 Sec.
Throwing the Tennis Ball:	436/Muhammad Kazim	14-11-98	34.15 M

UNDER 9:

50 Metres:	135/Syed Mansoor	25-11-97	8.001 Sec.
Throwing the Cricket Ball:	288/S. Anis Shah	14-11-98	37.85 M

UNDER 10:

50 Metres:	135/S. Mansoor Jamal	14-11-98	8 Secs.
100 Metres:	297/Shiraz Zaman	25-11-97	15.078 Sec.
2 x 50 Metres Relay:	81/Muhammad Dawood	14-11-98	35.069 Sec.
	96/Umair Ahmed		
	525/Imran Khan		
	235/Abbas Haider		
Throwing the Cricket Ball:	Muhammad Aly	14-11-98	40.24 M

UNDER 11:

50 Metres:	471/Mujeeb Alam	14-11-98	15.047 Sec
100 Metres:	234/Zeeshan Malooki	25-11-97	33.009 Sec
2 x 50 Metres Relay:	471/Mujeeb Alam		34.016 Sec.
	545/Muhammad Raheel		
	297/Sheraz Zaman		
	183/Hassan Khalid		

4 x 100 Metres Relay:	253/Aman Baksh 80/Noor Ullah 333/Haroon Iqbal 58/Afaq Ali	14-11-98	1min.09Sec
Long Jump:	471/Mujeeb Alam	14-11-98	4.10 M
High Jump:	234/Zeeshan Malooki 471/Mujeeb Alam	25-11-97	3 ft. 9 in.

UNDER 12:

100 Metres:	389/Muhammad Abbas	25-11-97	3.078 Sec
200 Metres:	234/Zeeshan Haider	14-11-98	31.096 Sec
400 Metres:	639/Muhammad Hakim	25-11-97	1min 25Sec
Long Jump:	234/Zeeshan Haider	14-11-98	4.26 M
High Jump:	131/Hafeez Ullah	25-11-97	4 ft. 3 in.
4 x 100 Metres Relay:	131/Hafeez Ullah 233/Adnan Haider 359/Sabahat Hussain 389/Muhammad Abbas	14-11-98	1min 04Sec

UNDER 13:

100 Metres:	500/Bilal Arif	25-11-97	14.091 Sec
400 Metres:	233/Adnan Malooki	14-11-98	1min 14Sec
Long Jump:	389/Muhammad Abbas	14-11-98	4.70 M
High Jump:	389/Muhammad Abbas	14-11-98	4 ft. 5 in.
4 x 100 Metres Relay:	225/Muhammad Zaheer 349/Bilal Khalil 110/Majid Amin 566/Haroon Afridi	14-11-98	1min 05Sec

UNDER 14:

100 Metres:	500/Bilal Arif	14-11-98	13.005 Sec.
200 Metres:	500/Bilal Arif	14-11-98	29.031 Sec
400 Metres:	332/Waseem Iqbal	25-11-97	1min 12Sec

Long Jump:	500/Bilal Arif	14-11-98	4.45 M
High Jump:	407/Bilal Khan	25-11-97	4 ft. 6 in.
4 x 100 Metres	332/Waseem Iqbal	25-11-97	1min 02Sec
Relay:	114/Hammad Shah		
	190/Junaid Kazi		
	600/Imran Shah		
	500/Bilal Arif	14-11-98	1min 02Sec
	441/Qaiser Abdullah		
	495/Farhan Afridi		
	555/Abdullah Ali		
4 x 400 Metres	114/Hammad Shah	25-11-97	5min 07Sec
Relay:	600/Imran Shah		
	332/Waseem Iqbal		
	494/Sajid Habib		

UNDER 15:

