

SAINT FRANCIS' HIGH SCHOOL

HAYATABAD, PESHAWAR.

10th Annual Inter-House Athletics Sports Meet

The Principal, Staff And Students
Cordially Invite

Mr. & Mrs. _____

to the 10th Annual Inter-House Athletics Sports Meet
to be held on the school grounds
on Friday, 2nd December, 2005 at 10:00 a.m.

Lt. Col. (R) Alam Zeb

Chairman, B.I.S.E, Peshawar.

has very kindly consented to be the Chief Guest and to give away the prizes.

Kindly show this card at the entrance and take your seat by 9:55 a.m.

Programme

10:00	Arrival of the Chief Guest
10:05	Opening Ceremony
10:10	Address of the Principal
10:15	Open Competition 4 x 200 Metres Relay (Boys)
10:20	Open Competition 4 x 100 Metres Relay (Girls)
10:25	Open Competition 200 Metres (Girls)
10:30	Three Legged Race Under 5 Boys & Girls
10:35	Karate Demonstration (School Karate Team)
11:00	Drill Display
11:10	Gymnastics (School Gymnastic Teams)
11:25	Parents' Race - Ladies - Ring Game Gents - "Heavy" Wheel Barrow Race
11:35	March Past
11:45	Address of the Chief Guest
11:50	Distribution of Trophies.
12:10	National Anthem



ADDRESS OF THE PRINCIPAL

Lt.Col. Alam Zeb, Chairman BISE, respected guests, faculty members and dear students,

I feel honoured to be able to speak to you all once again this year on the occasion of our 10th Annual Athletics Sports Meet. By the grace of God Almighty, we have been holding this event consecutively for 10 years. This indicates that one whole generation of young sportsmen equipped with sportsmanship and team spirit is working in various fields of practical life. This is a matter of pride and gratification for us that St. Francis' has played a role in socio-economic progress of the nation.

We are honoured to have amongst us a personality who is not only a seasoned bureaucrat but is closely related with the education sector as well. Lt. Col. Alam Zeb, who, at present is the Chairman Board of Intermediate and Secondary Education Peshawar, has worked in various departments of the government for the last two decades. Since 1985, he has worked on the key posts in different departments including SAFRON, EDBC, Finance, Population Welfare, Forestry, Fisheries & Wildlife and most recently as Director National Institute of Public administration. Lt. Col. Alam Zeb has also been the Commissioner Bannu and Malakand Divisions. He has a multi-dimensional personality and so is his career. However, it's natural that we mostly take into consideration his services particularly in the education sector. He has served as the Secretary Education and the Chairman Governor's Inspection team from 1997 to 1999. During that tenure he made revolutionary changes in the BISE in particular and the whole scenario of education in the NWFP in general. He brought about landmark transformation in BISE and also created EATA which was responsible to hold the entrance examinations to the Medical and Engineering colleges of NWFP. At the moment he has been appointed as the chairman BISE Peshawar. I consider it as good omen and see in him a hope of a positive change in the affairs of BISE. We all expect him to bring about irrevocable changes in the board and solve many of the chronic problems in the field of secondary and higher secondary education.

Ladies and Gentlemen, we also aim at producing multi-dimensional generation of young people who are to lead this nation towards a prosperous future. We endeavor to inculcate in our students such qualities which not only help them to excel in life, but are also an asset to the nation on the whole. We don't direct them towards a particular career. But we make sure to equip them with such qualities





which would help them to work in any field for the common good of the nation and humanity. I believe that each and every student at St. Francis' has been gifted with a certain talent. Our aspiration is to polish these God-gifted talents in such a way that an individual becomes a functional and vital component in carrying out God's plans towards an elated humanity. We try to teach them how to work as a team in harmony with others who shares the same goals. Through sports, we create in them the spirit of sportsmanship which is an essential ingredient for individual and collective accomplishment. Teamwork is the fuel that allows common people to produce uncommon results. T.E.A.M. stands for T.ogether E.veryone A.chieves M.ore.

The proof of the success of teamwork is obvious in many cases. The foremost example is St. Francis' High School itself. Within a short period of 12 years, St. Francis', by the grace of God Almighty, has gained ample credibility. We have eleven batches of matric on our credit. At the moment, we have a full house of students in almost all the classes. We get scores of children registered for admission tests each year. We hold four large scale functions successfully in a year. All this has become possible only due to the untiring efforts of all of us working as a team.

In our society there are still some segments which are in strong need of team spirit. It is needed the most in political spheres. The whole socio-political scenario would have been a lot better if our worthy politicians had exhibited team spirit in matters of national importance. There isn't much we can do at the moment about it, but we are playing our role to make the future better. I strongly believe that the team spirit is culcated in our students through various sporting events in school will remain with them throughout their lives. Some of my old students are politicians and we hope that many more will join in future, so that we can have sportsmanship and team spirit in political affairs of the country as well.

Ladies and gentlemen, I am grateful to all of you for your presence here which is going to be very encouraging for the young athletes and players, both boys and girls. I wish to express my special gratitude to Lt. Col. Alam Zeb, who, in spite of his heavily committed schedule, found time out to be with us here today. I also wish to express gratefulness for the members of my staff who worked against time and played a vital role in making this event possible.

God bless you all!



I OWE MY SUCCESS TO MY SCHOOL

Mujeeb Alam

I joined St. Francis' in Class Two. I started participating actively in sports and the next year I won the title of Champion Athlete under 11. From then onwards, I kept it up and held the title for 7 years, i.e. Under 11, 12, 13, 14, 15, 16 and over 16. Not only that I excelled in athletics, but I also earned the title of Vice Captain of school Cricket Team. I set new records in Shot Putt, 200 Metres Race and Long Jump. I am proud to hold a unique record of being Champion Athlete for seven years. During My last year at School, I was honoured to lead the March Past as Parade Commander.

I owe my success in sports and athletics to the opportunities and encouragement provided to me at St. Francis'. The greatest contribution in this regard is of the Principal, Mr. Francis Sales Fernando. He is a great sportsman himself. He induced in me the spirit of sportsmanship and teamwork, which not only helped me set records at school but will also help me throughout my life. I am indebted to my school, and especially to the Principal for building firm foundations of my character.

After matriculation, I joined PAF College. I emerged victorious in various sports at college also. I was sent for Inter-College Athletics to Kohat and I won a position in the competition. I aspire to be a professional athlete in future and I owe all this to my school.

(Mujeeb Alam matriculated from St. Francis' High School in 2004-2005. At present he is a student of 1st Year Pre-Engineering at PAF Degree College, Peshawar.)





IMPACT OF SPORTS ON MY LIFE

Saima Riaz

Sports and athletics have played very important and decisive role in my life. Sports have had a two-pronged impact on my personality. Not only that they've kept me physically fit and healthy, but have also given me emotional stability and team spirit. I look at life positively. I am ready to face and fight any situation and above all, I neither show vanity in success nor lose heart in defeat.

I spent five years at St. Francis'. During all those years, I had the opportunity to participate in various sports, athletics and gymnastics. I liked netball the most. I used to play as the center. Being the best at this position, I was chosen as the center in the School Netball team. I also took part in gymnastics and athletics. Besides different track events, I also participated in Shot Putt, Long Jump and Tug - O - War. I held the title of the best athlete and I am also honoured to be the Squad Leader for five consecutive years. All those years have been really eventful and rewarding.

At the time of admission in the College, I competed on the Sports seat. With all that I had learnt at St. Francis' I emerged victorious and now I'm a student of Frontier College For Women. I have chosen Health & Physical Education as a subject and I plan to follow higher studies in the same field.

(Saima Riaz, matriculated from St. FRANCIS' HIGH SCHOOL in 2004-2005 and at present is a student of First Year at Frontier College for Women, Peshawar.)



St. Francis' High School, Hayatabad, Peshawar.

10th Annual Athletics Sports Meet 2005

OFFICIALS

REFERRE

Mr. Francis Sales Fernando

STARTER

Mr. Anwar Jamal

CHECK STARTERS

Mr. Zeeshan Griffen Mrs. Shabana Riaz

TRACK UMPIRES

Mr. Suleman Sabir Miss. Naheed Falaksher

TIME KEEPERS

Miss. Ambreen Yousaf Mr. Khurram Shehzad
Mr. Khurram Waqar

ANNOUNCERS

Mr. Fayyaz Ghufuran Mr. Naeem Pervez

RECORDER

Mr. Rifat Ullah

TECHNICIAN

Mr. Azam Shahbaz

OFFICIAL PHOTOGRAPHER

M/S Malik Sons





RECEPTION & GUEST STEWARDS

Mrs. Musarat Jabeen
Mrs. Aliya Shahid
Mrs. Christina Javed
Mr. Issa Khan

Mrs. Rukhsana Asad
Mr. Havildar Khan
Mr. Robinson Yousaf
Mr. Adnan Shahid

GENERAL SUPERVISION

Mrs. Nighat Iqbal
Mrs. Samrana Iqbal
Mrs. Rubina Saeed
Miss. Naheed Falaksher
Miss. Shahida Perveen
Miss. Sumaira Zahoor
Mrs. Mufaza Naeem
Miss. Elishiba Emmanuel
Mrs. Sharia Faraz
Mrs. Sumera Adnan
Mrs. Zanoobia Robinson
Miss. Sumaira Tabassum
Mrs. Amrozia Aamir
Miss. Kiran Munir

Miss. Zakia Mary
Miss. Beenish Younas
Miss. Asiya Mukhtar
Mrs. Saiqa Insar
Miss. Fauzia Yasmin
Mrs. Rubina Irshad
Mrs. Humaira Dimple
Miss. Naseem Kanwal
Miss. Misbah Ali
Miss. Sabiha Sadiq
Mrs. Basharat Naeem
Miss. Shabina Yousaf
Miss. Nighat Parveen
Miss. Ruth Wilson

PREPARATION OF CERTIFICATES

Mrs. Khalida Fernando
Miss. Iffat Iqbal

Mrs. Aliya Shahid
Miss. Sobia Tabassum

TROPHIES

Mr. Ahmad Faraz

Mr. Jamshed Griffen

P.T INSTRUCTORS

Mrs. Noreen John
Mr. Subhan Uddin

Mr. Muhammad Riaz

BAND MASTERS

Mr. Muhammad Munir

Mr. Shamshad Khan



CONDITIONS

- 1) Competitors not ready at the time and place appointed for their event will be scratched.
- 2) Competitors will be excluded from taking part in an event unless properly attired.
- 3) Every competitor shall be supplied with and must wear during competition, a distinctive number. Competitors who fail to fix their numbers securely to their vest will not be allowed to participate.
- 4) Any dispute and / or complaint shall be submitted to the referee, whose decision shall be final.
- 5) In both senior and junior events, no competitor shall enter for more than three individual events of which not more than two shall be track events.
- 6) Competitors are requested to make use of their House Enclosures. They are to be in their Enclosures, in charge of the House Masters and Mistresses who will issue all instructions to them.
- 7) Competitors are requested to keep off the field when they are not warming up or participating in the events for which they have entered.
- 8) Points will be awarded as follows:

	<u>Individual Events</u>	<u>Team Events</u>
First Place	5 Points	7 Points
Second Place	3 Points	5 Points
Third Place	1 Points	3 Points

In the event of TIE, points will be shared.





CAPTAINS OF CLASS TEAM (BOYS)

Annual Athletic Sports Meet 2005-2006

4-BLUE

Cricket	720 /	Omer Sharif
Foot Ball	1320 /	Nouman Ahmad

4-GREEN

Cricket	1330 /	M. Farhan
Foot Ball	1177 /	Jamal Nasir

5-BLUE

Basket Ball	1042 /	Hamza Ali
Cricket	652 /	Syed Ayub Shah
Foot Ball	1312 /	Mudasar Iqbal
Volley Ball	939 /	Hassam Zahir Shah

5-GREEN

Basket Ball	803 /	Asad Khan
Cricket	779 /	Rehman alam
Foot Ball	899 /	Hashim
Volley Ball	787 /	Shayan Sameer

6-BLUE

Basket Ball	1131 /	Ihsan-Ullah
Cricket	9 /	Kamran Khan
Foot Ball	950 /	Zia-ur-rehman

6-GREEN

Basket Ball	986 /	Shabeer Ahmad
Cricket	707 /	Ysir Khan
Foot Ball	708 /	Nasir Khan
Volley Ball	987 /	Shabeer Ahmad

7-BLUE

Basket Ball	1196 /	Haseeb-ur-rehman
Cricket	1067 /	Sharjeel Riaz
Foot Ball	504 /	Salman Zahid
Volley Ball	603 /	Mohsin Amin

7-GREEN

Basket Ball	1055 /	Shah Faisal
Cricket	984 /	Jamal Khan
Foot Ball	909 /	Itsham
Volley Ball	1054 /	Abdul Aziz



CAPTAINS OF CLASS TEAM (BOYS)

Annual Athletic Sports Meet 2005-2006

8-BLUE

Basket Ball	785 /	Zubair Ali
Cricket	946 /	Zarak Khan
Foot Ball	973 /	Adnan Afridi
Volley Ball	216 /	Sheraz Hashim

8-GREEN

Basket Ball	1137 /	Sadam Saleem
Cricket	213 /	Junaid Khan
Foot Ball	922 /	Inam-Ullah
Volley Ball	1082 /	Gulzar Ahmad

9-BLUE

Basket Ball	436 /	Muhammad Kazim
Cricket	1381 /	Abdul-Wahab
Foot Ball	778 /	Nifaz Alam
Volley Ball	799 /	Muhammad Furqan

9-GREEN

Basket Ball	1292 /	Shafqat Ullah
Cricket	488 /	Kamran Gul
Foot Ball	1441 /	Naveed zazai
Volley Ball	1053 /	Abdul Motlib

