

SAINT FRANCIS' HIGH SCHOOL

HAYATABAD, PESHAWAR.

7th Annual Athletics Day

The Principal, Staff And Students
Cordially Invite

Mr. & Mrs. _____

to the 7th Annual Athletics day to be held
on the school grounds on Tuesday,
5th November, 2002 at 10:30 a.m.

His Excellency Gen. C.S. Weerasooriya
The High Commissioner for Sri Lanka in Pakistan

has very kindly consented to be the Chief Guest and to give away the prizes.

Kindly show this card at the entrance and take your seat by 10:25 a.m.

7th

Annual Athletics Day

10

**ST. FRANCIS' HIGH SCHOOL, HAYATABAD, PESHAWAR.
7TH ANNUAL ATHLETIC SPORTS MEET, 2002**

CHIEF GUEST

His Excellency Gen. C. S. Weerasooriya
The High Commissioner for Sri Lanka in Pakistan.

OFFICIALS

REFEREE

Mr. Francis Sales Fernando

JUDGES & UMPIRES

Mr. Ajab Din Mr. Imran Ul Haq

STARTER

Mr. Anwar Jamal

CHECK STARTER

Mr. Irfan Ul Haq

TRACK UMPIRES

Mr. Silas Akhtar Mr. Akhtar Alam
Mr. Shams Naveed

TIME KEEPERS

Mr. Asim Hayat Malik Mr. Zeeshan

ANNOUNCERS

Mr. Fayyaz Ghufraan Mr. Naeem Pervez

CERTIFICATES

Mrs. Khalida Fernando. Mrs. Aliya Shahid
Miss. Beenish Younas

TECHNICIAN

Mr. Naeem Pervez

Offical Photographer & Video Film Maker

M/S Malik Sons

PROGRAMME

10:30	Arrival of Chief Guest
10:35	Opening Ceremony
10:40	Address of the Principal
10:45	Open Competition 4 x 100 Metres Relay (Boys)
10:50	Open Competition 4 x 100 Metres (Girls)
10:55	Open Competition 400 Metres (Boys)
11:00	Open Competition 200 Metres (Girls)
11:05	Open Competition Obstacle Race (Boys)
11:10	Gymnastics
11:35	Drill Display
12:00	Parents Race (i) Ladies (Potato Race) (ii) Gents (Sack Race)
12:15	March Past
12:25	Address of the Chief Guest
12:30	Distribution of Trophies.

RECEPTION & GUEST STEWARDS

Mrs. Rukhsana Asad
Mrs. Aliya Shahid
Miss. Siraj Ul Banat
Mrs. Christina Javed
Mr. Robinson Yousaf

Mrs. Musarat Jabeen
Mr. Havildar Khan
Mrs. Rukhsana Tabassum
Mr. Essa Khan

GENERAL SUPERVISION

Mrs. Nighat Iqbal
Mr. Naveed Shams
Miss. Shiama Kumari
Miss. Shahida Perveen
Miss. Sumaira Zahoor
Mrs. Mufaza Naeem
Miss. Mehreen Khan
Miss. Tasneem Latif
Miss. Elishba Emmanuel
Miss. Aneela Iqbal
Miss. Hina Arshad
Mrs. Sharia Faraz
Miss. Iffat

Miss. Nayyar John
Mrs. Samrana Iqbal
Miss. Joyice Saleem
Miss. Asmat Gill
Mr. Akhtar Alam
Miss. Fouzia Yasmin
Miss. Rubina Saeed
Mrs. Shahida Javed
Mrs. Rubina Arshad
Miss. Humaira
Mrs. Shabana Riaz
Mrs. Rabia Masroor
Miss. Asiya

SCHOOL RECORDS

Mr. Rifat Ullah

SCHOOL TROPHIES

Mr. Ahmed Faraz

P.T INSTRUCTORS

Mrs. Noreen John
Miss Nighat Kausar

Mr. Subhan Uddin
Mr. Muhammad Riaz

Mr. Irfan Haider

BAND MASTERS

Mr. Muhammad Muneer

Mr. Shamshad Khan

CONDITIONS

1. Competitors not ready at the time and place appointed for their event will be scratched.
2. Competitors will be excluded from taking part in an event unless properly attired.
3. Every competitor shall be supplied with and must wear during competition, a distinctive number. Competitors who fail to fix their numbers securely to their vest will not allowed to participate.
4. Any dispute and / or complaint shall be submitted to the referee, whose discision shall be final.
5. In both senior and junior events, no competitor shall enter for more than three individual events of which not more than two shall be track events.
6. Competitors are requested to make use of their House Enclosures. They are to be in their Enclosures, in incharge of the House Masters and Mistresses who will issue all instructions to them.
7. Competitors are requested to keep off the field when they are not warming up or participating in the events for which they have entered.
8. Points will be awarded as follows:

	<u>Individual Events</u>	<u>Team Events</u>
First Place	5 Points	7 Points
Second Place	3 Points	5 Points
Third Place	1 Point	3 Points

In the event of TIE, points will be shared.

HOUSE CAPTAINS AND VICE CAPTAINS

BLUE HOUSE:

283 / C1	10	Pervaiz Khan
439 / C1	10	Asad Sharif
210 / C1	10	Sundas Javed
98 / C1	10	Ayesha Saeed

GREEN HOUSE:

674 / C1	10	M. Mamraiz Khan
255 / C1	10	M. Zaheer Hashim
89 / C1	10	Zaish Riaz
99 / C1	10	Rabia Asad

CHIEF PREFECT:

278 / C1	10	Omair Javed
427 / C1	10	Sahibzada Saleem
99 / C1	10	Rabia Asad

ORDER OF THE MARCH:

BOYS

Parade Commander:
255 / C1 10 M. Zaheer Hashim

Asst. Parade Commander:
09 / C1 10 Fahad Bin Shahid

GIRLS

Parade Commander:
155 / C1 9 Zarka Khan

RIFFLE DRILL:

COMMANDS:

Guard attention
Present arms
Order arms
Shoulder Salute
Guard disperse

CAPTAIN AND VICE CAPTAINS OF TEAMS

Academic Year 2002-2003

BOYS

Badminton:

Captain	Sahibzada Saleem	427	10th
Vice Captain	Fahad Bin Saleem	09	10th

Basketball:

Captain	Imran Shinwari	403	10th
Vice Captain	Omair Javed	278	10th

Chess:

Captain	Usman Shah	901	10th
Vice Captain	Arsalan Amin	833	10th

Cricket:

Captain	Muhammad Zaheer	255	10th
Vice Captain	Muhammad Pervaiz Khan	283	10th

Football:

Captain	Farhan Mahsood	924	10th
Vice Captain	Muhammad Haris	706	10th

Volleyball:

Captain	Asad Sharif	439	10th
Vice Captain	Muhammad Farhan	711	10th

School Band:

Captain	Qaisar Wahab	599	10th
Vice Captain	Khurram Shahzad	492	10th

Gymnastics:

Captain	Mumraiz Khan	674	10th
Vice Captain	Muhammad Zaheer	255	10th

GIRLS

Badminton:

Captain	Zaish Riaz	89	10th
Vice Captain	Sundas Javed	210	10th

Chess:

Captain	Ayesha Saeed	98	10th
Vice Captain	Inayat Afzal	286	10th

Netball:

Captain	Rabia Asad	99	10th
Vice Captain	Zarka Khan	155	9th

SQUAD LEADERS

BLUE HOUSE:

Sq No.	Classes		Leader:
1. Girls	2 to 5	03/9 Blue	Sonia Sharif
2. Girls	6 to 10	05/9 Blue	Tania Hashim
3. Boys	2	621/2 Blue	Arbab Shahzil
4. Boys	3	648/3 Blue	Junaid Afridi
5. Boys	4	753/4 Blue	Malik Adnan Ishaq
6. Boys	5	615/5 Blue	Babar Rehman
7. Boys	6	313/6 Blue	Zaheer Ahmad
8. Boys	7	204/7 Blue	Bilal Jalil
9. Boys	8	636/8 Blue	Syed Khushal
10. Boys	9&10	234/9 Blue	Zeeshan Haider Malooki

GREEN HOUSE:

Sq No.	Classes		Leader:
1. Girls	2 to 5	90/9 Green	Hajira Khattak
2. Girl	6 to 10	85/9 Green	Sara Riaz
3. Boys	2	787/2 Green	Shayan Sammer Fernando
4. Boys	3	692/3 Green	Kamran Subhan
5. Boys	4	435/4 Green	Shahzeb-ul-Mulk
6. Boys	5	423/5 Green	Afnan Farid
7. Boys	6&7	396/7 Green	Anwar Ullah
8. Boys	8	471/8 Green	Mujeeb Alam
9. Boys	9&10	711/10 Green	M. Farhan

COMMAND:

Well advance, left turn

REPORT:

Parade is present and ready for your inspection Sir,

PERMISSION:

May I have your permission to carry on Sir.

BUS AND VAN MONITORS

Bus No.1 (City Circular Road & Gulbahar)	235/C18	Abbas Haider Malooki
Bus No.2 (Arbab Road, Shami Road, & University Road, Hayatabad)	725/C1 10	Muhammad Yunas
	412/C1 10	Shahbaz Khan
Bus No.3 (Phase 1, 4 & 5)	683/C1 9	Muhammad Shahid
Bus No.4 (Phase 2 & 3)	346/C1 9	Umair Durrani
Bus No.5 (University Campus)	711/C1 10	Muhammad Farhan
Bus No.6 (G.T. Road)	828/C1 9	Muhammad Usman
Van No.1 (Phase 1)	507/C1 5	Usman Khalid
	214/C1 2	Hamana Tahir
Van No.2 (Phase 2,3, & 6)	139/C1 7	Shumaila Zeb
Van No.3 (Phase 6)	303/C1 3	Karishma Mahzooz

TEAM EVENTS ALREADY WORKED OUT

			<u>BLUE</u>	<u>GREEN</u>
Badminton	(Boys)	Single	29	25
		Doubles	41	49
	(Girls)	Single	90	102
		Doubles	29	31
Basketball			38	34
Chess	(Boys)		31	23
	(Girls)		28	20
Cricket			37	47
Football			41	43
Netball			8	13
Tug-O-War			17	19
Volleyball			27	33
			<u>416</u>	<u>439</u>

SCHOOL PREFECTS (Boys)

Academic Year 2002-2003

Class 10:

427 / Shahibzada Saleem
278 / Omair Javed
225 / Muhammad Zaheer Hashim
674 / Mumraiz Khan
09 / Fahd Bin Shahid
706 / Muhammad Haris
599 / Qaiser Wahab
439 / Asad M. Sharif
809 / Muhammad Qasim
526 / Safi Ullah
735 / Yasir Ahmad
711 / Muhammad Farhan
901 / Usman Shah
283 / Muhammad Pervaiz Khan
412 / Shahbaz Khan

Class 9:

820 / Qazi Junaid Abid
26 / Malik Usman Awan
333 / Haroon Iqbal

SCHOOL PREFECTS (Girls)

Academic Year 2002-2003

Blue House:

Ayesha Saeed 98 / 10th
Yusra Naseer 15 / 10th
Sundas Khan 210 / 10th
Sanam Khan 41 / 10th
Zarqa Khan 155 / 10th
Tayyaba 305 / 9th
Iqra Pervaiz 211 / 9th

Green House:

Zaish Riaz 89 / 10th
Inayat Afzal 286 / 10th
Somana Riaz 192 / 9th
Sara Riaz 85 / 9th
Hajira Mumtaz 90 / 9th

LIBRARY PREFECTS

Academic Year 2002-2003

BOYS:

Malik Usman	26 / 9th	Blue
Haris	706 / 10th	Blue
Arsalan	806 / 8th	Green
Mujeeb Alam	471 / 8th	Green