100 Metres:	437/Raza Muhammad	25-11-97	13.062 Sec
200 Metres:	114/Hammad Shah	14-11-98	28.044 Sec
400 Metres:	211/Hammad Ahmed	25-11-97	1min 07Sec
800 Metres:	402/Babar Khan	25-11-97	2min 52Sec
Long Jump:	202/Imran Khan	14-11-98	4.86 M
High Jump:	114/Hammad Shah	14-11-98	4 ft. 9 in.
4 x 100 Metres	402/Babar Khan	25-11-97	56.078 Sec
Relay:	285/Ansar Hussain		
	307/Asif Khan		
	03/Muhammad N. Daud		
4 x 400 Metres	03/Muhammad N. Daud	25-11-97	4min 47Sec
	402/Babar Khan		
	258/Ansar Hussain		
	307/Asif Khan		

UNDER 16:

100 Metres:	285/Ansar Hussain	14-11-98	13.024 Sec
200 Metres:	285/Ansar Hussain	14-11-98	29.012 Sec

400 Metres:	402/Babar Khan	14-11-98	1min 10Sec
800 Metres:	402/Babar Khan	14-11-98	2min 46.66
Long Jump:	357/Abdul Hameed	14-11-98	4.88 M
High Jump:	139/Hamayun Mehmood	14-11-98	4 ft. 11 in
4 x 100 Metres	402/Babar Khan	14-11-98	56.093 Sec
Relay:	285/Ansar Hussain		
	307/Asif Khan		
	357/Abdul Hamid		
4 x 400 Metres	285/Ansar Hussain	14-11-98	4min 51Sec
Relay:	357/Abdul Hamid		
	402/Babar Khan		
	307/Asif Khan		

OVER 16:

100 Metres:	320/Adnan Ishtiaq	25-11-97	13.017 Sec
200 Metres:	320/Adnan Ishtiaq	25-11-97	28.029 Sec
400 Metres:	113/Subtain Rabbani	14-11-98	1min 09Sec
800 Metres:	113/Subtain Rabbani	14-11-98	2min 46Sec
Long Jump:	522/Waqar Ahmed	14-11-98	4.62 M
High Jump:	320/Adnan Ishtiaq	25-11-97	4 ft. 8 in.
4 x 100 Metres	522/Waqar Ahmed	25-11-97	57.084 Sec
Relay:	397/Khurshid Afridi		
	555/Hasnain Safdar		
	320/Adnan Ishtiaq		
4 x 400 Metres	522/Waqar Ahmed		5 min 04 Sec
Relay:	397/Khurshid Afridi		
	555/Hasnain Safdar		
	320/Adnan Ishtiaq		

SCHOOL RECORDS (Girls)

UNDER 6

50 Metres: 107/Prep Green Madina Qazi 12 Secs.

UNDER 7

50 Metres: 100/2 Blue Mehwish Asad 9.069 Secs.

UNDER 8

50 Metres: 108/2 Blue Sakina Qazi 10.072 Secs.

UNDER 9

50 Metres: 14/3 Green Javeria Tehreem 9 Secs.

UNDER 10

50 Metres: 85/4 Green Sara Riaz 8.07 Secs.

100 Metres: 06/4 Blue Uzma Hashim 17.019 Secs.

4 x 50 Metres 91/4 Blue Sophia Zohra 42.007 Secs.

Relay: 142/4 Blue Madina Batool

126/4 Blue Zarlakhta Ferhat

11/5 Blue Faiza Iqbal

UNDER 11

100 Metres: 05/6 Blue Tania Hashim 16.05 Secs.

4 x 50 Metres 05/6 Blue Tania Hashim 37.009 Secs.