10-BLUE

Basket Ball	795 /	Hamza Bangash
Cricket	405 /	Adnan Khan
Foot Ball	949 /	Bilal Hussain
Volley Ball	1029 /	Muhammad Subaib

10-GREEN

Basket Ball	849 /	Zeeshan Mehsood
Cricket	88 /	Zia-Ullah
Foot Ball	734 /	Omer Shakhani
Volley Ball	/	Nadeem Afzal





CHIEF PREFECTS AND PREFECTS (BOYS) ACADEMIC YEAR 2005 - 2006

CHIEF PREFECTS CLASS 10:

1087 Abdur Rasheed 949 Bilal Hussain

PREFECTS CLASS 10

849	Zeeshan Mehsud	790	Yawar Rasool Shah
279	Junaaid Javed	1210	Asif Khan
734	Omer Shekhani	204	Sikandar Ali
1117	Omer Shinwari	795	Hamza Bangash
817	Ahmed Khan	1151	Shahab Saleem Laiq
642	Wasid Nawaz	1099	Amir Jamal
76	Muhammad Younas	1112	Sameer Afridi
81	Muhammad Daud	923	Nadeem Afzal
88	Zia Ullah	98	Rehan Zubair
174	Izhar Ullah	1218	Haris Elahi
196	Alam Khan	218	Haris Zafar
276	Naveed Afridi	430	Faizan Alam
405	Adnan Khan		
416	Imran Haider		
1026	Muhammad Sohaib		
204	Bilal Jalil		
777	Beram Khan		

PREFECTS CLASS 9

799 Muhammad Furqan
277 Zoraiz Khan
372 Zeeshan Ahmed
436 Kazim Khan
945 Farhan Zeb
422 Salman Farid

CHIEF PREFECTS AND PREFECTS (GIRLS)

CHIEF PREFECTS CLASS 10:

139 Shumila Zeb

PREFECTS CLASS 10:

32	Sana Iftikhar	341	Hareem Saeed
39	Sana Imtiaz	366	Benish Afridi
63	Amna Qadir	291	Zara Khan
139	Shumila Zeb	241	Ayesha Khan
253	Rehab Zahid	163	Sana Rehman
315	Maryam Ahmad	144	Mashal Riaz
176	Taha Rehman		
144	Mashal Riaz		





LIBRARY PREFECTS

Academic Year 2005-2006 (Boys)

CLASS	NAME	Roll No	Class
10 Green	Abdur Rasheed	1087	10
10 Blue	Izhar Ullah	174	10
10 Blue	Bilal Hussain	949	10
10 Blue	Shahab Saleem	516	10
9 Blue	Abdul Wahab	1381	9
10 Green	Muhammad Asif	1210	10

FLAGS:

9 Blue	Muhammad Noman	1025	9
9 Green	Junaaid Akhtar	547	9
9 Green	Abdul Aziz	335	9
9 Green	Owais Ahmed	678	9

BATON:

9 Blue	Zoraiz Khan	277	9
9 Blue	Muhammad Furqan	799	9
9 Blue	Salman Farid	422	9

BELL:

9 Green	Kamran Gul	488	9
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CAPTAINS AND VICE CAPTAINS OF TEAMS ACADEMIC YEAR 2005-2006

BOYS

BADMINTON:

Captain	Omer Shinwari	1117	Green / C1. 10
Vice Captain	Shahab Saleem	516	Blue / C1. 10

BASKETBALL:

Captain	Abdullah Umar	255	Blue / C1. 10
Vice Captain	Nasir Khan	1007	Green / C1. 10

CHESS:

Captain	Abbas Haider Malooki	235	Blue / C1. 10
Vice Captain	Syed Arsalan Ahmed Shah	116	Green / C1. 10

CRICKET:

Captain	Adnan Sattar	940	Blue / C1. 10
Vice Captain	Mujeeb Alam	471	Green / C1. 10

FOOTBALL:

Captain	Asif Afridi	866	Green / C1. 10
Vice Captain	Syed Khushal Shah	636	Blue / C1. 10

GYMNASTIC (Senior)

Captain	Shayan Sameer Fernando	787	Green / C1. 4
Vice Captain	Sarosh Ahmad	788	Green / C1. 4

GYMNASTIC (Junior):

Captain	Shayan Sameer Fernando	787	Green / C1. 4
Vice Captain	Sarosh Ahmad	788	Green / C1. 4

KARATE:

Captain	Shayan Sameer Fernando	787	Green / C1. 4
Vice Captain	Farhan Zeb Khan	945	Blue / C1. 8

VOLLEYBALL:

Captain	Darwaish Khan	846	Green / C1. 10
Vice Captain	Hassam Zahir	938	Blue / C1. 10

GIRLS

BADMINTON:

Captain	Uzma Hashim	06	Blue / C1. 10
Vice Captain	Sidra Habib	72	Green / C1. 10

CHESS:

Captain	Sophia Zohra	91	Blue / C1. 10
Vice Captain	Arzoo Sharif	07	Green / C1. 10

NETBALL:

Captain	Sidra Habib	72	Green / C1. 10
Vice Captain	Zarlakhta	126	Blue / C1. 10

GYMNASTIC:

Captain	Badar Atiq	140	Blue / C1. 5
Vice Captain	Palwasha Khan	184	Blue-Gr / C1. 5





ORDER OF THE MARCH PAST (BOYS)

Parade Commander:

1117/ Cl. 10 Omar Shinwari

Asst. Parade Commander:

894 / Cl. 10 Zeeshan Mehsud

SQUARD LEADERS (Boys)

BLUE HOUSE

CLASSES	LEADER	Roll No.
3	Asad Rehman	911
4	Shahrukh Khan	793
5	Moeen Rehman	732
6	Raheel Ahmed	619
7	Sherjeel Riaz	1067
8	Shiraz Hashim	216
9 & 10	Bilal Jalil	204

GREEN HOUSE

CLASSES	LEADER	Roll No.
3	Abdul Wahid	1058
4	Muhammad Ibrahim	1253
5	Shayan Sameer Fernando	787
6	Yasir Khan Afridi	707
7	Nauman Afridi	337
8	Junaid Khan	213
9 & 10	Asif Khan	1210

FLAG CARRIERS

SCHOOL FLAG

10 Abdur-Rasheed 1087

GREEN HOUSE FLAG

10 Imran Hadair 416

BLUE HOUSE FLAG

10 Alam Khan 196



SQUARD LEADERS (Girls)

BLUE HOUSE

CLASS	LEADER	Roll No.
10	Taha Rehman	176
10	Hareem Saeed	341

GREEN HOUSE

CLASS	LEADER	Roll No.
10	Maryam Ahmad	315
10	Amna Qadir	63

COMMAND

Well, Advance, Left Turn.

REPORT

Parade is present and ready for your inspection, Sir.

PERMISSION

My I have your permission to carry on, Sir.





BUS AND VAN MONITORS

Bus. No. 1	(Ring Road, Kohat Road, Gulbahar, Kohati)	785/C1.8	Zubair
Bus. No. 2	(Ring Road, Swati Gate, Ferdous, Haji Camp)	313/C1.9	Zaheer
Bus. No. 3	(Phase I, II, V)	196/C1.10	Alam Khan
Bus. No. 4	(Board, University Campus, Police Colony)	1024/C110	Muhammad Suhaib
Bus. No. 5	(University Road, Tehka, Shami Road)	204/C1.10	Bilal Jalil
Bus. No. 6	(Phase - II, III)	865/C1.8	Hamza
Bus. No. 7	(Phase - VI)	???/C1.7	Mansoor
Bus. No. 8	(Phase - VI)	1254/C1.7	Waqas
Van. No. 2	(Phase - IV)	507/C1.7(BI)	Usman Khalid
Van. No. 3	(Phase - II, III)	196/C1.7(BI)	Haseeb-ur-Rehman

TEAM EVENTS ALREADY WORKED OUT

			Blue	Green
Badminton	(Boys)	Singles	35	24 1/2
		Doubles	32	32
	(Girls)	Singles	25	55
		Doubles	33	16
Basketball			35	25
Chess	(Boys)		28	26
	(Girls)		16 1/2	13 1/2
Cricket			60	30
Football			25	45
Netball			09	09
Tug-O-War	(Boys)		19 +	17 +
	(Girls)		5	7
Volley ball			30	30



HOUSE CAPTAINS AND VICE CAPTAINS

BLUE HOUSE (BOYS)

Captain	Bilal Jalil	204	/ C1. 10
Vice Captain	Alam Khan	196	/ C1. 10

GREEN HOUSE (BOYS)

Captain	Omar Shinwari	1117	/ C1. 10
Vice Captain	Imran Haider	416	/ C1. 10

BLUE HOUSE (GIRLS)

Captain	Benish Khan	163	/ C1. 10
Vice Captain	Zara Khurram	176	/ C1. 10

GREEN HOUSE (GIRLS)

Captain	Sana Iftikhar	253	/ C1. 10
Vice Captain	Sana Imtiaz	139	/ C1. 10

ATHLETIC CAPTAINS AND VICE CAPTAINS

BLUE HOUSE (BOYS)

Captain	Syed Khushal Shah	636	/ C1. 10
Vice Captain	Abbas Haider Malooki	235	/ C1. 10

GREEN HOUSE (BOYS)

Captain	Mujeeb Alam	471	/ C1. 10
Vice Captain	Atiq Afridi	866	/ C1. 10

BLUE HOUSE (GIRLS)

Captain	Sana Rehman	163	/ C1. 10
Vice Captain	Taha Rehman	176	/ C1. 10

GREEN HOUSE (GIRLS)

Captain	Rehab Zahid	253	/ C1. 10
Vice Captain	Shumaila Zeb	139	/ C1. 10





EVENTS ALREADY WORKED OUT UNDER 5 (Boys)

50 METRES:

1st	1452/ Prep Blue/Gr (Gr)	Khizar Nawab 12.11 Sec
2nd	1386/ Prep Blue/ Green (Gr)	Ibrahim Ali Khan
3rd	1364/ Prep Blue	Musa Nasir

POTATO RACE:

1st	1370/ Pre Prep Blue	Pir Sadaqat Shah
2nd	1367/ Prep Blue	Sahibzada Muhammad Ismail K
3rd	1387/ Pre Prep Bl/ Green	Mehhoob Ul Hassan

RABBIT RACE:

1st	1364/ Prep Blue	Musa Nasir
2nd	1376/ Prep Green	Ibrahim Yousha
3rd	1377/ Prep Blue/ Green (Gr)	Shawaiz Shehryar

THROWING THE TENNIS BALL:

1st	1364/ Prep Green	Ibrahim Yousha 16.70 Metres
2nd	1234/ Prep Blue	Ali Ghufran 21.73 Metres
3rd	1354/ Prep Blue	Muhammad Affan Shiraz 11.43M

WHEEL BARROW RACE:

1st	1367/ Prep Blue	Sahibzada Muhammad Ismail K
1st	1364/ Prep Blue	Musa Nasir
2nd	1421/ Pre Prep Bl/ Green (Bl)	Muzamil Khan
2nd	1386/ Pre Prep Bl/ Green (Bl)	Ibrahim Ali Khan
3rd	1457/ Pre Prep Bl/ Green (Gr)	Ibrahim Khan
3rd	1387/ Pre Prep Bl/ Green (Gr)	Mehboob Ul Hassan

THREE LEGGED RACE:

1st	1364/ Prep Blue	Musa Nasir
1st	1367/ Prep Blue	Sahibzada Muhammad Ismail K
2nd	1370/ Pre Prep Blue	Pir Sadaqat Shah
2nd	1386/ Pre Prep Bl/ Green (Bl)	Ibrahim Ali Khan
3rd	1373/ Prep Blue	Moiz Ahmed
3rd	1234/ Prep Blue	Ali Ghufran



EVENTS ALREADY WORKED OUT UNDER 5 (Girls)

50 METRES

1st	455 / Prep Blue/Green(Bl)	Tanawish Mazhar 14.5Secs
2nd	470 / Pre Prep Green	Mishma Riaz
3rd	469 / Pre Prep Green	Nashima Nawaz

POTATO RACE

1st	460 / Prep Blue/ Green	Fareeha Asghar Khan
2nd	461 / Prep Blue/ Green	Aksa Gul Kakakhel
3rd	469 / Pre Prep Green	Nashima Nawaz

THROWING THE TENNIS BALL

1st	480 / Pre Prep Green	Satayish 6.17 Metres
2nd	461/ Prep Blue/Green	Aksa Gul Kakakhel 5.66 Metres
3rd	481 / Pre Prep/Green	Shandana Naeem 5.03 Metres

THREE LEGGED RACE

1st	461 / Prep Blue/Green	Aksa Gul Kakakhel
1st	464 / Prep Green (Bl)	Nadia Khan
2nd	455 / Pre Blue/Green (Bl)	Tanawish Mazhar
2nd	475 / Pre Prep Blue	Sana
3rd	469 / Pre Prep Green	Nashima Nawaz
3rd	470 / Pre Prep Green	Mishma Riaz





EVENTS ALREADY WORKED OUT UNDER 6 (Boys)

50 METRES:

1st	1195/	1 Blue	Azlan Afrdi	9.33	Sec
2nd	1113/	2 Green	Muhammad Osama		
3rd	1280/	1 Green	Waqar Ahmed		

POTATO RACE:

1st	1278/	1 Blue	Ishfaq Ahmed
2nd	1315/	Prep Blue (Bl)	Faheem Iqbal
3rd	1279/	1 Blue	Taimur Ahmed

RABBIT RACE

1st	1280/	1 Green	Waqar Ahmed
2nd	1174/	1 Blue	Ansar Subhan
3rd	1203/	1 Green	Syed Usman

