



ADDRESS OF THE PRINCIPAL

Sahibzada Muhammad Khalid, Chairman Governor's Inspection Team, distinguished guests, faculty members and my dear students, 96

The 11th Annual Athletics Sports Meet brings us all together once again. Today we all are here to witness the young sportsmen and athletes being honoured for achieving remarkable success in various sports and athletics. The trophies which they'll receive today, symbolize their talents, efforts and achievements.

It's a matter of prestige for us to have Sahibzada Muhammad Khalid as the guest of honour today. He is a well-known personality among the official and social quarters. He is not new to St. Francis'. For us, he is a friend who has trust in our mission, who appreciates our efforts and applauds our success. Sahibzada Khalid has been serving on key posts in various departments of the government of N.W.F.P as a senior bureaucrat for more than two decades. Besides other important posts, he has been the Secretary to the Governor, Secretary Archeology Department and Secretary Higher Education. At present, he is the Chairman, Governor's Inspection Team, a position of prestige and responsibility. Recently he was awarded the Commendation Award by the President of Pakistan for his commendable services in earthquake relief activities. He is a man with lofty ideals and sound moral values, which, blended with experience and endeavour, make him an asset for this province. Had there been many such bureaucrats like Sahibzada Khalid, our province would have been much more prosperous and developed.

"Survival for the Fittest," is a dictum by Charles Darwin. In terms of Biology, it means that only those species will survive over time, which are the best suited to their environment and which can adapt themselves with the changes in the natural environment. Nonetheless, this maxim is so very true in a wider perspective as well. Today's world puts us to so many challenges and trials. The toughest challenge it offers is to achieve a remarkable and successful career. One has to face rigorous competition on each and every rung of the ladder to a bright future. The contestants are short-listed at each step and only the best can manage to reach the summit. Unlike the prevalent misconception existing in our society, I strongly believe that life is an impartial judge. At the end of the day, it honours only those who really deserve. Accomplishment is only for those who are worthy of it—those who are talented, who can endure the toughest challenges and who can compete with confidence and confidence.



Talents and abilities are God-gifted, but competitive sports teach how to compete with honour and integrity. Individual and team events, both teach how to fight for a goal, exclusive or collective. The norms and principles learnt on the playground go a long way in shaping up the career of an individual. Sports instill the competitive spirit in the sportsmen. They learn how to aim high, strive hard, achieve goal and cherish success. The competitive spirit becomes their second nature and they can rise up to any challenge with firm faith in their abilities.

Ladies and Gentlemen, the increasing competition in every field of life is a very positive phenomenon. It brings out the best abilities of the competitor. However, it has a negative aspect as well. Those who lack aptitude, fear challenges and are unwilling to work hard, find it difficult to tread on the path to success. So they try finding shortcuts and back doors to success. No doubt, they can pass the exams, get selected for a job and even reach significant posts by nepotism, bribing and such other magic keys, but they fail to realize that there is no short cut to success. They forget the fact that life is an impartial judge. So, when life puts them to trial, they are knocked out in the very first round. The practical life sorts the whole lot. That is when few people like Sahibzada Khalid complete a quarter century of service and many others run from pillar to post trying to work out a deal with NAB.

Here, at St. Francis' we are trying to inculcate the competitive spirit in them through sports and athletics. In a short while, you'll see the young athletes, boys and girls, in action. Before the race, they are alert on their marks, and will start running the moment they hear the whistle. It teaches them to be prepared and respond promptly to the opportunities that life offers. They will run in their own track, which signifies following their own path of righteousness without trespassing. They will not look back, which symbolizes going confidently in the right direction. Each one will try to win and earn points for his house, hence the lesson that our individual success should contribute towards collective gain. And even those who lose will complete the lap keeping in mind that it's never too late.

Dear parents, I expect you all to realize the fact that sports are equally important as the academics and I assure you that we provide equal opportunities to all the students to prove their flairs in various sporting and athletic events.

I wish to express my gratitude to all those who have honoured this occasion with their presence, especially Sahibzada Muhammad Khalid, who kept this event on high priority in his schedule. I also appreciate the joint efforts of the staff and the students and the cooperation they extended to me for the success of this function. I hope all of you have a good time.

God bless you all.

Francis Sales Fernando

THE LUSH GREEN PLAYGROUND

Izhar Ullah

In 1994, I joined St. Francis' High School as a young kid in Pre-Prep. Since the early days of my schooling, I had always been fascinated by the vast, lush green playground, inviting the athlete in me. I started conquering the tracks in Rabbit Race, Three-legged Race and Wheel Barrow Race. Soon I was running the whole 200 m lap in individual and team events. In Class 10, the last year in school, I got a position in 800 m Race, completing four laps of the vast ground. Not only on the track, but I was also successful in various field events.

No doubt, St. Francis' is a very different school in many ways. The environment, the academics and the curricular and co-curricular activities in St. Francis' have a different stroke from the "run of the mill" type school. But the most distinguishing and perceptible feature is the playground. The vast field and courts offer challenges to the sporting spirit in the students. Not only the young sportsmen grow healthy in physique but also develop their character. Whatever they learn on the field goes a long way in achieving success in life. I am no exception. Sports and athletics have brought about the best in me. I have learnt to be disciplined, to work in a team and to show sportsman spirit in every walk of life. Now that I am in Edwardes College, I can avail any opportunity to excel in sports and athletics.

I feel that the students of St. Francis' are very lucky to have the opportunities of participating in various sports, athletics, gymnastics, and karate. They might not realize the importance of these activities while they are still in school, but later, in their professional life, they will surely recognize the role that the lush green field played in their lives. Life is tough, but sportsmen give it a tough time.

(Izhar Ullah matriculated from St. FRANCIS' HIGH SCHOOL in 2005-2006. At present he is a student of First Year at Edwardes College, Peshawar.)

11th

ANNUAL INTER-HOUSE



ATHLETICS SPORTS MEET 2006

11th

ANNUAL INTER-HOUSE



ATHLETICS SPORTS MEET 2006

SPORTS-THE MEANS FOR ALL ROUND DEVELOPMENT

Rehab Zahid

My stay at St. Francis' High School is spread over 6 years. I feel myself quite lucky to have grown up in such a conducive environment where all my talents and abilities were polished in the best possible manner. With a natural aptitude for sports and athletics, I found various opportunities to explore and exhibit my talents.

Right from the Class 6 onwards, I started participating in various sporting events. Having come from another school, I found the situation quite different here. Not only the stress was laid on academics, but equal importance was given to sport as well. I was more than happy to find myself in such an environment. I took each and every opportunity to explore the athlete in me and soon I started to excel in various sports. By the time I reached Class 10, I had won various trophies and certificates in different sports and athletics. Not only that I got the chances to play different sports, but I was also given the opportunity to manage and supervise various field activities as House Chief. I was also the Captain of the Netball Team of the Green House. Moreover, I proudly wore the green sash as the prefect and performed my duties to help the administration in maintaining discipline on campus.

Now, when I look back in time, I realize how important roles have sports and athletics played in shaping up my character. Besides keeping me physically fit, they have groomed my whole personality as well. That is what we call an all round development of body and soul. I am sure that as I proceed ahead in my academic career, the qualities induced in my personality in the days of St. Francis' will help me a lot in achieving success.

(Rehab Zahid matriculated from St. FRANCIS' HIGH SCHOOL in 2005-2006. At present she is a student of First Year at Forward Girls College, Peshawar.)

St. Francis' High School

Hayatabad, Peshawar.

11th Annual Inter-House Athletics Sports Meet 2006

CHIEF GUEST

MAJ. (R) SAHIBZADA MUHAMMAD KHALID

Chairman, Governor's Inspection Team
Govt. of N.W.F.P.,

OFFICIALS

REFEREE

Mr. Francis Sales Fernando

STARTER

Mr. Anwar Jamal

CHECK STARTERS

Mr. Zeeshan Griffen Mrs. Shabana Riaz

TRACK UMPIRES

Mr. Suleman Sabir Miss. Naheed Falaksher

TIME KEEPERS

Miss. Ambreen Yousaf Mr. Khurram Shehzad
Mr. Khurram Waqar

ANNOUNCERS

Mr. Fayyaz Ghufraan Mr. Naeem Pervez
Mr. Imran Qureshi

RECORDER

Mr. Rifat Ullah

TECHNICIAN

Mr. Saleem Gill

OFFICIAL PHOTOGRAPHER

M/S Malik Sons



RECEPTION & GUEST STEWARDS

Mrs. Musarat Jabeen
Mr. Havildar Khan
Mr. Robinson Yousaf
Mr. Adnan Shahid

Mrs. Christina Javed
Mrs. Rubina Saeed
Mr. Essa Khan
Miss. Dur-e-Nayab

GENERAL SUPERVISION

Miss. Shahida Parveen
Mrs. Nighat Iqbal
Mrs. Samrana Iqbal
Mrs. Mufaza Naeem
Miss. Sumaira Zahoor
Miss. Elishba Emmanuel
Mrs. Sharia Faraz
Miss. Sabiha Sadiq
Mrs. Sumera Adnan
Miss. Misbah Ali
Mrs. Basharat Naeem
Miss. Kiran Munir
Miss. Ruth Wilson
Mrs. Yaqoob Mohan
Mrs. Amoon Emanuel
Miss. Victoria Francis

Miss. Fauzia Yasmeen
Mrs. Rubina Irshad
Mrs. Humaira Simon.
Miss. Beenish Younas
Miss. Asiya Mukhtar
Mrs. Naseem Kanwal
Mrs. Saiqa Insar
Mrs. Pansy Shamoun
Mrs. Zanolbia Robinson
Miss. Sumaira Tabassum
Mrs. Amrozia Aamir
Miss. Nighat Parveen
Miss. Pansy Yousaf
Miss. Shazia Jabeen
Miss. Farnita Jacqueline

PREPARATION OF CERTIFICATES

Mrs. Khalida Fernando
Miss. Iffat Iqbal

Mrs. Aliya Shahid
Miss. Sobia Tabassum

TROPHIES

Mr. Ahmad Faraz

Mr. Jamshed Griffen

P.T INSTRUCTORS

Mrs. Noreen John
Mr. Subhan Uddin

Mr. Muhammad Riaz
Mr. Ferman Israr

BAND MASTERS

Mr. Muhammad Munir

Mr. Shamshad Khan

ENTERTAINMENT

Mrs. Musarat Jabeen
Mrs. Aliya Shahid



CONDITIONS

- 1) Competitors not ready at the time and place appointed for their event will be scratched.
- 2) Competitors will be excluded from taking part in an event unless properly attired.
- 3) Every competitor shall be supplied with and must wear during competition, a distinctive number. Competitors who fail to fix their numbers securely to their vest will not be allowed to participate.
- 4) Any dispute and / or complaint shall be submitted to the referee, whose decision shall be final.
- 5) In both senior and junior events, no competitor shall enter for more than three individual events of which not more than two shall be track events.
- 6) Competitors are requested to make use of their House Enclosures. They are to be in their Enclosures, in charge of the House Masters and Mistresses who will issue all instructions to them.
- 7) Competitors are requested to keep off the field when they are not warming up or participating in the events for which they have entered.
- 8) Points will be awarded as follows:

	<u>Individual Events</u>	<u>Team Events</u>
First Place	5 Points	7 Points
Second Place	3 Points	5 Points
Third Place	1 Points	3 Points

In the event of TIE, points will be shared.



11th ANNUAL INTER-HOUSE

ATHLETICS SPORTS MEET 2006



ATHLETICS SPORTS MEET 2006

CAPTAINS OF CLASS TEAM (BOYS)

Annual Athletic Sports Meet 2006-2007

<u>4-Blue</u>	Cricket	918 /	Danial Ahmad Mutaza
	Football	911 /	Asad Rehman
<u>4-Green</u>	Cricket	1200 /	Kashif Siraj
	Football	1469 /	Obaid-ur-Rehman
<u>4-Yellow</u>	Cricket	1544 /	Hamza Sajjad
	Football	1575 /	Haider Asif
<u>5-Blue</u>	Cricket	720 /	Muhammad Umer
	Football	1320 /	Nauman Ahmad
	Volleyball	1265 /	Muhammad Tufail
	Basketball	793 /	Shahrukh Khan
<u>5-Green</u>	Cricket	1330 /	Muhammad Farhan
	Football	1177 /	Jamal Nasir
	Volleyball	959 /	Muhammad Hassan
	Basketball	1313 /	Amir Taj
<u>5-Yellow</u>	Cricket	1461 /	Amir Khan
	Football	1433 /	Abdullah
	Volleyball	1535 /	Rehan Khan
	Basketball	1420 /	Muhammad Aimal
<u>6-Blue</u>	Cricket	652 /	Syed Ayub Shah
	Football	1312 /	Mudassir Iqbal
	Volleyball	1012 /	Hamza Ali
	Basketball	598 /	Ismail Shinwari
<u>6-Green</u>	Cricket	779 /	Rehman Alam
	Football	899 /	Hisham Khan
	Volleyball	787 /	Shayan Sameer Fernando
	Basketball	803 /	Asad Khan
<u>6-Yellow</u>	Cricket	1477 /	Zarak Khan
	Football	1208 /	Sadiq Nawaz
	Volleyball	1554 /	Malik Aftab
	Basketball	1442 /	Tameem John
<u>7-Blue</u>	Cricket	1166 /	Abdul Samad
	Football	950 /	Zia-ur-Rehman
	Volleyball	1131 /	Ahsan Afridi
	Basketball	466 /	Ahsan Afridi
<u>7-Green</u>	Cricket	707 /	Yasir Khan
	Football	708 /	Nasir Khan
	Volleyball	761 /	Razdan Khan
	Basketball	713 /	Muhammad Waleed
<u>7-Yellow</u>	Cricket	1325 /	Irfan Sattar
	Football	1423 /	Haider Zaman
	Volleyball	1311 /	Mubashir Iqbal
	Basketball	1424 /	Shaukat Zaman

CAPTAINS OF CLASS TEAM (BOYS)

Annual Athletic Sports Meet 2006-2007

<u>8-Blue</u>	Cricket	1067 /	Sherjeel Riaz
	Football	504 /	Salman Zahid
	Volleyball	630 /	Mohsin Amin
	Basketball	1382 /	Muhammad Shahab
<u>8-Green</u>	Cricket	989 /	Jamal Khan
	Football	909 /	Ahtesham Qayyum
	Volleyball	1055 /	Shah Faisal
	Basketball	523 /	Saffaf Habib
<u>8-Yellow</u>	Cricket	1319 /	Yaseen Afridi
	Football	1329 /	Muhammad Noman
	Volleyball	1207 /	Rab Nawaz Afridi
	Basketball	1489 /	Jonathan Samson
<u>9-Blue</u>	Cricket	946 /	Zarak Khan
	Football	973 /	Adnan Afridi
	Volleyball	423 /	Afnan Farid
	Basketball	1171 /	Musa Alam
<u>9-Green</u>	Cricket	957 /	Kamran Khan
	Football	216 /	Shiraz Hashim
	Volleyball	463 /	Adeel Afridi
	Basketball	1427 /	Salman Khan
<u>9-Yellow</u>	Cricket	967 /	Saad Amjad
	Football	478 /	Yasir Jamal
	Volleyball	413 /	Yasir Khan
	Basketball	1137 /	Saddam Saleem
<u>10-Blue</u>	Cricket	1038 /	Muhammad Abdullah
	Football	779 /	Nifaz Khan
	Volleyball	1153 /	Haseeb Khan Khattak
	Basketball	436 /	Muhammad Kazim
<u>10-Green</u>	Cricket	488 /	Kamran Gul
	Football	1441 /	Naveed Zazai
	Volleyball	799 /	Muhammad Furqan
	Basketball	1292 /	Shafqat Ullah
<u>10-Yellow</u>	Cricket	1381 /	Abdul Wahab
	Football	1037 /	Muhammad Haris
	Volleyball	422 /	Salman Farid
	Basketball	313 /	Zaheer Ahmad Qureshi



CHIEF PREFECTS & PREFECTS (Boys) ACADEMIC YEAR 2006-2007

CHIEF PREFECTS

- | | | |
|----|-------|----------------------|
| 1. | (313) | Zaheer Ahmad Qureshi |
| 2. | (372) | Syed Zeeshan Ahmed |
| 3. | (488) | Kamran Gul |

PREFECTS (CLASS 10)

- | | | |
|-----|--------|---------------------|
| 1. | (217) | Haseeb Shinwari |
| 2. | (277) | Zuraiz Imtiaz |
| 3. | (335) | Abdul Aziz Khan |
| 4. | (422) | Salman Farid |
| 5. | (436) | Muhammad Kazim Khan |
| 6. | (547) | Junaid Akhtar |
| 7. | (678) | Owais Ahmed |
| 8. | (699) | Ozair Iqbal Awan |
| 9. | (799) | Mohammad Furqan |
| 10. | (778) | Nifaz Alam |
| 11. | (944) | Omer Tawab |
| 12. | (945) | Farhan Zaib Khan |
| 13. | (1025) | Muhammad Noman |
| 14. | (1059) | Waqas Mehfooz |
| 15. | (1134) | Muhammad Ibrahim |
| 16. | (1292) | Shafqat Ullah |
| 17. | (1441) | Naveed Zazai |
| 18. | (1490) | Zarak Khan |

PREFECTS (CLASS 9)

- | | | |
|----|--------|------------------------|
| 1. | (423) | Afnan Farid |
| 2. | (478) | Yasir Jamal |
| 3. | (479) | Danayal Ahmad Chaudhry |
| 4. | (1215) | Fawad Ahmad |
| 5. | (1393) | Jalal Khan |
| 6. | (1427) | Salman Khan |



CHIEF PREFECTS & PREFECTS (Girls) ACADEMIC YEAR 2006-2007

CHIEF PREFECTS

- | | | | |
|----|-------|--------------|--------|
| 1. | (336) | Haleema Noor | Yellow |
| 2. | (413) | Sadia Bano | Green |