GIRLS:

Ayesha Saeed	98 / 10th	Blue
Zaish Riaz	89 / 10th	Green
Sundas Javed	210 / 10th	Blue
Rabia Asad	99 / 10th	Green
Somana Riaz	192 / 9th	Green
Sara Riaz	85 / 9th	Green
Sophia Khattak	91 / 8th	Blue
Farah Noreen	66 / 8th	Green

EVENTS ALREADY WORKED OUT UNDER 6 (Boys)

50 METERS:

1st	952 / Prep Blue	Adnan Afridi	10.06 Secs.
2nd	992 / Prep Green	Waleed Ahmad	
3rd	819 / Blue	Agha Ali	

POTATO RACE:

1st	919 / Prep Blue	Muddassar Ahmad Khan
2nd	920 / Prep Blue	Reshail Naeem
3rd	890 / 1 Green	Syed Sher Afgun

RABBIT RACE:

1st	911 / Prep Blue	Asad Rehman Khattak
2nd	992 / Prep Green	Waleed Ahmad
3rd	796 / 1 Blue	Sher Shah

THREE LEGGED RACE:

1st	911 / Prep Blue	Asad Rehman Khattak
	931 / Prep Blue	Amad Afridi
2nd	1001 / Prep Green	Fajor Mobeem
	995 / Prep Green	Ahmad Qayyum
3rd	796 / 1 Blue	Sher Shah
	819 / 1 Blue	Agha Ali

WHEEL BARROW RACE:

1st	952 / 1 Blue	Adnan Afridi
	912 / 1 Blue	Syed Haris Banoori
2nd	992 / Prep Green	Waleed Ahmad
	997 / Prep Green	Arbab Allahdad
3rd	931 / Prep Blue	Amad Afridi
	911 / Prep Blue	Asad Rehman Khattak

THROWING THE TENNIS BALL:

1st	952 / 1 Blue	Adnan Afridi	26.25 m.
2nd	912 / 1 Blue	Syed Haris Banoori	22.55 m.
3rd	1001 / Prep Green	Fajor Mobeem	14.12 m.

EVENTS ALREADY WORKED OUT UNDER 6 (Girls)

50 METERS:

1st	245 / 1 Blue	Yusra	10.53 Sec.
2nd	354 / Prep B1/Gr(Gr)	Gulrukh Imtiaz	
3rd	338 / Prep B1/Gr(Gr)	Hifsa Khalid	

POTATO RACE:

1st	277 / Prep Blue	Mahnoor Khalid
2nd	321 / Prep Green	Meher Fatima
3rd	287 / Prep Blue	Tuba Zafar

RABBIT RACE:

1st	359 / Prep B1/Gr(B1)	Hina Gul
2nd	245 / 1 Blue	Yusra
3rd	277 / Prep Blue	Mahnoor Khalid

THREE LEGGED RACE:

1st	303 / Prep Blue	Wasila Khan
	359 / Prep B1/Gr(B1)	Hina Gul
2nd	338 / Prep B1/Gr(Gr)	Hifsa Khalid
	313 / Prep Green	Sana Saleem
3rd	322 / Prep Green	Aimun Raza
	354 / Prep B1/Gr(Gr)	Gulrukh Imtiaz

THROWING THE TENNIS BALL:

1st	245 / 1 Blue	Yusra	12.12 m.
2nd	313 / Prep Green	Sana Saleem	10.62 m.
3rd	359 / Prep B1/Gr(B1)	Hina Gul	10.44 m.

EVENTS ALREADY WORKED OUT UNDER 7 (Boys)

50 METERS:

1st	904 / 1 Green	M. Hammad Khan	9.60 Sec.
2nd	791 / 1 Blue	M. Annas	
3rd	1095 / 1 Green	Umer Sohail	

POTATO RACE:

1st	906 / 2 Green	Wajahat Ali Khan
2nd	918 / Prep Blue	Danial Ahmad Murtaza
3rd	989 / 1 Blue	Hamza Shahid

RABBIT RACE:

1st	904 / 1 Green	M. Hammad Khan
2nd	844 / 2 Green	Samiullah
3rd	1051 / 1 Blue	Khan Zeb

THREE LEGGED RACE:

1st	972 / 1 Blue	Arbab Ahmad Faraz
	1051 / 1 Blue	Khanzeb Muhammad
2nd	1095 / 1 Green	Umer Sohail
	906 / 2 Green	Wajahat Ali Khan

WHEEL BARROW RACE:

1st	1095 / 1 Green	Umer Sohail
	906 / 2 Green	Wajahat Ali Khan
2nd	791 / 1 Blue	M. Annas
	1051 / 1 Blue	Khanzeb Muhammad
3rd	1089 / 1 Green	Samiullah
	825 / 1 Green	M. Moiz Mazhar Keen

THROWING THE TENNIS BALL:

1st	904 / 1 Green	M. Hammad Khan	27.93 m.
2nd	844 / 2 Green	Mashood	22.95 m.
3rd	886 / 1 Green	Sayyad Afridi	22.36 m.

EVENTS ALREADY WORKED OUT UNDER 7 (Girls)

50 METERS:

1st	295 / 1 Blue	Ayesha Shahid	11.48 Sec.
2nd	214 / 2 Blue (Gr)	Hamana Tahir	
3rd	233 / 1 Blue (Gr)	Kushbakht Qayyum Khan	

POTATO RACE:

1st	214 / 2 Blue (Gr)	Hamana Tahir
2nd	314 / 1 Blue	Rimsha Wisal
3rd	298 / 1 Blue (Gr)	Humma Afridi

THREE LEGGED RACE:

1st	314 / 1 Blue	Rimsha Wisal
	361 / 1 Blue	Sidra
2nd	270 / Prep Blue	Mawarah Imtiaz
	319 / 1 Blue	Noor-e-Sahar
3rd	214 / 2 Blue (Gr)	Hamana Tahir
	315 / 2 Blue (Gr)	Sumbal Nabi

EVENTS ALREADY WORKED OUT UNDER 9 (Boys)

50 METERS:

1st	1093 / 4 Blue	Shafaat Hussain	8.16 Secs.
2nd	659 / 4 Green	Atifullah	
3rd	953 / 3 Blue	Owais Khan	

POTATO RACE:

1st	692 / 3 Green	Kamran Subhan
2nd	697 / 3 Blue	Akhunzada Saad
3rd	658 / 4 Blue	Aimal Khan

THROWING THE CRICKET BALL:

1st	659 / 4 Green	Atifullah	41.83 m.
2nd	953 / 3 Blue	Owais Khan	35.11 m.
3rd	647 / 3 Blue	Abdullah Afridi	33.62 m.

THROWING THE FOOTBALL:

1st	1093 / 4 Blue	Shafaat Hussain
2nd	1029 / 3 Blue	Asfandyar Khalid
3rd	622 / 3 Blue	Danial Imtiaz

4 X 50 METERS RELAY:

1st	953 / 3 Blue	Owais Khan	38.04 Secs.
	647 / 4 Blue	Marwan Ahmad Jadoon	
	598 / 2 Blue	Muhammad Ismail	
	520 / 3 Blue	Rohail Khan	
2nd	659 / 4 Green	Atifullah	
	692 / 3 Green	Kamran Subhan	
	483 / 4 Green	Hamza Rehman	
	895 / 1 Green	Faiz ur Rehman	
3rd	696 / 3 Green	Talha Sajjid	
	985 / 1 Green	Baheer Ahmad	
	693 / 3 Green	Umer Khan	
	697 / 3 Green	Akhunzada Saad	

EVENTS ALREADY WORKED OUT UNDER 9 (Girls)

50 METERS:

1st	342 / 3 Blue (Gr)	Nida Ali	9.30 Secs.
2nd	320 / 3 Blue	Fatima Jamal	
3rd	237 / 3 Blue (Gr)	Maria Khan	

POTATO RACE:

1st	171 / 3 Blue (Gr)	Fatima Shahbaz
2nd	299 / 3 Blue	Anum Rehman
3rd	296 / 3 Blue (Gr)	Aneesa Zeb

OBSTACLE RACE:

1st	296 / 3 Blue (Gr)	Aneesa Zeb
2nd	171 / 3 Blue (Gr)	Fatima Shahbaz
3rd	299 / 3 Blue	Anum Rehman

SACK RACE:

1st	234 / 2 Blue (Gr)	Maleeha Nisar
2nd	187 / 3 Blue (Gr)	Alishba Shuja
3rd	299 / 3 Blue	Anum Rehman

THROWING THE TENNIS BALL:

1st	148 / 3 Blue	Sherino Minto	13.10 m.
2nd	342 / 3 Blue (Gr)	Nida Ali	12.98 m.
3rd	183 / 2 Blue (Gr)	Kiran Fatima	12.00 m.

EVENTS ALREADY WORKED OUT UNDER 10 (Boys)

50 METERS:

1st	984 / 4 Green	Jamal Khan	8 Secs.
2nd	615 / 5 Blue	Babar Rehman	
3rd	707 / 3 Green	Yasir Khan	

100 METERS:

1st	984 / 4 Green	Jamal Khan	15.50 Secs.
2nd	667 / 5 Blue	Muneem ur Rehman	
3rd	615 / 5 Blue	Babar Rehman	

4 X 50 METERS:

1st	615 / 5 Blue	Babar Rehman	35.57 Secs.
	467 / 5 Blue	Khawar Abbas	
	667 / 5 Blue	Muneem ur Rehman	
	652 / 3 Blue	S. Ayub Shah	
2nd	1041 / 3 Green	Ali Raza	
	707 / 3 Green	Yasir Khan	
	392 / 5 Green	Waqas Khan	
	863 / 5 Green	Ahmad Hassan	
3rd	660 / 4 Green	Irfan Ullah	
	744 / 3 Green	Tameem John	
	486 / 4 Green	Hadir Sohail	
	984 / 4 Green	Jamal Khan	

OBSTACLE RACE:

1st	417 / 5 Green	M. Sohaib
2nd	392 / 5 Green	Waqas Khan
3rd	630 / 4 Blue	Mohsin Amin

SACK RACE:

1st	643 / 4 Blue	Mubbashar Altaf
2nd	417 / 5 Green	M. Sohaib
3rd	498 / 4 Blue	Duraiz Khan

THROWING THE CRICKET BALL:

1st	707 / 3 Green	Yasir Khan	47.15 m.
2nd	652 / 3 Blue	S. Ayub Shah	41.01 m.
3rd	667 / 5 Blue	Muneem ur Rehman	40.33 m.

DRIBBLING THE FOOTBALL:

1st	707 / 3 Green	Yasir Khan
2nd	417 / 5 Green	M. Sohaib
3rd	630 / 4 Blue	Mohsin Amin

EVENTS ALREADY WORKED OUT UNDER 10 (Girls)

50 METERS:

1st	149 / 4 Blue	Sameera Hafeez	9.50 Secs.
2nd	137 / 4 Blue	Sumble Javed	
3rd	147 / 4 Blue	Mariyum Hayyat	

100 METERS:

1st	353 / 5 Blue	Iqra Khalid	18.31 Secs.
2nd	180 / 4 Blue (Gr)	Tehreem Zohra	
3rd	149 / 4 Blue	Sameera Hafeez	

4 X 50 METERS RELAY:

1st	143 / 4 Blue	Sana Rehman	43.85 Secs.
	149 / 4 Blue	Sameera Hafeez	
	242 / 5 Blue	Sara Imtiaz	
	147 / 4 Blue	Mariyum Hayyat	
2nd	123 / 4 Blue (Gr)	Shamama Tul Amber	
	227 / 3 Blue (Gr)	Areeba Ahmad	
	124 / 4 Blue (Gr)	Parkha Shams	
	180 / 4 Blue (Gr)	Tehreem Zohra	

OBSTACLE RACE:

1st	337 / 4 Blue	Amna Arif
2nd	306 / 2 Blue (Gr)	Neelam Nawaz
3rd	124 / 4 Blue (Gr)	Parkha Shams

SACK RACE:

1st	143 / 4 Blue	Sana Rehman
2nd	123 / 4 Blue (Gr)	Shamama Tul Amber
3rd	337 / 4 Blue	Amna Arif

THROWING THE TENNIS BALL:

1st	147 / 4 Blue	Mariyum Hayyat	19.31 m.
2nd	146 / 4 Blue	Qurat Ul Ain Ali	15.02 m.
3rd	242 / 5 Blue	Sara Imtiaz	14.03 m.