THREE LEGGED RACE

1st	1233/	1 Green	Syed Zarak Ali
1st	1237/	1 Green	Syed Afaq
2nd	1333/	Prep Blue/ Green (Bl)	Mujeeb Ur Rehman
2nd	1315/	Prep Blue/ Green (Bl)	Faheem Iqbal
3rd	1197/	1 Green	Syed Hamid
3rd	1206/	1 Green	Muhammad Asim Ullah

WHEEL BARROW RACE

1st	1113/	2 Green	Muhammad Osama
1st	1422/	2 Blue/ Green (Gr)	Danyal
2nd	1174/	1 Blue	Ansar Subhan
2nd	1119/	1 Blue	Omer Shafiq
3rd	1280/	1 Green	Misbah ud Din
3rd	1121/	1 Green	Musa Munawar

THROWING THE TENNIS BALL

1st	1278/	1 Blue	Ishfaq Ahmad	40.10	Metre
2nd	1180/	1 Green	Misbah ud Din	36.25	Metre
3rd	1280/	1 Green	Waqar Ahmed	35.04	Metre



EVENTS ALREADY WORKED OUT UNDER 6 (Girls)

50 METRES

1st	377 /	1 Blue	Hoor Sharif	11.04	Secs.
2nd	428 /	Prep Green	Aiman Murtaza		
3rd	387 /	1 Blue	Mahnoor		

POTATO RACE

1st	377 /	1 Blue	Hoor Sharif
2nd	406 /	1 Blue (Gr)	Tanees Asim
3rd	428 /	Prep Green	Aimen Murtaza

THROWING THE TENNIS BALL

1st	436 /	2 Blue (Gr)	Mahnoor Khan	14.96	Metres
2nd	433 /	1 Blue	Shahlal	14.82	Metres
3rd	441 /	1 Blue	Mahnoor Javed	10.30	Metres

THREE LEGGED RACE

1st	436 /	2 Blue (Gr)	Mahnoor Khan
1st	406 /	1 Green	Tanees Asim
2nd	387 /	1 Blue	Mahnoor
2nd	377 /	1 Blue	Hoor Sharif
3rd	369 /	1 Blue	Yusra Arif
3rd	433 /	1 Blue	Shahlal





EVENTS ALREADY WORKED OUT UNDER 7 (Boys)

50 METRES

1st	1332 / 2 Blue	Muhammad Zeeshan 8.30 Secs.
2nd	1044 / 2 Blue	Mansoor Subhan
3rd	1094 / 2 Green	Shahzad Afridi

POTATO RACE

1st	1050 / 2 Blue	Sajid Muhammad
2nd	1013 / 2 Blue	Abid Khattak
3rd	1126 / 1 Blue	Hamza Hassan Khan

RABBIT RACE

1st	1104 / 2 Green	Hamza Saadat
2nd	1044 / 2 Blue	Mansoor Subhan
3rd	1069 / 2 Green	Aqib Ullah

THREE LEGGED RACE

1st	1013 / 2 Blue	Abid Khattak
1st	1317 / 2 Blue	Waleed Ahmed
2nd	1050 / 2 Blue	Sajid Muhammad
2nd	1331 / 2 Blue	Muhammad Yasir
3rd	1125 / 2 Green	Basit Malik
3rd	1103 / 2 Green	Khalil Khan

WHEEL BARROW RACE

1st	1044 / 2 Blue	Mansoor Subhan
1st	1267 / 2 Blue	Sohail Khan Afridi
2nd	1146 / 2 Green	Owais Imran
2nd	1212 / 2 Green	Muhammad Ahsan
3rd	1072 / 3 Green	Hassan Saadat
3rd	1104 / 2 Green	Hamza Saadat

THROWING THE TENNIS BALL

1st	1332 / 2 Blue	Muhammad Zeeshan 37.52 Metres
2nd	1132 / 1 Blue	Asim Ullah 38.39 Metres
3rd	1267 / 2 Blue	Sohail Khan Afridi 36.80 Metres



EVENTS ALREADY WORKED OUT UNDER 7 (Girls)

50 METRES

1st	394 / 2 Blue	Aleena Imtiaz 10.67 Secs.
2nd	435 / 1 Blue	Gulalai
3rd	287 / 3 Blue	Tuba Zafar

POTATO RACE

1st	360 / 2 Blue	Faiza Gul
2nd	328 / 2 Blue	Aliha Azhar
3rd	287 / 3 Blue	Tuba Zafar

THROWING THE TENNIS BALL

1st	435 / 1 Blue	Gulalai 18.77 Metres
2nd	360 / 2 Blue (Gr)	Faiza Gul 16.46 Metres
3rd	352 / 2 Blue	Laiba Mehsud 13.66 Metres

THREE LEGGED RACE

1st	360 / 2 Blue	Faiza Gul
1st	378 / 1 Blue (Gr)	Mehreen Durrani
2nd	397 / 2 Blue	Ayesha Rehan
2nd	328 / 2 Blue	Aliha Azhar
3rd	390 / 2 Blue	Tajala
3rd	399 / 1 Blue	Kainat Gul





EVENTS ALREADY WORKED OUT UNDER 8 (Boys)

50 METRES

1st	1419 / 3 Green	Talha Israr	8.59	Secs.
2nd	845 / 4 Blue	Uzair Ahmed		
3rd	796 / 4 Blue	Sher Shah		

POTATO RACE

1st	796 / 4 Blue	Sher Shah
2nd	1314 / 3 Green	Jaffar Iqbal
3rd	1192 / 4 Blue	Waqar

THREE LEGGED RACE

1st	1016 / 3 Green	Muhammad Ilyas
1st	1342 / 3 Green	Muhammad Sanan
2nd	911 / 3 Blue	Asad Rehman
2nd	931 / 3 Blue	Amad Afridi
3rd	1090 / 2 Green	Saad Afridi
3rd	1165 / 2 Green	Umair Afridi

WHEEL BARROW RACE

1st	1133 / 2 Green	Muhammad Adnan
1st	1085 / 2 Green	Muhammad Ajmal
2nd	1408 / 3 Blue	Waleed Ahmed
2nd	1192 / 3 Blue	Waqar
3rd	796 / 4 Blue	Sher Shah
3rd	845 / 4 Blue	Uzair Ahmad

THROWING THE TENNIS BALL

1st	1314 / 3 Green	Jaffar Iqbal	44.68	Metres
2nd	1419 / 3 Green	Talha Israr	43.16	Metres
3rd	1469 / 3 Green	Ubaid Ur Rehman	41.84	Metres



EVENTS ALREADY WORKED OUT UNDER 8 (Girls)

50 METRES

1st	359 / 3 Blue	Hina Gul	09.42	Secs.
2nd	411 / 2 Blue	Nadia		
3rd	354 / 3 Blue (Gr)	Gulrukh Imtiaz		

POTATO RACE

1st	354 / 3 Blue (Gr)	Gulrukh Imtiaz
2nd	380 / 2 Blue (Gr)	Mahnoor Hamayun
3rd	458 / 2 Blue	Azka Rashid

SACK RACE

1st	359 / 3 Blue	Hina Gul
2nd	313 / 3 Blue (Gr)	Sana Saleem
3rd	354 / 3 Blue (Gr)	Gulrukh Imtiaz

THROWING THE TENNIS BALL

1st	359 / 3 Blue	Hina Gul	26.09	Metres
2nd	519 / 3 Blue	Mahnoor Faiz	17.58	Metres
3rd	313 / 3 Blue (Gr)	Sana Saleem	16.64	Metres

THREE LEGGED RACE

1st	519 / 3 Blue	Mahnoor Faiz
1st	388 / 3 Blue	Tabeen Ali
2nd	388 / 3 Blue	Hifsa Khalid
2nd	277 / 3 Blue	Mahnoor Khalid
3rd	402 / 3 Blue	Kainat Syed
3rd	458 / 2 Blue	Azka Rashid





EVENTS ALREADY WORKED OUT UNDER 9 (Boys)

50 METRES

1st	1145 / 4 Blue	Umair Imran	7.94 Secs.
2nd	1021 / 4 Blue	Fawad Akbar	
3rd	825 / 4 Green	Sami Ullah	

4 x 50 METRES RELAY

1st	1202 / 4 Blue	Aanis Ghani	35.55 Secs.
1st	1021 / 4 Blue	Fawad Akbar	
1st	1051 / 4 Blue	Khan Zeb	
1st	791 / 4 Blue	Muhammad Annas	
2nd	1330 / 4 Green	Muhammad Farhan	
2nd	825 / 4 Green	Sami Ullah	
2nd	1313 / 4 Green	Amir Taj	
2nd	844 / 5 Green	Mashood Khan	
3rd	905 / 5 Green	Zahab Ali	
3rd	906 / 5 Green	Wajahat Ali	
3rd	1092 / 2 Green	Salman Afridi	
3rd	1253 / 4 Green	Muhammad Ibrahim	

OBSTACLE RACE

1st	1058 / 3 Green	Abdul Wahid	
2nd	825 / 4 Green	Sami Ullah	
3rd	1048 / 3 Green	Syed Musaddiq Shah	

THROWING THE CRICKET BALL

1st	1330 / 4 Green	Muhammad Farhan	50.43 Metres
2nd	1313 / 4 Green	Amir Taj	42.20 Metres
3rd	1220 / 4 Blue	Aanis Ghani	39.18 Metres

DRIBBLING THE FOOTBALL

1st	905 / 5 Green	Zahad Ali	
2nd	1320 / 4 Blue	Nouman Ahmad	
3rd	906 / 5 Green	Wajahat Ali	



EVENTS ALREADY WORKED OUT UNDER 9 (Girls)

50 METRES:

1st	295 / 4 Blue (Gr)	Ayesha Shahid	09.21 Secs.
2nd	361 / 4 Blue	Sidra Zeb	
3rd	214 / 5 Blue (Gr)	Hamana Tahir	

POTATO RACE:

1st	214 / 5 Blue (Gr)	Hamana Tahir	
2nd	367 / 3 Blue (Gr)	Rukhsar Afridi	
3rd	395 / 4 Blue	Farwa Ali	

SACK RACE

1st	233 / 4 Blue (Gr)	Khushbakht Qayyum	
2nd	295 / 4 Blue	Ayesha Shahid	
3rd	256 / 4 Blue	Ayesha Ijaz	

THROWING THE TENNIS BALL:

1st	361 / 4 Green	Sidra Zeb	22.49 Metres
2nd	295 / 4 Green	Ayesha Shahid	21.80 Metres
3rd	214 / 5 Green	Hamana Tahir	20.58 Metres





EVENTS ALREADY WORKED OUT UNDER 10 (Boys)

50 METRES

1st	779 / 5 Green	Rehman Alam	7.99 Secs.
2nd	1036 / 6 Green	Muhammad Azaz	
3rd	1312 / 5 Blue	Mudassar Iqbal	

100 METRES

1st	708 / 6 Green	Nasir Khan	15.19 Secs.
2nd	1042 / 5 Blue	Hamza Ali Bangash	
3rd	1312 / 5 Blue	Mudassar Iqbal	

4 x 50 METRES

1st	1042 / 5 Blue	Muhammad Jamal	
1st	1312 / 5 Blue	Afnan Farid	
1st	732 / 5 Blue	Mueen Ur Rehman	
1st	709 / 6 Blue / Green (Gr)	Musadiq Noor	
2nd	708 / 7 Green	Nasir Khan	
2nd	1036 / 8 Green	Muhammad Azaz	
2nd	779 / 7 Green	Rehman Alam	
2nd	787 / 8 Green	Shayan Sameer Fernando	
3rd	1027 / 8 Blue	Muhammad Talha	
3rd	793 / 7 Blue	Shahrukh Khan	
3rd	1383 / 6 Blue	Abdul Haseeb	
3rd	963 / 5 Blue	Fahad Saleem	
3rd	889 / 5 Green	Imad Saud	
3rd	771 / 5 Green	Baber Nadeem	
3rd	976 / 6 Green	Muhammad Zaid	
3rd	802 / 6 Green	Abdul Haseeb	

OBSTACLE RACE

1st	1036 / 5 Blue	Muhammad Azaz	
2nd	701 / 5 Blue	Abdul Salam	
3rd	802 / 6 Green	Abdul Haseeb	

SACK RACE

1st	701 / 5 Blue	Abdul Saleem	
2nd	963 / 5 Blue	Fahad Saleem	
3rd	787 / 5 Green	Shayan Sameer Fernando	

THROWING THE CRICKET BALL

1st	708 / 6 Green	Nasir Khan	61.24 Metres
2nd	1042 / 5 Blue	Hamza Ali Bangash	47.27 Metres
3rd	732 / 5 Blue	Mueen Ur Rehman	45.89 Metres

DRIBBLING THE FOOTBALL

1st	694 / 5 Blue	Asfandiyar Khan	
2nd	1312 / 5 Blue	Mudassar Iqbal	
3rd	732 / 5 Blue	Mueen Ur Rehman	



EVENTS ALREADY WORKED OUT UNDER 10 (Girls)

50 METRES

1st	184 / 6 Blue (Gr)	Palwasha Khan	8.59 Secs.
2nd	281 / 5 Blue (Gr)	Faryal Afzal	
3rd	363 / 5 Blue	Mahnoor Inam	

100 METRES

1st	184 / 6 Blue (Gr)	Palwasha Khan	17.61 Secs.
2nd	281 / 5 Blue (Gr)	Faryal Afzal	
3rd	410 / 5 Blue (Gr)	Bakhtmina	