PREFECTS (CLASS 10 - GIRLS)

- | | | | |
|-----|-------|----------------------|--------|
| 1. | (55) | Syeda Afsheen Sardar | Blue |
| 2. | (73) | Nida Ali | Green |
| 3. | (77) | Sana Habib | Yellow |
| 4. | (274) | Mehleena Qayyum | Blue |
| 5. | (279) | Sara Bashir | Green |
| 6. | (346) | Mahrugh Asghar Keen | Blue |
| 7. | (375) | Hijab Habib | Green |
| 8. | (379) | Ammara Humayun | Yellow |
| 9. | (393) | Faiza Ishaq | Blue |
| 10. | (454) | Nayab Iqbal | Blue |
| 11. | (492) | Sana Tahir | Green |





OFFICIAL DUTIES

Academic Year 2006-2007

Class	Name	Roll No.
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SCHOOL FLAGS:

9-Blue	Ahmad Hassan	863
9-Blue	Shah Rose Iftikhar	339
9-Blue	Muhammad Bilal	1324
9-Blue	Jalal Khan	1393
9-Blue	Danayal Ahmad Chudhary	479

LINGUISTIC OFFICERS:

(BOYS)

9-Blue	Yasir Jamal	478
9-Blue	Yasir Khan	413
9-Blue	Afnan Farid	423
9-Blue	Ateeq-ur-Rehman	145
5-Blue	Hafeez Ullah	1020

(GIRLS)

10-Blue / Girls	Amina Sharmeen	500
7-Blue / Girls	Zarghuna Zeb	525

BELL

10-Blue	Syed Zeeshan Ahmed	372
10-Blue	Sana Habib	77



CAPTAINS OF CLASS TEAM (BOYS)

Academic Year 2006-2007

BADMINTON:

Blue House:	Haseeb Shinwari	217 /	Cl. 10
Green House:	Muhammad Faisal	687 /	Cl. 10
Yellow House:	Omer Tawab	944 /	Cl. 10

BASKETBALL:

Blue House:	Muhammad Kazim	436 /	Cl. 10
Green House:	Safqat Ullah	1292 /	Cl. 10
Yellow House:	Zaheer Ahmad	313 /	Cl. 10

CHESS:

Blue House:	Owais Ahmad	678 /	Cl. 10
Green House:	Syed Zeeshan Ahmed	372 /	Cl. 10
Yellow House:	Ozair Iqbal Awan	699 /	Cl. 10

FOOTBALL:

Blue House:	Nifaz Alam	778 /	Cl. 10
Green House:	Naveed Zazai	1441 /	Cl. 10
Yellow House:	Muhammad Haris	1037 /	Cl. 10

CRICKET:

Blue House:	Muhammad Abdullah	1038 /	Cl. 10
Green House:	Kamran Gul	488 /	Cl. 10
Yellow House:	Abdul Wahab	1381 /	Cl. 10

GYMNASTIC (Senior)

Green House:	Nasir Khan	708 /	Cl. 7
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GYMNASTIC (Junior)

Green House:	Shayan Sameer Fernando	787 /	Cl. 6
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VOLLEYBALL:

Blue House:	Haseeb Khattak	1153 /	Cl. 10
Green House:	Muhammad Furqan	799 /	Cl. 10
Yellow House:	Salman Farid	422 /	Cl. 10





CAPTAINS OF CLASS TEAM (GIRLS) Academic Year 2006-2007

BADMINTON:

Blue House:	Nayab Iqbal	454 /	Cl. 10
Green House:	Sadia Bano	413 /	Cl. 10
Yellow House:	Ammara Humayun	379 /	Cl. 10

NETBALL:

Blue House:	Ghazala Khan	84 /	Cl. 10
Green House:	Nida Ali	73 /	Cl. 10
Yellow House:	Sana Habib	77 /	Cl. 10

CHESS:

Blue House:	Syeda Afsheen Sardar	55 /	Cl. 10
Green House:	Hijab Habib	375 /	Cl. 10
Yellow House:	Mashal Shafiq	451 /	Cl. 10

GYMNASTIC:

Blue House:	Palwasha Khan	184 /	Cl. 10
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ORDER OF THE MARCH PAST

Parade Commander:

422 / Cl. 10	Salman Farid
346 / Cl. 10	Mahrugh Asghar Keen

Asst. Parade Commander:

488 / Cl. 10	Kamran Gul
77 / Cl. 10	Sana Habib

SQUAD LEADERS (BOYS)

Blue House

Roll No.	Leaders	Class
1187	Muhammad Sajjad	4-Blue
720	Umer Sharif	5-Blue
1067	Sherjeel Riaz	8-Blue
1141	Zeeshan Tariq	7-Blue

Green House

Roll No.	Leaders	Class
825	Sami Ullah	5-Green
1253	Muhammad Ibrahim	5-Green
787	Shayan Sameer Fernando	6-Green
687	Muhammad Faisal	10-Blue

Yellow House

Roll No.	Leaders	Class
1425	Muhammad Adeeb	5-Yellow
1595	Zark Jamal Khattak	4-Green
944	Omer Tawab	10-Blue
1456	Faraz Ahmad Khan	7-Yellow



SQUAD LEADERS (GIRLS)

Blue House

<u>Roll No.</u>	<u>Leaders</u>	<u>Class</u>
454	Nayab Iqbal	10-Blue / Girls
84	Ghazala Khan	10-Blue / Girls

Green House

<u>Roll No.</u>	<u>Leaders</u>	<u>Class</u>
279	Sara Bashir	10-Blue / Girls
119	Shahana Mehsud	10-Blue / Girls

Yellow House

<u>Roll No.</u>	<u>Leaders</u>	<u>Class</u>
500	Amina Shermeen	10-Blue / Girls
156	Ayesha Nawaz	10-Blue / Girls

FLAG CARRIERS

Blue House Flag (Boys)

10-Blue	Haseeb Shinwari	217
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Green House Flag (Boys)

10-Blue	Muhammad Furqan	799
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Yellow House Flag (Boys)

10-Blue	Muhammad Ibrahim	1134
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Blue House Flag (Girls)

10-Blue	Faiza Ishaq	319
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Green House Flag (Girls)

10-Blue	Hijab Habib	375
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Yellow House Flag (Girls)

10-Blue	Ammara Humayun	379
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BUS AND VAN MONITORS

Bus No. 1	(Ring Road, Kohat Road, Gulbahar, Kohati)
678 / Cl. 10	Owais Ahmad
Bus No. 2	(Ring Road, Swati Gate, Ferdous, Haji Camp)
313 / Cl. 10	Zaheer Ahmad Qureshi
Bus No. 3	(Phase I, II, V)
488 / Cl. 10	Kamran Gul
Bus No. 4	(Board, University Campus, Police Colony)
678 / Cl. 10	Muhammad Noman
Bus No. 5	(University Road, Tehkal, Shami Road,)
422 / Cl. 10	Salman Farid
Bus No. 6	(Phase II, III)
944 / Cl. 10	Omer Tawab
Bus No. 7	(Phase VI)
1254 / Cl. 9	Muhammad Ali
Bus No. 8	(Phase VI)
882 / Cl. 8	Waqas Khan
Bus No. 9	(Phase VI)
1571 / Cl. 5	Changez Khan

TEAM EVENTS ALREADY WORKED OUT

		Blue	Green	Yellow
Badminton				
	(Boys)			
	Singles	21	27	27
	Doubles	15	31	29
(Girls)	Singles	25	21	29
	Doubles	29	21	25
Basketball		27	9	18
Chess	(Boys)	21	27	27
	(Girls)	20	24	16
Cricket		35	35	35
Football		10	50	30
Netball		10	10	10
Tug-O-War	(Boys)			
	(Girls)			
Volleyball		30	45	25

HOUSE CAPTAINS AND VICE CAPTAINS Year 2006-2007

BLUE HOUSE (Boys)

Captain	Nifaz Alam	778 / Cl. 10
Vice Captain	Farhan Zeb	945 / Cl. 10

GREEN HOUSE (Boys)

Captain	Shafqat Ullah	1292 / Cl. 10
Vice Captain	Muhammad Furqan	799 / Cl. 10

YELLOW HOUSE (Boys)

Captain	Salman Farid	422 / Cl. 10
Vice Captain	Muhammad Ibrahim	1134 / Cl. 10

BLUE HOUSE (Girls)

Captain	Faiza Ishaq	393 / Cl. 10
Vice Captain	Afshen Sardar	55 / Cl. 10

GREEN HOUSE (Girls)

Captain	Hijab Habib	375 / Cl. 10
Vice Captain	Sana Tahir	492 / Cl. 10

YELLOW HOUSE (Girls)

Captain	Ammara Humayun	379 / Cl. 10
Vice Captain	Amina Sharmeen	500 / Cl. 10

ATHLETIC CAPTAINS AND VICE CAPTAINS

BLUE HOUSE (Boys)

Captain	Haseeb Shinwari	217 / Cl. 10
Vice Captain	Nifaz Alam	779 / Cl. 10

GREEN HOUSE (Boys)

Captain	Muhammad Furqan	799 / Cl. 10
Vice Captain	Muhammad Faisal	687 / Cl. 10

YELLOW HOUSE (Boys)

Captain	Salman Farid	422 / Cl. 10
Vice Captain	Junaid Akhtar	547 / Cl. 10

BLUE HOUSE (Girls)

Captain	Ghazala Khan	84 / Cl. 10
Vice Captain	Faiza Ishaq	393 / Cl. 10

GREEN HOUSE (Girls)

Captain	Nida Ali	73 / Cl. 10
Vice Captain	Hijab Habib	375 / Cl. 10

YELLOW HOUSE (Girls)

Captain	Haleema Noor	336 / Cl. 10
Vice Captain	Sana Habib	77 / Cl. 10



Sports Meet - 2006 UNDER 4 (Boys)

50 METRES

1st	1550 / Prep-Green (Gr)	Muhammad Younas	11.29 Secs.
2nd	1564 / Pre-Prep / Green (Gr)	Adnan Khan Afridi	
3rd	1564 / Pre-Prep / Yellow (Yl)	Ikrash Khan	

POTATO RACE

1st	1550 / Prep-Green (Gr)	Muhammad Younas	
2nd	1498 / Pre-Prep / Green (Gr)	Ehsan Gohar	
3rd	1556 / Pre-Prep / Green (Gr)	Adnan Khan Afridi	

RABBIT RACE

1st	1568 / Pre-Prep / Yellow (Yl)	Mohsin Iqbal	
2nd	1546 / Pre-Prep / Yellow (Yl)	Ikrash Khan	
3rd	1550 / Prep-Green (Gr)	Muhammad Younas	

Sports Meet - 2006 UNDER 4 (Girls)

50 METRES

1st	559 / Pre-Prep / Green (Gr)	Zainab Ajmal	11.78 Secs.
2nd	550 / Pre-Prep / Green (Yl)	Naila Subhan	
3rd	591 / Pre-Prep / Yellow (Yl)	Fatima Ali	

POTATO RACE

1st	586 / Pre-Prep / Yellow (Yl)	Saman Wisal	
2nd	574 / Pre-Prep / Yellow (Bl)	Helmand Imran	
3rd	552 / Pre-Prep / Blue (Gr)	Naiba-tu-Zahra Ali	

RABBIT RACE

1st	550 / Pre-Prep / Green (Yl)	Naila Subhan	
2nd	539 / Prep-Yellow (Gr)	Simran Tariq Mahsud	
3rd	591 / Pre-Prep Yellow (Yl)	Fatima Ali	

Sports Meet - 2006 UNDER 5 (Boys)

50 METRES

1st	1500 / Prep-Yellow (Yl)	Saadat Khan	11.30 Secs.
2nd	1591 / Pre-Prep / Yellow (Yl)	Abdul Jalal	
3rd	1356 / Prep-Blue (Bl)	Abdullah	

POTATO RACE

1st	1500 / Prep-Yellow (Yl)	Saadat Khan	
2nd	1356 / Prep-Blue (Bl)	Muhammad Asim	
3rd	1385 / Prep-Green (Gr)	Shamwel Khan	

RABBIT RACE

1st	1385 / Prep-Green (Gr)	Shamwel Khan	
2nd	1365 / Prep-Blue (Bl)	Farukh Atiq	
3rd	1369 / Prep-Blue (Bl)	Abdur Rehman Khan	

Sports Meet - 2006 UNDER 5 (Girls)

50 METRES

1st	530 / Prep-Blue (Bl)	Iqra Ayub	12.85 Secs.
2nd	513 / Prep-Yellow (Gr)	Fatima Adil	
3rd	585 / Pre-Prep / Green (Gr)	Laiba Barkat	

POTATO RACE

1st	473 / Prep-Green (Yl)	Aleena Khalid	
2nd	507 / Prep-Yellow (Yl)	Faria Shah	
3rd	472 / Prep-Green (Gr)	Nicheal Shamoun	

RABBIT RACE

1st	511 / Prep-Yellow (Bl)	Syeda Manahil	
2nd	472 / Prep-Green (Gr)	Nicheal Shamoun	
3rd	520 / Prep-Yellow (Bl)	Ayesha Jamal Khan	



Sports Meet - 2006 UNDER 6 (Boys)

50 METRES

1st	1566 / 2-Yellow (YI)	Shaheryar	9.53 Secs.
2nd	1367 / 1-Blue (Bl)	Syed Muhammad Ismail Khan	
3rd	1452 / 1-Yellow (YI)	Khizar Nawab Khattak	

POTATO RACE

1st	1243 / 1-Green (Gr)	Fakhar Aman	
2nd	1296 / 1-Green (Gr)	Muhammad Shayan	
3rd	1251 / 1-Green (Gr)	Danyal Malik	

RABBIT RACE

1st	1560 / 1-Blue (Bl)	Wajid Ullah	
2nd	1362 / Prep-Green (Gr)	Sameer Ahmed	
3rd	1479 / Prep-Green (Gr)	Ali Burhan	

THREE LEGGED RACE

1st	1299 / 1-Yellow (YI)	Asad Ali Bangash	
1st	1323 / 1-Yellow (YI)	Ahmar Abbas Zahid	
2nd	1250 / 1-Blue (Bl)	Afrasayab Khalid	
2nd	1238 / 1-Blue (Bl)	Muhammad Salman Khan	
3rd	1362 / Prep-Green (Gr)	Sameer Ahmed	
3rd	1479 / Prep-Green (Gr)	Ali Burhan	

WHEEL BARROW RACE

1st	1250 / 1-Blue (Bl)	Afrasayab Khalid	
1st	1238 / 1-Blue (Bl)	Muhammad Salman Khan	
2nd	1243 / 1-Green (Gr)	Fakhar Aman	
2nd	1251 / 1-Green (Gr)	Danyal Malik	
3rd	1246 / 1-Green (Gr)	Syed Mueed Ullah	
3rd	1245 / 1-Green (Gr)	Inam Ullah Jan	

THROWING THE TENNIS BALL

1st	1566 / 2-Yellow (YI)	Shaheryar Khan	27.16 Metres
2nd	1410 / 1-Yellow (YI)	Siraj	23.75 Metres
3rd	1270 / 1-Yellow (YI)	Nangial Khalid Khan	23.72 Metres

Sports Meet - 2006 UNDER 6 (Girls)

50 METRES

1st	567 / 1-Blue (Gr)	Nahida	9.90 Secs.
2nd	419 / 1-Blue (YI)	Mahroona Syed	
3rd	514 / 2-Blue (Gr)	Palwasha Jamal	

POTATO RACE

1st	494 / 1-Blue (YI)	Laila	
2nd	567 / 1-Blue (Gr)	Nahida	
3rd	469 / Prep-Green (Bl)	Nashmia Nawaz	
3rd	415 / 1-Blue (YI)	Summya Bano	

RABBIT RACE

1st	480 / Prep-Green (Gr)	Satayish	
2nd	439 / 1-Blue (Bl)	Sanna	
3rd	431 / 1-Blue (Gr)	Sapna Akbar	

THROWING THE TENNIS BALL

1st	494 / 1-Blue (YI)	Laila	15.28 Metres
2nd	368 / 2-Blue (Bl)	Zala Shah	11.07 Metres
3rd	482 / 1-Blue (Bl)	Zainab Arhsad	8.72 Metres

THREE LEGGED RACE

1st	419 / 1-Blue (YI)	Mahroona Syed	
1st	481 / Prep-Green (YI)	Shandana Naeem	
2nd	445 / 1-Blue (Gr)	Tanawish Mazhar Durrani	
2nd	567 / 1-Blue (Gr)	Nahida	
3rd	418 / 1-Blue (Bl)	Aeman Batool	
3rd	439 / 1-Blue (Bl)	Sanna	



Sports Meet - 2006 UNDER 7 (Boys)

50 METRES

1st	1481 / 2-Green (Gr)	Saif Ullah Jamal	8.40 Secs.
2nd	1315 / 1-Yellow (YI)	Faheem Iqbal	
3rd	1160 / 2-Blue (Bl)	Danial Afridi	

POTATO RACE

1st	1195 / 2-Blue (Bl)	Azlan Afridi
2nd	1160 / 2-Blue (Bl)	Danial Afridi
3rd	1306 / 1-Yellow (YI)	Muhammad Haroon

RABBIT RACE

1st	1460 / 2-Green (Gr)	Faaz-Bin-Faisal
2nd	1195 / 2-Blue (Bl)	Azlan Afridi
3rd	1315 / 1-Yellow (YI)	Faheem Iqbal

THREE LEGGED RACE

1st	1233 / 2-Green (Gr)	Sayed Zarak Ali
1st	1237 / 2-Green (Gr)	Sayed Afaq Ali Shah
2nd	1120 / 2-Green (Gr)	Zaid Samadi
2nd	1271 / 2-Green (Gr)	Haywad Mal Yousaf
3rd	1278 / 2-Blue (Bl)	Ishfaq Ahmad
3rd	1160 / 2-Blue (Bl)	Danial Afridi