EVENTS ALREADY WORKED OUT UNDER 11 (Boys)

100 METERS:

1st	753 / 4 Blue	Malik Adnan	14.72 Secs.
2nd	414 / 6 Green	Yasir Khan	
3rd	423 / 5 Green	Afnan Farid	

200 METERS:

1st	925 / 5 Blue	Rizwan Mehsud	33.65 Secs.
2nd	413 / 6 Green	Yasir Khan	
3rd	474 / 5 Blue	Muhammad Muzamil	

4 X 50 METERS RELAY:

1st	478 / 5 Green	Yasir Jamal	34.35 Secs.
	423 / 5 Green	Afnan Farid	
	968 / 5 Green	Maaz Amjad	
	413 / 6 Green	Yasir Khan	
2nd	578 / 4 Blue	Muhammad Hassan Shahid	
	474 / 5 Green	Muhammad Muzamil	
	1067 / 4 Blue	Sherjeel Riaz	
	651 / 5 Blue	Abdul Qadeer	
3rd	753 / 4 Blue	Malik Adnan	
	657 / 4 Blue	Zarak Khan	
	644 / 4 Blue	Haroon Khan	
	511 / 7 Blue	Junaid Javed	

4 X 100 METERS RELAY:

1st	925 / 5 Blue	Rizwan Mehsud	1 min. 12 Secs
	485 / 5 Blue	Waleed Sohail	
	493 / 5 Blue	Arbab Asim	
	578 / 4 Blue	Muhammad Hassan Shahid	
2nd	486 / 4 Green	Raheel Javed	
	435 / 4 Green	Shahzeb ul Mulk	
	413 / 6 Green	Yasir Khan	
	1075 / 4 Green	Amir Khan.	

LONG JUMP:

1st	493 / 5 Blue	Arbab Asim	3.66 m.
2nd	423 / 5 Green	Afnan Farid	3.57 m.
3rd	925 / 5 Blue	Rizwan Mehsud	3.51 m.

HIGH JUMP:

1st	925 / 5 Blue	Rizwan Mehsud	3 ft 9 inch
2nd	423 / 5 Blue	Afnan Farid	3 ft 8 inch
3rd	986 / 3 Green	Shabeer Ahmad	3 ft 4 inch

EVENTS ALREADY WORKED OUT UNDER 11 (Girls)

100 METERS:

1st	84 / 6 Blue	Ghazala	16.40 Secs.
2nd	336 / 6 Blue	Haleema Noor	
3rd	109 / 4 Blue (Gr)	Naila Jan	

4 X 100 METERS RELAY:

1st	280 / 5 Blue	Laila Gul	37.55 Secs.
	110 / 4 Blue	Hajira Jan	
	317 / 5 Blue	Farah Naz Burki	
	84 / 6 Blue	Ghazala	
2nd	96 / 5 Blue (Gr)	Warida	
	58 / 5 Blue (Gr)	Ayesha Shinwari	
	103 / 6 Blue (Gr)	Maryam Ayaz	
	109 / 4 Blue (Gr)	Naila Jan	

OBSTACLE RACE:

1st	117 / 5 Blue	Basma Ayub	
2nd	317 / 5 Blue	Farah Naz Burki	
3rd	103 / 6 Blue (Gr)	Maryam Ayaz	

SACK RACE:

1st	109 / 4 Blue (Gr)	Naila Jan	
2nd	74 / 5 Blue	Sanam Malooki	
3rd	280 / 5 Blue	Laila Gul	

EVENTS ALREADY WORKED OUT UNDER 12 (Boys)

100 METERS:

1st	436 / 6 Blue	M. Kazim	15.30 Secs.
2nd	313 / 6 Blue	Zahir Ahmed	
3rd	1035 / 6 Green	Husnain Haider	

200 METERS:

1st	785 / 5 Blue	Zubair Ali	34.61 Secs.
2nd	216 / 6 Blue	M. Sheraz	
3rd	685 / 6 Green	Shahnawaz Khan	

400 METERS:

1st	91 / 8 Blue	Bilal Shareef	1 min. 21 Secs.
2nd	216 / 6 Blue	M. Sheraz	
3rd	785 / 5 Blue	Zubair Ali	

4 X 100 METERS RELAY:

1st	91 / 8 Blue	Bilal Shareef	1 min. 7 Secs.
	216 / 6 Blue	M. Sheraz	
	785 / 5 Blue	Zubair Ali	
	778 / 6 Blue	Nifaz Alam	
2nd	313 / 6 Blue	Zaheer Ahmad	
	436 / 6 Blue	M. Kazim	
	699 / 6 Blue	Ozair Iqbal	
	422 / 6 Blue	Salman Farid	
3rd	685 / 6 Green	Shahnawaz Khan	
	335 / 6 Green	Abdul Aziz	
	1054 / 4 Green	Abdul Aziz	
	1035 / 6 Green	Husnain Haider	

LONG JUMP:

1st	422 / 6 Blue	Salman Farid	3.56 m.
2nd	436 / 6 Blue	M. Kazim	3.56 m.
3rd	91 / 8 Blue	Bilal Shareef	

HIGH JUMP:

1st	91 / 8 Blue	Bilal Shareef	4 ft.
2nd	785 / 5 Blue	Zubair Ali	3 ft 10 inch
3rd	778 / 6 Blue	Nifaz Alam	3 ft 9 inch

EVENTS ALREADY WORKED OUT UNDER 12 (Girls)

100 METERS:

1st	163 / 7 Blue	Sana Rehman	17.00 Secs.
2nd	204 / 5 Blue	Zarina Bakhtiar	
3rd	73 / 6 Blue (Gr)	Nida Ali	

200 METERS:

1st	47 / 6 Blue (Gr)	Mamoona Haroon	40.70 Secs.
2nd	119 / 6 Blue	Shahana Mehsud	
3rd	139 / 7 Blue (Gr)	Shumaila Zeb	

4 X 100 METERS RELAY:

1st	156 / Blue	Aysha	1 min. 60 Secs.
	119 / 6 Blue	Shahana Mehsud	
	254 / 7 Blue	Anees	
	163 / 7 Blue	Sana Rehman	
2nd	73 / 6 Blue (Gr)	Nida Ali	
	139 / 6 Blue (Gr)	Shumaila Zeb	
	134 / 6 Blue (Gr)	Sadaf Shereen	
	47 / 7 Blue (Gr)	Mamoona Haroon	

OBSTACLE RACE:

1st	73 / 6 Blue (Gr)	Nida Ali	
2nd	346 / 6 Blue	Marukh Azhar Keen	
3rd	345 / 5 Blue	Fatima Ali	

SACK RACE:

1st	251 / 5 Blue	Hoor Gul	
2nd	339 / 3 Blue (Gr)	Karishma Mahzooz	
3rd	55 / 6 Blue	Afsheen Sardar	

LONG JUMP:

1st	163 / 7 Blue	Sana Rehman	2.87 m.
2nd	134 / 6 Blue (Gr)	Sadaf Shereen	2.40 m.
3rd	139 / 7 Blue (Gr)	Shumaila Zeb	2.31 m.

HIGH JUMP:

1st	139 / 7 Blue (Gr)	Shumaila Zeb	3 ft. 1 inches
2nd	47 / 7 Blue (Gr)	Mamoona Haroon	2 ft. 11 inches.
3rd	251 / 5 Blue	Hoor Gul	2 ft. 10 inches

EVENTS ALREADY WORKED OUT UNDER 13 (Boys)

100 METERS:

1st	687 / 7 Blue	Faisal Khan	14.78 Secs.
2nd	650 / 8 Blue	Abdul Jabbar Khan	
3rd	547 / 6 Green	Junaid Akhtar	

200 METERS:

1st	204 / 7 Blue	Bilal Jalil	33.90 Secs.
2nd	650 / 8 Blue	Abdul Jabbar Khan	
3rd	1079 / 6 Blue	Adil Khan	

400 METERS:

1st	715 / 8 Green	Zahid Ahmad	1 min 17 Secs.
2nd	204 / 7 Blue	Bilal Jalil	
3rd	174 / 7 Blue	Izhar Ullah	

4 X 100 METERS RELAY:

1st	204 / 7 Blue	Bilal Jalil	1 min 6 Secs.
	516 / 7 Blue	Shahab Saleem	
	650 / 8 Blue	Abdul Jabbar Khan	
	687 / 7 Blue	Faisal Khan	

2nd	213 / 7 Green	Junaid Khan	
	547 / 6 Green	Junaid Akhtar	
	715 / 8 Green	Zahid Ahmad	
	847 / 7 Green	Muneer Khan	
3rd	174 / 7 Blue	Izhar Ullah	
	217 / 6 Blue	Haseeb	
	857 / 7 Blue	M. Tahir Afridi	
	584 / 6 Blue	S. Haider Ali	

LONG JUMP:

1st	715 / 8 Green	Zahid Ahmad	4.29 m.
2nd	650 / 8 Blue	Abdul Jabbar Khan	3.86 m.
3rd	857 / 7 Blue	M. Tahir Afridi	3.69 m.

HIGH JUMP:

1st	715 / 8 Green	Zahid Ahmad	4 ft 7 inch.
2nd	174 / 7 Blue	Izhar Ullah	3 ft 10 inch.
3rd	1004 / 7 Blue	Muhammad Junaid Khan	3 ft 8 inch.

EVENTS ALREADY WORKED OUT UNDER 13 (Girls)

100 METERS:

1st	75 / 8 Blue (Gr)	Amna Bibi	17.20 Secs.
2nd	07 / 8 Blue (Gr)	Arzu Sharif	
3rd	144 / 7 Blue	Mashal Riaz	

200 METERS:

1st	75 / 8 Blue (Gr)	Amna Bibi	38.03 Secs.
2nd	159 / 8 Blue (Gr)	Ayesha Rahim	
3rd	341 / 7 Blue	Hareem Saeed	

4 X 100 METERS RELAY:

1st	07 / 8 Blue (Gr)	Arzu Sharif	1 min. 17 Secs.
	39 / 7 Blue (Gr)	Sana Imtiaz	
	75 / 8 Blue (Gr)	Amna Bibi	
	159 / 8 Blue (Gr)	Ayesha Rahim	
2nd	144 / 7 Blue	Mashal Riaz	
	291 / 7 Blue	Zara Khuram	
	274 / 7 Blue	Mahleena Qayyum	
	341 / 7 Blue	Hareem Saeed	

OBSTACLE RACE:

1st	39 / 7 Blue (Gr)	Sana Imtiaz	
2nd	297 / 5 Blue	Saba Shahid	
3rd	135 / 6 Blue	Shayan-e-Mehak	

SACK RACE:

1st	135 / 6 Blue	Shayan-e-Mehak	
2nd	297 / 5 Blue	Saba Shahid	
3rd	32 / 7 Blue	Sana Iftikhar	

LONG JUMP:

1st	07 / 8 Blue (Gr)	Arzu Sharif	3.22 m.
2nd	75 / 8 Blue (Gr)	Amna Bibi	2.71 m.
3rd	268 / 5 Blue	Zainab Saeed	2.60 m.