4 x 50 METRES RELAY

1st	184 / 6 Blue (Gr)	Palwasha Khan	40.64 Secs.
1st	281 / 5 Blue (Gr)	Faryal Afzal	
1st	410 / 5 Blue (Gr)	Bakhtmina	
1st	196 / 6 Blue (Gr)	Omama Saleem	
2nd	363 / 5 Blue	Mahnoor Inam	
2nd	263 / 5 Blue	Omama Imtiaz	
2nd	200 / 5 Blue	Romaisa Mahsud	
2nd	509 / 5 Blue	Rabia Naeem	

THROWING THE CRICKET BALL:

1st	184 / 6 Blue (Gr)	Palwasha Khan	33.76 Metres.
2nd	410 / 5 Blue (Gr)	Bakhtmina	30.43 Metres
3rd	281 / 5 Blue (Gr)	Faryal Afzal	22.55 Metres

SACK RACE

1st	263 / 6 Blue	Omama Imtiaz	
2nd	191 / 5 Blue	Maham Humayun	
3rd	406 / 5 Blue (Gr)	Laila Syed	

OBSTACLE RACE

1st	263 / 5 Blue	Omama Imtiaz	
2nd	235 / 4 Blue	Malaika Nawaz	
3rd	212 / 5 Blue	Javeria Jamal	





EVENTS ALREADY WORKED OUT UNDER 11 (Boys)

100 METRES

1st	1022 / 6 Blue	Jawad Akbar	15.59 Secs.
2nd	798 / 6 Blue	Rohail Abbas	
3rd	718 / 6 Green	Waqas Ahmad	

200 METRES

1st	1029 / 6 Blue	Asfandiyar Iqbal	34.30 Secs.
2nd	798 / 6 Blue	Rohail Abbas	
3rd	1144 / 6 Blue	Yasir Imran	
3rd	1399 / 6 Blue/Green (Gr)	Adam Khan	

4 x 50 METRES RELAY

1st	1022 / 6 Blue	Jawad Akbar	33.70 Secs.
1st	798 / 6 Blue	Rohail Abbas	
1st	1144 / 6 Blue	Yasir Imran	
1st	1029 / 6 Blue	Asfandiyar Iqbal	
2nd	718 / 6 Green	Waqas Ahmad	
2nd	1201 / 6 Blue/Green (Gr)	Haris Ghani	
2nd	692 / 6 Green	Kamran Subhan	
2nd	710 / 6 Green	Waleed Hamayun	
3rd	1211 / 7 Green	Asim Khan	
3rd	680 / 6 Green	Maaz Ullah	
3rd	686 / 6 Green	Junaid Zaman	
3rd	985 / 4 Green	Baheer Ahmad	

4 x 100 METRES RELAY

1st	1022 / 6 Blue	Jawad Akbar	1 Min 06.50 Secs.
1st	798 / 6 Blue	Rohail Abbas	
1st	1144 / 6 Blue	Yasir Imran	
1st	1029 / 6 Blue	Asfandiyar Iqbal	
2nd	718 / 6 Green	Waqas Ahmad	
2nd	1399 / 6 Blue/Green	Adam Khan	
2nd	769 / 6 Green	Jibran Khan	
2nd	680 / 6 Green	Maaz Ullah	
3rd	1201 / 6 Blue/Green (Gr)	Haris Ghani	
3rd	895 / 4 Green	Faiz Khan	
3rd	1454 / 6 Blue/Green (Gr)	Zarneel Khan	
3rd	985 / 4 Green	Baheer Ahmad	

LONG JUMP

1st	1093 / 7 Blue	Shafat Hussain	3.75 Metres
2nd	1144 / 6 Blue	Yasir Imran	3.55 Metres
3rd	718 / 6 Green	Waqas Ahmad	3.50 Metres

HIGH JUMP

1st	1093 / 7 Blue	Shafat Hussain	3 ft 9 inches
2nd	618 / 6 Blue	Samama Imtiaz	3 ft 8 inches
3rd	720 / 4 Blue	Umer Khan	3 ft 7 inches
3rd	1255 / 6 Blue/Green (Gr)	Amir Waseem	3 ft 7 inches



EVENTS ALREADY WORKED OUT UNDER 11 (Girls)

100 METRES

1st	342 / 6 Blue (Gr)	Nida Ali	16.97 Secs.
2nd	320 / 6 Blue	Fatima Jamal	
3rd	307 / 6 Blue (Gr)	Natasha Mehsud	

4 x 50 METRES RELAY

1st	237 / 6 Blue (Gr)	Maria Khan	37.14 Secs.
1st	442 / 6 Blue (Gr)	Hira Ahad	
1st	177 / 6 Blue (Gr)	Lubna Hashim	
1st	342 / 6 Blue (Gr)	Nadia Ali	
2nd	148 / 6 Blue	Sherina Minto	
2nd	234 / 5 Blue	Maleeha	
2nd	432 / 5 Blue	Mahnoor Rehman	
2nd	488 / 5 Blue	Hajra Aslam	
3rd	320 / 6 Blue	Fatima Jamal	
3rd	178 / 5 Blue	Taiyba Butt	
3rd	199 / 6 Blue	Nayab Zaman	
3rd	145 / 6 Blue	Mehak Sardar	

SACK RACE

1st	307 / 6 Blue (Gr)	Natasha Mehsud
2nd	199 / 6 Blue	Nayab Zaman
3rd	178 / 5 Blue	Taiyba Butt

OBSTACLE RACE

1st	145 / 6 Blue	Mehak Sardar
2nd	234 / 5 Blue	Maleeha Nisar
3rd	488 / 5 Blue	Hajra Aslam

LONG JUMP

1st	237 / 6 Blue (Gr)	Maria Khan	3.04 Metres
2nd	488 / 5 Blue	Hajra Aslam	2.84 Metres
3rd	171 / 6 Blue (Gr)	Fatima Shahbaz	2.82 Metres





EVENTS ALREADY WORKED OUT UNDER 12 (Boys)

100 METRES

1st	984 / 7	Green	Muhammad Jamal	13.7	Secs.
2nd	337 / 7	Green	Naumaan Afidi		
3rd	1392 / 7	Green	Muhammad Nauman		

200 METRES

1st	984 / 7	Blue	Muhammad Jamal	30	Secs.
2nd	1056 / 6	Blue	Asif Khan		
3rd	1325 / 6	Blue/ Green (Gr)	Irfan Sattar		

400 METRES

1st	1325 / 6	Blue/ Green (Gr)	Irfan Sattar	1 Min 12.98	Secs
2nd	423 / 8	Green	Afnan Farid		
3rd	667 / 8	Blue	Muneem Ur Rehman		

4 x 50 METRES RELAY

1st	984 / 7	Blue	Muhammad Jamal	29.91	Secs.
1st	423 / 8	Green	Afnan Farid		
1st	1014 / 7	Green	Ali Shahbaz		
1st	1325 / 6	Blue/Green (Gr)	Irfan Sattar		
2nd	337 / 7	Green	Nouman Afridi		
2nd	1293 / 7	Blue/Green (Gr)	Muhammad Mansoor		
2nd	392 / 8	Green	Waqas Khan		
2nd	1329 / 7	Blue/Green (Gr)	Muhammad Nouman Afridi		
3rd	667 / 8	Blue	Muneem Ur Rehman		
3rd	467 / 8	Blue	Khawar Abbas		
3rd	1194 / 7	Blue	Gul Sher		
3rd	1056 / 6	Blue	Asif Khan		

4 x 100 METRES RELAY

1st	984 / 7	Green	Muhammad Jamal	1 min 1.14	sc
1st	423 / 8	Green	Afnan Farid		
1st	1325 / 6	Blue/Green (Gr)	Irfan Sattar		
1st	707 / 6	Green	Yasir Khan		
2nd	337 / 7	Green	Nouman Afridi		
2nd	392 / 8	Green	Waqas Khan		
2nd	1293 / 7	Blue/Green (Gr)	Muhammad Mansoor		
2nd	1329 / 7	Blue/Green (Gr)	Muhammad Nouman Afridi		
3rd	1442 / 5	Blue/Green (Bl)	Tameem Jan		
3rd	1311 / 6	Blue/Green (Bl)	Mubashir Iqbal		
3rd	1041 / 5	Blue/Green (Bl)	Ali Raza		
3rd	1056 / 6	Blue	Asif Khan		

LONG JUMP

1st	423 / 8	Green	Afnan Farid	4.43	Metres
2nd	707 / 6	Green	Yasir Khan	4.40	Metres
3rd	1293 / 7	Blue/Green (Gr)	M. Mansoor	4	Metres

HIGH JUMP

1st	1329 / 7	Blue/Green (Gr)	M. Nouman Afridi	4 ft 2	inches
2nd	423 / 8	Green	Afnan Farid	4 ft 1	inches
3rd	1014 / 7	Green	Shahbaz	3 ft 11	inches



EVENTS ALREADY WORKED OUT UNDER 12 (Girls)

100 METRES

1st	353 / 8	Blue	Iqra Khalid	17.52	Secs.
2nd	147 / 7	Blue	Maryam Hayat		
3rd	337 / 7	Blue	Amina Arif		

200 METRES

1st	140 / 6	Blue	Bader Ateeq	37.54	Secs.
2nd	198 / 6	Blue (Gr)	Javeria		
3rd	143 / 7	Blue	Sana Rehman		

4 x 100 METRES RELAY

1st	337 / 7	Blue	Amina Arif	1 Min 14.63	Secs.
1st	353 / 8	Blue	Iqra Khalid		
1st	143 / 7	Blue	Sana Rehman		
1st	140 / 6	Blue	Bader Ateeq		
2nd	198 / 6	Blue (Gr)	Javeria		
2nd	180 / 7	Blue (Gr)	Tehreem Zohra		
2nd	296 / 6	Blue (Gr)	Aneesa Zeb		
2nd	504 / 6	Blue (Gr)	Roma Anwar		

SACK RACE

1st	143 / 7	Blue	Sana Rehman		
2nd	356 / 6	Blue (Gr)	Mehak Khan		
3rd	180 / 7	Blue (Gr)	Tehreem Zohra		

OBSTACLE RACE

1st	337 / 7	Blue	Amina Arif		
2nd	504 / 6	Blue (Gr)	Roma Anwar		
3rd	493 / 7	Blue	Mahnoor Tahir		

HIGH JUMP

1st	353 / 8	Blue	Iqra Khalid	3 ft 5	inches
2nd	140 / 6	Blue	Bader Ateeq	3 ft 2	inches

LONG JUMP

1st	143 / 7	Blue	Sana Rehman	3.23	Metres
2nd	140 / 6	Green	Basmah Ayub	3.05	Metres
3rd	220 / 6	Blue	Nabila Khan	2.65	Metres





EVENTS ALREADY WORKED OUT UNDER 13(Boys)

100 METRES

1st	1067 / 7 Blue	Sherjeel Riaz	13.42 Secs.
2nd	882 / 8 Blue	Muhammad Ali	
3rd	1137 / 8 Green	Sadam Saleem	

200 METRES

1st	1137 / 8 Green	Sadam Saleem	32.21 Secs.
2nd	478 / 8 Green	Yasir Jamal	
3rd	1456 / 6 Blue/Green(BI)	Faraz Ahmed Khan	

400 METRES

1st	422 / 9 Blue	Salman Farid	1 Min 14.86 Secs.
2nd	882 / 8 Blue	Muhammad Ali	
3rd	1207 / 7 Blue/Green(BI)	Rab Nawaz	

4 x 100 METRES RELAY

1st	1067 / 7 Blue	Sherjeel Riaz	1 Min .51 Sec
1st	1198 / 8 Blue	Muneeb Khattak	
1st	422 / 9 Blue	Salman Farid	
1st	429 / 8 Blue	Iftikhar Afridi	
2nd	1137 / 8 Green	Sadam Saleem	
2nd	478 / 8 Green	Yasir Jamal	
2nd	968 / 8 Green	Maaz Amjad	
2nd	413 / 8 Green	Yasir Khan	
3rd	882 / 8 Blue	Muhammad Ali	
3rd	644 / 7 Blue	Haroon Khan	
3rd	1091 / 6 Blue	Muhammad Khan	
3rd	1427 / 8 Blue	Salman Khan	

4 x 400 METRES RELAY

1st	1067 / 7 Blue	Sherjeel Riaz	5 Mins 09.72 Sec
1st	1198 / 8 Blue	Muneeb Khattak	
1st	422 / 9 Blue	Salman Farid	
1st	429 / 8 Blue	Iftikhar Afridi	
2nd	1137 / 8 Green	Sadam Saleem	
2nd	478 / 8 Green	Yasir Jamal	
2nd	968 / 8 Green	Maaz Amjad	
2nd	413 / 8 Green	Yasir Khan	
3rd	882 / 8 Blue	Muhammad Ali	
3rd	644 / 7 Blue	Haroon Khan	
3rd	1091 / 6 Blue	Muhammad Khan	
3rd	1427 / 8 Blue	Salman Khan	

LONG JUMP

1st	1067 / 7 Blue	Sherjeel Riaz	4.61 Metres
2nd	422 / 9 Blue	Salman Farid	4.26 Metres
3rd	1091 / 6 Blue	Muhammad Khan	4.77 Metres

HIGH JUMP

1st	1427 / 9 Blue	Salman Farid	4 ft 3 inches
2nd	1198 / 8 Blue	Muneeb Khattak	4 ft 2 inches
3rd	1137 / 8 Green	Sadam Saleem	4 ft 2 inches



EVENTS ALREADY WORKED OUT UNDER 13 (Girls)

100 METRES

1st	96 / 7 Blue (Gr)	Warida Naeem	16.80 Secs.
2nd	73 / 8 Blue (Gr)	Nida Ali	
3rd	156 / 8 Blue	Aisha Nawaz	

200 METRES

1st	163 / 9 Blue	Sana Rehman	37.60 Secs.
2nd	119 / 8 Blue	Shahana Mehsud	
3rd	379 / 8 Blue (Gr)	Ammra Hamayum	