WHEEL BARROW RACE

1st	1578 / 1-Yellow (YI)	Qadeem Khan
1st	1422 / 3-Yellow (YI)	Danyal Jehanger Khan
2nd	1174 / 2-Blue (Bl)	Ansar Subhan
2nd	1335 / 2-Blue (Bl)	Bayazid Khan
3rd	1522 / 2-Yellow (YI)	Tabish Sattar
3rd	1524 / 3-Yellow (YI)	Muhammad Abdullah

THROWING THE TENNIS BALL

1st	1548 / 2-Yellow (YI)	Muhammad Junaid	37.65 Metres
2nd	1180 / 2-Green (Gr)	Misbah-ud-din	34.83 Metres
3rd	1195 / 2-Blue (Bl)	Azlan Afridi	33.55 Metres

Sports Meet - 2006 UNDER 7 (Girls)

50 METRES

1st	436 / 3-Blue (Bl)	Mahnoor Khan	9.88 Secs.
2nd	428 / 1-Blue (Gr)	Aiman Murtaza	
3rd	562 / 3-Blue (Gr)	Sana Sajjad	

POTATO RACE

1st	555 / 2-Blue (YI)	Mahnoor Zaheer
2nd	428 / 1-Blue (Gr)	Aiman Murtaza
3rd	436 / 3-Blue (Bl)	Mahnoor Khan

THROWING THE TENNIS BALL

1st	317 / 4-Blue (YI)	Laleen	17.12 Metres
2nd	556 / 3-Blue (YI)	Ayesha Tariq	13.32 Metres
3rd	512 / 2-Blue (Gr)	Izza Ikram	13.31 Metres

THREE LEGGED RACE

1st	377 / 2-Blue (Gr)	Hoor Sharif
1st	571 / 2-Blue (Gr)	Sadaf Iqbal
2nd	562 / 3-Blue (Gr)	Sana Sajjad
2nd	512 / 2-Blue (Gr)	Izza Ikram
3rd	433 / 2-Blue (Bl)	Shahlal
3rd	436 / 3-Blue (Bl)	Mahnoor Khan



Sports Meet - 2006 UNDER 8 (Boys)

50 METRES

1st	1044 / 3-Blue (Bl)	Mansoor Subhan	8.17 Secs.
2nd	1332 / 3-Blue (Bl)	Muhammad Zeeshan	
3rd	1050 / 3-Blue (Bl)	Sajjid Mohmand	

POTATO RACE

1st	1010 / 3-Blue (Bl)	Muhamma Hams Ansari
2nd	1034 / 3-Green (Gr)	Bilal Ahmad Choudhary
3rd	1509 / 4-Yellow (Yl)	Muhammad Hassan

THREE LEGGED RACE

1st	1267 / 3-Blue (Bl)	Sohail Khan Afridi
1st	1317 / 3-Blue (Bl)	Waleed Ahmad
2nd	1010 / 3-Blue (Bl)	Muhammad Hams Ansari
2nd	1013 / 3-Blue (Bl)	Abid Khattak
3rd	1125 / 3-Green (Gr)	Basit Malik
3rd	1103 / 3-Green (Gr)	Khalil Khan

WHEEL BARROW RACE

1st	1050 / 3-Blue (Bl)	Sajid Mohmand
1st	1332 / 3-Blue (Bl)	Muhammad Zeeshan
2nd	1317 / 3-Blue (Bl)	Waleed Ahmad
2nd	1013 / 3-Blue (Bl)	Abid Khattak
3rd	1164 / 2-Green (Gr)	Zarak Jan Khan
3rd	1150 / 3-Green (Gr)	Shoaib Khan

THROWING THE TENNIS BALL

1st	1332 / 3-Blue (Bl)	Muhammad Zeeshan	45.53 Metres
2nd	1331 / 3-Blue (Bl)	Muhammad Yasir	41.25 Metres
3rd	1072 / 4-Green (Gr)	Hassan Javed	39.26 Metres

Sports Meet - 2006 UNDER 8 (Girls)

50 METRES

1st	360 / 3-Blue (Bl)	Faiza Gul	9.0 Secs.
2nd	352 / 3-Blue (Yl)	Laiba Mehsud	
3rd	328 / 3-Blue (Gr)	Aliha Azhar	

POTATO RACE

1st	390 / 3-Blue (Gr)	Tajala
2nd	456 / 3-Blue (Yl)	Aiman Jehangir
3rd	360 / 3-Blue (Bl)	Faiza Gul

THROWING THE TENNIS BALL

1st	566 / 2-Blue (Gr)	Amna	24.72 Metres
2nd	360 / 3-Blue (Bl)	Faiza Gul	17.69 Metres
3rd	435 / 2-Blue (Bl)	Gulalai	13.31 Metres

THREE LEGGED RACE

1st	352 / 3-Blue (Yl)	Laiba Mehsud
1st	394 / 3-Blue (Yl)	Aliena Imtiaz
2nd	398 / 2-Blue (Gr)	Sara Khan
2nd	457 / 2-Blue (Gr)	Munaza Fayyaz
3rd	328 / 3-Blue (Gr)	Aliha Azhar
3rd	390 / 3-Blue (Gr)	Tajala



Sports Meet - 2006 UNDER 9 (Boys)

50 METRES

1st	1575 / 4-Yellow (YI)	Haider Asif	8.59 Secs.
2nd	911 / 4-Blue (BI)	Asad Rehman Khattak	
3rd	1314 / 4-Green (Gr)	Zaffar Iqbal	

4 x 50 METRES

1st	910 / 4-Blue (BI)	Muhammad Usman Khan	36.10 Secs.
1st	911 / 4-Blue (BI)	Asad-ur-Rehman	
1st	1190 / 4-Blue (BI)	Anwar Khan	
1st	1192 / 4-Blue (BI)	Waqar Khan	
2nd	1085 / 3-Green (Gr)	Muhammad Ajmal	
2nd	1175 / 5-Green (Gr)	Zaiyam Khan	
2nd	1314 / 4-Green (Gr)	Zafar Iqbal	
2nd	1133 / 3-Green (Gr)	Muhammad Adnan Afridi	
3rd	845 / 5-Blue (BI)	Uzair Ahmad	
3rd	1012 / 3-Blue (BI)	Muneeb-ur-Rehman	
3rd	1040 / 3-Blue (BI)	Faizain Shafqat	
3rd	1589 / 3-Blue (BI)	Ameer Hamza	

OBSTACLE RACE

1st	1017 / 4-Green (Gr)	Muhammad Ismail
2nd	845 / 5-Blue (BI)	Uzair Ahmed
3rd	1469 / 4-Green (Gr)	Ubaid-ur-Rehman

THROWING THE TENNIS BALL

1st	1563 / 4-Yellow (YI)	Ismail Khan Afridi	46.30 Metres
2nd	1419 / 4-Green (Gr)	Talha Israr	36.15 Metres
3rd	1314 / 4-Green (Gr)	Zaffar Iqbal	35.86 Metres

DRIBBLING THE FOOT BALL

1st	1133 / 3-Green (Gr)	Muhammad Adnan Afridi
2nd	1419 / 4-Green (Gr)	Talha Israr
3rd	1561 / 4-Yellow (YI)	Ihtesham Ullah

Sports Meet - 2006 UNDER 9 (Girls)

50 METRES

1st	359 / 4-Blue (BI)	Hina Gul	9.0 Secs.
2nd	313 / 4-Blue (Gr)	Sanna Saleem Khan	
3rd	354 / 4-Blue (YI)	Gulrukh Imtiaz	

POTATO RACE

1st	480 / 4-Blue (YI)	Spogmay
2nd	423 / 4-Blue (YI)	Mahnoor Faiz
3rd	359 / 4-Blue (BI)	Hina Gul

SACK RACE

1st	313 / 4-Blue (Gr)	Sana Saleem Khan
2nd	354 / 4-Blue (YI)	Gulrukh Imtiaz
3rd	405 / 4-Blue (Gr)	Mahnoor Asim

THROWING THE TENNIS BALL

1st	359 / 4-Blue (BI)	Hina Gul	20.47 Metres
2nd	411 / 3-Blue (Gr)	Nadia	19.57 Metres
3rd	503 / 3-Blue (Gr)	Fatima Rafique	19.49 Metres



Sports Meet - 2006 UNDER 10 (Boys)

50 METRES

1st	1428 / 5-Yellow (YI)	Fayzan Khan	7.92 Secs.
2nd	1202 / 5-Blue (Bl)	Aanis Ghani	
3rd	1330 / 5-Green (Gr)	Muhammad Farhan	

100 METRES

1st	1145 / 5-Blue (Bl)	Umair Imran	15 Secs.
2nd	905 / 6-Green (Gr)	Zahab Ali Khan	
3rd	1428 / 5-Yellow (YI)	Fayzan Khan	

4 x 50 METRES

1st	1330 / 5-Green (Gr)	Muhammad Farhan	33.72 Secs.
1st	905 / 6-Green (Gr)	Zahab Ali Khan	
1st	1313 / 5-Green (Gr)	Amir Taj	
1st	844 / 6-Green (Gr)	Mash Hood Ahmed	
2nd	1428 / 5-Yellow (YI)	Fayzan Khan	
2nd	1392 / 5-Yellow (YI)	Sikandar Yousaf	
2nd	1462 / 5-Yellow (YI)	Hamid Roshan	
2nd	1596 / 4-Yellow (YI)	Muhammad Saad Azam	
3rd	1320 / 5-Blue (Bl)	Nauman Ahmad	
3rd	1316 / 5-Blue (Bl)	Muhammad Haaris Khan	
3rd	800 / 5-Blue (Bl)	Julian Jalal-ud-Din Minto	
3rd	1202 / 5-Blue (Bl)	Aanis Ghani	

OBSTACLE RACE

1st	906 / 6-Green (Gr)	Wajahat Ali Khan
2nd	1409 / 3-Yellow (YI)	Humza Khan
3rd	1187 / 4-Blue (Bl)	Muhammad Sajjad

SACK RACE

1st	1428 / 5-Yellow (YI)	Fayzan Khan
2nd	1477 / 6-Yellow (YI)	Zarak Khan
3rd	1145 / 5-Blue (Bl)	Umair Imran

THROWING THE TENNIS BALL

1st	1313 / 5-Green (Gr)	Amir Taj	53.15 Metres
2nd	1562 / 5-Yellow (YI)	Muhammad Umar Afridi	45.67 Metres
3d	1268 / 5-Blue (Bl)	Arsalan Khalid	43.36 Metres

DRIBBLING THE FOOT BALL

1st	905 / 6-Green (Gr)	Zahab Ali Khan
2nd	906 / 6-Green (Gr)	Wajahat Ali Khan
3rd	1313 / 5-Green (Gr)	Amir Taj



Sports Meet - 2006 UNDER 10 (Girls)

50 METRES

1st	214 / 6-Blue (Bl)	Hamana Tahir	8.90 Secs.
2nd	361 / 5-Blue (Bl)	Sidra Zeb	
3rd	233 / 5-Blue (YI)	Khushbakht Qayyum	

100 METRES

1st	295 / 5-Blue (Bl)	Ayesha Shahid	17.25 Secs.
2nd	214 / 6-Blue (Bl)	Hamana Tahir	
3rd	573 / 5-Blue (YI)	Ghazala Munawar	

4 X 50 METRES

1st	295 / 5-Blue (Bl)	Ayesha Shahid	38.60 Secs.
1st	361 / 5-Blue (Bl)	Sidra Zeb	
1st	214 / 6-Blue (Bl)	Hamana Tahir	
1st	314 / 5-Blue (Bl)	Rimsha Wisal	
2nd	573 / 5-Blue (YI)	Ghazala Munawar	
2nd	233 / 5-Blue (YI)	Khushbakht Qayyum	
2nd	308 / 5-Blue (YI)	Ayesha Durrani	
2nd	373 / 3-Blue (YI)	Khutija Awan	
3rd	563 / 5-Blue (Gr)	Kulsoom Ali	
3rd	367 / 4-Blue (Gr)	Rukhsar Afridi	
3rd	351 / 4-Blue (Gr)	Iqra Haseeb	
3rd	325 / 4-Blue (Gr)	Kulsoom Khisro	

THROWING THE CRICKET BALL

1st	361 / 5-Blue (Bl)	Sidra Zeb	25.46 Metres
2nd	214 / 6-Blue (Bl)	Hamana Tahir	25.05 Metres
3rd	295 / 5-Blue (Bl)	Ayesha Shahid	24.03 Metres

SACK RACE

1st	233 / 5-Blue (YI)	Khushbakht Qayyum
2nd	295 / 5-Blue (Bl)	Ayeha Shahid
3rd	248 / 5-Blue (Bl)	Weyam Tahir

OBSTACLE RACE

1st	224 / 6-Blue (YI)	Madeha Asghar Khan
2nd	563 / 5-Blue (Gr)	Kulsoom Ali
3rd	361 / 5-Blue (Bl)	Sidra Zeb





Sports Meet - 2006 UNDER 11 (Boys)

100 METRES

1st	713 / 7-Green (Gr)	Muhammad Waleed Khan	14.88 Secs.
2nd	732 / 6-Blue (Bl)	Mueen-ur-Rehman	
3rd	1042 / 6-Blue (Bl)	Humza Ali Bangash	

200 METRES

1st	708 / 7-Green (Gr)	Nasir Khan	32.25 Secs.
2nd	732 / 6-Blue (Bl)	Mueen-ur-Rehman	
3rd	1532 / 5-Yellow (Yl)	Muhammad Rehan Hamid	

4 x 50 METRES

1st	1042 / 6-Blue (Bl)	Humza Ali Bangash	32.56 Secs.
1st	709 / 6-Blue (Bl)	Musadiq Noor	
1st	1312 / 6-Blue (Bl)	Muddasar Iqbal	
1st	732 / 6-Blue (Bl)	Mueen-ur-Rehman	
2nd	976 / 7-Green (Gr)	Muhammad Zaid Khan	
2nd	771 / 6-Green (Gr)	Babar Nadeem Malik	
2nd	899 / 6-Green (Gr)	Hisham Khan Mahsud	
2nd	713 / 7-Green (Gr)	Muhammad Waleed Khan	
3rd	1310 / 8-Yellow (Yl)	Shameer Raza	
3rd	1405 / 7-Yellow (Yl)	Kamran Humayun Khan	
3rd	1449 / 6-Yellow (Yl)	Syed Murtaza Abbas Zaidi	
3rd	1525 / 6-Yellow (Yl)	Sher Shah Khan	

4 x 100 METRES

1st	708 / 7-Green (Gr)	Nasir Khan	1 Min 3.82 Secs.
1st	976 / 7-Green (Gr)	Muhammad Zaid Khan	
1st	713 / 7-Green (Gr)	Muhammad Waleed Khan	
1st	889 / 6-Green (Gr)	Mian Aimad	
2nd	732 / 6-Blue (Bl)	Mueen-ur-Rehman	
2nd	1042 / 6-Blue (Bl)	Humza Ali Bangash	
2nd	709 / 6-Blue (Bl)	Musadiq Noor	
2nd	1312 / 6-Blue (Bl)	Muddasar Iqbal	
3rd	899 / 6-Green (Gr)	Hisham Khan Mahsud	
3rd	787 / 6-Green (Gr)	Shayan Sameer Fernando	
3rd	771 / 6-Green (Gr)	Babar Nadeem Malik	
3rd	975 / 7-Green (Gr)	Adnan Khan	

LONG JUMP

1st	708 / 7-Green (Gr)	Nasir Khan	4.38 Metres
2nd	713 / 7-Green (Gr)	Muhammad Waleed Khan	4.20 Metres
3rd	1405 / 7-Yellow (Yl)	Kamran Humayun Khan	4.08 Metres

HIGH JUMP

1st	708 / 7-Green (Gr)	Nasir Khan	4 ft 5 inches
2nd	1405 / 7-Yellow (Yl)	Kamran Humayun Khan	4 ft 3 inches
3rd	713 / 7-Green (Gr)	Muhammad Waleed Khan	3 ft 9 inches



Sports Meet - 2006 UNDER 11 (Girls)

100 METRES

1st	184 / 7-Blue (Yl)	Palwasha Khan	16.90 Secs.
2nd	281 / 6-Blue (Yl)	Faryal Afzal	
3rd	488 / 6-Blue (Gr)	Hajra Aslam	

4 X 50 METRES

1st	595 / 6-Blue (Bl)	Mahnoor Shah	37.43 Secs.
1st	363 / 6-Blue (Bl)	Mahnoor Inam	
1st	196 / 7-Blue (Bl)	Omama Saleem	
1st	200 / 6-Blue (Bl)	Romaisa Mahsud	
2nd	401 / 5-Blue (Gr)	Laila Syed	
2nd	340 / 7-Blue (Gr)	Madeeha	
2nd	488 / 6-Blue (Gr)	Hajra Alam	
2nd	509 / 6-Blue (Gr)	Rabia Naeem	
3rd	281 / 6-Blue (Yl)	Faryal Afzal	
3rd	184 / 7-Blue (Yl)	Palwasha Khan	
3rd	407 / 5-Blue (Yl)	Malaika Riaz	
3rd	212 / 6-Blue (Yl)	Javeria Jamal	

SACK RACE

1st	363 / 6-Blue (Bl)	Mahnoor Inam	
2nd	407 / 5-Blue (Yl)	Malaika Riaz	
3rd	577 / 6-Blue (Yl)	Yamna Banuri	

OBSTACLE RACE

1st	212 / 6-Blue (Yl)	Javeria Jamal	
2nd	401 / 5-Blue (Gr)	Laila Syed	
3rd	340 / 7-Blue (Gr)	Madeeha	