HIGH JUMP:

1st	07 / 8 Blue (Gr)	Arzu Sharif	3 ft.
2nd	159 / 8 Blue (Gr)	Ayesha Raheem	2 ft 11 inch.
3rd	274 / 7 Blue	Mehleena Qayyum	2 ft 7 inch.

EVENTS ALREADY WORKED OUT UNDER 14 (Boys)

100 METERS:

1st	806 / 8 Blue	Arsalan Abdullah	12.40 Secs.
2nd	636 / 8 Blue	Syed Khushal Shah	
3rd	1024 / 7 Blue	Muhammad Shoaib	

200 METERS:

1st	806 / 8 Blue	Arsalan Abdullah	26.90 Secs.
2nd	642 / 7 Blue	Wasid Nawaz	
3rd	355 / 7 Green	Abdul Qadus	

4 X 100 METERS RELAY:

1st	235 / 8 Blue	Abbas Haider Malooki	1 min 12 Secs.
	636 / 8 Blue	Syed Khushal Shah	
	806 / 8 Blue	Arsalan Abdullah	
	947 / 8 Blue	Amjad Ali	
2nd	196 / 7 Blue	Alam Khan	
	949 / 7 Blue	Bilal Hussain	
	1024 / 7 Blue	Muhammad Sohaib	
	795 / 7 Blue	Muhammad Hamza Bangash	
3rd	88 / 7 Blue	Zia Ullah	
	867 / 8 Blue	Ateeq Khan Afridi	
	1109 / 8 Green	Sunain Haider	
	369 / 8 Green	Saeed ur Rehman	

EVENTS ALREADY WORKED OUT UNDER 14 (Boys)

4 X 400 METERS RELAY:

1st	235 / 8 Blue	Abbas Haider Malooki	4 min 47 Secs.
	636 / 8 Blue	Syed Khushal Shah	
	806 / 8 Blue	Arsalan Abdullah	
	947 / 8 Blue	Amjad Ali	
2nd	196 / 7 Blue	Alam Khan	
	949 / 7 Blue	Bilal Hussain	
	1024 / 7 Blue	Muhammad Sohaib	
	795 / 7 Blue	Muhammad Hamza Bangash	
3rd	88 / 7 Green	Zia Ullah	
	867 / 8 Green	Ateeq Khan Afridi	
	1109 / 8 Green	Sunain Haider	
	369 / 8 Green	Saeed ur Rehman	

LONG JUMP:

1st	369 / 8 Green	Saeed ur Rehman	4.69 m.
2nd	636 / 8 Blue	Syed Khushal Shah	4.48 m.
3rd	235 / 8 Blue	Abbas Haider Malooki	4.32 m.

HIGH JUMP:

1st	369 / 8 Green	Saeed ur Rehman	4 ft 7 inch
2nd	235 / 8 Blue	Abbas Haider Malooki	4 ft 4 inch
3rd	196 / 7 Blue	Alam Khan	4 ft 2 inch

SHOT PUTT:

1st	938 / 8 Blue	Hassam Zahir	6.37 m.
2nd	806 / 8 Blue	Arsalan Abdullah	6.28 m.
3rd	867 / 8 Green	Ateeq ur Rehman	6.10 m.

EVENTS ALREADY WORKED OUT UNDER 14 (Girls)

100 METERS:

1st	06 / 8 Blue	Uzma Hashim	16.47 Secs.
2nd	126 / 8 Blue	Zarlakhta Farhat	
3rd	95 / 8 Blue	Nida Naeem	

200 METERS:

1st	06 / 8 Blue	Uzma Hashim	36.94 Secs.
2nd	126 / 8 Blue	Zarlakhta Farhat	
3rd	95 / 8 Blue	Nida Naeem	

4 X 100 METERS RELAY:

1st	126 / 8 Blue 06 / 8 Blue 95 / 8 Blue 176 / 7 Blue	Zarlakhta Farhat Uzma Hashim Nida Naeem Taha Rehman	1 min. 15 Secs.
2nd	33 / 7 Blue (Gr) 66 / 8 Blue (Gr) 77 / 7 Blue (Gr) 71 / 9 Blue (Gr)	Maheen Sajad Farrah Noreen Sana Habib Sana Javed	

LONG JUMP:

1st	126 / 8 Blue	Zarlakhta Farhat	3.41 m.
2nd	06 / 8 Blue	Uzma Hashim	3.40 m.
3rd	66 / 8 Blue	Farrah Noreen	3.27 m.

HIGH JUMP:

1st	66 / 8 Blue (Gr)	Farrah Noreen	3 ft 4 inch
2nd	91 / 8 Blue	Sophia Zohra	3 ft 3 inch
3rd	33 / 7 Blue (Gr)	Maheen Sajad	2 ft 11 inch

SHOT JUMP:

1st	91 / 8 Blue	Sophia Zohra	5.30 m.
2nd	77 / 7 Blue	Sana Habib	5.10 m.
3rd	95 / 8 Blue	Nida Naeem	4.75 m.

EVENTS ALREADY WORKED OUT UNDER 15 (Boys)

100 METERS:

1st	346 / 8 Green	Muhammad Derwesh	13 Secs.
2nd	870 / 7 Green	Sheraz Zaman	
3rd	752 / 6 Blue	Malik Nauman Ishaq	

200 METERS:

1st	346 / 8 Green	Muhammad Derwesh	29.20 Secs.
2nd	866 / 8 Green	Muhammad Asif	
3rd	940 / 8 Blue	Malik Nauman Ishaq	

400 METERS:

1st	333 / 9 Blue	Mian Muhammad Haroon	1 min 9 Secs.
2nd	471 / 8 Green	Mujeeb Alam	
3rd	885 / 8 Blue	Rustam Khan	

800 METERS:

1st	333 / 9 Blue	Mian Muhammad Haroon	2 min 55 Secs.
2nd	120 / 8 Blue	Quaid Iqbal	
3rd	677 / 7 Green	Shaleem John	

4 X 100 METERS RELAY:

1st	471 / 8 Green 834 / 8 Green 846 / 8 Green 866 / 8 Green	Mujeeb Alam Kamran Khan Muhammad Derwesh Muhamad Asif
2nd	26 / 9 Blue 333 / 9 Blue 940 / 10 Blue 752 / 6 Blue	Malik Muhammad Usman Mian Muhammad Haroon Farhan Mahsud Malik Nauman Ishaq
3rd	870 / 7 Green 677 / 7 Green 187 / 7 Green 839 / 7 Green	Sheraz Zaman Shaleem John Abdur Rasheed Adil Ayub Khan

EVENTS ALREADY WORKED OUT UNDER 15 (Boys)

4 X 400 METERS RELAY:

1st	26 / 9 Blue	Malik Muhammad Usman	4 min 42 Secs
	333 / 9 Blue	Mian Muhammad Haroon	
	120 / 8 Blue	Quaid Iqbal	
	940 / 8 Blue	Adnan Satar	
2nd	471 / 8 Green	Mujeeb Alam	
	834 / 8 Green	Kamran Khan	
	846 / 8 Green	Muhammad Derwesh	
	866 / 8 Green	Muhammad Asif	
3rd	870 / 7 Green	Sheraz Zaman	
	677 / 7 Green	Shaleem John	
	823 / 9 Blue (Gr)	Ahmed Zeb	
	839 / 7 Green	Adil Ayub Khan	

LONG JUMP:

1st	471 / 8 Green	Mujeeb Alam	5.02 m.
2nd	870 / 7 Green	Sheraz Zaman	4.73 m.
3rd	846 / 8 Green	Muhammad Derwesh	4.43 m.

HIGH JUMP:

1st	120 / 8 Blue	Quaid Iqbal	4 ft 9 inch
2nd	352 / 8 Green	Kaleem Ullah	4 ft 7 inch
3rd	870 / 7 Green	Sheraz Zaman	4 ft 7 inch

SHOT PUTT:

1st	471 / 8 Green	Mujeeb Alam	7.99 m.
2nd	866 / 8 Green	Muhammad Asif	7.03 m.
3rd	492 / 9 Blue (Gr)	Khurram Shehzad	6.20 m.

EVENTS ALREADY WORKED OUT UNDER 15 & OVER GIRLS

100 METERS:

1st	05 / 9 Blue	Tania Hashim	15.30 Secs.
2nd	209 / 8 Blue (Gr)	Saima Riaz	
3rd	90 / 9 Blue	Hajira Mumtaz	

200 METERS:

1st	05 / 9 Blue	Tania Hashim	35.00 Secs.
2nd	189 / 8 Blue	Sajida Khalid	
3rd	253 / 8 Blue (Gr)	Rehab Zahid	

4 x 400 METERS RELAY:

1st	85 / 9 Blue (Gr)	Sara Riaz	1 min 10 Secs.
	286 / 10 Blue (Gr)	Inayat Afzal	
	209 / 8 Blue (Gr)	Saima Riaz	
2nd	155 / 9 Blue	Zarka Khan	
	04 / 9 Blue	Kiran Shareef	
	05 / 9 Blue	Tania Hashim	
	41 / 10 Blue	Sana Khan	
3rd	253 / 8 Blue (Gr)	Rehab Zahid	
	247 / 5 Blue (Gr)	Mehwish Sehr	
	153 / 9 Blue (Gr)	Samica Iftikhar	
	189 / 8 Blue (Gr)	Sajida Khalid	

LONG JUMP:

1st	05 / 9 Blue	Tania Hashim	4.02 m.
2nd	209 / 8 Blue (Gr)	Saima Riaz	3.69 m.
3rd	85 / 9 Blue (Gr)	Sara Riaz	3.51 m.

HIGH JUMP:

1st	85 / 9 Blue (Gr)	Sara Riaz	3 ft 9 inch.
2nd	99 / 10 Blue (Gr)	Rabia Asad	3 ft 7 inch.
3rd	90 / 9 Blue (Gr)	Hajira Mumtaz	3 ft 6 inch.

SHOT PUTT:

1st	99 / 10 Blue (Gr)	Rabia Asad	5.49 m.
2nd	209 / 8 Blue (Gr)	Saima Riaz	5.45 m.
3rd	253 / 8 Blue (Gr)	Rehab Zahid	5.23 m.

EVENTS ALREADY WORKED OUT UNDER 16 (Boys)

100 METERS:

1st	234 / 9 Blue	Zeeshan Haider Malooki 12.75 Secs.
2nd	681 / 9 Blue	Hamid Khan
3rd	711 / 10 Blue	Muhammad Farhan

200 METERS:

1st	234 / 9 Blue	Zeeshan Haider Malooki 28.33 Secs.
2nd	427 / 10 Blue	Sahibzada Saleem
3rd	1023 / 9 Blue	Azmatullah

400 METERS:

1st	674 / 10 Blue	Muhammad Mumraiz Khan 1 min 12 Secs.
2nd	711 / 10 Blue	Muhammad Farhan
3rd	439 / 10 Blue	Asad Sharif

800 METERS:

1st	681 / 9 Blue	Hamid Khan	3 min 7 Secs.
2nd	735 / 10 Green	Yasir Ahmed	
3rd	439 / 10 Blue	Asad Sharif	

4 X 100 METERS RELAY:

1st	681 / 9 Green	Hamid Khan	55.20 Secs.
	674 / 10 Green	Muhammad Mumraiz Khan	
	711 / 10 Green	Muhammad Farhan	
	427 / 10 Green	Sahibzada Saleem	
2nd	234 / 9 Blue	Zeeshan Haider Malooki	
	828 / 9 Blue	Muhammad Usman	
	1023 / 9 Blue	Azmatullah	
	439 / 10 Blue	Asad Sharif	

EVENTS ALREADY WORKED OUT UNDER 16 (Boys)

4 X 400 METERS RELAY:

1st	681 / 9 Green	Hamid Khan	4 min 34 Secs.
	674 / 10 Green	Muhammad Mumraiz Khan	
	711 / 10 Green	Muhammad Farhan	
	427 / 10 Green	Sahibzada Saleem	
2nd	234 / 9 Blue	Zeeshan Haider Malooki	
	828 / 9 Blue	Muhammad Usman	
	419 / 10 Blue	Muhammad Haris Khan	
	439 / 10 Blue	Asad Sharif	

LONG JUMP:

1st	674 / 10 Green	Muhammad Mumraiz Khan	5.20 m.
2nd	1023 / 9 Blue	Azmatullah	4.76 m.
3rd	711 / 10 Green	Muhammad Farhan	4.65 m.