4 x 100 METRES RELAY

1st	73 / 8 Blue (Gr)	Nida Ali	1 min 10.47 Secs.
1st	379 / 8 Blue (Gr)	Ammra Hamayum	
1st	96 / 7 Blue (Gr)	Warida Naeem	
1st	139 / 9 Blue (Gr)	Shumaila Zeb	
2nd	366 / 9 Blue	Beenish Khan Afridi	
2nd	119 / 8 Blue	Shahana Mehsud	
2nd	156 / 8 Blue	Aisha Nawaz	
2nd	163 / 9 Blue	Sana Rehman	

SACK RACE

1st	449 / 6 Blue (Gr)	Nabeela Shah Nawaz
2nd	344 / 6 Blue (Gr)	Noor-Ul-Amin
3rd	251 / 7 Blue (Gr)	Hoor Gul

OBSTACLE RACE

1st	449 / 6 Blue (Gr)	Nabeela Shah Nawaz
2nd	73 / 8 Blue (Gr)	Nida Ali
3rd	156 / 8 Blue	Aisha Nawaz

HIGH JUMP

1st	251 / 7 Blue (Gr)	Hoor Gul	3 ft 3 inches
2nd	449 / 6 Blue (Gr)	Nabeela Shah Nawaz	3ft 2 inches

LONG JUMP

1st	96 / 7 Blue (Gr)	Warida Naeem	3.19 Metres
2nd	163 / 9 Blue	Sana Rehman	2.93 Metres
3rd	344 / 6 Blue (Gr)	Noor-Ul-Amin	2.91 Metres





EVENTS ALREADY WORKED OUT UNDER 14(Boys)

100 METRES

1st	795 / 10 Blue	Hamza Bangash	13.26 Secs.
2nd	313 / 9 Blue	Zaheer Ahmed Qureshi	
3rd	216 / 8 Blue	Shiraz Hashim	

200 METRES

1st	799 / 9 Blue	Muhammad Furqan	31.69 Secs
2nd	339 / 8 Green	Shahrose Iftikhar	
3rd	1327 / 7 Green	Sheroze Khalid	

400 METRES

1st	799 / 9 Blue	Muhammad Furqan	1 Min 07.94sc
2nd	785 / 8 Blue	Zubair Ali	
3rd	335 / 9 Blue	Abdul Aziz	

4 x 100 METRES

1st	795 / 10 Blue	Hamza Bangash	57.60 Secs.
1st	799 / 9 Blue	Muhammad Furqan	
1st	778 / 9 Blue	Nifaz Alam	
1st	785 / 8 Blue	Zubair Ali	
2nd	313 / 9 Blue	Zaheer Ahmed Qureshi	
2nd	327 / 8 Blue	Amir Hamza	
2nd	216 / 8 Blue	Sheraz Hashim	
2nd	436 / 9 Blue	Muhammad Kazim	
3rd	335 / 9 Blue	Abdul Aziz	
3rd	1292 / 9 Blue	Shafqat Ullah	
3rd	339 / 8 Green	Sheroze Iftikhar	
3rd	865 / 8 Green	Muhammad Ameer Hamza	

4 x 400 METRES :

1st	796 / 10 Blue	Hamza Bangash	4.Min.56.78 Sec
1st	799 / 9 Blue	Muhammad Furqan	
1st	778 / 9 Blue	Nifaz Alam	
1st	785 / 8 Blue	Zubair Ali	
2nd	335 / 9 Blue	Abdul Aziz	
2nd	1292 / 9 Blue	Shafqat Ullah	
2nd	339 / 8 Green	Sheroze Iftikhar	
2nd	865 / 8 Green	Muhammad Ameer Hamza	
3rd	313 / 9 Blue	Zaheer Ahmed Qureshi	
3rd	327 / 8 Blue	Amir Hamza	
3rd	216 / 8 Blue	Sheraz Hashim	
3rd	436 / 9 Blue	Muhammad Kazim	

LONG JUMP

1st	796 / 10 Blue	Hamza Bangash	4.47 Metres
2nd	799 / 9 Blue	Muhammad Furqan	4.40 Metres
3rd	313 / 9 Blue	Zaheer Ahmed Qureshi	4.35 Metres

HIGH JUMP

1st	785 / 8 Blue	Zubair Ali	4 ft 6 inches
2nd	778 / 9 Blue	Nifaz Alam	4 ft 3 inches
3rd	216 / 8 Blue	Shiraz Hashim	3 ft 9 inches

SHOT PUT:

1st	795 / 10 Blue	Hamza Bangash	7.53 Metres
1st	778 / 9 Blue	Nifaz Alam	6.14 Metres
3rd	327 / 8 Blue	Amir Hamza	5.72 Metres



EVENTS ALREADY WORKED OUT UNDER 14 (Girls)

100 METRES

1st	375 / 8 Blue	Hijab Habib	16.88 Secs.
2nd	7 / 10 Blue (Gr)	Arzoo Sharif	
3rd	454 / 8 Blue (Gr)	Nayab Iqbal	

200 METRES

1st	375 / 8 Blue	Hijab Habib	37.55 Secs.
2nd	454 / 8 Blue (Gr)	Nayab Iqbal	
3rd	448 / 7 Blue (Gr)	Tehmina Shah	

4 x 100 METRES RELAY

1st	274 / 8 Blue	Mehleena Qayyum	1 Min 11.86sc
1st	341 / 9 Blue	Hareem Saeed	
1st	144 / 9 Blue	Mashal Riaz	
1st	375 / 8 Blue	Hijab Habib	
2nd	454 / 8 Blue (Gr)	Nayab Iqbal	
2nd	39 / 9 Blue (Gr)	Sana Imtiaz	
2nd	7 / 10 Blue (Gr)	Arzoo Sharif	
2nd	448 / 7 Blue (Gr)	Tehmina Shah	

LONG JUMP

1st	7 / 10 Blue (Gr)	Arzoo Sharif	3.12 Metres
2nd	39 / 9 Blue (Gr)	Sana Imtiaz	2.89 Metres
3rd	274 / 8 Blue	Hehleena Qayyum	2.14 Metres

HIGH JUMP

1st	7 / 10 Blue (Gr)	Arzoo Sharif	2 ft 10 Inches
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SHOT PUT

1st	375 / 8 Blue	Hijab Habib	6.00 Metres
2nd	39 / 9 Blue (Gr)	Sana Imtiaz	4.98 Metres
3rd	268 / 7 Blue	Zainab Said	4.56 Metres





EVENTS ALREADY WORKED OUT UNDER 15(Boys)

100 METRES:

1st	463 / 8	Green	Adeel Afridi	13.71 Secs.
2nd	1025 / 9	Blue	Muhammad Nauman	
3rd	1134 / 9	Blue (Gr)	Muhammad Ibrahim	

200 METRES:

1st	463 / 8	Green	Adeel Afridi	29.24 Secs.
2nd	1441 / 9	Blue (Gr)	Naveed Zazai	
3rd	1025 / 9	Blue	Muhammad Nauman	

400 METRES:

1st	687 / 9	Blue	Muhammad Faisal	1 Min 14.63 Secs.
2nd	1134 / 9	Blue	Muhammad Ibrahim	
3rd	547 / 9	Blue	Junaid Akhtar	

800 METRES:

1st	213 / 9	Blue (Gr)	Junaid Khan	3 Min. 19.22 Secs.
2nd	174 / 10	Blue	Izhar Ullah	
3rd	687 / 9	Blue	Muhammad Faisal	

4 x 100 METRES:

1st	463 / 8	Green	Adeel Afridi	59.81 Secs.
1st	547 / 9	Blue (Gr)	Junaid Akhtar	
1st	1441 / 9	Blue (Gr)	Naveed Zazai	
1st	1153 / 9	Blue (Gr)	Haseeb Khan	
2nd	945 / 9	Blue	Farhan Zeb	
2nd	217 / 9	Blue	Haseeb Khan Shinwari	
2nd	970 / 10	Blue	Syed Yawar Fasool Shah	
2nd	1151 / 10	Blue	Shahbaz Laiq	
3rd	1059 / 9	Blue (Gr)	Waqas Mahfooz	
3rd	1210 / 10	Blue (Gr)	Muhammad Asif	
3rd	279 / 10	Blue (Gr)	Junaid Javed	
3rd	416 / 9	Blue (Gr)	Imran Haider	



EVENTS ALREADY WORKED OUT UNDER 15(Boys)

4 x 400 METRES:

1st	463 / 8	Green	Adeel Afridi	4 Min. 55.87 Secs.
1st	547 / 9	Blue (Gr)	Junaid Akhtar	
1st	1441 / 9	Blue (Gr)	Naveed Zazai	
1st	1153 / 9	Blue (Gr)	Haseeb Khan	
2nd	204 / 10	Blue	Bilal Jalil	
2nd	1025 / 9	Blue	Muhammad Nauman	
2nd	687 / 9	Blue	Muhammad Faisal	
2nd	174 / 10	Blue	Izhar Ullah	
3rd	279 / 10	Blue (Gr)	Junaid Javed	
3rd	416 / 10	Blue (Gr)	Imran Haider	
3rd	1134 / 10	Blue (Gr)	Muhammad Ibrahim	
3rd	1059 / 9	Blue (Gr)	Waqas Mehfooz	

LONG JUMP

1st	463 / 8	Green	Adeel Afridi	4.82 Metres
2nd	279 / 10	Blue (Gr)	Junaid Javed	4.78 Metres
3rd	1025 / 9	Blue	Muhammad Nouman	4.54 Metres

HIGH JUMP

1st	174 / 10	Blue	Izhar Ullah	4 ft 8 inches
2nd	954 / 8	Blue	Farhan Zeb	4 ft 8 inches
3rd	416 / 10	Blue (Gr)	Imran Haider	4 ft 3 inches

SHOT PUTT

1st	276 / 10	Blue (Gr)	Naveed Afridi	6.89 Metres
2nd	213 / 9	Blue (Gr)	Junaid Khan	6.86 Metres





EVENTS ALREADY WORKED OUT UNDER 15 (Girls)

100 METRES

1st	375	/ 9 Blue	Hijab Habib	16.55 Secs.
2nd	274	/ 9 Blue	Mehleena Qayyum	
3rd	454	/ 9 Blue (Gr)	Nayab Iqbal	

200 METRES

1st	375	/ 9 Blue	Hijab Habib	37.59 Secs.
2nd	448	/ 8 Blue (Gr)	Tehmina Shah Nawaz	

SHOT PUTT

1st	375	/ 9 Blue	Hijab Habib	5.48 Metre
2nd	39	/10 Blue (Gr)	Sana Imtiaz	5.20 Metre
3rd	268	/ 8 Blue	Zainab Said	5.12 Metre





EVENTS ALREADY WORKED OUT UNDER 16(Boys)

100 METRES

1st	967 / 8 Green	Saad Amjad	13.77 Secs.
2nd	949 / 10Blue	Bilal Hussain	
3rd	1053 / 9 Blue (Gr)	Abdul Mutlib	

200 METRES

1st	1024 / 10Blue	Muhammad Suhaib	29.11 Secs.
2nd	88 / 10Blue	Zia Ullah	
3rd	642 / 10Blue	Wasid Nawaz	

400 METRES

1st	961 / 8 Green	Saad Amjad	1 Min 09.50 Secs.
2nd	949 / 10Blue	Bilal Hussain	
3rd	218 / 10Blue	Haris Zafar	

800 METRES

1st	1024 / 10Blue	Muhammad Suhaib	3 Min 15.28 Secs.
2nd	196 / 10Blue	Alam Khan	

4 x 100 METRES RELAY

1st	949 / 10Blue	Bilal Hussain	58.39 Secs.
1st	196 / 10Blue	Alam Khan	
1st	1024 / 10Blue	Muhammad Suhaib	
1st	642 / 10Blue	Wasid Nawaz	
2nd	967 / 8 Green	Saad Amjad	
2nd	218 / 10Blue (Gr)	Haris Zafar	
2nd	88 / 10Blue (Gr)	Zia Ullah	
2nd	1053 / 9 Blue (Gr)	Abdul Mutlib	



EVENTS ALREADY WORKED OUT UNDER 16(Boys)

4 x 100 METRES RELAY

1st	949 / 10Blue	Bilal Hussain	4 Min. 55.80 Secs
1st	196 / 10Blue	Alam Khan	
1st	1024 / 10Blue	Muhammad Suhaib	
1st	642 / 10Blue	Wasid Nawaz	
2nd	967 / 8 Green	Saad Amjad	
2nd	218 / 10Blue (Gr)	Haris Zafar	
2nd	88 / 10Blue (Gr)	Zia Ullah	
2nd	1053 / 9 Blue (Gr)	Abdul Mutlib	

LONG JUMP

1st	88 / 10Blue	Zia Ullah	4.95 Metres
2nd	949 / 10Blue	Bilal Hussain	4.45 Metres
3rd	1053 / 9 Blue	Abdul Mutlib	4.25 Metres

HIGH JUMP

1st	88 / 10Blue	Zia Ullah	4 ft 10 inches
2nd	196 / 10Blue	Alam Khan	4 ft 3 inches

SHOT PUTT

1st	405 / 10Blue	Adnan Khan	7.52 Metres
2nd	81 / 10Blue (Gr)	Muhammad Daud	6.41 Metres





ORDER AN TIME OF EVENTS

FRIDAY, 2nd DECEMBER, 2005

S/No. Time Events

- 1) 10:00 a.m. Arrival of the Chief Guest
- 2) 10:05 a.m. Opening Ceremony
- 3) 10:10 a.m. Address of the Principal
- 4) 10:15 a.m. Open Competition 4 x 200 Metres Relay (Boys)
- 5) 10:20 a.m. Open Competition 4 x 100 Metres Relay (Girls)
- 6) 10:25 a.m. Open Competition 200 Metres (Girls)
- 7) 10:30 a.m. Three Legged Race Under 5 (Boys & Girls)
- 8) 10:35 a.m. Karate Demonstration (School Karate Team)

S/No. Time Events

- 9) 11:00 a.m. Drill Display
- 10) 11:10 a.m. Gymnastics (School Gymnastic Teams)
- 11) 11:25 a.m. Parents' Race - Ladies - Ring Game
Gents - "Heavy" Wheel Barrow Race
- 12) 11:35 a.m. March Past
- 13) 11:45 a.m. Address of the Chief Guest.
- 14) 11:50 a.m. Distribution of Trophies.
- 15) 12:10 p.m. National Anthem.