LONG JUMP

1st	184 / 7-Blue (Yl)	Palwasha	3.25 Metres
2nd	281 / 6-Blue (Yl)	Faryal Afzal	3.24 Metres
3rd	509 / 6-Blue (Gr)	Rabia Naeem	2.72 Metres



Sports Meet - 2006 UNDER 12 (Boys)

100 METRES

1st	1084 / 8-Blue (Bl)	Amjad Ali Afridi	13.60 Secs.
2nd	1093 / 8-Blue (Bl)	Shafat Hussain	
3rd	779 / 6-Green (Gr)	Rehman Alam	

200 METRES

1st	1084 / 8-Blue (Bl)	Amjad Ali Afridi	29.32 Secs.
2nd	812 / 8-Green (Gr)	Daud Khan	
3rd	1022 / 7-Blue (Bl)	Jawad Akbar	

400 METRES

1st	1022 / 7-Blue (Bl)	Jawad Akbar	1 Min 13.52 Secs.
2nd	812 / 8-Green (Gr)	Daud Khan	
3rd	1029 / 7-Blue (Bl)	Asfandiyar Khalid	

4 x 100 METRES

1st	1084 / 8-Blue (Bl)	Amjad Ali Afridi	1 Min 01 Secs.
1st	1022 / 7-Blue (Bl)	Jawad Akbar	
1st	1093 / 8-Blue (Bl)	Shafat Hussain	
1st	1029 / 7-Blue (Bl)	Asfandiyar Khalid	
2nd	520 / 7-Blue (Bl)	Rohail Abbas	
2nd	1224 / 6-Blue (Bl)	Zain-ul-Abdin	
2nd	1144 / 7-Blue (Bl)	Yasir Imran	
2nd	1281 / 7-Blue (Bl)	Shayan Murtaza	
3rd	812 / 8-Green (Gr)	Daud Khan	
3rd	779 / 6-Green (Gr)	Rahman Alam	
3rd	693 / 7-Green (Gr)	Umar Khan	
3rd	998 / 6-Green (Gr)	Ahsan Naved	

LONG JUMP

1st	812 / 8-Green (Gr)	Daud Khan	4.33 Metres
2nd	1022 / 7-Blue (Bl)	Jawad Akbar	4.10 Metres
3rd	1029 / 7-Blue (Bl)	Asfandiyar Khalid	3.96 Metres

HIGH JUMP

1st	718 / 7-Green (Gr)	Waqas Ahmed	4 ft 2 inches
2nd	618 / 7-Blue (Bl)	Samamah Imtiaz Khan	3 ft 10 inches
2nd	1255 / 7-Yellow (Yl)	Aamir Waseem	3 ft 10 inches

Sports Meet - 2006 UNDER 12 (Girls)

100 METRES

1st	245 / 5-Blue (Gr)	Yusra Anwar	16.65 Secs.
2nd	342 / 7-Blue (Yl)	Nida Ali	
3rd	231 / 8-Blue (Gr)	Sna Abdullah	

200 METRES

1st	245 / 5-Blue (Gr)	Yusra Anwar	36.53 Secs.
2nd	177 / 7-Blue (Gr)	Lubna Hashim	
3rd	169 / 6-Blue (Bl)	Mahnoor Zaman	

4 x 100 METRES

1st	273 / 7-Blue (Gr)	Maria Khan	1 Min 13.73 Secs.
1st	442 / 7-Blue (Gr)	Hira Ahad	
1st	231 / 8-Blue (Gr)	Sana Abdullah	
1st	245 / 5-Blue (Gr)	Yusra Anwar	
2nd	342 / 7-Blue (Yl)	Nida Ali	
2nd	549 / 6-Blue (Yl)	Mashal Rasheed	
2nd	199 / 7-Blue (Yl)	Nayab Zaman	
2nd	296 / 7-Blue (Yl)	Aneesa Zeb	
3rd	169 / 6-Blue (Bl)	Mahnoor Zaman	
3rd	171 / 7-Blue (Bl)	Fatima Shahbaz	
3rd	536 / 6-Blue (Bl)	Mahnoor Hassan	
3rd	560 / 7-Blue (Bl)	Zarafshan Nawaz	

SACK RACE

1st	178 / 6-Blue (Gr)	Taiba Butt
2nd	234 / 6-Blue (Gr)	Maleeha Nisar
3rd	342 / 7-Blue (Yl)	Nida Ali

OBSTACLE RACE

1st	485 / 6-Blue (Yl)	Hira Asfandiyar
2nd	496 / 6-Blue (Bl)	Kashaf Khan
3rd	237 / 7-Blue (Gr)	Maria Khan

LONG JUMP

1st	245 / 5-Blue (Gr)	Yusra Anwar	2.87 Metres
2nd	237 / 7-Blue (Gr)	Maria Khan	2.86 Metres
3rd	199 / 7-Blue (Yl)	Nayab Zaman	2.65 Metres

HIGH JUMP

1st	237 / 7-Blue (Gr)	Maria Khan	3 ft 5 inches
2nd	442 / 7-Blue (Gr)	Hira Ahad	3 ft 3 inches
3rd	549 / 6-Blue (Yl)	Mashal Rasheed	3 ft 2 inches





Sports Meet - 2006 UNDER 13 (Boys)

100 METRES

1st	984 / 8-Green (Gr)	Jamal Khan	13.10 Secs.
2nd	1482 / 8-Yellow (YI)	Usman Fahim	
3rd	1442 / 6-Yellow (YI)	Tameem Jan	

200 METRES

1st	1325 / 7-Yellow (YI)	Irfan Sattar	27.68 Secs.
2nd	707 / 8-Green (Gr)	Yasir Khan	
3rd	1442 / 6-Yellow (YI)	Tameem Jan	

400 METRES

1st	423 / 9-Blue (Bl)	Afnan Farid	1 Min 10.16 Secs.
2nd	1325 / 7-Yellow (YI)	Irfan Sattar	
3rd	667 / 9-Blue (YI)	Munim-ur-Rehman	

4 x 100 METRES

1st	984 / 8-Green (Gr)	Jamal Khan	58.97 Secs.
1st	961 / 7-Green (Gr)	Daud Ahmad	
1st	337 / 8-Green (Gr)	Nauman Afridi	
1st	707 / 7-Green (Gr)	Yasir Khan	
2nd	1194 / 7-Blue (Bl)	Gulsher Mohmand	
2nd	467 / 9-Blue (Bl)	Khawar Abbba Bangash	
2nd	1143 / 8-Blue (Bl)	Faisal Imran	
2nd	423 / 9-Blue (Bl)	Afnan Farid	
3rd	1329 / 8-Yellow (YI)	Muhammad Nauman Afridi	
3rd	667 / 9-Blue (YI)	Munim-ur-Rehman	
3rd	1325 / 7-Yellow (YI)	Irfan Sattar	
3rd	1293 / 8-Yellow (YI)	Muhammad Mansoor Khan	



Sports Meet - 2006 UNDER 13 (Boys)

4 x 400 METRES

1st	707 / 7-Green (Gr)	Yasir Khan	4 Min 50.30 Secs.
1st	337 / 8-Green (Gr)	Nauman Afridi	
1st	961 / 7-Green (Gr)	Daud Ahmad	
1st	984 / 8-Green (Gr)	Jamal Khan	
2nd	1482 / 8-Yellow (YI)	Usman Fahim	
2nd	667 / 9-Blue (YI)	Munim-ur-Rehman	
2nd	1442 / 6-Yellow (YI)	Tameem Jan	
2nd	1325 / 7-Yellow (YI)	Irfan Sattar	
3rd	1194 / 7-Blue (Bl)	Gulsher Mohmand	
3rd	467 / 9-Blue (Bl)	Khawar Abbas Bangash	
3rd	1143 / 8-Blue (Bl)	Faisal Imran	
3rd	423 / 9-Blue (Bl)	Afnan Farid	

LONG JUMP

1st	707 / 7-Green (Gr)	Yasir Imran	4.62 Metres
2nd	423 / 9-Blue (Bl)	Afnan Farid	4.51 Metres
3rd	1143 / 8-Blue (Bl)	Faisal Imran	4.44 Metres

HIGH JUMP

1st	423 / 9-Blue (Bl)	Afnan Farid	4 ft 6 inches
2nd	1325 / 7-Yellow (YI)	Irfan Sattar	4 ft 3 inches
3rd	1442 / 6-Yellow (YI)	Tameem Jan	4 ft 3 inches



Sports Meet - 2006 UNDER 13 (Girls)

100 METRES

1st	140 / 7-Blue (Bl)	Bader Atiq	16.53 Secs.
2nd	198 / 7-Blue (Gr)	Javaria Zaman	
3rd	353 / 9-Blue (Yl)	Iqra Khalid	

200 METRES

1st	140 / 7-Blue (Bl)	Bader Atiq	35.87 Secs.
2nd	198 / 7-Blue (Bl)	Javaria Zaman	
3rd	353 / 9-Blue (Yl)	Iqra Khalid	

4 X 100 METRES

1st	140 / 7-Blue (Bl)	Bader Atiq	1 Min 17.78 Secs.
1st	356 / 7-Blue (Bl)	Mehak Khan	
1st	227 / 7-Blue (Bl)	Areeba Ahmed.	
1st	467 / 7-Blue (Bl)	Naaima Shafiq	
2nd	353 / 9-Blue (Yl)	Iqra Khalid	
2nd	444 / 7-Blue (Yl)	Sidra Firdous	
2nd	443 / 8-Blue (Yl)	Sana Ahad	
2nd	337 / 8-Blue (Yl)	Amna Arif	
3rd	198 / 7-Blue (Gr)	Javaria Zaman	
3rd	429 / 8-Blue (Gr)	Afsheen Syed	
3rd	548 / 8-Blue (Gr)	Gulrukh Rasheed	
3rd	306 / 6-Blue (Gr)	Neelam Nawaz	

SACK RACE

1st	444 / 7-Blue (Yl)	Sidra Firdous
2nd	467 / 7-Blue (Bl)	Naaima Shafiq
3rd	146 / 8-Blue (Yl)	Qurat-ul-Ain

OBSTACLE RACE

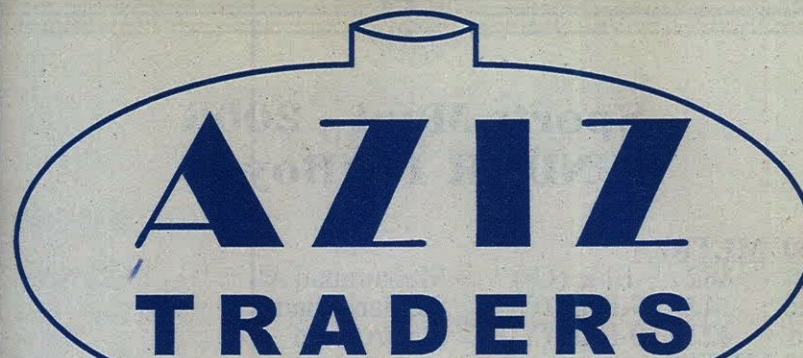
1st	548 / 8-Blue (Gr)	Gulrukh Rasheed
2nd	180 / 8-Blue (Gr)	Tehreem Zohra
3rd	146 / 8-Blue (Yl)	Qurat-ul-Ain

LONG JUMP

1st	143 / 8-Blue (Gr)	Sana Rehman	3.16 Metres
2nd	353 / 9-Blue (Yl)	Iqra Khalid	2.92 Metres
3rd	443 / 8-Blue (Yl)	Sana Ahad	2.77 Metres

HIGH JUMP

1st	140 / 7-Blue (Bl)	Bader Atiq	3 ft 9 inches
2nd	353 / 9-Blue (Yl)	Iqra Khalid	3 ft 7 inches



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Sports Meet - 2006 UNDER 14 (Boys)

100 METRES

1st	882 / 9-Blue (Gr)	Muhammad Ali	13.22 Secs.
2nd	1427 / 9-Blue (Gr)	Salman Khan	
3rd	422 / 10-Blue (Yl)	Salman Farid	

200 METRES

1st	882 / 9-Blue (Gr)	Muhammad Ali	28.22 Secs.
2nd	1137 / 9-Blue (Yl)	Saddam Saleem	
3rd	767 / 7-Green (Gr)	Razdan Khan	

400 METRES

1st	413 / 9-Blue (Yl)	Yasir Khan	1 Min 12.16 Secs.
2nd	1137 / 9-Blue (Yl)	Saddam Saleem	
3rd	1393 / 9-Blue (Bl)	Jalal Khan	

4 x 100 METRES

1st	413 / 9-Blue (Yl)	Yassar Khan	57.73 Secs.
1st	422 / 10-Blue (Yl)	Salman Farid	
1st	1137 / 9-Blue (Yl)	Saddam Saleem	
1st	478 / 9-Blue (Yl)	Yasir Jamal	
2nd	523 / 8-Green (Gr)	Saffaf Habib	
2nd	882 / 9-Blue (Gr)	Muhammad Ali	
2nd	1427 / 9-Blue (Gr)	Salman Khan	
2nd	339 / 9-Blue (Gr)	Shah Rose Khan	
3rd	1207 / 8-Yellow (Yl)	Rab Nawaz	
3rd	968 / 8-Yellow (Yl)	Maaz Amjad	
3rd	1585 / 8-Yellow (Yl)	Muslim Mir	
3rd	1456 / 7-Yellow (Yl)	Faraz Ahmad Khan	

4 x 400 METRES

1st	413 / 9-Blue (Yl)	Yassar Khan	4 Min 56.03 Secs.
1st	422 / 10-Blue (Yl)	Salman Farid	
1st	1137 / 9-Blue (Yl)	Saddam Saleem	
1st	478 / 9-Blue (Yl)	Yasir Jamal	
2nd	523 / 8-Green (Gr)	Saffaf Habib	
2nd	882 / 9-Blue (Gr)	Muhammad Ali	
2nd	1427 / 9-Blue (Gr)	Salman Khan	
2nd	339 / 9-Blue (Gr)	Shah Rose Khan	
3rd	1207 / 8-Yellow (Yl)	Rab Nawaz	
3rd	968 / 8-Yellow (Yl)	Maaz Amjad	
3rd	1585 / 8-Yellow (Yl)	Muslim Mir	
3rd	1456 / 7-Yellow (Yl)	Faraz Ahmad Khan	

Sports Meet - 2006 UNDER 14 (Boys)

LONG JUMP

1st	422 / 10-Blue (Yl)	Salman Farid	4.60 Metres
2nd	1427 / 9-Blue (Gr)	Salman Khan	4.52 Metres
3rd	1067 / 8-Blue (Gr)	Sherjeel Riaz	4.46 Metres

HIGH JUMP

1st	1137 / 9-Blue (Yl)	Saddam Saleem	4 ft 6 inches
2nd	422 / 10-Yellow (Yl)	Salman Farid	4 ft 6 inches
3rd	1427 / 9-Blue (Gr)	Salman Khan	4 ft 6 inches

SHOT PUTT

1st	1067 / 8-Blue (Bl)	Sherjeel Riaz	5.72 Metres
2nd	519 / 8-Green (Gr)	Fahd Khan Bangash	5.65 Metres
3rd	523 / 8-Green (Gr)	Saffaf Habib	5.56 Metres



Sports Meet - 2006 UNDER 14 (Girls)

100 METRES

1st	261 / 8-Blue (Yl)	Syeda Sidra Aftab	16.37 Secs.
2nd	318 / 9-Blue (Gr)	Farah Naz	
3rd	274 / 10-Blue (Yl)	Haleema Noor	

200 METRES

1st	261 / 8-Blue (Yl)	Syeda Sidra Aftab	37.56 Secs.
2nd	318 / 9-Blue (Gr)	Farah Naz	
3rd	117 / 9-Blue (Yl)	Basma Ayub Khan	

4 X 100 METRES

1st	280 / 9-Blue (Bl)	Laila Gul	1 Min 15.91 Secs.
1st	84 / 10-Blue (Bl)	Ghazala Khan	
1st	226 / 8-Blue (Bl)	Mehr-ul-Nisa	
1s	450 / 6-Blue (Bl)	Rabia Shah Nawaz	
2nd	336 / 10-Blue (Yl)	Haleema Noor	
2nd	117 / 9-Blue (Yl)	Basma Ayub	
2nd	445 / 9-Blue (Yl)	Zoona Javead	
2nd	261 / 8-Blue (Yl)	Syeda Sidra Aftab	
3rd	318 / 9-Blue (Gr)	Farah Naz	
3rd	453 / 8-Blue (Gr)	Shukria	
3rd	279 / 10-Blue (Gr)	Sarah Bashir	
3rd	355 / 8-Blue (Gr)	Redha Shaheed	

SHOT PUTT

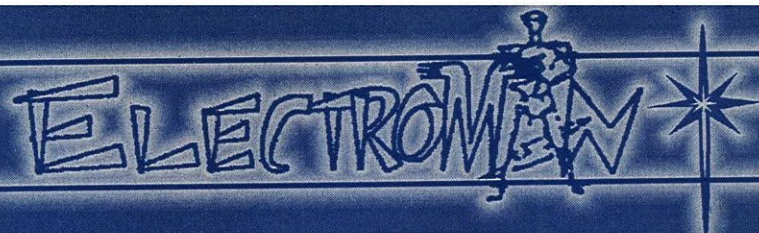
1st	84 / 10-Blue (Bl)	Ghazala Khan	6.26 Metres
2nd	453 / 8-Blue (Gr)	Shukria	5.66 Metres
3rd	117 / 9-Blue (Yl)	Basma Ayub Khan	5.22 Metres

LONG JUMP

1st	84 / 10-Blue (Bl)	Ghazala Khan	3.28 Metres
2nd	280 / 9-Blue (Bl)	Laila Gul	3.19 Metres
3rd	117 / 9-Blue (Yl)	Basma Ayub Khan	2.99 Metres