HIGH JUMP:

1st	681 / 9 Green	Hamid Khan	4 ft 8 inch.
2nd	419 / 10 Blue	Haris Khan	4 ft 6 inch.
3rd	828 / 9 Blue	Muhammad Usman	4 ft 4 inch.

SHOT PUTT:

1st	828 / 9 Blue	Muhammad Usman	7.40 m.
2nd	427 / 10 Green	Sahibzada Saleem	6.81 m.
3rd	25 / 10 Blue	Malik Umar	6.58 m.

EVENTS ALREADY WORKED OUT UNDER 16 (Boys)

100 METERS:

1st	234 / 9 Blue	Zeeshan Haider Malooki 12.75 Secs.
2nd	681 / 9 Blue	Hamid Khan
3rd	711 / 10 Blue	Muhammad Farhan

200 METERS:

1st	234 / 9 Blue	Zeeshan Haider Malooki 28.33 Secs.
2nd	427 / 10 Blue	Sahibzada Saleem
3rd	1023 / 9 Blue	Azmatullah

400 METERS:

1st	674 / 10 Blue	Muhammad Mumraiz Khan 1 min 12 Secs.
2nd	711 / 10 Blue	Muhammad Farhan
3rd	439 / 10 Blue	Asad Sharif

800 METERS:

1st	681 / 9 Blue	Hamid Khan	3 min 7 Secs.
2nd	735 / 10 Green	Yasir Ahmed	
3rd	439 / 10 Blue	Asad Sharif	

4 X 100 METERS RELAY:

1st	681 / 9 Green	Hamid Khan	55.20 Secs.
	674 / 10 Green	Muhammad Mumraiz Khan	
	711 / 10 Green	Muhammad Farhan	
	427 / 10 Green	Sahibzada Saleem	
2nd	234 / 9 Blue	Zeeshan Haider Malooki	
	828 / 9 Blue	Muhammad Usman	
	1023 / 9 Blue	Azmatullah	
	439 / 10 Blue	Asad Sharif	

EVENTS ALREADY WORKED OUT UNDER 16 (Boys)

4 X 400 METERS RELAY:

1st	681 / 9 Green	Hamid Khan	4 min 34 Secs.
	674 / 10 Green	Muhammad Mumraiz Khan	
	711 / 10 Green	Muhammad Farhan	
	427 / 10 Green	Sahibzada Saleem	
2nd	234 / 9 Blue	Zeeshan Haider Malooki	
	828 / 9 Blue	Muhammad Usman	
	419 / 10 Blue	Muhammad Haris Khan	
	439 / 10 Blue	Asad Sharif	

LONG JUMP:

1st	674 / 10 Green	Muhammad Mumraiz Khan	5.20 m.
2nd	1023 / 9 Blue	Azmatullah	4.76 m.
3rd	711 / 10 Green	Muhammad Farhan	4.65 m.

HIGH JUMP:

1st	681 / 9 Green	Hamid Khan	4 ft 8 inch.
2nd	419 / 10 Blue	Haris Khan	4 ft 6 inch.
3rd	828 / 9 Blue	Muhammad Usman	4 ft 4 inch.

SHOT PUTT:

1st	828 / 9 Blue	Muhammad Usman	7.40 m.
2nd	427 / 10 Green	Sahibzada Saleem	6.81 m.
3rd	25 / 10 Blue	Malik Umar	6.58 m.

EVENTS ALREADY WORKED OUT OVER 16 (Boys)

100 METERS:

1st	202 / 9 Blue	Imran Khan	13 Secs.
2nd	871 / 9 Blue	Sajjad Ahmad	
3rd	278 / 10 Blue	Umair Javed	

200 METERS:

1st	871 / 9 Blue	Sajjad Ahmad	29.26 Secs.
2nd	202 / 9 Blue	Imran Khan Afridi	

400 METERS:

1st	225 / 10 Blue	Muhammad Zaheer	1min. 5Secs.
2nd	283 / 10 Blue	Muhammad Pervez Khan	
3rd	653 / 9 Blue	Shujat Noor	

800 METERS:

1st	225 / 10 Blue	Muhammad Zaheer	4min 2Secs.
2nd	283 / 10 Blue	Muhammad Pervez Khan	
3rd	526 / 10 Blue	Safiullah	

4 X 100 METERS RELAY:

1st	225 / 10 Blue	Muhammad Zaheer	56.55 Secs.
	202 / 9 Blue	Imran Khan Afridi	
	278 / 10 Blue	Umair Javed	
	526 / 10 Blue	Safiullah	
2nd	653 / 9 Blue	Shujat Noor	
	283 / 10 Blue	Muhammad Pervez Khan	
	901 / 10 Blue	Usman Shah	
	871 / 9 Blue	Sajjad Ahmad	

EVENTS ALREADY WORKED OUT OVER 16 (Boys)

4 X 400 METERS RELAY:

1st	653 / 9 Blue	Shujat Noor	4 min 43 Secs.
	283 / 10 Blue	Muhammad Pervez Khan	
	404 / 8 Blue	Ali Asghar	
	871 / 9 Blue	Sajjad Ahmad	
2nd	225 / 10 Blue	Muhammad Zaheer	
	202 / 9 Blue	Imran Khan Afridi	
	278 / 10 Blue	Umair Javed	
	526 / 10 Blue	Safiullah	

LONG JUMP:

1st	202 / 9 Blue	Imran Khan Afridi	5.23 m.
2nd	653 / 9 Blue	Shujat Noor	
3rd	463 / 10 Blue	Umair Javed	

HIGH JUMP:

1st	225 / 10 Blue	Muhammad Zaheer	4 ft 5 inch
2nd	404 / 10 Blue	Ali Asghar	4 ft 5 inch
3rd	901 / 10 Blue	Muhammad Usman Shah	3 ft 11 inch

SHOT PUTT:

1st	403 / 10 Blue	Imran Khan Shinwari	7.61 m.
2nd	526 / 10 Blue	Safiullah	7.27 m.
3rd	463 / 10 Blue	Umair Javed	6.85 m.

ORDER AND TIME OF EVENTS

Tuesday, 5th November, 2002

S/No. Time Events

- 1) 10:30 a.m. Arrival of the Chief Guest.
- 2) 10:35 a.m. Opening Ceremony.
- 3) 10:40 a.m. Address of the Principal.
- 4) 10:45 a.m. Open Competition 4 x 100 Metres Relay (Boys)
- 5) 10:50 a.m. Open Competition 4 x 100 Metres Relay (Girls)
- 6) 10:55 a.m. Open Competition 400 Metres (Boys)
- 7) 11:00 a.m. Open Competition 200 Metres (Girls)
- 8) 11:05 a.m. Open Competition Obstacle Race (Boys)

*The Principal and staff
sincerely thank
All donors off Advertisements
and
the parents, the well - wishers
who have generously contributed
towards success of this meet.*

S/No. Time Events

- 9) 11:10 a.m. Gymnastics
- 10) 11:35 a.m. Drill Display

Boys:			
i)	Classes	Prep & 1	With Balloons
ii)	Classes	2 & 3	With Tambourines
iii)	Classes	4 & 5	With Dopattas
iv)	Classes	6 & 7	With Dumb bells
Girls:			
i)	Classes	2,3 & 4	With Pompoms
ii)	Classes	5,6 & 7	With Rings
- 11) 12:00 noon Parents Race (i) Ladies (Potato Race)
(ii) Gents (Sack Race)
- 12) 12:15 p.m March Past
- 13) 12:25 p.m Address of the Chief Guest
- 14) 12:30 p.m Distribution of Trophies.

THE ATHLETES' PROMISE

We promise to take part in this Annual Athletic Sports Meet in loyal competition respecting the rules and regulations that govern them.

We promise to keep a stout heart in defeat, to keep our pride under, in victory, to keep a sound soul, a clean mind, a healthy body and play the game in true spirit of sportsmanship.

Event of the Final Day
Open Competition 4 x 100 Metres (Boys)

BLUE HOUSE:

First Team

283 / 10	Blue	Muhammad Parvez Khan
653 / 9	Blue	Shujaat Noor
871 / 9	Blue	Sajjad Ahmed
234 / 9	Blue	Zeeshan Haider Malooki

Second Team

949 / 7	Blue	Bilal Hussain
333 / 9	Blue	Haroon Iqbal
940 / 8	Blue	Adnan Sattar
636 / 8	Blue	Khushal Shah

GREEN HOUSE:

First Team

674 / 10	Green	Mumraiz Khan
255 / 10	Green	Zaheer Hashim
202 / 9	Green	Imran Afridi
471 / 8	Green	Mujeeb Alam

Second Team

681 / 9	Green	Hamid Shinwari
846 / 8	Green	Derwaish Khan
711 / 10	Green	Muhammad Farhan
427 / 10	Green	Sahibzada Saleem

Open Competition 200 Metres (Boys)

BLUE HOUSE:

806 / 8	Blue	Arsalan Abdullah
752 / 6	Blue	Nouman Ishaq

GREEN HOUSE:

677 / 7	Green	Shaleem John
867 / 8	Green	Ateeq Afridi

Event of the Final Day
Open Competition 4 x 100 Metres (Girls)

BLUE HOUSE:

First Team

05 / 9	Blue	Taniya Hashim
06 / 8	Blue	Uzma Hashim
126 / 8	Blue	Zarlakhta Farhat
155 / 9	Blue	Zarqa Khan

Second Team

163 / 7	Blue	Sana Rehamn
84 / 6	Blue	Ghazala Khan
176 / 7	Blue	Taha Rehman
154 / 7	Blue	Mashal Riaz

GREEN HOUSE

First Team

286 / 10	Green	Inayat Afzal
90 / 9	Green	Hajira Mumtaz
209 / 8	Green	Saima Riaz
85 / 9	Green	Sara Riaz

Second Team

153 / 9	Green	Samica Iftikhar
225 / 8	Green	Rehab Zahid
159 / 8	Green	Ayesha Raheem
07 / 8	Green	Arzoo Sharif

Open Competition 200 Metres (Girls)

GREEN HOUSE

189 / 8	Green	Sajida Khalid
75 / 8	Green	Amina Khan

BLUE HOUSE

353 / 5	Blue	Iqra Khan
317 / 5	Blue	Farah Naz

OBSTACLE RACE (BOYS) OPEN COMPETITION UNDER 10 & 11

- 1) 709 / 2 Blue Musadiq Noor
- 2) 688 / 2 Green Aimad Khan
- 3) 953 / 3 Blue Owais Khan
- 4) 978 / 4 Blue Shayan Zakir
- 5) 984 / 4 Green Muhammad Jamal Khan
- 6) 968 / 5 Green Maaz Amjad
- 7) 785 / 5 Blue Zubair Ali
- 8) 217 / 6 Blue Haseeb Khan
- 9) 1068/6 Green Mohsin Ailiya
- 10) 685 / 6 Green Shahnawaz Khan