**The Principal and Staff
sincerely thank
All Doners of Advertisements
and
the Parents, the Well - wishers
Who have generously contributed
towards the success of this meet.**

THE ATHLETE'S PROMISE

We promise to take part in this Annual Athletic Sports Meet in loyal competition respecting the rules and regulation that govern them.

We promise to keep a stout heart in defeat, to keep our pride under, in victory, to keep a sound soul, a clean mind, a healthy body and play the game in true spirit of sportsmanship





EVENT OF THE FINAL DAY

Open Competition 4 x 200 Metres (Boys)

Lane 1. Green House:

First Team

1117 / Cl. 10	Omer Shinwari
1087 / Cl. 10	Abdur Rasheed
967 / Cl. 8	Saad Amjad
894 / Cl. 10	Zeeshan Mehsud

Lane 2. Blue House:

Second Team

1024 / Cl. 10	Muhammad Suhaib
949 / Cl. 10	Bilal Hussain
799 / Cl. 9	Muhammad Furqan
795 / Cl. 10	Hamza Bangash

Lane 3. Green House

First Team

463 / Cl. 8	Adeel Afridi
1153 / Cl. 9	Haseeb Khan
984 / Cl. 8	Jamal Khan
547 / Cl. 9	Junaid Akhtar

Lane 4. Blue House

Second Team

217 / Cl. 9	Haseeb Khan
785 / Cl. 8	Zubair Ali
945 / Cl. 7	Farhan Zeb
687 / Cl. 7	Faisal Khan



EVENT OF THE FINAL DAY

Open Competition 4 x 100 Metres (Girls)

Lane 1. Green House:

First Team

256 / Cl. 10	Rehab Zahid
117 / Cl. 10	Shumaila Zeb
73 / Cl. 8	Bismah Ayub
96 / Cl. 8	Wareeda Naeem

Lane 2. Blue House:

Second Team

163 / Cl. 10	Sana Rehman
176 / Cl. 10	Taha Rehman
366 / Cl. 10	Benish Khan
84 / Cl. 10	Ghazala Khan

Lane 3. Green House

First Team

231 / Cl. 7	Sana Abdullah
39 / Cl. 10	Sana Imtiaz
139 / Cl. 9	Nida Ali
237 / Cl. 6	Maria Khan

Lane 4. Blue House

Second Team

336 / Cl. 9	Haleema Noor
318 / Cl. 8	Farah Naz
274 / Cl. 9	Mehleena Qayyum
353 / Cl. 8	Krishna Mahzooz

Open Competition 200 Metres (Girls)

GREEN HOUSE

375 / Cl. 9	Hijab Habib
140 / Cl. 6	Badar Ateeq

BLUE HOUSE

280 / Cl. 8	Laila Gul
184 / Cl. 6	Palwaha Khan





SHOTOKAN KARATE INTERNATIONAL

1st DEMONSTRATION:

"Assembly"

- i) Punches
- ii) Kicks

2nd DEMONSTRATION:

"Kata"

3rd DEMONSTRATION:

"Fight"

- i) Mehreen / Tanees
- ii) [Shayan, Mehak, Osama & Ali Shehbaz]

4th DEMONSTRATION:

"Kata"

- i) Ayesha Durran

5th DEMONSTRATION:

"Fight"

Mehak / Afsheem

6th DEMONSTRATION:

"Blind Fight"

Farukh Aman & Shayan Sameer Fernando
Refree: Muhammad Talha



CLASS OFFICIALS

Academic Year 2005

PRE PREP BLUE:

1372	Mjoaiz Ahmed	Class Leader
1355	Umar Ahmed Khan	Deputy Class Leader
1354	Muhammad Afan Shiraz	House Chief
1370	Pir Sadaqat Shah	Deputy House Chief
1372	Syed Muhammad Khakahal	Academic Officer
1369	Abdur Rehman	Deputy Academic Officer

PRE PREP GREEN

1362	Sameer Ahmed	Class Leader
469	Nashmia Nawaz	Deputy Class Leader
472	Nicheal Shamoun	House Chief
1374	Usman Shafiq	Deputy House Chief
470	Mishma Riaz	Academic Officer
473	Aleena Khalid	Deputy Academic Officer

PRE PREP BLUE + GREEN

1387	Mahboobul Hasnain	Class Leader
1386	Ibrahim Ali Khan	Deputy Class Leader
1388	Ilham Afzal	House Chief
1415	Haider Khan	Deputy House Chief
1434	Khushal Khan	Academic Officer
507	Faria Shah	Deputy Academic Officer

PREP BLUE

1229	Naqqi Abbas	Class Leader
1363	Moheez Latif	Deputy Class Leader
1250	Afrasayab Khalid	House Chief
1357	Hashir Saleem	Deputy House Chief
416	Radina Niaz	Academic Officer
1364	Musa Nasir	Deputy Academic Officer
1375	Humza Shahid	Treasurer
419	Mahroona Syed	Deputy Treasurer



CLASS OFFICIALS

Academic Year 2005

PREP GREEN:

1275 Saad Hassan
428 Aiman Murtaza
1377 Shahwaiz Sheryar
482 Zainab Arshad
1243 Fakhra Aman
1240 Muhammad Aimal
1235 Essa Khan
1290 Jashua Gul

Class Leader
Deputy Class Leader
House Chief
Deputy House Chief
Academic Officer
Deputy Academic Officer
Treasurer
Deputy Treasurer

PREP BLUE + GREEN

491 Manahil
494 Laila
1274 Shehriyar Qaiser
1315 Faheem Iqbal
1284 Salman Khan
1452 Khizer Nawab
1321 Amir Hamza
495 Khasiyat Khan

Class Leader
Deputy Class Leader
House Chief
Deputy House Chief
Academic Officer
Deputy Academic Officer
Treasurer
Deputy Treasurer

1 BLUE:

1304 Muhammad Usman
1119 Umar Shafiq
1239 Ausaf Haider
1283 Farhan Khan
1116 Hamza Hassan Khan
1115 Joel John
1118 Muhammad Jibrin
1181 Ahmer Anwar Khan

Class Leader
Deputy Class Leader
House Chief
Deputy House Chief
Academic Officer
Deputy Academic Officer
Treasurer
Deputy Treasurer

1 GREEN

1233 Zarak Ali
1344 Shah Fahad
1197 Hamid Jamal
1228 Zain Muaziz
1295 Adam
1142 Bilal Tariq
1280 Waqar
1120 Muhammad Hamza

Class Leader
Deputy Class Leader
House Chief
Deputy House Chief
Academic Officer
Deputy Academic Officer
Treasurer
Deputy Treasurer

CLASS OFFICIALS

Academic Year 2005

1 BLUE GIRLS:

435 Gulali
377 Hoor Sharif
403 Mariya Khatoun
387 Mahnoor
406 Tanees Asim
372 Fatima Khan
441 Mahnoor Javaid
378 Mahreen Durrani
433 Shahlal Ali
368 Syeda Zala Shah

Class Leader
Deputy Class Leader
House Chief
Deputy House Chief
House Chief
Deputy House Chief
Academic Officer
Deputy Academic Officer
Treasurer
Deputy Treasurer

2 BLUE

1003 Haider Ali Shah
1226 Aqib Hayyat
1300 Danyal Khan
1011 Adam Minto
1012 Muneeb ur Rehman
1040 Faizan Shafqat
1044 Mansoor Subhan
1267 Sohail Khan Afridi

Class Leader
Deputy Class Leader
House Chief
Deputy House Chief
Academic Officer
Deputy Academic Officer
Treasurer
Deputy Treasurer

2 GREEN

1034 Bilal Ahmed
1212 Muhammad Ahsan
1133 Muhammad Adnan
1103 Khalil Khan
1125 Basit Malik
1113 Muhammad Osama
1227 Muhammad Huziafa
1071 Muhammad Talha

Class Leader
Deputy Class Leader
House Chief
Deputy House Chief
Academic Officer
Deputy Academic Officer
Treasurer
Deputy Treasurer

2 BLUE/GREEN

1450 Syed Mujtaba Abbas
1463 Sheikh Habib
1125 Danyal Jhanghir

Class Leader
Deputy Class Leader
House Chief
Deputy House Chief
Academic Officer
Deputy Academic Officer
Treasurer
Deputy Treasurer





CLASS OFFICIALS

Academic Year 2005

2 BLUE GIRLS

365	Komal Naeem	Class Leader
349	Anum Nawaz	Deputy Class Leader
373	Khutija Awan	House Chief
466	Kompal Iqbal	Deputy House Chief
360	Faiza Gul	House Chief
399	Kainat Gul	Deputy House Chief
436	Mahnoor Khan	Academic Officer
390	Tajala	Deputy Academic Officer
352	Laiba Mehsud	Treasurer
326	Arooj Fatima	Deputy Treasurer

3 BLUE

920	Reshail Naeem	Class Leader
907	Hebron Iqbal	Deputy Class Leader
911	Asad Rehaman	House Chief
910	Muhammad Usman	Deputy House Chief
918	Danial Ahmed	Academic Officer
1440	Abdul Ahad	Deputy Academic Officer
1446	Sheryar Arbab	Treasurer

3 GREEN

981	Abu Bakar	Class Leader
1072	Hassan Javed	Deputy Class Leader
1058	Abdul Wahid	House Chief
1200	Kashif Sifaj	Deputy House Chief
1159	Muhammad Rashid	Academic Officer
1419	Talha Israr	Deputy Academic Officer
1469	Ubaid-ur-Rehman	Treasurer

3 BLUE GIRLS:

351	Iqra Haseeb	Class Leader
423	Mahnoor Riaz	Deputy Class Leader
388	S. Tabeen Ali	House Chief
277	Mahnoor Khalid	Deputy House Chief
313	Sania Saleem	House Chief
347	Mahnoor Asghar	Deputy House Chief
422	Zarghuna Riaz	Academic Officer
367	Rukhsar Afridi	Deputy Academic Officer
359	Hina Gul	Treasurer
		Deputy Treasurer



CLASS OFFICIALS

Academic Year 2005

4 BLUE:

826	Aqib Amjid	Class Leader
796	Sher Shah	Deputy Class Leader
831	Moaiz Khan	House Chief
819	Agha Ali	Deputy House Chief
813	Faizan Khan	Academic Officer
810	Shoor Khan	Deputy Academic Officer
1020	Hafeez Ullah	Treasurer
800	Julian Minto	Deputy Treasurer

4 GREEN

1253	Mohammad Ibrahim	Class Leader
1175	Zaiyam Khan	Deputy Class Leader
1330	Farhan Afridi	House Chief
985	Baheer Ahmed	Deputy House Chief
999	Syed Ahmad Jamal	Academic Officer
1177	Jamal Nasir	Deputy Academic Officer
883	Ashar Akbar Keen	Treasurer
1186	Fawad Khan	Deputy Treasurer

4 BLUE / GREEN

1420	Aamal Khan	Class Leader
1428	Faizan Khan	Deputy Class Leader
1433	Abdullah	House Chief
1432	Mirwais Khan	Deputy House Chief
1461	Amir Khan	Academic Officer
1453	Rizwan Naeem	Deputy Academic Officer
1462	Hamid Roshan	Treasurer
1472	Muhammad Azaz Khan	Deputy Treasurer

4 BLUE GIRLS:

298	Humma Afridi	Class Leader
245	Yusra Anwar	Deputy Class Leader
235	Malaika Nawaz (Blue)	House Chief
348	Mahrukh	Deputy House Chief
273	Jassanka Iqbal Bhatti (Green)	House Chief
409	Kiran Mahsud	Deputy House Chief
330	Spogmay	Academic Officer
395	Farwa Ali	Deputy Academic Officer
248	Weyam Tahir	Treasurer
407	Malaika Riaz	Deputy Treasurer





CLASS OFFICIALS

Academic Year 2005

5 BLUE:

939	Ghassan Zahir	Class Leader
1042	Hamza Ali	Deputy Class Leader
980	Muhammad Khan	House Chief
1282	Safeer Ahmed	Deputy House Chief
132	Mueen-ur-Rehman	Academic Officer
1027	Talha Khan	Deputy Academic Officer
695	Hamza Rehman	Treasurer

5 GREEN

787	Shayan Sameer Fernando	Class Leader
853	Umer Khan	Deputy Class Leader
899	Hishim Khan	House Chief
779	Rehman Alam	Deputy House Chief
1257	Syed Sajjad	Academic Officer
788	Sarosh Ahmed	Deputy Academic Officer
818	Wamidh Tahir	Treasurer

5 - BLUE / GREEN

1398	Faisal Javid	Class Leader
1406	Dawood Rashid	Deputy Class Leader
1208	Sadique Nawaz	House Chief
1442	Tameem Jan	Deputy House Chief
1477	Zarak Khan	Academic Officer
1449	Syed Murtaza	Deputy Academic Officer
1439	Abdul Samad	Treasurer