HIGH JUMP

1st	84 / 10-Blue (Bl)	Ghazala Khan	4 ft 2 inches
2nd	280 / 9-Blue (Bl)	Laila Gul	3 ft 4 inches



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Sports Meet - 2006 UNDER 15 (Boys)

100 METRES

1st	799 / 10-Blue (Gr)	Muhammad Furqan	13.08 Secs.
2nd	1490 / 10-Blue (YI)	Zarak Faheem	
3rd	313 / 10-Blue (YI)	Zaheer Ahmed Qureshi	

200 METRES

1st	799 / 10-Blue (Gr)	Muhammad Furqan	27.04 Secs.
2nd	1490 / 10-Blue (YI)	Zarak Faheem	
3rd	1489 / 8-Yellow (YI)	Jonathan Samson	

400 METRES

1st	335 / 10-Blue (Bl)	Abdul Aziz	1 Min 11.85 Secs.
2nd	1292 / 10-Blue (Gr)	Shafqat Ullah	
3rd	778 / 10-Blue (Bl)	Nifaz Alam	

800 METRES

1st	1292 / 10-Blue (Gr)	Shafqat Ullah	3 Min 41.84 Secs.
2nd	406 / 8-Yellow (YI)	Muhammad Saqib	
3rd	1038 / 10-Blue (Bl)	Abdullah	

4 x 100 METRES

1st	799 / 10 Blue (Gr)	Muhammad Furqan	58.65 Secs.
1st	1055 / 8-Green (Gr)	Shah Faisal	
1st	216 / 9-Blue (Gr)	Muhammad Shiraz Hashim	
1st	1292 / 10-Blue (Gr)	Shafqat Ullah	
2nd	313 / 10-Blue (YI)	Zaheer Ahmed Qureshi	
2nd	1490 / 10-Blue (YI)	Zarak Faheem	
2nd	944 / 10-Blue (YI)	Omer Tawab	
2nd	1489 / 8-Yellow (YI)	Jonathan Samson	
3rd	335 / 10-Blue (Bl)	Abdul Aziz	
3rd	946 / 9-Blue (Bl)	Zarak Khan	
3rd	778 / 10-Blue (Bl)	Nifaz Alam	
3rd	436 / 10-Blue (Bl)	Muhammad Kazim	

Sports Meet - 2006 UNDER 15 (Boys)

4 x 400 METRES

1st	799 / 10-Blue (Gr)	Muhammad Furqan	5 Min 7.43 Secs.
1st	1055 / 8-Green (Gr)	Shah Faisal	
1st	216 / 9-Blue (Gr)	Muhammad Shiraz Hashim	
1st	1292 / 10-Blue (YI)	Shafqat Ullah	
2nd	313 / 10-Blue (YI)	Zaheer Ahmad Qureshi	
2nd	1490 / 10-Blue (YI)	Zarak Faheem	
2nd	944 / 10-Blue (YI)	Omer Tawab	
2nd	1489 / 8-Yellow (YI)	Jonathan Samson	
3rd	758 / 8-Yellow (YI)	Umer Khan Mahsud	
3rd	1327 / 8-Yellow (YI)	Sherooz Khalid	
3rd	460 / 9-10-Blue (YI)	Tanzeel Ahmad	
3rd	406 / 8-Yellow (YI)	Muhammad Sabib	

LONG JUMP

1st	799 / 10-Blue (Gr)	Muhammad Furqan	4.89 Metres
2nd	313 / 10-Blue (YI)	Zaheer Ahmad Qureshi	4.19 Metres
3rd	216 / 9-Blue (Bl)	Muhammad Shiraz Hashim	4.14 Metres
3rd	946 / 9-Blue (Bl)	Zarak Khan	4.14 Metres

HIGH JUMP

1st	1490 / 10-Blue (YI)	Zarak Faheem	4 ft 8 inches
2nd	778 / 10-Blue (Bl)	Nifaz Alam	4 ft 3 inches
2nd	957 / 9-Blue (Gr)	Kamran Khan Bangash	4 ft.

SHOP PUTT

1st	1055 / 8-Green (Gr)	Shah Faisal	6.37 Metres
2nd	778 / 10-Blue (Bl)	Nifaz Alam	6.25 Metres
3rd	946 / 9-Blue (Bl)	Zarak Khan	6.20 Metres
3rd	216 / 9-Blue (Bl)	Muhammad Shiraz Hashim	6.20 Metres



Sports Meet - 2006 UNDER 15 (Girls)

100 METRES

1st	73 / 10-Blue (Gr)	Nida Ali	16.34 Secs.
2nd	393 / 10-Blue (Bl)	Faiza Ishaq	
3rd	96 / 9-Blue (Gr)	Warida Naeem	

200 METRES

1st	73 / 10-Blue (Gr)	Nida Ali	36.13 Secs.
2nd	393 / 10-Blue (Bl)	Faiza Ishaq	
3rd	96 / 9-Blue (Gr)	Warida Naeem	

4 X 100 METRES

1st	73 / 10-Blue (Gr)	Nida Ali	1 Min 14.28 Secs.
1st	96 / 9-Blue (Gr)	Warida Naeem	
1st	492 / 10-Blue (Gr)	Sana Tahir	
1st	262 / 9-Blue (Gr)	Sumbal Nabi	
2nd	393 / 10-Blue (Bl)	Faiza Ishaq	
2nd	55 / 10-Blue (Bl)	Afsheen	
2nd	344 / 8-Blue (Bl)	Noor-ul-Ain	
2nd	64 / 9-Blue (Bl)	Zamara Sohail	

SHOT PUTT

1st	336 / 10-Blue (Yl)	Ammara Humayun	5.44 Metres
2nd	500 / 10-Blue (Yl)	Amina Sharmeen	4.60 Metres
3rd	346 / 10-Blue (Bl)	Mahrukh Asghar Keen	4.30 Metres

LONG JUMP

1st	393 / 10-Blue (Bl)	Faiza Ishaq	3.22 Metres
2nd	449 / 8-Blue (Bl)	Nabila Shah Nawaz	3.10 Metres
3rd	96 / 9-Blue (Gr)	Warida Naeem	3.06 Metres



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Sports Meet - 2006 UNDER 16 (Boys)

100 METRES

1st	1025 / 10-Blue (Gr)	Muhammad Noman	13.82 Secs.
2nd	945 / 10-Blue (Bl)	Farhan Zeb	
3rd	547 / 10-Blue (Yl)	Junaid Akhtar	

200 METRES

1st	687 / 10-Blue (Gr)	Muhammad Faisal	27.78 Secs.
2nd	1134 / 10-Blue (Yl)	Muhammad Ibrahim	
3rd	547 / 10-Blue (Yl)	Junaid Akhtar	

400 METRES

1st	687 / 10-Blue (Gr)	Muhammad Faisal	1Min 10.82 Secs.
2nd	217 / 10-Blue (Bl)	Haseeb Khan Shinwari	
3rd	1134 / 10-Blue (Yl)	Muhammad Ibrahim	

800 METRES

1st	217 / 10-Blue (Bl)	Haseeb Khan Shinwari	3 Min 3.65 Secs.
2nd	1025 / 10-Blue (Gr)	Muhammad Noman	

LONG JUMP

1st	1025 / 10-Blue (Gr)	Muhammad Noman	5.09 Metres
2nd	1134 / 10-Blue (Yl)	Muhammad Ibrahim	4.99 Metres
3rd	547 / 10-Blue (Yl)	Junaid Akhtar	4.75 Metres

HIGH JUMP

1st	945 / 10-Blue (Bl)	Farhan Zeb	4 ft 6 inches
2nd	217 / 10-Blue (Bl)	Haseeb Khan Shinwari	4 ft 5 inches
3rd	488 / 10-Blue (Gr)	Kamran Gul	3 ft 8 inches

SHOT PUTT

1st	687 / 10-Blue (Gr)	Muhammad Faisal	7.86 Metres
2nd	145 / 9-Blue (Bl)	Ateeq-ur-Rehman Shinwar	6.60 Metres
3rd	488 / 10-Blue (Gr)	Kamran Gul	6.34 Metres



Sports Meet - 2006 UNDER 16 (Girls)

SHOT PUTT

1st	448 / 9-Blue (Bl)	Tehmina Shah Nawaz	5.78 Metres
2nd	375 / 10-Blue (Gr)	Hijab Habib	5.28 Metres

LONG JUMP

1st	454 / 10-Blue (Bl)	Nayab Iqbal	2.65 Metres
2nd	448 / 9-Blue (Bl)	Tehmina Shah Nawaz	2.14 Metres



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ATHLETICS SPORTS MEET 2006

ORDER AND TIME OF EVENTS

TUESDAY, 19th DECEMBER, 2006

S/No.	Time	Events
1)	10:00a.m.	Arrival of the Chief Guest
2)	10:05a.m.	Opening Ceremony
3)	10:10a.m.	Address of the Principal
4)	10:15a.m.	Open Competition 4 x 200 Metres Relay (Boys)
5)	10:20a.m.	Open Competition 4 x 100 Metres Relay (Girls)
6)	10:25a.m.	Open Competition 4 x 100 Metres Relay (Boys)
7)	10:30a.m.	Open Competition 200 Metres (Girls)
8)	10:35a.m.	Karate Demonstration (School Karate Team)
9)	10:55 a.m.	Drill Display
10)	11:05 a.m.	Gymnastics (School Gymnastic Team)

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TOWARDS THE SUCCESS OF THIS MEET.**

S/No.	Time	Events
11)	11:20 a.m.	<u>Rabbit Race</u> i) Under 4 & 5 (Boys) ii) Under 4 & 5 (Girls)
12)	11:25 a.m.	<u>Cycle Race</u> ii) Under 4 & 5 (Boys) ii) Under 4 & 5 (Boys)
13)	11:30 a.m.	<u>Parents' Race</u> i) Ladies - Making Chapati. ii) Gents - Cycle Race
14)	11:35 a.m.	March Past
15)	11:45 a.m.	Address of the Chief Guest.
16)	11:50 a.m.	Distribution of Trophies.
17)	12:15 p.m.	National Anthem.

THE ATHLETE'S PROMISE

We promise to take part in this Annual Athletic Sports Meet in loyal competition respecting the rules and regulation that govern them.

We promise to keep a stout heart in defeat, to keep our pride under, in victory, to keep a sound soul, a clean mind, a healthy body and play the game in true spirit of sportsmanship



ORDER AND TIME OF EVENTS

TUESDAY, 19th DECEMBER, 2006

Events

Arrival of the Chief Guest

Opening Ceremony

Address of the Principal

Open Competition 4 x 200 Metres Relay (Boys)

Open Competition 4 x 100 Metres Relay (Girls)

Open Competition 4 x 100 Metres Relay (Boys)

Open Competition 200 Metres (Girls)

Karate Demonstration (School Karate Team)

Drill Display

Gymnastics (School Gymnastic Team)

THE PRINCIPAL AND STAFF

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ATHLETICS SPORTS MEET 2006



S/No. Time Events

11) 11:20 a.m. Rabbit Race

i) Under 4 & 5 (Boys)

ii) Under 4 & 5 (Girls)

12) 11:25 a.m. Cycle Race

ii) Under 4 & 5 (Boys)

ii) Under 4 & 5 (Boys)

13) 11:30 a.m. Parents' Race

i) Ladies - Making Chapati.

ii) Gents - Cycle Race

14) 11:35 a.m. March Past

15) 11:45 a.m. Address of the Chief Guest.

16) 11:50 a.m. Distribution of Trophies.

17) 12:15 p.m. National Anthem.

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11th ANNUAL INTER-HOUSE



ATHLETICS SPORTS MEET 2006

EVENT OF THE FINAL DAY

Open Competition 4 x 200 Metres (Boys)

Lane 1.	Yellow House:
Fourth Team	
1329 / Cl. 8	Muhammad Nauman Afridi
1137 / Cl. 9	Saddam Saleem
667 / Cl. 9	Munim-ur-Rehman
1482 / Cl. 8	Usman Fahim
Lane 2.	Blue House
First Team	
1143 / Cl. 8	Faisal Imran
1193 / Cl. 9	Jalal Khan
946 / Cl. 9	Zarak Khan
1067 / Cl. 8	Sherjeel Riaz
Lane 3.	Green House
Second Team	
1025 / Cl. 10	Muhammad Noman
681 / Cl. 10	Muhammad Faisal
1441 / Cl. 10	Naveed Zazai
799 / Cl. 10	Muhammad Furqan
Lane 4.	Yellow House
Third Team	
1134 / Cl. 10	Muhammad Ibrahim
967 / Cl. 10	Sadd Amjad
1490 / Cl. 10	Zarak Faheem
422 / Cl. 10	Salman Farid

Open Competition 4 x 100 Metres (Boys)

Lane 1.	Yellow House:
Fourth Team	
758 / Cl. 8	Umer Khan
1293 / Cl. 8	Muhammad Mansoor
1327 / Cl. 8	Sherooz Khalid
968 / Cl. 8	Maaz Amjad
Lane 2.	Green House
Second Team	
882 / Cl. 9	Muhammad Ali
216 / Cl. 9	Shiraz Hashim
707 / Cl. 7	Yasir Khan
984 / Cl. 8	Jamal Khan
Lane 3.	Blue House
First Team	
335 / Cl. 10	Abdul Aziz
217 / Cl. 10	Haseeb Shinwari
423 / Cl. 10	Afnan Farid
945 / Cl. 10	Farhan Zeb
Lane 4.	Yellow House
Third Team	
478 / Cl. 9	Yasir Jamal
313 / Cl. 10	Zaheer Ahmad Qureshi
1325 / Cl. 7	Irfan Sattar
413 / Cl. 9	Yasir Khan

EVENT OF THE FINAL DAY

Open Competition 4 x 100 Metres (Girls)

Lane 1.	Yellow House:
Fourth Team	
281 / Cl. 6	Faryal Afzal
342 / Cl. 7	Nida Ali
444 / Cl. 7	Sidra Firdous
549 / Cl. 6	Mashal Rashid
Lane 2.	Blue House
First Team	
280 / Cl. 9	Laila Gul
200 / Cl. 10	Romaisa Mehsud
595 / Cl. 6	Mahnoor Shah
84 / Cl. 10	Ghazala Khan
Lane 3.	Green House
Second Team	
375 / Cl. 10	Hijab Habib
96 / Cl. 9	Warida Naeem
317 / Cl. 9	Farah Naz
73 / Cl. 7	Nida Ali

Lane 4.	Yellow
Third Team	
117 / Cl. 9	Basma Ayub
336 / Cl. 10	Haleema Noor
261 / Cl. 8	Sidra Aftab
353 / Cl. 9	Iqra Khalid

Open Competition 200 Metres (Girls)

	Blue House:
First Team	
140 / Cl. 7	Bader Atiq
214 / Cl. 6	Hamana Tahir
	Green House
Second Team	
509 / Cl. 6	Rabia Naeem
	Yellow House
Third Team	
184 / Cl. 7	Palwasha Khan
199 / Cl. 7	Nayab Durrani



Events of the Final Day CYCLE RACE

Academic Year 2006-2007

Under 4 (Girls)

558 / Pre-Prep / Blue
552 / Pre-Prep / Blue
559 / Pre-Prep / Green
570 / Pre-Prep / Green
574 / Pre-Prep / Yellow

Mahnoor Zafar
Naiba-tu-Zahra
Zainab Ajmal
Momina Faryal Javed
Helmand Imran

Under 5 (Girls)

531 / Prep Blue
473 / Prep Green
521 / Prep Green
501 / Prep Yellow
497 / Prep Blue

Kashmala Khan
Aleena Khalid
Sofia Khan
Maheen Mustafa
Warood Gohar Durrani

CYCLE RACE

Under 4 (Boys)

1507 / Pre-Prep Blue
1498 / Pre-Prep Green
1593 / Pre-Prep Green
1473 / Prep Yellow
1495 / Pre-Prep Yellow

Aimal Jan Khan
Ehsan Gohar
Muftaba Kamal
Hisham Kamal
Imad-ud-Din Khan

Under 5 (Boys)

1525 / Pre-Prep Yellow
1496 / Pre-Prep Yellow
1494 / Prep Blue
1371 / Prep Yellow
1444 / Prep Yellow

Tahseen Alam
Muhammad Aalian
Muhammad Qamar Shahid
Schazel Naem
Ahsan Kamal Khan

RABBIT RACE

511 / Prep Yellow
520 / Prep Yellow
472 / Prep Green
550 / Pre-Prep Green
591 / Pre-Prep Yellow
1385 / Prep Blue
1365 / Prep Blue
1369 / Prep Blue

Syeda Manahil
Ayesha Jamal Khan
Nicheal Shamoun
Naila Subhan
Fatima Ali
Shamwel Khan
Farukh Atiq
Abdur Rehman Khan

SHOTOKAN KARATE INTERNATIONAL

Shotokan Karate Classes were started at St. Francis' High School on 8th January, 2004 under the supervision of Mr. Ghulam Muhammad, Black Belt I Don, National Shotokarn Karate Champion for the year 1997.

Karate is a form of martial arts which aims at inculcating the spirit of discipline, keeping physically fit, and building up confidence, besides teaching the art of self defense.