CLASS OFFICIALS ACADEMIC YEAR 2002 - 2003

Pre Prep Blue:

334	Palwasha Iftikhar	Class Leader
349	Anum	House Chief
1012	Muneeb ur Rehman	Academic Officer

Pre Prep Green:

357	Ayesha Ijaz	Class Leader
332	Amber Rehan	House Chief
365	Komal Naeem	Academic Officer

Prep Blue:

962	Mudassir Ahmed Khan	Class Leader
911	Asad Rehman Khattak	House Chief
919	Muhammad Shifa Khan	Academic Officer
918	Danial Ahmed Murtaza	Treasurer

Prep Green:

992	Waleed Ahmed	Class Leader
981	Abu Bakar	House Chief
313	Sana Saleem Khan	Academic Officer

Prep Blue Green:

347	Mahnoor Asghar Keen	Class Leader
351	Iqra Haseeb	House Chief
1058	Abdul Wahid Khan	Academic Officer

1 - Blue:

819	Agha Ali	Class Leader
805	Muhammad Hamza	House Chief
800	Julian Minto	Academic Officer
813	Faizan Khan	Treasurer

1 - Green:

999	Sayed Ahmed Jamal	Class Leader
1089	Muhammad Moaiz Mazhar	House Chief
890	Sher Afgun	Academic Officer

1 - Blue (Girls):

298	Huma Afridi	Class Leader
245	Yusra	House Chief (Blue)
273	Jassanka Iqbal	House Chief (Green)
276	Sarwat Bushra	Academic Officer

2 - Blue:

732	Moeen ur Rehman	Class Leader
694	Asfandyar Iqbal	House Chief
695	Hamza Rehman	Academic Officer
688	Tashfeen Khan	Treasurer

2 - Green:

787	Shayan Sameer Fernando	Class Leader
783	Taimur Khan	House Chief
835	Umer Khan	Academic Officer
878	Wamidh Tahir	Treasurer

2 - Blue (Girls):

212	Javaria Jamal	Class Leader
306	Neelum Nawaz	House Chief (Blue)
200	Romaisa	House Chief (Green)
183	Kiran Fatima	Academic Officer
228	Syeda Sadia	Treasurer

3 - Blue:

647	Abdullah	Class Leader
585	Syed Momin	House Chief
950	Zia Ur Rehman	Academic Officer
620	Babar Ali	Treasurer

3 - Green:

987	Shaheer Ahmed	Class Leader
767	Jebran Khan	House Chief
786	Taimur	Academic Officer
941	Afraz Khan	Treasurer

3 - Blue (Girls):

320	Fatima Jamal	Class Leader
160	Muqaddas Mashal	House Chief (Blue)
304	Aiman Zakir	House Chief (Green)
145	Syeda Mehak	Academic Officer
171	Fatima Shehbaz	Treasurer

4 - Green:

523	Safaf Habib	Class Leader
486	Haider Sohail	House Chief
435	Shahzaib ul Mulk	Academic Officer
1054	Abdul Aziz	Treasurer

4 - Blue (Girls):

123	Shamama-Tul-Amber	Class Leader
220	Nabila Khan	House Chief (Blue)
82	Hena Gul	House Chief (Green)
143	Sana Rehman	Academic Officer
226	Mehr ul Nisa	Treasurer

5 - Blue:

667	Munium Rehman	Class Leader
485	Waleed Sohail	House Chief
474	Muzamil Ahmed	Academic Officer
785	Zubair Ali	Treasurer

5 - Green:

478	Yasir Jamal	Class Leader
213	Junaid Khan	House Chief (Blue)
460	Tanzeel	Academic Officer
339	Shahrose	Treasurer

5 - Blue (Girls):

64	Zamara Sohail	Class Leader
242	Sara Imtiaz	House Chief (Blue)

96 Warida
317 Farah Naz Bukhari
301 Mehreen Ijaz

6 - Blue:

313 Zaheer Ahmed
422 Salman Fareed
436 Muhammad Kazim
699 Ozair Iqbal

6 - Green:

488 Kamran Gul
463 Adeel Afridi
372 Syed Zeeshan
1053 Abdul Mutlib

6 - Blue (Girl):

279 Sara Bashir
243 Fatima Shakir
135 Shayan-e-Mehak
156 Aisha Nawaz
47 Maimoona Haroon

7 - Blue:

516 Shahab Saleem
204 Bilal Jalil
174 Izhar Ullah
98 Rehan Zubair

7 - Green:

734 Omer Shekhani
88 Zia Ullah
367 Muhammad Omer
742 Muhammad Kamran

7 - Blue (Girls):

144 Mashal Riaz
163 Sana Rehman
63 Amina Qadir
139 Shumaila Zeb
77 Sana Habib

House Chief (Green)
Academic Officer
Treasurer

Class Leader
House Chief
Academic Officer
Treasurer

Class Leader
House Chief
Academic Officer
Treasurer

Class Leader
House Chief (Blue)
House Chief (Green)
Academic Officer
Treasurer

Class Leader
House Chief
Academic Officer
Treasurer

Class Leader
House Chief
Academic Officer
Treasurer

Class Leader
House Chief (Blue)
House Chief (Green)
Academic Officer
Treasurer

8 - Blue:

404 Ali Asghar
636 Syed Khushal Shah
650 Abdul Jabbar
81 Muhammad Daud

8 - Green:

1065 Shah Fahad Khan
471 Mujeeb Alam
715 Zahid Ahmed
116 Syed Arsalan Ahmed

8 - Blue (Girls)

91 Sophia Zohra Khattak
126 Zarlakhta
209 Saima Riaz
06 Uzma Hashim
72 Sidra Habib

9 - Blue:

820 Qazi Junaid Abid
926 Abid Khan Afridi
384 Farhan Habib
820 Umer Ahmed
346 Umair Ahmed Durrani

9 - Blue (Girls)

192 Somana Riaz
155 Zarka Khan
85 Sara Riaz
90 Hajira Mumtaz Khattak
03 Sonia Sharif

10 - Blue:

225 Zaheer Hashim
924 Farhan Mahsud
674 Muhammad Mumraiz
427 Sahibzada Saleem
283 Muhammad Pervaiz Khan

10 - Blue (Girls):

210 Sundus Javed
98 Ayesha Saeed
89 Zaish Riaz
15 Yusra Naseer
41 Sanam Khan

Class Leader
House Chief
Academic Officer
Treasurer

Class Leader
House Chief
Academic Officer
Treasurer

Class Leader
House Chief (Blue)
House Chief (Green)
Academic Officer
Treasurer

Class Leader
House Chief (Blue)
House Chief (Green)
Academic Officer
Treasurer

Class Leader
House Chief (Blue)
House Chief (Green)
Academic Officer
Treasurer

Class Leader
House Chief (Blue)
House Chief (Green)
Academic Officer
Treasurer

Class Leader
House Chief (Blue)
House Chief (Green)
Academic Officer
Treasurer

7th

Annual Athletics Day

SCHOOL BAND (Boys)

2002 - 2003

599 / 10 Blue	Qaisar Wahab	Captain
492 / 9 Blue	Khurram Shehzad	V. Captain
65 / 8 Blue	Taimur Khan	Side Drum
76 / 8 Blue	Younas Khan	B ^b Trumpet
225 / 8 Blue	Abdullah	Tenor Drum
518 / 8 Blue	Faisal	Side Drum
218 / 7 Green	Haris Zafar	Side Drum
847 / 7 Green	Munir Khan	Side Drum
265 / 7 Green	Moeen Maqsood	Side Drum
944 / 6 Blue	Omer	Flute
951 / 6 Blue	Tahir	Flute
1035 / 6 Green	Husnain	Flute
335 / 6 Green	Aziz	B ^b Clarinet
145 / 6 Blue	Ateeq ur Rehman	Base Drum
547 / 6 Green	Junaid	B ^b Clarinet
311 / 5 Green	Muhammad Ali	B ^b Clarinet
485 / 5 Blue	Waleed Sohail	Flute
429 / 5 Blue	Iftikhar Afridi	B ^b Trombone
872 / 5 Blue	Hamid Naeem	B ^b Trombone
589 / 5 Blue	Kashif Afridi	B ^b Euphonium
785 / 5 Blue	Zubair Ali Khan	Flute
504 / 4 Blue	Salman Zahid	Cymbal
560 / 4 Blue	Aimal Khan	Tambourine
213 / 5 Green	Junaid Khan	B ^b Clarinet

SCHOOL BAND (Girls)

2002 - 2003

91 / 8 Blue	Sophia Khattak	Captain
95 / 8 Blue	Nida Naeem	V. Captain
290 / 8 Blue	Palwasha Khan	Base Drum
189 / 8 Blue	Sajida Khalid	Side Drum
63 / 7 Blue	Amina Qadir	Cymbals
341 / 7 Blue	Hareem Saeed	Side Drum
274 / 7 Blue	Maleeha Qayyum	Tambourine
144 / 7 Blue	Mashal Riaz	Side Drum
32 / 7 Blue	Sana Iftikhar	Flute
291 / 7 Blue	Zara Khurram	Tambourine
133 / 7 Blue	Shumaila Zeb	Side Drum
241 / 7 Blue	Ayesha Khan	Tambourine
362 / 7 Blue	Tayyaba Omer	Tambourine
268 / 5 Blue	Zainab Said	Base Drum
64 / 5 Blue	Zamara Sohail	Flute
242 / 5 Blue	Sara Imtiaz	Flute
297 / 5 Blue	Saba Shahid	Flute
262 / 5 Blue	Sumbal Nabi	Flute

Sports Meet 2002 /

7th

Annual Athletics Day

GYMNASTIC TEAM (BOYS)

674 / 10 Blue	Mumraiz Khan	Senior Captain
255 / 10 Blue	Zaheer Hashim	Vice Captain
987 / 3 Green	Shaheer Ahmed	Junior Captain
744 / 3 Green	Tameem John	Junior Vice Captain
701 / 2 Blue	Abdul Salam	
788 / 2 Green	Sarosh Ahmad	
787 / 2 Green	Shayan Sameer Fernando	
914 / 3 Green	Afraz Khan Afridi	
708 / 3 Green	Nasir Khan	
652 / 3 Blue	Syed Ayub Shah	
1041 / 3 Green	Ali Raza Bangash	
761 / 3 Green	Razdan Khan	
753 / 4 Blue	Adnan Khan	
510 / 5 Blue	Aimal Waheed	
908 / 4 Green	Jamal Khan	
667 / 5 Blue	Muneem ur Rehman	
493 / 5 Blue	Arbab Asim	
707 / 3 Green	Yasir Khan	
986 / 3 Green	Shaheer Ahmad	
730 / 4 Green	Junaid Khan	
1067 / 4 Blue	Sherjeel Riaz	
925 / 5 Blue	Rizwan Mehsud	
677 / 7 Green	Shaleem John	
711 / 10 Blue	Muhammad Farhan	

GYMNASTIC TEAM (Girls)

194 / 8 Green	Sajida Khalid	Captain
261 / 4 Blue	Sidra Aftab	V. Captain
160 / 3 Blue	Muqaddas Mashal	
178 / 3 Green	Alishba Shuja	
184 / 3 Green	Palwasha Khan	
140 / 3 Blue	Badar Khalil	
320 / 3 Blue	Fatima Jamal	
296 / 3 Blue	Anisa Zaid	
58 / 5 Green	Ayesha Shinwari	
96 / 5 Green	Warida Naeem	
110 / 4 Blue	Hajra Jan	

Sports Meet 2002 /

SCHOOL RECORDS (BOYS)

Under 6:

50 Metres:	713/1 Green	Walid Khan	9.61 Sec.	9.11.0
Throwing the Tennis Ball	708/1 Green	Nasir Khan	29.21 m.	9.11.0

Under 7:

50 Metres:	436/1 Blue	Muhammad Kazim	9.0 Sec.	25.11
Throwing the Tennis Ball	708/1 Green	Nasir Khan	31.52 m.	20.11

Under 8:

50 Metres:	436/2 Blue	Muhammad Kazim	8.47 Sec.	14.11
Throwing the Tennis Ball	436/2 Blue	Muhammad Kazim	34.15 m.	14.11

Under 9:

50 Metres:	135/3 Green	Syed Mansoor	8.01 Sec.	25.11
Throwing the Tennis Ball	455/2 Blue	Shakir Afridi	41.83 m.	22.11
4 x 50 Metres	641/2 Blue	Nadir Khan	38.09 Sec.	22.11
	455/2 Blue	Shakir Afridi	38.09 Sec.	22.11
	308/2 Blue	Salman Khan	38.09 Sec.	22.11
	436/2 Blue	Muhammad Kazim	38.09 Sec.	22.11

Under 10:

50 Metres:	925/5 Green	Rizwan Mahsud	7.91 Sec.	20.11
100 Metres	297/4 Green	Shiraz Zaman	15.78 Sec.	25.11
4 x 50				
Metres Relay	778/4 Blue	Nifaz Alam	35.55 Sec.	9.11.0
4 x 50				
Metres Relay	813/4 Blue	Zaheer Ahmed	35.55 Sec.	9.11.0
4 x 50				
Metres Relay	399/4 Blue	Shah Hassan	35.55 Sec.	9.11.0

SCHOOL RECORDS (BOYS)

4 x 50

Metres Relay	422/4 Blue	Salman Farid	35.55 Sec.	9.11.00
Throwing the Tennis Ball	925/5 Green	Rizwan Mahsud	45.59 m.	20.11.0

Under 11:

100 Metres	774/4 Green	Umair Khan	15.39 Sec.	20.11.0
200 Metres	234/6 Blue	Zeeshan Haider Malooki	33.9 Sec.	25.11.97

4 x 50

Metres Relay	236/5 Blue	Khushal Shah	33.83 Sec.	22.11.99
	96/5 Blue	Umair Ahmed	33.83 Sec.	22.11.99
	525/5 Blue	Muhammad Imran Khan	33.83 Sec.	22.11.99
	235/5 Blue	Abbas Haider Malooki	1 min 8.53 Sec.	22.11.9

4 x 100

Metres Relay	96/5 Blue	Umair Ahmed	1 min 8.53 Sec.	22.11.99
	525/5 Blue	M. Imran Khan	1 min 8.53 Sec.	22.11.99
	636/5 Blue	Khushal Shah	1 min 8.53 Sec.	22.11.99
	235/5 Blue	Abbas Haider Malooki	1 min 8.53 Sec.	22.11.9

Long Jump	471/5 Green	Mujeeb Alam	4.10 m	14.11.98
High Jump	144/5 Green	Shahid Ali	3 ft 10 inch	22.11.99
High Jump	91/7 Blue	Bilal Sharif	3 ft 10 inch	20.11.01

Under 12:

100 Metres	389/4 Blue	Muhammad Abbas	13.78 Sec.	25.11.97
200 Metres	234/7 Blue	Zeeshan Haider Malooki	31.59 Sec.	14.11.98
400 Meter	471/5 Green	Mujeeb Alam	1 min 6 Sec.	22.11.99
Long Jump	533/4 Blue	Rahid Afridi	4.28 m	22.11.99
High Jump	131/5 Blue	Hafeez Ullah	4ft 3 inch	25.11.97

4 x 100

Metres Relay	131/5 Blue	Hafeez Ullah	1 min 04 Sec.	25.11.97
	233/6 Blue	Adnan Haider Malooki	1 min 04 Sec.	25.11.97
	359/6 Blue	Sabghat Hussain	1 min 04 Sec.	25.11.97
	389/6 Blue	Muhammad Abbas	1 min 04 Sec.	25.11.97

SCHOOL RECORDS (BOYS)

Under 13:

100 Metres	471/6 Green	Mujeeb Alam	13.34 Sec.	9.11.00
200 Metres	806/7 Blue	Arsalan Abdullah	29.29 Sec.	20.11.2000
400 Metres	235/7 Blue	Abbas Haider Malooki	1min 30 Sec.	20.11.2000
Long Jump	471/6 Green	Mujeeb Alam	5.03 m	9.11.00
High Jump	359/5 Blue	Muhammad Abbas	4 ft 5 inch	14.11.1999
High Jump	471/5 Green	Mujeeb Alam	4 ft 5 inch	9.11.00
4 x 100				
Metres Relay	839/6 Green	Adil Ayub	1min 00 Sec.	9.11.00
	471/6 Green	Mujeeb Alam	1min 00 Sec.	9.11.00
	384/6 Green	Farhan Habib	1min 00 Sec.	9.11.00
	583/6 Green	Inayat Khan	1min 00 Sec.	9.11.00

Under 14:

100 Metres	234/8 Blue	Zeeshan Haider Malooki	12.84 Sec.	9.11.00
200 Metres	500/9 Green	Bilal Arif	29.31 Sec.	14.11.1999
400 Metres	234/8 Blue	Zeeshan Haider Malooki	1min 11 Sec.	9.11.00
Long Jump	471/7 Green	Mujeeb Alam	5.19 m	20.11.2000
High Jump	471/7 Green	Mujeeb Alam	4 ft 7 inch	20.11.2000
4 x 100				
Metres Relay	471/7 Green	Mujeeb Alam	59.19 Sec.	20.11.2000
	847/7 Green	Darvesh Khan	59.19 Sec.	20.11.2000
	384/7 Green	Ferhan Habib	59.19 Sec.	20.11.2000
	866/7 Green	Asif Afridi	59.19 Sec.	20.11.2000
	471/7 Green	Mujeeb Alam	4 min 52 Sec.	20.11.2000
	847/7 Green	Darvesh Khan	4 min 52 Sec.	20.11.2000
	384/7 Green	Ferhan Habib	4 min 52 Sec.	20.11.2000
	866/7 Green	Asif Afridi	4 min 52 Sec.	20.11.2000
Shot Putt	866/7 Green	Asif Afridi	6.85 m	20.11.2000

Under 15:

100 Metres	500/10 Green	Bilal Arif	13.04 Sec.	22.11.1999
200 Metres	233/9 Blue	Adnan Haider Malooki	27.70 Sec.	09.11.00

SCHOOL RECORDS (BOYS)

400 Metres	211/9 Green	Hamad Ahmed	1 min 07 Sec.	25.11.1999
800 Metres	681/8 Green	Hamid Khan Shinwari	2 min 45 Sec.	20.11.2000
Long Jump	566/10 Green	Haroon Afridi	5.10 m	09.11.2000
High Jump	114/9 Blue	Hamad Shah	4 ft. 9 inch	14.11.1999
Shot Putt	500/10 Green	Bilal Arif	7.57 m	22.11.1999
4x100	402/8 Blue	Babar Khan	56.78 Sec.	25.11.1999

Metres Relay

	285/8 Blue	Ansar Hussain		
	307/8 Blue	Asif Khan		
	03/8 Blue	Muhammad N. Daud		
4 x 400	747/10 Green	Shams Ur Rehman	4 min 43 Sec.	20.11.2000

Metres Relay

	681/8 Green	Hamid Shinwari		
	711/9 Green	Muhammad Farhan		
	674/9 Green	Mumraiz Khan		

Under 16:

100 Metres	202/7 Green	Imran Afridi	12.75 Sec.	22.11.1999
200 Metres	202/7 Green	Imran Afridi	28.28 Sec.	22.11.1999
400 Metres	640/10 Blue	Zarak Khan	1min 1 Sec.	20.11.2000
800 Metres	640/10 Blue	Zarak Khan	2min 43 Sec.	20.11.2000
Long Jump	241/10 Blue	Muhammad Arif	4.65	25.11.1999
High Jump	140/10 Blue	Hameed Ullah	4 ft 5 inch	20.11.2000
Shot Putt	609/10 Blue	Ishfaq Afridi	7.60 m	09/11/2000
4 x 100	494/9 Blue	Sajid Habib	55.09 Sec.	22.11.1999

Metres Relay

	332/9 Blue	Waseem Iqbal		
	282/8 Blue	Alamzeb Khan		
	420/9 Blue	Zeeshan Fareed		

SCHOOL RECORDS (BOYS)

4 x 400	776/9 Green	Nigar Alam	4 min 42 Sec.	09/11/2000
Metres Relay	570/9 Green	Shehzad Ullah		
	741/9 Green	Waqar ul Mulk		
	495/9 Green	Farhan Afridi		
Over 16:				
100 Metres	495/10 Green	Farhan Afridi	12.72 Sec.	20.11.2000
200 Metres	495/10 Green	Farhan Afridi	27.68 Sec.	20.11.2000
400 Metres	113/10 Blue	Sabtain Rabbani	1 min 09 Sec.	14.11.1999
	574/9 Green	Ishaq Afridi	1 min 09 Sec.	09.11.2000
	672/10 Blue	Usman Abbasi	1 min 09 Sec.	20.11.2000
800 Metres	672/10 Blue	Usman Abbasi	2 min 41 Sec.	20.11.2000
Long Jump	495/10 Green	Farhan Afridi	5.67 m	20.11.2000
High Jump	574/9 Green	Ishaq Afridi	5 ft 1 inch.	09.11.2000
4 x 100	542/9 Green	Najeem Shah	55 Sec.	09.11.2000
Metres Relay	202/8 Green	Imran Afridi		
	574/9 Green	Ishaq Afridi		
	668/10 Green	Nouman Ahmed		
4 x 100	332/10 Blue	Waseem Iqbal	4 min 27 Sec.	09.11.2000
Metres Relay	494/10 Blue	Sajid Habib		
	420/10 Blue	Zeeshan Farid		
	871/7 Blue	Sajjad Ahmed		
Shot Putt	541/10 Green	Aleem Shah Afridi	8.27 m	22.11.1999

SCHOOL RECORDS (GIRLS)

Under 6:				
50 Metres:	160/1 Blue	Muqadas Mashal	11.11. Sec.	9.11.2000
Throwing the	160/1 Blue	Muqadas Mashal	11.42 m.	9.11.2000
Tennis Ball				
Under 7:				
50 Metres:	100/2 Blue	Mehwish Asad	9.69 Sec.	14.11.1999
Throwing the	160/1 Blue	Muqadas Mashal	13.39 m	20.11.2000
Tennis Ball				
Under 8:				
50 Metres:	58/2 Green	Ayesha Shinwari	10.00 Sec.	22.11.1999
Throwing the	117/2 Blue	Basma Ayub	16.75 m	22.11.1999
Tennis Ball				
Under 9:				
50 Metres:	14/3 Green	Javairia Tehreem	9.0 Sec.	25.11.1999
Throwing the	83/3 Blue	Ayesha Khan	27.94 m.	22.11.1999
Tennis Ball				
4 x 50				
Metres Relay	100/4 Blue	Mehwish Asad	41.27 Sec.	09.11.2000
	136/2 Blue	Anum Arshad		
	84/4 Blue	Ghazala		
	239/1 Blue	Salma Taj		
Under 10:				
50 Metres:	85/4 Green	Sara Riaz	8.78 Sec.	25.11.1999
100 Metres	6/4 Blue	Uzma Hashim	17.19 Sec.	14.11.1999
4 x 50				
Metres Relay	58/4 Green	Ayesha Shinwari	39.65 Sec.	20.11.2000
	96/4 Green	Warida Naeem		
	107/4 Green	Madina Qazi		
	105/5 Green	Marium Ayyaz	24.38 m.	22.11.1999