Relay: 43/6 Blue Aliya Azhar

57/6 Blue Ayesha Hafeez

26/6 Blue Sehrish Jamal

Long Jump:	05/6 Blue	Tania Hashim	3.46 M
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UNDER 12

100 Metres:	94/5 Green	Raheela Mehmood	13.009 Sec.
200 Metres:	106/5 Blue	Saima Pervaiz	38 Sec.
4 x 50 Metres	155/5 Blue	Zarqa Khan	38.003 Sec.
Relay:	141/6 Blue	Uzma Batool	
	41/6 Blue	Sanum Khan	
	04/5 Blue	Kiran Sharif	
Long Jump:	94/5 Green	Raheela Mehmood	3.74 M

UNDER 13

100 Metres:	56/6 Green	Hira Paracha	18 Sec.
200 Metres:	56/6 Green	Hira Paracha	41 Sec.
Long Jump:	03/5 Blue	Sonia Sharif	2.68 M

UNDER 14

100 Metres:	56/6 Green	Hira Paracha	19.017 Sec.
200 Metres:	56/6 Green	Hira Paracha	41 Sec.
Long Jump:	03/5 Blue	Sonia Sharif	2.58 M

CHAMPION ATHLETES OF ANNUAL ATHLETIC SPORTS MEET 1999 (Boys)

	<u>R. No/Class</u>	<u>House</u>	<u>Name</u>	<u>No. of Points</u>
Under 6	707/Prep Green	Green	Yasir Khan	15
Under 7	648/Prep Blue	Blue	Junaaid Afridi	9
Under 8	413/3 Green	Green	Yasir Khan	6
Under 9	455/2 Blue	Blue	Muhammad Shakir	13
Under 10	204/4 Blue	Blue	Bilal Jalil	8
	288/4 Blue	Blue	Syed Anis Shah	8
Under 11	144/5 Green	Green	Shahid Ali	15
Under 12	212/6 Blue	Blue	Jalal Ahmad	13
	471/5 Green	Green	Mujeeb Alam	13
Under 13	234/8 Blue	Blue	Zeeshan Haider	15
Under 14	389/6 Blue	Blue	Muhammad Abbas	15
Under 15	500/10 Blue	Green	Bilal Arif	13
Under 16	202/7 Green	Green	Imran Khan Afridi	15
Over 16	03/10 Blue	Blue	Muhammad N.Daud	15

CHAMPION ATHLETES OF ANNUAL ATHLETIC SPORTS MEET 1999 (Girls)

	<u>R. No/Class</u>	<u>House</u>	<u>Name</u>	<u>No. of Points</u>
Under 6	185/Prep Blue	Green	Ayesha Ali Afridi	13
Under 7	149/1 Blue	Blue	Sameera Hafeez	6
Under 8	58/2 Green	Green	Ayesha Shinwari	15
Under 9	83/3 Blue	Blue	Aisha Khan	15
Under 10	07/5 Blue	Green	Arzoo Sharif	11
Under 11	126/5 Blue	Blue	Zarlakhta	11
Under 12	05/6 Blue	Blue	Tania Hashim	13
Under 13	209/6 Blue	Green	Saima Riaz	13
	94/6 Blue	Green	Raheela Mehmood	13
Under 14	99/7 Blue	Green	Rabia Asad	15
Under 15	167/8 Blue	Green	Momina Khan	15

SCHOOL TROPHIES

Badminton Trophy: (Boys) To Blue House with 82 points.
(Girls) To Blue House with 42 points.

Basketball Trophy:

To Blue and Green House with 24 points each.

Chess Trophy:

To Green House with 44 points.

Cricket Trophy:

To Blue and Green House with 36 points each.

Football Trophy:

To Green House with 38 points.

Netball Trophy:

To Green House with 16 points.

Tug-O-War Trophy:

To Green House with 21 points.

Volleyball Trophy:

To Blue House with 26 points.

Best Squad Leader Trophy: (Boys)

(Girls)

Inter Sports Trophy:

To Green House with 304 points. (Blue House 277)

Inter House Athletic Trophy:

To Blue House with 653 points. (Green House 589)

House Tent Trophy:

March Past Trophy:

The Best Athlete's Trophy:

(Boys) Imran Afridi with 15 points (3 New Records)

(Girls) Rabia Asad with 15 points (2 New Records)

Overall Championship Trophy:

To Blue House with 920 points. (Green House 893)