DEMONSTRATIONS:

1. "Assembly"
 - i) Punches
 - ii) Kicks
 - iii) Blockings
2. "Fight"
 - i) Mehreen Durrani Vs Tanees Asim
3. "Group Khata"
 - i) Syeda Afsheen Sardar
 - ii) Ayesha Durrani
 - iii) Syeda Mehak Sardar
4. "Blind Fight"
 - i) Shayan Sameer Fernando
 - ii) Farukh Aman

Referee: Muhammad Talha

5. "Breaking"
 - i) Sumbal Aman
 - ii) Mahnoor Asim
 - iii) Shayan Sameer Fernando
 - iv) Osama Riaz
 - v) Syeda Mehak Sardar
 - vi) Syeda Afsheen Sardar
 - vii) Muhammad Talha
6. "Group Khata and Bunkai"

(JUNIOR CHAMPION)

 - i) Muhammad Kashif
 - ii) Mr. Baaz Muhammad



CLASS OFFICIALS 2006 - 2007

Pre Prep Blue

Usman Ali Shah	1527	Class Leader
Mahnoor Zafar	558	Deputy Class Leader
Naiba-tu-Zohra	552	House Chief
Muhammad Asif Khan	1501	Deputy House Chief
Maria Khan	547	Academic Officer
Aimal Jan Khan	1507	Deputy Academic Officer

Pre Prep Green

Ehsan Gohar	1498	Class Leader
Naila Subhan	550	Deputy Class Leader
Zainab Ajmal	559	House Chief
Zovia Kiran	540	Deputy House Chief
Muhammad Yousaf	1504	Academic Officer
Zakariya	1565	Deputy Academic Officer

Pre Prep Yellow

Tehseen	1552	Class Leader
Imad-ud-Din	1495	Deputy Class Leader
Saboor	1569	House Chief
Muhammad Haris	1539	Deputy House Chief
Aalian	1496	Academic Officer
Ikrash	1546	Deputy Academic

Prep Blue

Abdur Rehman	1369	Class Leader
Abdullah Mohmand	1384	Deputy Class Leader
Umer Ahmed Khan	1355	House Chief
Pir Sadaqat Shah	1370	Deputy House Chief
Moiz Ahmed	1373	Academic Officer
Syed Muhammad Shah	1372	Deputy Academic

CLASS OFFICIALS 2006 - 2007

Girls

Faiqa Durrani	476	House Chief
Syeda Laiba Ashraf	477	Deputy House Chief

Prep Green

Usman Shafiq	1374	Class Leader
Mishma Riaz	470	Deputy Class Leader
Satayish	480	House Chief
Nashmia Nawaz	469	Deputy House Chief
Nicheal Shamoun	472	Academic Officer
Aleena Khalid	473	Deputy Academic Officer

Prep Yellow

Faria Shah	507	Class Leader
Saadat Khan	1500	Deputy Class Leader
Ibrahim Khan	1457	House Chief
Fatima Adil	513	Deputy House Chief
Hadia Wasim	532	Academic Officer
Maheen Mustafa	501	Deputy Academic Officer



CLASS OFFICIALS 2006 - 2007

1 - Blue

Naqqi Abbas Bangash	1129	Class Leader
Moiz Latif	1363	Deputy Class Leader
Ali Ghufuran	1234	House Chief
Hashir Saleem	1357	Deputy House Chief
Wahaj Anwar	1232	Academic Officer
Muhammad Salman Khan	1238	Deputy Academic Officer
Hamza Shahid	1375	Treasurer
Musa Nasir	1364	Deputy Treasurer
Afrasayab Khalid	1250	Interior Decorator
Muhammad Suleman	1502	Deputy Interior Decorator

1 - Green

Sadd Hassan	1275	Class Leader
Essa Khan	1235	Deputy Class Leader
Inam Ullah Jan	1245	House Chief
Ali Khan Afridi	1244	Deputy House Chief
Muhammad Aimal	1240	Academic Officer
Joshua Gill	1290	Deputy Academic Officer
Fakhar Aman	1243	Treasurer
Ibrahim Yousha	1376	Deputy Treasurer
Danyal Malik	1251	Interior Decorator
Syed Mueed Ullah	1246	Deputy Interior Decorator

1 - Yellow

Ahmad Hussain	1426	Class Leader
Bilal Arif Syed	1520	Deputy Class Leader
Shehriyar	1274	House Chief
Ahmar Abbas	1323	Deputy House Chief
Naaman	1359	Academic Officer
Danish Sattar	1523	Deputy Academic Officer
Afaq Ahmad	1390	Treasurer
Faheem Iqbal	1315	Deputy Treasurer
Syed Sikandar	1521	Interior Decorator
Bathur	1326	Deputy Interior Decorator

CLASS OFFICIALS 2006 - 2007

2 - Blue

Muhammad Usman	1304	Class Leader
Umar Shafiq	1119	Deputy Class Leader
Saif Ullah	1407	House Chief
Farhan Khan	1283	Deputy House Chief
Hamza Hassan	1116	Academic Officer
Joel John	1115	Deputy Academic Officer
Ahmer Anwar Khan	1181	Treasurer
Hammad Noor	1429	Deputy Treasurer
Ausaf Haider	1239	Interior Decorator
Qazi Safwan	1528	Deputy Interior Decorator

2 - Green

Haywad Mal	1271	Class Leader
Musa Manawar	1121	Deputy Class Leader
Syed Zarak Ali	1233	House Chief
Syed Zain Muaziz	1228	Deputy House Chief
Adam	1295	Academic Officer
Bilal Tariq Afridi	1142	Deputy Academic Officer
Waqar Ahmed	1280	Treasurer
Shah Fahad	1344	Deputy Treasurer
Syed Afaq Ali Shah	1237	Interior Decorator
Zarak Jan Khan	1164	Deputy Interior Decorator

2 - Yellow

Saad Qayyam	1499	Class Leader
Tabish Sattar	1522	Deputy Class Leader
Shaheryar Khan	1566	House Chief
Izhar-ud-Din	1555	Deputy House Chief
Muneeb	1547	Academic Officer
Muhammad Ghayoor Ejaz Khan	1553	Deputy Academic Officer
Muhammad Junaid	1548	Treasurer
		Deputy Treasurer
Behzad Akhtar	1542	Interior Decorator
Muhammad Ahmad	1538	Deputy Interior Decorator



CLASS OFFICIALS 2006 - 2007

3 - Blue

Ameer Hamza	1589	Class Leader
Haider Ali Shah	1009	Deputy Class Leader
Muneeb-ur-Rehman	1012	House Chief
Faisan Safqat	1040	Deputy House Chief
Salman Zakir	1018	Academic Officer
Sohail Khan Afridi	1267	Deputy Academic Officer
Syed Shayan Naisr	1586	Treasurer
Abid Khattak	1013	Deputy Treasurer
Hamid Khan Afridi	1287	Interior Decorator
Tameem Wali	1305	Deputy Interior Decorator

3-Green

Bilal Ahmed	1034	Class Leader
Mujammad Huzaifa	1227	Deputy Class Leader
Muhmmad Adnan	1133	House Chief
Muhammad Osama Sarwar	1113	Deputy House Chief
Basit Malik	1125	Academic Officer
Owais Imran	1146	Deputy Academic Officer
Muhammad Talha	1071	Treasurer
Ashar John	1114	Deputy Treasurer
Hammad Afridi	1086	Interior Decorator
Zubair-ur-Rehman	896	Deputy Interior Decorator

3 - Yellow

Danyal Jehangir Khan	1422	Class Leader
Muhammad Abdullah	1524	Deputy Class Leader
Farhan Khan	1536	House Chief
Sheikh Habib	1463	Deputy House Chief
Zarak Khan	1556	Academic Officer
Hamza Gul	1418	Deputy Academic Officer
Syed Mujtaba Abbas Zaidi	1450	Treasurer
Hamza Khan	1499	Deputy Treasurer
Tayyab Ali	1545	Interior Decorator
Adnan Khan	1516	Deputy Interior Decorator

CLASS OFFICIALS 2006 - 2007

4 - Blue

Danial Ahmad Murtaza	918	Class Leader
Muhammad Shifa Khan	919	Deputy Class Leader
Zaid Ahmed	1286	House Chief
Jan Sher	1256	Deputy House Chief
Reshail Naeem	920	Academic Officer
Muhammad Sajjad	1187	Deputy Academic Officer
Asad Rehman	911	Treasurer
Waqar Khan	1192	Deputy Treasurer
Hebron Iqbal Bhatti	907	Interior Decorator
Abdul Ahad	1440	Deputy Interior Decorator

4 - Green

Abdul Wahid	1058	Class Leader
Abu Bakar	981	Deputy Class Leader
Kashif Siraj	1200	House Chief
Ubaid-ur-Rehman	1469	Deputy House Chief
Muhammad Rashid	1159	Academic Officer
Hassan Javed	1072	Deputy Academic Officer
Muhammad Shahkar	1476	Treasurer
Hasnain Habib	1491	Deputy Treasurer
Saad Qayyum	1016	Interior Decorator
Muhammad Ismail	1017	Deputy Interior Decorator

4 - Yellow

Saud Shah Roghani	1526	Class Leader
Zarak Jamal	1595	Deputy Class Leader
Humza Sajjad	1544	House Chief
Haider Asif	1575	Deputy House Chief
Muhammad Hashim	1533	Academic Officer
Muhammad Zareen	1588	Deputy Academic Officer
Hassan Khan	1509	Treasurer
Muhammad Saad Azam	1596	Deputy Treasurer
Ihtesham Ullah Khan	1561	Interior Decorator
Muhammad Ismail	1563	Deputy Interior Decorator





CLASS OFFICIALS 2006 - 2007

5 - Blue

Sher Shah	796	Class Leader
Muhammad Tufail	1265	Deputy Class Leader
Umer Khan	720	House Chief
Shah Rukh	793	Deputy House Chief
Faizan Khan	813	Academic Officer
Muhammad Shaoor Khan	810	Deputy Academic Officer
Hafeez Ullah Afridi	1020	Treasurer
Hassan Hidayat	842	Deputy Treasurer
Agha Ali	819	Interior Decorator
Julian Jalal-ud-Din Minto	800	Deputy Interior Decorator

5 - Green

Syed Ahmad Jamal	999	Class Leader
Zaiyam Khan	1175	Deputy Class Leader
Muhammad Farhan	1330	House Chief
Obaid Afridi	887	Deputy House Chief
Jamal Nasir	1177	Academic Officer
Baheer Ahmed	985	Deputy Academic Officer
Asher Akbar Keen	883	Treasurer
Sami Ullah	825	Deputy Treasurer
Muhammad Ibrahim	1253	Interior Decorator
Hamza Daud	989	Deputy Interior Decoator

5 - Yellow

Abdullah	1433	Class Leader
Muhammad Aamal	1420	Deputy Class Leader
Muhammad Amir Khan	1461	House Chief
Muhammad Arsalan Khan	1532	Deputy House Chief
Fayzan Khan	1428	Academic Officer
Syed Saad Muaziz	1529	Deputy Academic Officer
Rizwan Naeem	1453	Treasurer
Mirwais Khan	1432	Deputy Treasurer
Muhammad Azaz Khan	1472	Interior Decorator
Owais Faisal	1540	Deputy Interior Decorator



CLASS OFFICIALS 2006 - 2007

6 - Blue

Mueen-ur-Rehman	732	Class Leader
Hamza Rehman	596	Deputy Class Leader
Hamza Ali	1042	House Chief
Mudasser Iqbal	1312	Deputy House Chief
Ghassan Zahir	939	Academic Officer
Asfandiyar Iqbal	694	Deputy Academic Officer
Abdul Haseeb	1383	Treasurer
Junaid Ahmed	1216	Deputy Treasurer
Abdul Salam	701	Interior Decorator
Muhammad Saqib	792	Deputy Interior Decorator

6 - Green

Shayan Sameer Fernando	787	Class Leader
Umer Khan	835	Deputy Class Leader
Hisham Khan	899	House Chief
Mash-hood Ahmad	844	Deputy House Chief
Sarosh Ahmed	788	Academic Officer
Haroon Khan	758	Deputy Academic Officer
Asad Khan	803	Treasurer
Omair Ali	859	Deputy Treasurer
Wamidh Tahir	878	Interior Decorator
Musa Zahoor	1205	Deputy Interior Decorator

6 - Yellow

Faisal Javaid	1398	Class Leader
Muhammad Younas	1508	Deputy Class Leader
Tameen John	1442	House Chief
Sadiq Nawaz	1208	Deputy House Chief
Zarak Khan	1477	Academic Officer
Muhammad Osama	1517	Deputy Academic Officer
Abdul Samad	1439	Treasurer
Sher Shah	1525	Deputy Treasurer
Syed Murtaza	1449	Interior Decorator
Dawood Rasheed	1406	Deputy Interior Decorator



CLASS OFFICIALS 2006 - 2007

7 - Blue

Zia-ur-Rehman	950	Class Leader
Junaid Afridi	648	Deputy Class Leader
Abdul Samad	1166	House Chief
Jawad Akbar	1022	Deputy House Chief
Raheel Ahmed	619	Academic Officer
Asfandyar Khalid	1029	Deputy Academic Officer
Sadd Rehman	1139	Treasurer
Samamah Imtiaz Khan	618	Deputy Treasurer
Danyal Imtiaz	622	Interior Decorator
Rohail Khan	520	Deputy Interior Decorator

7 - Green

Yasir Khan	707	Class Leader
Shaheer Ahmed	987	Deputy Class Leader
Razdan Khan	761	House Chief
Afraz Khan	914	Deputy House Chief
Jebran Khan	769	Academic Officer
Daud Ahmad	961	Deputy Academic Officer
Aizaz Sharif	1488	Treasurer
Muhammad Waleed	713	Deputy Treasurer
Hassam Akbar Keen	745	Interior Decorator
Saad Ullah	697	Deputy Interior Decorator

7 - Yellow

Ahsan Sajjad	1336	Class Leader
Shoukat Zaman	1425	Deputy Class Leader
Ali Raza	1041	House Chief
Mubbashir Iqbal	1311	Deputy House Chief
Irfan Sattar	1325	Academic Officer
Ehtesham	1478	Deputy Academic Officer
Muhammad Jawad	1185	Treasurer
Shiraz Naseem	1189	Deputy Treasurer
Haris Ghani	1201	Interior Decorator
Mansoor Ahmad	1455	Deputy Interior Decorator

CLASS OFFICIALS 2006 - 2007

8 - Blue

Shayan Zakir	978	Class Leader
Zubair Khan	521	Deputy Class Leader
Sherjeel Riaz	1067	House Chief
Mohsin Amin	630	Deputy House Chief
Shoaib Ahmad	679	Academic Officer
Haroon Khan	644	Deputy Academic Officer
Mubashir Iltaf	643	Treasurer
Osama Bin Zeb	1102	Deputy Treasurer
Syed Ibrar	613	Interior Decorator
Usama Tariq	782	Deputy Interior Decorator

8 - Green

Saffaf Habib	523	Class Leader
Ehtesham Qayyum	909	Deputy Class Leader
Muhammad Jamal Khan	984	House Chief
Arif Ali	808	Deputy House Chief
Usama Riaz	476	Academic Officer
Shahzaib-ul-Mulk	435	Deputy Academic Officer
Adnan Syed	604	Treasurer
Shah Faisal	1055	Deputy Treasurer
Ahsan Abbas	438	Interior Decorator
Joel Gill	549	Deputy Interior Decorator

8 - Yellow

Muhammad Mansoor	1293	Class Leader
Umar Khan	758	Deputy Class Leader
Yaseen Afridi	1319	House Chief
Rab Nawaz	1207	Deputy House Chief
Syed Shameer Raza	1310	House Chief
Usman Fahim	1482	Deputy House Chief
Musa Khan	1480	Academic Officer
Johnathan Samson	1489	Deputy Academic Officer
Sheroz Khalid	1327	Treasurer
Maaz Amjad	968	Deputy Treasurer



CLASS OFFICIALS 2006 - 2007

9 - Blue

Yasir Jamal	413	Class Leader
Syed Anas	1285	Deputy Class Leader
Adnan Afridi	973	House Chief BLUE
Zarak Khan	946	Deputy House Chief
Adeel Afridi	463	House Chief GREEN
Muhammad Ali	882	Deputy House Chief
Yasir Khan	413	House Chief YELLOW
Saddam Saleem	1137	Deputy House Chief
Fawad Ahmed	1215	Academic Officer
Jalal Khan	1393	Deputy Academic Officer
Salman Khan	1427	Treasurer
Syed Musa Alam	1171	Deputy Treasurer
Shiraz Hashim Khan	216	Interior Decorator
Munim-ur-Rehman	667	Deputy Interior Decorator

10 - Blue

Omer Tawab	944	Class Leader
Karmran Gul	488	Deputy Class Leader
Nifaz Alam	778	House Chief BLUE
Farhan Zeb	945	Deputy House Chief
Shafqat Ullah	1292	House Chief GREEN
Muhammad Furqan	799	Deputy House Chief
Salman Farid	422	House Chief YELLOW
Muhammad Ibrahim	1134	Deputy House Chief
Muhammad Kazim	436	Academic Officer
Zeeshan Ahmed	372	Deputy Academic Officer
Zuraiz Khan	277	Treasurer
Zaheer Ahmed	313	Deputy Treasurer
Abdul Aziz	335	Interior Decorator
Haseeb Shinwari	1153	Deputy Interior Decorator

CLASS OFFICIALS 2006 - 2007

1 - Blue Girls

Manahil Khan	491	Class Leader
Laila	494	Deputy Class Leader
Lailuma Jamal	515	House Chief BLUE
Fareeha Asghar	460	Deputy House Chief
Maimoona Zeb	527	House Chief GREEN
Sana Irfan	546	Deputy House Chief
Radina Niaz	416	House Chief YELLOW
Juweiria Zakir	452	Deputy House Chief
Aiman Murtaza	428	Academic Officer
Sana Irfan	546	Deputy Academic Officer
Aqsa Daud	420	Treasurer
Sapna Akbar	431	Deputy Treasurer
Aeman Batool Ali	418	Interior Decorator
Fasiha Zahra	414	Deputy Interior Decorator