SCHOOL RECORDS (BOYS)

4 x 400	776/9 Green	Nigar Alam	4 min 42 Sec.	09/11/2000
Metres Relay	570/9 Green	Shehzad Ullah		
	741/9 Green	Waqar ul Mulk		
	495/9 Green	Farhan Afridi		
Over 16:				
100 Metres	495/10 Green	Farhan Afridi	12.72 Sec.	20.11.2000
200 Metres	495/10 Green	Farhan Afridi	27.68 Sec.	20.11.2000
400 Metres	113/10 Blue	Sabtain Rabbani	1 min 09 Sec.	14.11.1999
	574/9 Green	Ishaq Afridi	1 min 09 Sec.	09.11.2000
	672/10 Blue	Usman Abbasi	1 min 09 Sec.	20.11.2000
800 Metres	672/10 Blue	Usman Abbasi	2 min 41 Sec.	20.11.2000
Long Jump	495/10 Green	Farhan Afridi	5.67 m	20.11.2000
High Jump	574/9 Green	Ishaq Afridi	5 ft 1 inch.	09.11.2000
4 x 100	542/9 Green	Najeem Shah	55 Sec.	09.11.2000
Metres Relay	202/8 Green	Imran Afridi		
	574/9 Green	Ishaq Afridi		
	668/10 Green	Nouman Ahmed		
4 x 100	332/10 Blue	Waseem Iqbal	4 min 27 Sec.	09.11.2000
Metres Relay	494/10 Blue	Sajid Habib		
	420/10 Blue	Zeeshan Farid		
	871/7 Blue	Sajjad Ahmed		
Shot Putt	541/10 Green	Aleem Shah Afridi	8.27 m	22.11.1999

SCHOOL RECORDS (GIRLS)

Under 6:				
50 Metres:	160/1 Blue	Muqadas Mashal	11.11. Sec.	9.11.2000
Throwing the	160/1 Blue	Muqadas Mashal	11.42 m.	9.11.2000
Tennis Ball				
Under 7:				
50 Metres:	100/2 Blue	Mehwish Asad	9.69 Sec.	14.11.1999
Throwing the	160/1 Blue	Muqadas Mashal	13.39 m	20.11.2000
Tennis Ball				
Under 8:				
50 Metres:	58/2 Green	Ayesha Shinwari	10.00 Sec.	22.11.1999
Throwing the	117/2 Blue	Basma Ayub	16.75 m	22.11.1999
Tennis Ball				
Under 9:				
50 Metres:	14/3 Green	Javairia Tehreem	9.0 Sec.	25.11.1999
Throwing the	83/3 Blue	Ayesha Khan	27.94 m.	22.11.1999
Tennis Ball				
4 x 50				
Metres Relay	100/4 Blue	Mehwish Asad	41.27 Sec.	09.11.2000
	136/2 Blue	Anum Arshad		
	84/4 Blue	Ghazala		
	239/1 Blue	Salma Taj		
Under 10:				
50 Metres:	85/4 Green	Sara Riaz	8.78 Sec.	25.11.1999
100 Metres	6/4 Blue	Uzma Hashim	17.19 Sec.	14.11.1999
4 x 50				
Metres Relay	58/4 Green	Ayesha Shinwari	39.65 Sec.	20.11.2000
	96/4 Green	Warida Naeem		
	107/4 Green	Madina Qazi		
	105/5 Green	Marium Ayyaz	24.38 m.	22.11.1999

SCHOOL RECORDS (GIRLS)

Throwing the

Cricket Ball 07/5 Green Arzoo Sharif 24.38 m. 22.11.

Under 11:

100 Metres: 94/3 Green Raheela Mahmood 13.93 Sec. 25.11.

4 x 50

Metres Relay 05/5 Blue Taniya Hashim 37.09 Sec. 14.11.

43/5 Blue Aliya Azhar

57/5 Blue Aysha Hafeez

26/5 Blue Schrish Jamal

Long Jump 05/5 Blue Taniya Hashim 3.46 m. 14.11.

Under 12:

100 Metres: 94/5 Green Raheela Mahmood 13.90 Sec. 14.11.

200 Metres 06/6 Blue Uzma Hashim 38.35 Sec. 19.11.

4 x 50

Metres Relay 155/5 Blue Zarka Khan 38.03 Sec. 14.11.

141/6 Blue Uzma Batool

41/6 Blue Sanam Khan

04/5 Blue Kiran Sharif

4 x 100

Metres Relay 221/6 Blue Sanam Khan 1min 4.86 Sec. 22.11.

20/6 Blue Schrish Jamal

193/4 Blue Nazish Zeb

05/6 Blue Taniya Hashim

Long Jump 94/5 Green Raheela Mahmood 3.74 m 14.11.

High Jump 311/5 Blue Banafsha Mir Bacha 3 ft 5 inch 20.11.

SCHOOL RECORDS (GIRLS)

Under 13:

100 Metres: 05/7 Blue Taniya Hashim 15.38 Sec. 09.11.200

200 Metres: 05/7 Blue Taniya Hashim 34.38 Sec. 09.11.200

4 x 100

Metres Relay 221/7 Blue Sama Khan 1min 13 Sec. 09.11.200

162/6 Blue Sanam Khan

193/5 Blue Nazish Zeb

05/7 Blue Taniya Hashim

126/7 Blue Zarlakhta Farhat 1min 13 Sec. 20.11.200

06/7 Blue Uzma Hashim

95/7 Blue Nida Naeem

176/7 Blue Taha Rehman

Long Jump 85/7 Green Sara Riaz 3.77 m 09.11.200

High Jump 09/7 Blue Sophia Khattak 3 ft. 3 inch 20.11.200

Under 14:

100 Metres: 209/7 Green Saima Riaz 15.75 Sec. 09.11.200

200 Metres 209/7 Green Saima Riaz 35.62 Sec. 09.11.200

4x100

Metres Relay 222/7 Green Maria Khan 11min 11 Sec. 09.11.20

94/7 Green Rahela Mehmood

167/7 Green Momina Khan

209/7 Green Saima Riaz

Long Jump 209/7 Green Saima Riaz 3.94 m. 09.11.200

Shot Putt 99/7 Blue Rabia Asad 4.96 m. 22.11.199

CHAMPION ATHLETES (Boys)

7th Annual Athletic Sports Meet 2002

Group	R.No/Class	Name	Points
Under 6	952/ Prep Blue	Adnan Afridi	10
Under 7	904/1 Green	M. Hammad Khan	15
Under 8	708/ 3 Green	Nasir Khan	8 (1 New Record)
Under 9	1093/4 Blue	Shaffat Hussain	10
Under 10	707/3 Green	Yasir Khan	11 (1 New Record)
Under 11	925/5 Blue	Rizwan Mehsud	11 (1 New Record)
Under 12	91/8 Blue	Bilal Shareef	11 (1 New Record)
Under 13	715/8 Green	Zahid Ahmad	15 (1 New Record)
Under 14	806/8 Blue	Arsalan Abdullah	13 (2 New Records)
Under 15	471/8 Green	Mujeeb Alam	13 (1 New Record)
Under 16	681/9 Blue	Hamid Khan	13 (1 New Record)
Over 16	225/10 Blue	Muhammad Zaheer	15 (1 New Record)

CHAMPION ATHLETES (Girls)

7th Annual Athletic Sports Meet 2002

Group	R.No/Class	Name	Points
Under 6	245/1 Blue	Yusra	13 (1 New Record)
Under 7	214/2 Green	Hamna Tahir	8
Under 8	184/3 Green	Palwasha Khan	10 (2 New Records)
Under 9	(i) 320/3 Blue	Fatima Jamal	8
	(ii) 342/3 Green	Nida Ali	8
Under 10	(i) 337/4 Blue	Amina Arif	6
	(ii) 147/4 Blue	Mariyum Hayat	6
	(iii) 149/4 Blue	Sameera Hafeez	6
Under 11	109/4 Green	Naila Jan	6
Under 12	(i) 73/6 Green	Nida Ali	10
	(ii) 163/7 Blue	Sana Rehman	10
Under 13	(i) 07/8 Green	Arzoo Sharif	13
	(ii) 75/8 Green	Amna Bibi	13
Under 14	06/8 Blue	Uzma Hashim	13
Under & Over 15	05/9	Blue Taniya Hashim	15

THE BEST ATHLETE'S TROPHY

Boys:

1999	202 / 7 Green	Imran Afridi
2000	202 / 8 Green	Imran Afridi
2001	495 / 10 Green	Ferhan Afridi

Girls:

1999	99 / 7 Blue	Rabia Asad
2000	209 / 9 Green	Saima Riaz
2001	05 / 8 Blue	Taniya Hashim

CHIEF GUESTS:

- Year 1996 (21-11-1996)** Muhammad Saleem Khan
(Secretary to the Govt. of N.W.F.P.
Planning Environment and Development
Department Peshawar.)
- Year 1997 (25-11-1997)** Mr. Shakil Durrani
(Additional Chief Secretary to the Govt.
of N.W.F.P. Planning Environment and
Development Department Peshawar.)
- Year 1998 (14-11-1998)** Maj. (Retd.) Sahibzada Muhammad Khalid
(Secretary to the Govt. of N.W.F.P.
Education Department, Peshawar.)
- Year 1999 (22-11-1999)** Syed Mazhar Ali Shah
(Secretary to the Govt. of N.W.F.P.
Education Department, Peshawar.)
- Year 2000 (09-11-2000)** Mr. Muhammad Riaz
(Chairman Monopoly Control Authority
Govt. of Pakistan, Islamabad.)
- Year 2001 (20-11-2001)** Mr. Francis Sales Fernando
(Principal St. Francis' High School
Hayatabad Peshawar.)

SCHOOL TROPHIES

BADMINTON TROPHY :

- (Boys) Singles: To Blue House with 29 points
Double: To Green House with 49 points
(Girls) Singles: To Green House with 102 points
Double: To Blue House with 31 points
Overall Badminton Trophy To Green House with 207 Points.

BASKETBALL TROPHY:

To Blue House with 38 points

CHESS:

- (Boys) To Blue House with 31 points
(Girls) To Blue House with 28 points

CRICKET:

To Green House with 47 points

FOOTBALL:

To Green House with 43 points

NETBALL:

To Green House with 13 points

TUG-O-WAR TROPHY:

To Green House with 19 points

VOLLEYBALL:

To Green House with 33 points

BEST SQUAD LEADER TROPHY:

(Boys) (Girls)

SCHOOL TROPHIES

INTER HOUSE SPORTS TROPHY:

- (Boys) To Green House with 273 points
(Girls) To Green House with 166 points
Overall Inter Sports Trophy To Green House with 439 points

INTER HOUSE ATHLETICS TROPHY:

- (Boys) To Blue House with 336 points
(Girls) To Blue House with 235 points
Overall Inter Athletics Trophy To Blue House with 571 points

INTER HOUSE RELAY TROPHY:

- (Boys) To Blue House with 109 points
(Girls) To Blue House with 38 points
Overall Inter House Relay Trophy To Blue House with 147 points

HOUSE TENT TROPHY:

MARCH PAST TROPHY:

(Boys) (Girls)

THE BEST ATHLETE'S TROPHY:

- Boys**
715 / 8 Green Zahid Ahmad with 15 points (1 New Record)
(High Jump - 4 ft 7 inch.)
Girls
05 / 9 Blue Taniya Hashim with 15 points (3 New Records)
(100m. - 15.30 Secs. 200m. - 35.0 Secs. Long Jump - 4.02m)

OVERALL CHAMPIONSHIP TROPHY:

To Blue House with 1134 points