2 - Blue Girls

Gulalai	435	Class Leader
Hoor Sharif	377	Deputy Class Leader
Tanees Asim	406	House Chief BLUE
Maheen	498	Deputy House Chief
Mehreen Durrani	378	House Chief GREEN
Sara Khan	398	Deputy House Chief
Fatima Khan	372	House Chief YELLOW
Izza Ikram	512	Deputy House Chief
Mahnoor Javaid	441	Academic Officer
Mahnoor	387	Deputy Academic Officer
Mariya Khatoon	403	Treasurer
Minahil Qazi	381	Deputy Treasurer
Zalea Shah	368	Interior Decorator
Aimen Qaiser	427	Deputy Interior Decorator



CLASS OFFICIALS 2006 - 2007

3 - Blue Girls

Laiba Mehsud	352	Class Leader
Khutija Awan	373	Deputy Class Leader
Arisha Iqbal	543	House Chief BLUE
Amber Rehan	332	Deputy House Chief
Aleeha Azhar	328	House Chief GREEN
Konpal Iqbal	466	Deputy House Chief
Aiman Barkat	343	House Chief YELLOW
Aleena Imtiaz	394	Deputy House Chief
Faiza Gul	360	Academic Officer
Mahnoor Khan	436	Deputy Academic Officer
Komal Naeem	365	Treasurer
Tajala	390	Deputy Treasurer
Fatima Rafiq	503	Interior Decorator
Nayab Khan	490	Deputy Interior Decorator

4 - Blue Girls

Hina Gul	359	Class Leader
Faryal Taiq	382	Deputy Class Leader
Movarah Imtiaz	270	House Chief BLUE
Mahnoor Asghar Keen	347	Deputy House Chief
Mahnoor Riaz	423	House Chief GREEN
Iqra Haseeb	351	Deputy House Chief
Nimra Sattar	545	House Chief YELLOW
Laleen	317	Deputy House Chief
Zarghona Riaz	422	Academic Officer
Sana Saleem	313	Deputy Academic Officer
Gulrukh Imtiaz	354	Treasurer
Mahnoor Asim	405	Deputy Treasurer
Spogmay	408	Interior Decorator
Tuba Zafar	287	Deputy Interior Decorator

CLASS OFFICIALS 2006 - 2007

5 - Blue Girls

Humma Yousaf	298	Class Leader
Yusra Anwar	245	Deputy Class Leader
Malaika Nawaz	235	House Chief BLUE
Laila Syed	401	Deputy House Chief
Hijab Gul	522	House Chief GREEN
Afraah Sajjad	561	Deputy House Chief
Ayesha Durrani	308	House Chief YELLOW
Aimen Zaman	246	Deputy House Chief
Weyam Tahir Zundra	248	Academic Officer
Farwa Ali	395	Deputy Academic Officer
Mahrukh	348	Treasurer
Jassanka Iqbal Batti	273	Deputy Treasurer
Malaika	407	Interior Decorator
Kushbakht Qayyum	233	Deputy Interior Decorator

6 - Blue Girls

Braikhna Niaz	309	Class Leader
Romaisa Mahsud	200	Deputy Class Leader
Umaina Imtiaz	263	House Chief BLUE
Hamana Tahir	214	Deputy House Chief
Taiyba Butt	178	House Chief GREEN
Bakhtmina	410	Deputy House Chief
Faryal Afzal	201	House Chief YELLOW
Hira Asfandiyar	485	Deputy House Chief
Javaria Jamal	212	Academic Officer
Neelam Nawaz	306	Deputy Academic Officer
Mahnoor Habib	376	Treasurer
Syeda Shireen Haider	528	Deputy Treasurer
Farayal Ahmad Chaudhry	201	Interior Decorator
Shah Laila	374	Deputy Interior Decorator



CLASS OFFICIALS 2006 - 2007

7 - Blue Girls

Aiman Zakir	304	Class Leader
Mehak Sardar	145	Deputy Class Leader
Bader Atiq	140	House Chief BLUE
Omama Saleem	196	Deputy House Chief
Jaweria Khan	198	House Chief GREEN
Nida Ali	342	Deputy House Chief
Palwasha Khan	184	House Chief YELLOW
Zarafshan Nawaz	560	Deputy House Chief
Roma Anwar	504	Academic Officer
Fatima Shahbaz	171	Deputy Academic Officer
Lubna Hashim	177	Treasurer
Hira Ahad	442	Deputy Treasurer
Maria Khan	237	Interior Decorator
Aneesa Zeb	296	Deputy Interior Decorator

8 - Girls

Saira Awan	315	Class Leader
Nabeela Khan	220	Deputy Class Leader
Nabeela Shah Nawaz	449	House Chief BLUE
Noor-ul-Ain	344	Deputy House Chief
Sana Rehman	143	House Chief GREEN
Tehreem Zohra	180	Deputy House Chief
Syeda Sidra	261	House Chief YELLOW
Qurat-ul-Ain	146	Deputy House Chief
Amna Arif	337	Academic Officer
Sana Abdullah	231	Deputy Academic Officer
Shukria	453	Treasurer
Mahnoor Tahir	493	Deputy Treasurer
Mehr-ul-Nisa	226	Interior Decorator
Sana Ahad	443	Deputy Interior Decorator

CLASS OFFICIALS 2006 - 2007

9 - Blue Girls

Iqra Khalid	353	Class Leader
Fatima Khurram	292	Deputy Class Leader
Laila Gul	280	House Chief BLUE
Zoona Javead	445	Deputy House Chief
Warida Naeem	96	House Chief GREEN
Sumbal Nabi	262	Deputy House Chief
Farah Naz	317	House Chief YELLOW
Basma Ayub	117	Deputy House Chief
Zamara Sohail	64	Academic Officer
Maria Taj	489	Deputy Academic Officer
Zainab Said	268	Treasurer
Natasha Laiq	383	Deputy Treasurer
Sara Imtiaz	242	Interior Decorator
Tehmina Shah Nawaz	448	Deputy Interior Decorator

10 - Blue Girls

Ammara Humayun	379	Class Leader
Sara Bashir	279	Deputy Class Leader
Faiza Ishaq	393	House Chief BLUE
Syeda Afsheen	55	Deputy House Chief
Hijab Habib	375	House Chief GREEN
Shahana Mehsud	119	Deputy House Chief
Ayesha Nawaz	156	House Chief YELLOW
Amina Sharmeen	500	Deputy House Chief
Nayab Iqbal	454	Academic Officer
Sana Tahir	492	Deputy Academic Officer
Nida Ali	73	Treasurer
Mahrugh Asghar	346	Deputy Treasurer
Hijab Habib	375	Interior Decorator
Syeda Mashal Rehman	451	Deputy Interior Decorator



SCHOOL BAND (BOYS) 2006 - 2007

547 / 10 - Blue	Junaid Akhtar	Captain.
335 / 10 - Blue	Abdul Aziz	V. Captain.
613 / 8 - Blue	Syed Israr	B ^b Clarinet
630 / 8 - Blue	Mohsin Amin	B ^b Clarinet
679 / 8 - Blue	Shoaib Ahmed	Side Drum
1211 / 8 - Green	Asim Khan	B ^b Cornet
1219 / 8 - Blue	Hashim Elahi	Side Drum
726 / 7 - Green	Muhammad Baber	Tenor Drum
921 / 7 - Green	Sikandar Khan	Side Drum
975 / 7 - Green	Adnan Khan	Base Drum
1185 / 7 - Yellow	Jawad Khan	Side Drum
1336 / 7 - Yellow	Ahsan Sajjad	B ^b Euphonium
1337 / 7 - Yellow	Muddasir Hussain	B ^b Trombone
1057 / 5 - Blue	Jamal Khan	B ^b Cornet
793 / 5 - Blue	Shah Rukh Khan Afridi	Trombone
1265 / 5 - Blue	Tufail Khan	Trombone
1571 / 5 - Yellow	Changaiz Khan	E ^b Alto Saxophone
1535 / 5 - Yellow	Muhammad Rehan Khan	Side Drum



SCHOOL BAND (GIRLS) 2006 - 2007

55 / 10 - Blue	Afsheen Sardar	Captain.
353 / 9 - Blue	Iqra Khalid	V. Captain.
356 / 7 - Blue	Mehak Khan	Side Drum.
171 / 7 - Blue	Fatima	Flute.
342 / 7 - Blue	Nida Ali	Side Drum.
444 / 7 - Blue	Sidra Firdous	Flute.
504 / 7 - Blue	Roma Anwar	Tenor Drum.
525 / 7 - Blue	Zarghuna	Cymbal.
593 / 7 - Blue	Ghuncha	Base Drum.
224 / 6 - Blue	Madeeha Asghar	Flute.
228 / 6 - Blue	Syeda Sadia	Side Drum.
294 / 6 - Blue	Talia Tahir	Side Drum.
363 / 6 - Blue	Mahnoor Inam	Flute.
374 / 6 - Blue	Shah Laila	Base Drum.
462 / 6 - Blue	Misbah Syed	Flute.
248 / 5 - Blue	Weham Tahir	Flute.
233 / 5 - Blue	Khushbakht Qayyum	Flute.
295 / 5 - Blue	Ayesha Shahid	Flute.
361 / 5 - Blue	Sidra Zeb	Flute.
522 / 5 - Blue	Hijab Gul	Side Drum.



SENIOR GYMNASTIC TEAM (BOYS)

Roll No.	Class	Name	
708	7 - Green	Nasir Khan	Captain
761	7 - Green	Razdan	V. Captain
1442	6 - Yellow	Tehmeen John	
652	6 - Blue	Ayub Shah	
1131	7 - Blue	Ihsan Ullah	
707	7 - Green	Yasir khan	

JUNIOR GYMNASTIC TEAM (BOYS)

787	6 - Green	Shayan Sameer Fernado	Captain
1201	7 - Yellow	Haris Ghani	V. Captain
1202	5 - Blue	Aanis Ghani	
695	6 - Blue	Hamza Rehman	
788	6 - Green	Sarosh Ahmad	
859	6 - Green	Omair Ali	
718	7 - Green	Waqas Ahmad	

GYMNASTIC TEAM (GIRLS)

184	7-Blue	Palwasha Khan	Captain
140	7-Blue	Bader Atiq	V. Captain
177	7-Blue	Lubna Hashim Khan	
199	7-Blue	Nayyab Zaman	
560	7-Blue	Zarafshan Nawaz	
237	7-Blue	Maria Khan Mahsud	
145	7-Blue	Mehak Sardar	

KARATE TEAM 2006-2007

Roll No.	Class	Name	
787	6-Green	Shayan Sameer Fernando	Captain
476	8-Green	Osama Riaz Khan	V. Captain
55	10-Blue	Syeda Afsheen Sardar	
1310	8-Yellow	Syed Shahmeer Raza	
145	7-Blue	Syeda Mehak Sardar	
1027	6-Blue	Muhammad Talha	
988	6-Blue	Farukh Aman Khan	
316	6-Blue	Sumbal Aman Khan	
308	5-Blue	Ayesha Durrani	
405	4-Blue	Mahnoor Asim	
406	2-Blue	Tanees Asim	
378	2-Blue	Mahreen Durrani	
433	2-Blue	Shahlal Ali	
1243	1-Green	Fakhar Aman Khan	
1368	Prep-Blue	Syed Muhammad Daniyal Shah	

SCHOOL RECORDS (BOYS)

Under 4:
50 Metres: 1550/ Pep Green M. Younas 11.29 Secs. 19.12.06

Under 5:
50 Metres: 1160/ Prep Blue Daniyal Afridi 10.44 Sec. 7.12.04
Throwing the 1180/ Prep Green Misbah-ud-Din Afridi 22.77 m 7.12.04
Tennis Ball

Under 6:
50 Metres: 1044/1 Blue Mansoor Subhan 8.78 Sec. 7.12.04
Throwing the 1278/1 Blue Ishfaq Ahmad 40.10 m 2.12.05
Tennis Ball

Under 7:
50 Metres: 1332/2 Blue M. Zeeshan 8.30 Sec. 2.12.05
Throwing the 1132/1 Blue Asim Ullah 38.39 m 2.12.05
Tennis Ball

Under 8:
50 Metres: 1044/3 Blue Mansoor Subhan 8.17 Secs. 19.12.06
Throwing the 1332/3 Blue M. Zeeshan 45.53 m 19.12.06
Tennis Ball

Under 9:
50 Metres: 1145/4 Blue Umair Imran 7.94 Sec. 2.12.05
Throwing the 708 /5 Green Nasir Khan 52.05 m 7.12.04
Cricket Ball
4 x 50
Metres Relay 1042/4 Blue Hamza Ali Bangash 33.95 Sec. 7.12.04
709 /4 Blue Musadiq Noor 19.12.06
1312/4 Blue Muddasar Iqbal 19.12.06
732 /4 Blue Mueen-ur-Rehman 19.12.06

Under 10:
50 Metres: 953 /4 Blue Owais Khan 7.75 Sec. 6.12.03
100 Metres: 1145/5 Blue(BI) Umair Imran 15.0 Sec. 19.12.06
200 Metres: 925 /5 Blue Rizwan Mehsud 33.65 Sec. 5.11.02
4 x 50
Metres Relay 1042/5 Blue Hamza Ali Bangash 33.37 Sec. 7.12.04
1312/5 Blue Mudassar Iqbal 19.12.06
732 /5 Blue Mueen ur Rehman 19.12.06
709 /5 Blue Musadiq Noor 19.12.06

SCHOOL RECORDS (BOYS)

Throwing the 1318 /5 Blue Muhammad Noor 47.86 m 7.12.04
Cricket Ball

Under 11:
100 Metres: 753 /5 Blue Malik Adnan 14.72 Secs. 5.11.02
200 Metres: 984 /6 Green Jamal Khan 30.14 Secs. 7.12.04
4 x 50
Metres Relay: 1042 /6 Blue Humza Ali Bangash 32.56 Secs. 19.12.06
709 /6 Blue Musadiq Noor 19.12.06
1312/6 Blue Mudassar Iqbal 19.12.06
732 /6 Blue Mueen-ur-Rehman 19.12.06

4 x 100
Metres Relay: 984 /6 Green Jamal Khan 1 min 3.16 Secs. 19.12.06
707 /5 Green Yasir Khan 19.12.06
1041/5 Blue-Gr Ali Raza Bangash 19.12.06
1329/6 Blue-Gr Noman Afridi 19.12.06

Long Jump: 708 /7 Green Nasir Khan 4.38 m 19.12.06
High Jump: 708 /7 Green Nasir Khan 4ft 5 inches 19.12.06

Under 12:
50 Metres: 953 /4 Blue Owais Khan 7.75 Secs. 6.12.03
100 Metres: 1084 /8 Blue Amjad Ali Afridi 13.60 Secs. 19.12.06
200 Metres: 1084 /8 Blue Amjad Ali Afridi 29.32 Secs. 19.12.06
400 Metres: 1325/6 B/G(Gr) Irfan Sattar 1min12.98sc. 2.12.05
4 x 50
Metres Relay: 984 /7 Green Muhammad Jamal 29.91 Secs. 2.12.05
423 /8 Green Afnan Afridi 19.12.06
1014/7 Green Ali Shahbaz 19.12.06
1325/6 B/G(Gr) Irfan Sattar 19.12.06

4 x 100
Metres Relay: 1084/8 Blue Amjad Ali Afridi 1min 01 Secs. 19.12.06
1022 /7 Blue Jawad Akbar 19.12.06
1093 /8 Blue Shafat Hussain 19.12.06
1029 /7 Blue Asfandiyar Khalid 19.12.06

Long Jump: 423 /8 Green Afnan Farid 4.43 m. 2.12.05
High Jump: 1137 /7 Green Saddam Saleem 4ft 5 inches 7.12.04



SCHOOL RECORDS (BOYS)

Under 13:

100 Metres:	984 /8	Green	Jamal Khan	13.10 Secs.	19.12.06
200 Metres:	1325/7	Yellow	Irfan Sattar	27.68 Secs.	19.12.06
400 Metres:	423 /9	Blue	Afnan Farid	1 min.10.16 Secs.	19.12.06

4 x 100

Metres Relay:	984 /8	Green	Jamal Khan	58.97 Secs.	19.12.06
	961 /7	Green	Daud Khan		19.12.06
	337 /8	Green	Nauman Afridi		19.12.06
	707 /7	Green	Yasir Khan		19.12.06

4 x 400

Metres Relay:	707 /7	Green(Gr)	Yasir Khan		19.12.06
	337 /8	Green(Gr)	Nauman Afridi	4min 50.30Secs.	19.12.06
	961 /7	Green(Gr)	Daud Ahmad		19.12.06
	984 /8	Green(Gr)	Jamal Khan		19.12.06

Long Jump:	471 /6	Green	Mujeeb Alam	5.03 m	9.11.00
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High Jump:	715 /8	Green	Zahid Ahmad	5 ft.7inches	5.11.02
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Under 14:

100 Metres:	806 /8	Blue	Arsalan Abdullah	12.40 Secs.	5.11.02
200 Metres:	806 /8	Blue	Arsalan Abdullah	26.90 Secs.	5.11.02
400 Metres:	799 /9	Blue	Muhammad Furqan	1 min.14sc	2.12.05

4 x 100

Metres Relay:	235 /8	Blue	Abbas Haider Malooki	56.70 Secs.	19.12.06
	636 /8	Blue	Syed Khushal Shah		19.12.06
	806 /8	Blue	Arsalan Abdullah		19.12.06
	947 /8	Blue	Amjad Ali		19.12.06

4 x 400

Metres Relay:	235 /8	Blue	Abbas Haider Malooki	4m47Secs.	2.12.05
	636 /8	Blue	Syed Khushal Shah		19.12.06
	806 /8	Blue	Arsalan Abdullah		19.12.06
	947 /8	Blue	Amjad Ali		19.12.06

Long Jump:	471 /7	Green	Mujeeb Alam	5.19 m	20.11.01
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High Jump:	471 /7	Green	Mujeeb Alam	4 ft.7inches	20.11.01
	369 /8	Green	Saeed-Ur-Rehman	4 ft.7inches	5.11.02

Shot Putt:	795 /10	Blue	Hamza Bangash	7.53 m	2.12.05
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SCHOOL RECORDS (BOYS)

Under 15:

100 Metres:	636 /10	Blue	S. Khushal Shah	12.66 Secs.	7.12.04
200 Metres:	799 /10	Blue	Muhammad Furqan	27.04 Secs.	19.12.06
400 Metres:	211 /9	Green	Hamid Ahmed	1min7Secs.	5.11.97
800 Metres:	636 /10	Blue	S. Khushal Shah	2min38.93s	7.12.04

4 x 100

Metres Relay:	235 /10	Blue	Abbas Haider Malooki	55.48 Secs.	7.12.04
	636 /10	Blue	S. Khushal Shah		19.12.06
	949 /9	Blue	Bilal Hussain		19.12.06
	1024/9	Blue	Muhammad Sohaib		19.12.06

4 x 400

Metres Relay:	235 /10	Blue	Abbas Haider Malooki	4min38.36Sc	7.12.04
	636 /10	Blue	S. Khushal Shah		19.12.06
	949 /9	Blue	Bilal Hussain		19.12.06
	1024/9	Blue	Muhammad Sohaib		19.12.06

Long Jump:	566 /10	Green	Haroon Afridi	5.10 m	9.11.00
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High Jump:	114 /9	Blue	Hamad Shah	4 ft. 9inches	14.11.98
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	102 /8	Blue	Quaid Iqbal	4 ft. 9inches	5.11.02
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Shot Putt:	471 /8	Green	Mujeeb Alam	7.99 m	5.11.02
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Under 16:

100 Metres:	202 /7	Green	Imran Afridi	12.75 Secs.	22.11.99
	234 /9	Blue	Zeeshan Haider Malooki	12.75 Secs.	5.11.02
200 Metres:	687 /10	Blue	Muhammad Faisal	27.78 Secs	19.12.06
400 Metres:	640 /10	Blue	Zarak Khan	1min 1 Sec	20.11.01
800 Metres:	333 /10	Blue	Haroon Iqbal	2.min38sec	6.11.03

4 x 100

Metres Relay:	494 /9	Blue	Sajid Habib	55.09 Secs.	22.11.99
	332 /9	Blue	Waseem Iqbal		19.12.06
	282 /8	Blue	Alamzeb Khan		19.12.06
	420 /9	Blue	Zeeshan Farid		19.12.06

4 x 400

Metres Relay:	681 /9	Blue	Hamid Khan	4 min34sec	5.11.02
	674 /10	Blue	Muhammad Mumraiz		19.12.06
	711 /10	Blue	Muhammad Farhan		19.12.06
	427 /10	Blue	Sahibzada Saleem		19.12.06

Long Jump:	471 /10	Blue	Mujeeb Alam	5.35 m	7.12.04
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High Jump:	88 /10	Blue(Gr)	Zia Ullah	4ft.10inches	7.12.04
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Shot Putt:	471 /10	Blue	Mujeeb Alam	8.59 m	7.12.04
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SCHOOL RECORDS (GIRLS)

Under 4:

50 Metres: 559 /Pre-Prep Green Zainab Ajmal 11.78 Secs.

Under 5:

50 Metres: 436 /1 Blue Mahnoor Khan 12.44 Secs. 7.12.04

Throwing the Tennis Ball 436 /1 Blue Mahnoor Khan 12.5 m 7.12.04

Under 6:

50 Metres: 567 /1 Blue(Gr) Nahida 9.90 Secs.

Throwing the Tennis Ball 494 /1 Blue(Yl) Laila 15.28 m

Under 7:

50 Metres: 100 /2 Blue Mehwish Asad 9.69 Secs. 7.12.04

Throwing the Tennis Ball 313 /2 Blue(Gr)Sana Saleem 18.77 m 7.12.04

Under 8:

50 Metres: 360 /3 Blue Faiza Gul 9.0 Secs

Throwing the Tennis Ball 359 /3 Blue Hina Gul 26.09 m 02.12.05

Under 9:

50 Metres: 184 /5 Blue(Gr)Palwasha Khan 8.65 Secs. 7.12.04

Throwing the Tennis Ball 184 /5 Blue(Gr)Palwasha Khan 29.69 m 7.12.04

4 x 50

Metres Relay 184 /5 Blue(Gr)Palwasha Khan 38.28 Sces. 7.12.04
196 /5 Blue(Gr)Omama Saleem
410 /4 Blue(Gr)Bakht Mina
424 /4 Blue(Gr)Mahnoor Shah

Under 10:

50 Metres: 184 /6 Blue(Gr)Palwasha Khan 8.59 Secs. 02.12.05

100 Metres: 184 /6 Blue(Gr)Palwasha Khan 33.76 m. 02.12.05



SCHOOL RECORDS (GIRLS)

4 x 50

Metres Relay 342 /5 Blue(Gr)Nida Ali 37.08 Secs. 7.12.04
237 /5 Blue(Gr)Maria Khan
177 /5 Blue(Gr)Lubna Hashim
231 /6 Blue(Gr)Sana Abdullah

Throwing the

Cricket Ball 307 /5 Blue(Gr)Natasha Mehsud 25.71 m 7.12.04

Under 11:

100 Metres: 94 /5 Blue(Gr)Raheela Mahmood 13.39 Secs. 7.12.04

4 x 50

Metres Relay: 05 /5 Blue Taniya Hashim 37.09 Secs. 14.11.98
43 /5 Blue S. Alia Azhar
57 /5 Blue Ayesha Hafiz
26 /5 Blue Sehrish Jamal

Long Jump: 05 /5 Blue Taniya Hashim 3.46 m 14.11.98

Under 12:

100 Metres: 94 /5 Blue(Gr)Raheela Mahmood 13.90 Secs. 14.11.98

200 Metres: 336 /6 Blue Haleema Noor 38.70 Secs. 7.12.04

4 x 50

Metres Relay: 155 /5 Blue Zarka Khan 38.03 Secs. 14.11.98
141 /6 Blue Uzma Batool
41 /6 Blue Sanam Khan
04 /6 Blue Kiran Sharif

4 x 100

Metres Relay: 221 /6 Blue Sanam Khan
20 /6 Blue Sehrish Jamal
193 /4 Blue Nazish Zeb
05 /6 Blue Taniya Hashim

Long Jump: 94 /5 Blue(Gr)Raheela Mahmood 3.74 m 14.11.98

High Jump: 110 /5 Blue Hajira Jan 3ft.7 inches 6.12.03





SCHOOL RECORDS (GIRLS)

Under 13:

100 Metres:	05 /7	Blue	Taniya Hashim	15.38 Secs.	9.11.00
200 Metres:	05 /7	Blue	Taniya Hashim	34.38 Secs.	9.11.00
4 x 100					
Metres Relay:	73 /8	Blue(Gr)	Nida Ali	1min10.47sc	7.12.04
	379 /8	Blue(Gr)	Hammara Hamayun		
	96 /7	Blue(Gr)	Warida Naeem		
	139 /9	Blue(Gr)	Shumaila Zeb		

Long Jump:	85 /7	Blue(Gr)	Sara Riaz	3.77 m	9.11.00
High Jump:	84 /9	Blue	Ghazala Khan	3ft 7 inches	2.12.05

Under 14:

100 Metres:	209 /7	Blue(Gr)	Saima Riaz	15.75 Secs.	9.11.00
200 Metres:	375 /7	Blue	Hijab Habib	35.25 Secs.	6.12.03
4 x 100					

Metres Relay:	222 /7	Blue(Gr)	Maria Khan	11min 11sc	9.11.00
	944 /7	Blue(Gr)	Raheela Mehmood		
	167 /7	Blue(Gr)	Momina Khan		
	209 /7	Blue(Gr)	Saima Riaz		

Long Jump:	209 /7	Blue(Gr)	Saima Riaz	3.94 m	9.11.00
High Jump:	84 /10	Blue(BI)	Ghazala Khan	4 ft 2 inches	
Shot Putt:	84 /10	Blue(BI)	Ghazala Khan	6.26 m	

Under 15:

100 Metres:	06 /9	Blue	Uzma Hashim	16 Secs.	6.12.03
200 Metres:	06 /9	Blue	Uzma Hashim	36.26 Secs.	6.12.03
4 X 100					

Metres Relay:	126 /9	Blue	Zarlakhta	1min13secs	6.12.03
	06 /9	Blue	Uzma Hashim		
	176 /8	Blue	Taha Rehman		
	91 /9	Blue	Sophia Zohra		

Long Jump:	06 /9	Blue	Uzma Hashim	3.85m	6.12.03
High Jump:	91 /9	Blue	Sophia Zohra	3 ft. 7 inches	6.12.03
Shot Putt:	375 /9	Blue(Gr)	Hijab Habib	5.70 m	02.12.05

Under 16:

Shot Putt:	77 /9	Blue(Gr)	Sana Habib	5.70 m.	02.12.05
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CHAMPION ATHLETES (BOYS) 11th Annual Inter House Athletic Sports Meet 2006

Group	Roll No.Class	Name	Points
<u>Under 4</u>	1550 / Prep Green (With 1 New Record 50 Metres 11.29 Secs.)	Muhammad Younas	11
<u>Under 5</u>	1500 / Prep Yellow	Saadat Khan	10
<u>Under 6</u>	1566 / 2 Yellow	Shaher yar Khan	10
<u>Under 7</u>	1195 / 2 Blue	Azlan Afridi	11
<u>Under 8</u>	1332 / 3 Blue (With 1 New Record Throwing the Tennis ball 45.53 m)	Muhammad Zeeshan	08
<u>Under 9</u>	1419 / 4 Green	Talha Israr	06
<u>Under 10</u>	1428 / 5 Yellow	Fayzan Khan	11
<u>Under 11</u>	708 / 7 Green (With 2 New Records 1) (i) (Long Jump 4.38 m) (ii) (High Jump 4 ft. 5 inches)	Nisar Khan	15
<u>Under 12</u>	812 / 5 Green	Daud Khan	11
<u>Under 13</u>	423 / 9 Blue (With 1 New Record 400 Metres 1 min. 10.16 Secs.)	Afnan Farid	13
<u>Under 14</u>	1137 / 9 Blue (YI)	Saddam Saleem	11
<u>Under 15</u>	799 / 10 Blue (Gr) (With 1 New Record 200 Metres 27.04 Secs.)	Muhammad Furqan	15
<u>Under 16</u>	687 / 10 Blue (Gr) (With 1 New Record 200 Metres 27.78 Secs.)	Muhammad Faisal	15





CHAMPION ATHLETES (GIRLS) 11th Annual Inter House Athletic Sports Meet 2006

Group	Roll No.	Class	Name	Points
<u>Under 4</u>	i)	559 / Pre-Prep Green	Zainab Ajmal	05
	ii)	586 / Pre-Prep Yellow (YI)	Saman Wisal	05
	iii)	550 / Pre-Prep Green (YI)	Naila Subhan	05
		(With 1 New Record 50 Metres 11.78 Secs.)		
<u>Under 5</u>		530 / Prep Blue	Iqra Ayub	05
		473 / Prep Green (YI)	Aneela Khalid	05
		511 / Prep Yellow (BI)	Syeda Manahil	05
<u>Under 6</u>		494 / 1 Blue (YI)	Laila	10
		(With 1 New Record Throwing the Tennis ball 15.28 m)		
<u>Under 7</u>		436 / 3Blue	Mahnoor Khan	06
		428 / 1 Blue (Gr)	Aiman Murtaza	06
<u>Under 8</u>		360 / 3 Blue (Gr)	Faiza Gul	09
		(With 1 New Record 50 Metres 9.0 Secs.)		
<u>Under 9</u>		359 / 4 Blue (BI)	Hina Gul	11
<u>Under 10</u>		214 / 6 Blue (BI)	Hamana Tahir	11
<u>Under 11</u>		184 / 7 Blue (YI)	Palwasha Khan	10
<u>Under 12</u>		245 / 5 Blue (Gr)	Yusra Anwar	15
<u>Under 13</u>		140 / 7 Blue (BI)	Bader Atiz	15
<u>Under 14</u>		84 / 10 Blue (BI)	Ghazala Khan	15
		(With 2 New Records) (Shot Putt 6.26 m)		
		(High Jump 4 ft. 2 inches)		
<u>Under 15</u>		393 / 10 Blue (BI)	Faiza Ishaq	11
<u>Under 16</u>		448 / 9 Blue (BI)	Tehmina Shah Nawaz	08



THE BEST ATHLETE'S TROPHY 2006-2007

BOYS:

1999	202 / 7 Green	Imran Afridi
2000	202 / 7 Green	Imran Afridi
2001	495 / 10 Green	Farhan Afridi
2002	715 / 8 Green	Zahid Ahmad
2003	471 / 9 Blue (Gr)	Mujeeb Alam with 15 Points
2003	1199 / 3 Blue	Muneeb Habib with 15 Points
2004	471 / 10 Blue (Gr)	Mujeeb Alam with 15 Points
2005	795 / 10 Blue	Hamza Bangash 15 Points

GIRLS:

1999	99 / 7 Blue	Rabia Asad
2000	209 / 9 Green	Saima Riaz
2001	05 / 8 Blue	Taniya Hashim
2002	05 / 8 Blue	Taniya Hashim
2003	05 / 10 Blue	Taniya Hashim with 15 Points
2004	375 / 8 Blue	Hijab Habib with 15 Points
2005	359 / 3 Blue	Hina Gul 15 Points



CHIEF GUESTS:

- 1) Year 1996 (21-11-1996) Muhammad Saleem Khan
(Secretary to the Gove. of N.W.F.P
Planning Environment and
Development Department Peshawar)
- 2) Year 1997 (25-11-1997) Mr. Shakil Durrain
(Additional Chief Secretary to the
Govt. of N.W.F.P Planning Enviroment
and Development Department)
- 3) Year 1998 (14-11-1998) Maj. (Retd.) Sahibazda M. Khalid
(Secretary to the Gove. of N.W.F.P
Education Department, Peshawar)
- 4) Year 1999 (22-11-1999) Syed Mazhar Ali Shah
(Secretary to the Govt. of N.W.F.P
Education Department, Peshawar)
- 5) Year 2000 (09-11-2000) Mr. Muhammad Riaz
Chairman Monopoly Control Authority
Govt. of Pakistan, Islamabad.)
- 6) Year 2001 (20-11-2001) Mr. Francis' Sales Fernando
(Principal St. Francis' High School
Hayatabad Peshawar.)
- 7) Year 2002 (05-11-2002) His Excellency Gen.C.S. Weerasooriya
(The High Commissioner for Sri Lanka
in Pakistan)
- 8) Year 2003 (06-12-2003) Mr. Nooruddin F. Daud,
Tamga-I-Imtiaz (Civil) (The
Managing Director, Daud Sons,
Peshawar.)
- 9) Year 2004 (07-12-2004) Mr. Sherzada Khan
Secretary Schools and Literacy
Deptt. Govt. of N.W.F.P
- 10) Year 2005 (02-12-2005) Mr. Lt. Col. (R) Alam Zeb
Chairman, B.I.S.E, Peshawar.

SCHOOL TROPHIES

Badminton Trophy:

(Boys) Singles: To Green House & Yellow House with 27 Points each
(Blue House with 21 Points)

Doubles: To Green House with 31 Points
(Blue House 15 Points & Yellow House 29 Points)

(Girls) Singles: To Yellow House with 29 Points
(Blue House 25 Points & Green House 21 Points)

Doubles: To Blue House with 29 Points
(Green House 21 Points & Yellow House 25 Points)

Overall Badminton Trophy (Boys) To Green House with 58 Points
(Blue House 36 Points & Yellow House 56 Points)

Overall Badminton Trophy (Girls)
To Blue House & Yellow House both with 54 Points each
(Green House 42 Points)

BASKETBALL TROPHY:

To Blue House with 27 Points (Green House 9 Points & Yellow House 18 Points)

CHESS TROPHY:

(Boys) To Green House & Yellow House both with 27 Points each
(Blue House 21 Points)

(Girls) To Green House with 24 Points
(Blue House 20 Points & Yellow House 16 Points)

CRICKET TROPHY:

To Blue House, Green House & Yellow House with 35 Points each

FOOTBALL TROPHY

To Green House with 50 Points
(Blue House 10 Points & Yellow House 30 Points)

NETBALL TROPHY:

To Blue, Green & Yellow Houses with 10 Points each

TUG-O-WAR TROPHY:

(Boys)

(Girls)

OVERALL TUG-O-WAR TROPHY:





SCHOOL TROPHIES

Inter House Sports Trophy:

(Boys)

(Girls)

Overall Inter House Sports Trophy

INTER HOUSE ATHLETICS TROPHY:

(Boys)

To Green House with 262.5 Points

(Blue House 205.5 Points & Yellow House 176 Points)

(Girls)

To Green House with 181 Points

(Blue House 160.5 Points & Yellow House 167.5 Points)

OVERALL INTER HOUSE ATHLETICS TROPHY:

To Green House with 443.5 Points

(Blue House 36.6 Points & Yellow House 343.5 Points)

INTER HOUSE RELAY TROPHY:

(Boys)

To Blue House with 57 Points

(Green House 49 Points & Yellow House 39 Points)

(Girls)

To Blue House with 36 Points

(Green House 28 Points & Yellow House 23 Points)

OVERALL INTER HOUSE RELAY TROPHY:

To Green House with 77 Points

(Blue House 63 Points & Yellow House 62 Points)

HOUSE TENT TROPHY:

MARCH PAST TROPHY:

THE BEST ATHLETE'S TROPHY (Boys):

THE BEST ATHLETE'S TROPHY (Girls):

Overall Championship Trophy



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