5 BLUE GIRLS:

212	Javaria Jamal	Class Leader
228	Syeda Sadia	Deputy Class Leader
200	Romaisa Mahsud	House Chief
178	Taiyba Butt	Deputy House Chief
281	Faryal Afzal	House Chief
424	Mahnoor Shah	Deputy House Chief
309	Braikhna Niaz	Academic Officer
374	Shahlaaila	Deputy Academic Officer
306	Nelum Nawaz	Treasurer
462	Misbah	Deputy Treasurer



CLASS OFFICIALS

Academic Year 2005

6 BLUE:

619	Raheel Ahmed	Class Leader
1029	Asfandiyar Khalid	Deputy Class Leader
950	Zia-ur-Rehman	House Chief
1059	Asif Khan	Deputy House Chief
620	Mohammad Baber Ali	Academic Officer
648	Junaid Afridi	Deputy Academic Officer
597	Inam Ullah	Treasurer
1131	Ihsan Ullah	Deputy Treasurer

6 GREEN

713	Waleed Khan	Class Leader
769	Jibran Khan	Deputy Class Leader
761	Razdan Khan	House Chief
707	Yasir Khan	Deputy House Chief
961	Daud Ahmed	Academic Officer
987	Shaheer Ahmed	Deputy Academic Officer
718	Waqas Ahmad	Treasurer
692	Kamran Subhan	Deputy Treasurer

6 - BLUE / GREEN

1336	Ahsan Sajjad	(Blue)	Class Leader
1337	Mudassar Hassan	(Green)	Deputy Class Leader
1202	Haris Ghani	(Green)	House Chief
1189	Shiraz Naeem	(Blue)	Deputy House Chief
1325	Irfan Sattar	(Green)	Academic Officer
1399	Adam Khan	(Blue)	Deputy Academic Officer
1185	Muhammad	(Green)	Treasurer

6 - BLUE GIRLS:

320	Fatima Jamal	(Blue)	Class Leader
307	Natasha Mehsud	(Green)	Deputy Class Leader
140	Badar Ateeq	(Blue)	House Chief
145	Mehak Sardar	(Blue)	Deputy House Chief
184	Palwasha Khan	(Green)	House Chief
342	Nida Awan	(Green)	Deputy House Chief
504	Rooma Awan	(Blue)	Academic Officer
267	Ramsha Nadeem	(Green)	Deputy Academic Officer
177	Lubna Hashim	(Green)	Treasurer
			Deputy Treasurer





CLASS OFFICIALS

Academic Year 2005

7 BLUE:

504	Salman Zahid	Class Leader
978	Shayan Zakir	Deputy Class Leader
1067	Sharjeel Riaz	House Chief
1084	Amjad Afridi	Deputy House Chief
679	Shoaib Ahmad	Academic Officer
521	Zubair Khan	Deputy Academic Officer
634	Mubashir Iltaf	Treasurer
630	Mohsin Amin	Deputy Treasurer

7 GREEN:

984	Jamal Khan	Class Leader
909	Ehtesham Qayyum	Deputy Class Leader
523	Saffat Habib	House Chief
808	Arif Ali	Deputy House Chief
549	Joel Gill	Academic Officer
438	Ahsan Abbas	Deputy Academic Officer
1014	Shahbaz Khan	Treasurer
1211	M.Asim Khan	Deputy Treasurer

7 BLUE / GREEN

1310	Shahmeer Raza	Class Leader
1293	Mohammad Mansoor	Deputy Class Leader
1319	Yaseen Afridi	House Chief
1207	Rub Nawaz	Deputy House Chief
406	Muhammad Saqib	Academic Officer
1346	Jamshed Khan	Deputy Academic Officer
1347	Jalil Iqbal	Treasurer
1254	Muhammad Waqas Khan	Deputy Treasurer

7 BLUE GIRLS

358	Saira Awan	(Green)	Class Leader
143	Sana Rehman	(Blue)	Deputy Class Leader
337	Amna Arif	(Blue)	House Chief
261	Sidra Altaf	(Blue)	Deputy House Chief
180	Tehmeem Zohra	(Green)	House Chief
449	Nabila Shah Nawaz	(Green)	Deputy House Chief
231	Sana Abkullah	(Green)	Academic Officer
124	Parkha Shams	(Green)	Deputy Academic Officer
220	Nabila Khan	(Blue)	Treasurer



CLASS OFFICIALS

Academic Year 2005

8 BLUE:

507	Usman Khalid	Class Leader
1198	Muneeb Khattak	Deputy Class Leader
641	Nadir Khan	House Chief
973	Adnan Afridi	Deputy House Chief
1393	Jalal Khan	Academic Officer
667	Munim-ur-Rehman	Deputy Academic Officer
949	Zarak Khan	Treasurer

8 - GREEN:

478	Yasir Jamal	Class Leader
479	Danyal Ahmed	Deputy Class Leader
423	Afnan Farid	House Chief
436	Adeel Afridi	Deputy House Chief
1215	Fawad Ahmed	Academic Officer
1184	Muhammad Asad	Deputy Academic Officer
967	Saad Amjad	Treasurer
		Deputy Treasurer

8 BLUE GIRLS:

64	Zamara Sohail	(Blue)	Class Leader
268	Zainab Said	(Blue)	Deputy Class Leader
353	Iqra Khalid	(Blue)	House Chief
242	Sara Imtiaz	(Blue)	Deputy House Chief
280	Laila Gul	(Green)	Academic Officer
96	Warida Naeem	(Green)	Deputy Academic Officer
292	Fatima Khurram	(Blue)	Academic Officer
117	Basma Ayub	(Green)	Deputy Academic Officer
318	Farah Naz	(Blue)	Treasurer

9 BLUE

488	Kamran Gul	(Green)	Class Leader
313	Zaheer Ahmed	(Blue)	Deputy Class Leader
422	Salman Fareed	(Blue)	House Chief
799	Muhammad Furqan	(Blue)	Deputy House Chief
1053	Abdul Mutalib	(Green)	House Chief
1441	Naveed Zazai	(Green)	Deputy House Chief
372	Syed Zeeshan Ahmed	(Green)	Academic Officer
436	Muhammad Kazim	(Blue)	Deputy Academic Officer
277	Zuraiz Khan	(Blue)	Treasurer
335	Abdul Aziz	(Green)	Deputy Treasurer





CLASS OFFICIALS

Academic Year 2005

(58)

9 BLUE GIRLS:

413	Sadia Bano	(Green)	Class Leader
454	Nayab Iqbal	(Green)	Deputy Class Leader
375	Hijab Habib	(Blue)	House Chief
84	Ghazala Khan	(Blue)	Deputy House Chief
73	Nida Ali	(Green)	House Chief
379	Ammara Humayun	(Green)	Deputy House Chief
336	Haleema Noor	(Blue)	Academic Officer.
119	Shahana Mehsud	(Blue)	Deputy Academic Officer
279	Sara Bashir	(Blue)	Treasurer
77	Sana Habib	(Green)	Deputy Treasurer

10 - BLUE:

949	Bilal Hussain	(Blue)	Class Leader
923	Nadeem Afzal	(Green)	Deputy Class Leader
1024	Muhammad Suhaib	(Blue)	House Chief
196	Alam Khan	(Blue)	Deputy House Chief
1117	Omer Shinwari	(Green)	House Chief
88	Zia Ullah	(Green)	Deputy House Chief
174	Izhar Ullah	(Blue)	Academic Officer
516	Shahab Saleem	(Blue)	Deputy Academic Officer
1087	Abdur Rasheed	(Green)	Treasurer
1210	Muhammad Arif	(Green)	Deputy Treasurer

10 BLUE GIRLS:

163	Sana Rehman	(Blue)	Class Leader
366	Beenish Khan	(Blue)	Deputy Class Leader
176	Taha Rehman	(Blue)	House Chief
341	Hareem Saeed	(Blue)	Deputy House Chief
253	Rehab Zahid	(Green)	House Chief
139	Shumaila Zeb	(Green)	Deputy House Chief
144	Mashal Riaz	(Blue)	Academic Officer
39	Sana Imtiaz	(Green)	Deputy Academic Officer
63	Amna Qadir	(Green)	Treasurer
32	Sana Iftikhar	(Green)	Deputy Treasurer





SCHOOL BAND (BOYS)

2005 - 2006

218 / 10 Blue	Haris Zafar	Captain
488 / 9 Blue (Gr)	Kamran Gul	V. Captain
613 / 7 Blue	Syed Israr	B Clarinet
630 / 7 Blue	Mohsin Amin	B Clarinet
679 / 7 Blue	Shoaib Ahmed	Side Drum
643 / 7 Blue	Mubbashar Altaf	B Trombone
1319 / 7 Blue	Hashim Elahi	Side Drum
1167 / 7 Blue	Salman Mukhtiar	B Euphonium
523 / 7 Green	Saffaf Habib	B Trombone
1054 / 7 Green	Asim Khan	B Trombone
1211 / 7 Green	Abdul Aziz	B Cornet
926 / 6 Green	Muhammad Babar	Tenor Drum
921 / 6 Green	Sikandar Khan	Flute
914 / 6 Green	Afraz Khan Afridi	Side Drum
975 / 6 Green	Adnan Khan	Base Drum
1325 / 6 Bl/Green	Irfan Sattar	Euphonium
1311 / 6 Bl/Green	Mubashir Afridi	B Trumpet
1414 / 6 Bl/Green	Nauroz Ali	E Euphonium
939 / 5 Blue	Ghassan Zahir	Side Drum
1383 / 5 Green	Sikandar Khan	Flute
914 / 5 Blue	Abdul Haseeb	Flute



SCHOOL BAND (GIRLS)

2005 - 2006

64 / 8 Blue	Zamara Sohail	Captain
242 / 8 Blue	Sara Imtiaz	V. Captain
226 / 7 Blue	Mehr Ul Nisa	Side Drum
261 / 7 Blue	Sidra Aftab	Side Drum
456 / 7 Blue	Shukria	Flute
171 / 6 Blue	Fatima Shahbaz	Flute
296 / 6 Blue	Aneesa Zeb	Side Drum
342 / 6 Blue	Nida Ali	Side Drum
356 / 6 Blue	Mehak Khan	Flute
444 / 6 Blue	Sidra Firdous	Flute
504 / 6 Blue	Roma Anwar	Tenor Drum
214 / 5 Blue	Hamana Tahir	Flute
228 / 5 Blue	Syeda Sadia Muaziz	Flute
306 / 5 Blue	Neelum Nawaz	Side Drum
374 / 5 Blue	Shah Laila	Base Drum
376 / 5 Blue	Mahnoor Habib	Flute
488 / 5 Blue	Hajra	Side Drum
295 / 4 Blue	Ayesha Shahid	Flute
361 / 4 Blue	Sidra Zeb	Flute
375 / 4 Blue	Mahnoor Habib	Flute





SENIOR GYMNASTIC TEAM (BOYS)

Roll No.	Class	Name	
987	6-Green	Shaheer Ahmed	Captain V. Captain
708	6-Green	Nasir Khan	
1067	7-Blue	Sherjeel Riaz	
761	6-Green	Razdan Khan	
707	6-Green	Yasir Khan	
986	6Green	Shabeer Ahmed	
652	5-BI/Green	Tameem Jan	

JUNIOR GYMNASTIC TEAM (BOYS)

787	5-Green	Shayan Sameer Fernando. Captain	V. Captain
788	6-Green	Sarosh Ahmad.	
718	6-Green	Waqas Ahmed	
1455	6-BI/Green	Mansoor Khan	
680	6-Green	Maaz Ullah Afridi	
695	5-Blue	Hamza Rehman	
732	5-Blue	Mueen-Ur-Rehman	
788	5-Green	Sarosh Ahmed	
859	5-Green	Omair Ali Khan	
1202	4-Blue	Anis Ghani	
791	4-Blue	Muhammad Annas	
1268	4-Blue	Arsalan Khalid	
72	4-Blue	Omer Khan	

JUNIOR GYMNASTIC TEAM (GIRLS)

140	6-Blue	Badar Atiq	Captain V. Captain
184	6-Blue (Gr)	Palwasha Khan	
145	6-Blue	Mehak Sardar	
190	5-Blue	Asiya Atiq	
263	5-Blue	Umaima Imtiaz	
212	5-Blue	Jaweria Jamal	
432	5-Blue	Mahnour Rehman	
359	4-Blue	Hina Gul	



KARATE TEAM 2005 - 2006

Roll No.	Class	Name	
365	5-Green	Shayan Sameer Fernando Captain	
476	7-Green	Osama Riaz Khan	V.Captain
1014	7-Green	Ali Shahbaz Khan	
620	6-Blue	Muhammad Babar Khan	
145	6-Blue	Syeda Mehak	
1027	5-Blue	Muhammad Talha	
316	5-Blue	Sumbal Aman Khan	
988	5-Blue	Farukh Aman Khan	
308	4-Blue	Ayesha Durrani	
407	4-Blue	Malaika Riaz	
408	3-Blue	Spogmay	
405	3-Blue	Mahnour Asim	
406	1-Blue	Tanees Asim	
378	1-Blue	Mahreen Durrani	
1243	Prep-Green	Fakhar Aman Khan	





SCHOOL RECORDS (BOYS)

Under 5:

50 Metres: 1160/Prep Blue Dainyal Afridi 10.44 Sec. 7.12.04
Throwing the Tennis Ball 1180/Prep Green Misbah-Ud-Din Afridi 22.77 m 7.12.04

Under 6:

50 Metres: 1044/1 Blue Mansoor Subhan 8.78 Sec. 7.12.04
Throwing the Tennis Ball 1278/1 Blue Ishfaq Ahmad 40.10 m 2.12.05

Under 7:

50 Metres: 1332/2 Blue M. Zeeshan 8.30 Sec. 2.12.05
Throwing the Tennis Ball 1132/1 Blue Asim Ullah 38.39 m 2.12.05

Under 8:

50 Metres: 713 /2 Green M. Waleed Khan 8.30 Sec. 5.11.02
Throwing the Tennis Ball 1314/3 Green Jaffar Iqbal 44.68 m 2.12.05

Under 9:

50 Metres: 1145/4 Blue Umair Imran 7.94 Sec. 2.12.05
Throwing the Cricket Ball 708 /5 Green Nasir Khan 52.05 m 7.12.04
4 x 50

Metres Relay 1042/4 Blue Hamza Ali Bangash 33.95 Sec. 7.12.04
 709 /4 Blue Musadiq Noor
 1312/4 Blue Muddasar Iqbal
 732 /4 Blue Mueen-Ur-Rehman

Under 10:

50 Metres: 953 /4 Blue Owais Khan 7.75 Sec. 6.12.03
100 Metres: 708 /6 Green Nasir Khan 15.19 Sec. 2.12.05
200 Metres: 925 /5 Blue Rizwan Mehsud 33.65 Sec. 5.11.02
4 X 50
Metres Relay 1042/5 Blue Hamza Ali Bangash 33.37 Sec. 7.12.04
 1312/5 Blue Mudassar Iqbal
 732 /5 Blue Mueen Ur Rehman
 709 /5 Blue Musadiq Noor



SCHOOL RECORDS (BOYS)

Throwing the Cricket Ball 1318/5 Blue Muhammad Noor 47.86 m 7.12.04

Under 11:

100 Metres: 753 /5 Blue Malik Adnan 14.72 Secs. 5.11.02
200 Metres: 984 /6 Green Jamal Khan 30.14 Secs. 7.12.04
4 X 50
Metres Relay: 1325/5 Blue-Gr Irfan Sattar 32.77 Secs. 7.12.04
 1194/6 Blue Gulsher
 1166/5 Blue Abdul Samad Khan
 667 /7 Blue Muneeb-Ur-Rehman

4 X 100

Metres Relay: 984 /6 Green Jamal Khan 1min3.16sc 7.12.04
 707 /5 Green Yasir Khan
 1041/5 Blue-Gr Ali Raza Bangash
 1329/6 Blue-Gr Noman Afridi

Long Jump: 471 /5 Green Mujeeb Alam 4.10 m 14.11.98

High Jump: 707 /5 Green Yasir Khan 4.10 m 7.12.04
 1329/6 Blue-Gr Noman Afridi 4 ft. 1 inch 7.12.04

Under 12:

50 Metres: 953 /4 Blue Owais Khan 7.75 Secs. 6.12.03
100 Metres: 984 /7 Green Muhammad Jamal 13.07 Secs. 2.12.05
200 Metres: 984 /7 Green Muhammad Jamal 30.00 Secs. 2.12.05
400 Metres: 1325/6 B/G(Gr) Irfan Sattar 1min12.98sc 2.12.05
4 X 50

Metres Relay: 984 /7 Green Muhammad Jamal 29.91 Secs. 2.12.05
 423 /8 Green Afnan Afridi
 1014/7 Green Ali Shahbaz
 1325/6 B/G(Gr) Irfan Sattar

4 X 100

Metres Relay: 984 /7 Green Muhammad Jamal 1min1.14sc 7.12.04
 423 /8 Green Afnan Farid
 1325/6 B/G(Gr) Irfan Sattar
 707 /6 Green Yasir Khan

Long Jump: 423 /8 Green Afnan Farid 4.43 m 2.12.05
High Jump: 1137/7 Green Saddam Saleem 4 ft5 Inches 7.12.04





SCHOOL RECORDS (BOYS)

Under 13:

100 Metres:	471 /6	Green	Mujeeb Alam	13.34 Secs.	9.11.00
200 Metres:	795 /9	Blue	Hamza Bangash	29.00 Secs.	7.12.04
400 Metres:	235 /7	Blue	Abbas Haider Malooki	1min0Secs	20.11.02

4 X 100

Metres Relay:	1137/7	Green	Adil Ayub	1min	7.12.04
	423 /7	Green	Mujeeb Alam		
	753 /5	Green	Farhan Habib		
	413 /8	Green	Inayat Khan		

Under -13

4 X 400

Metres Relay:	1067/7	Blue	Sherjeel Riaz	5min9.72Sc	2.12.05
	1198/8	Blue	Muneeb Khattak		
	422 /9	Blue	Salman Farid		
	429 /8	Blue	Iftikhar Afridi		

Long Jump:	471 /6	Green	Mujeeb Alam	5.03 m	9.11.00
High Jump:	715 /8	Green	Zahid Ahmad	5 ft.7inches	5.11.02

Under 14:

100 Metres:	806 /8	Blue	Arsalan Abdullah	12.40 Secs.	5.11.02
200 Metres:	806 /8	Blue	Arsalan Abdullah	26.90 Secs.	5.11.02
400 Metres:	799 /9	Blue	Muhammad Furqan	1 min 1.14sc	2.12.05
4 X 100					
Metres Relay:	235 /8	Blue	Abbas Haider Malooki	56.70 Secs.	5.11.02
	636 /8	Blue	Syed Khushal Shah		
	806 /8	Blue	Arsalan Abdullah		
	947 /8	Blue	Amjad Ali		

Under -14

4 X 400

Metres Relay:	795 /10	Blue	Hamza Bangash	4min56.78Sc	2.12.05
	799 /9	Blue	Muhammad Furqan		
	778 /9	Blue	Niaz Alam		
	785 /8	Blue	Zubair Ali		
Long Jump:	471 /7	Green	Mujeeb Alam	5.19 m	20.11.01
High Jump:	471 /7	Green	Mujeeb Alam	4 ft.7inches	20.11.01
	369 /8	Green	Saeed-Ur-Rehman	4 ft.7inches	5.11.02
Shot Putt:	795 /10	Blue	Hamza Bangash	7.53 m	2.12.05



SCHOOL RECORDS (BOYS)

Under 15:

100 Metres:	636 /10	Blue	S. Khushal Shah	12.66 Secs.	7.12.04
200 Metres:	235 /10	Blue	Abbas Haider Malooki	27.58 Secs	7.12.04
400 Metres:	211 /9	Green	Hamid Ahmed	1min7Secs.	5.11.97
800 Metres:	636 /10	Blue	S. Khushal Shah	2min38.93s	7.12.04
4 X 100					

Metres Relay:	235 /8	Blue	Abbas Haider Malooki	55.48 Secs.	7.12.04
	636 /10	Blue	S. Khushal Shah		
	949 /9	Blue	Bilal Hussain		
	1024/9	Blue	Muhammad Sohaib		

4 X 400

Metres Relay:	235 /8	Blue	Abbas Haider Malooki	4min38.36Sc	7.12.04
	636 /10	Blue	S. Khushal Shah		
	949 /9	Blue	Bilal Hussain		
	1024/9	Blue	Muhammad Sohaib		

Long Jump:	566 /10	Green	Haroon Afridi	5.10 m	9.11.00
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High Jump:	114 /9	Blue	Hamad Shah	4 ft. 9inches	14.11.98
	102 /8	Blue	Quaid Iqbal	4 ft. 9inches	5.11.02
	471 /8	Green	Mujeeb Alam	7.99 m	5.11.02

Shot Putt:

Under 16:

100 Metres:	202 /7	Green	Imran Afridi	12.75 Secs.	22.11.99
	234 /9	Blue	Zeeshan Haider Malooki	12.75 Secs.	5.11.02
200 Metres:	471 /10	Blue	Mujeeb Alam	27.80 Secs.	7.12.04
400 Metres:	640 /10	Blue	Zarak Khan	1min 1 Sec	20.11.01
800 Metres:	333 /10	Blue	Haroon Iqbal	2.min38sec	6.11.03
4 X 100					

Metres Relay:	494 /9	Blue	Sajid Habib	55.09 Secs.	22.11.99
	332 /9	Blue	Waseem Iqbal		
	282 /8	Blue	Alamzeb Khan		
	420 /9	Blue	Zeeshan Farid		

4 X 400

Metres Relay:	681 /9	Blue	Hamid Khan	4 min34sec	5.11.02
	674 /10	Blue	Muhammad Mumraiz		
	711 /10	Blue	Muhammad Farhan		
	427 /10	Blue	Sahibzada Saleem		

Long Jump:	471 /10	Blue	Mujeeb Alam	5.35 m	7.12.04
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High Jump:	88 /10	Blue(Gr)	Zia Ullah	4ft.10inches	7.12.04
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Shot Putt:	471 /10	Blue	Mujeeb Alam	8.59 m	6.12.03
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SCHOOL RECORDS (GIRLS)

Under 5:

50 Metres: 436 /1 Blue Mahnoor Khan 12.44 Secs. 7.12.04

Throwing the

Tennis Ball 436 /1 Blue Mahnoor Khan 12.5 m 7.12.04

Under 6:

50 Metres: 352 /Prep Blue Laiba Mehsud 10.09 Sec 6.12.03

Throwing the

Tennis Ball 360 /1 Blue-Gr Faiza Gul 13.88 m 7.12.04

Under 7:

50 Metres: 100 /2 Blue Mehwish Asad 9.69 Secs. 14.11.98

Throwing the

Tennis Ball 313 /2 Blue-Gr Sana Saleem 18.77 m 7.12.04

Under 8:

50 Metres: 359 /3 Blue Hina Gul 9.42 Secs. 02.12.05

Throwing the

Tennis Ball 359 /3 Blue Hina Gul 26.09 m 02.12.05

Under 9:

50 Metres: 184 /5 Blue-Gr Palwasha Khan 8.65 Secs. 7.12.04

Throwing the

Tennis Ball 184 /5 Blue-Gr Palwasha Khan 29.69 m 7.12.04

4 x 50

Metres Relay 184 /5 Blue-Gr Palwasha Khan 38.2 Sces. 7.12.04

196 /5 Blue-Gr Omama Saleem

410 /4 Blue-Gr Bakht Mina

424 /4 Blue-Gr Mahnoor Shah

Under 10:

50 Metres: 184 /6 Blue-Gr Palwasha Khan 8.59 Secs. 02.12.05

100 Metres:

184 /6 Blue-Gr Palwasha Khan 33.76 m. 02.12.05

4 X 50

Metres Relay 342 /5 Blue-Gr Nida Ali 37.08 Secs. 7.12.04

237 /5 Blue-Gr Maria Khan

177 /5 Blue-Gr Lubna Hashim

231 /6 Blue-Gr Sana Abdullah



SCHOOL RECORDS (GIRLS)

Throwing the

Cricket Ball 307 /5 Blue-Gr Natasha Mehsud 25.71 m 7.12.04

Under 11:

100 Metres: 94 /3 Blue-Gr Raheela Mahmood 13.39 Secs. 7.12.04

4 X 50

Metres Relay: 05 /5 Blue Taniya Hashim 37.09 Secs. 14.11.98

43 /5 Blue S. Alia Azhar

57 /5 Blue Ayesha Hafiz

26 /5 Blue Sehrish Jamal

Long Jump: 05 /5 Blue Taniya Hashim 3.46 m 14.11.98

Under 12:

100 Metres: 94 /3 Blue-Gr Raheela Mahmood 13.90 Secs. 14.11.98

200 Metres: 336 /6 Blue Haleema Noor 38.70 Secs. 7.12.04

4 X 50

Metres Relay: 155 /5 Blue Zarka Khan 38.03 Secs. 14.11.98

141 /6 Blue Uzma Batool

41 /6 Blue Sanam Khan

04 /5 Blue Kiran Sharif

4 X 100

Metres Relay: 221 /6 Blue Sanam Khan 1 min 4.86 sec 22.11.99

20 /6 Blue Sehrish Jamal

193 /4 Blue Nazish Zeb

05 /6 Blue Taniya Hashim

Long Jump: 94 /5 Blue-Gr Raheela Mahmood 3.74 m 14.11.98

High Jump: 110 /5 Blue Hajira Jan 3ft.7 inches 6.12.03





SCHOOL RECORDS (GIRLS)

Under 13:

100 Metres:	05	/7	Blue	Taniya Hashim	15.38 Secs.	9.11.00
200 Metres:	05	/7	Blue	Taniya Hashim	34.38 Secs.	9.11.00

4 X 100

Metres Relay:	73	/8	Blue-Gr	Nida Ali	1min10.47sc	7.12.04
	379	/8	Blue-Gr	Hammara Hamayun		
	96	/7	Blue-Gr	Warida Naeem		
	139	/9	Blue-Gr	Shumaila Zeb		

Long Jump:	85	/7	Blue-Gr	Sara Riaz	3.77 m	9.11.00
High Jump:	84	/9	Blue	Ghazala Khan	3ft10inches	02.12.05

Under 14:

100 Metres:	209	/7	Blue-Gr	Saima Riaz	15.75 Secs.	9.11.00
200 Metres:	375	/7	Blue	Hijab Habib	35.25 Secs.	6.12.03

4 X 100

Metres Relay:	222	/7	Blue-Gr	Maria Khan	11min 11sc	9.11.00
	944	/7	Blue-Gr	Raheela Mehmood		
	167	/7	Blue-Gr	Momina Khan		
	209	/7	Blue-Gr	Saima Riaz		

Long Jump:	209	/7	Blue-Gr	Saima Riaz	3.94 m	9.11.00
High Jump:	119	/9	Blue	Shahana Mehsud	3ft7 inches	02.12.05
Shot Putt:	375	/8	Blue	Hijab Habib	6.0 m	5.11.02

Under 15:

100 Metres:	06	/9	Blue	Uzma Hashim	16 Secs.	6.12.03
200 Metres:	06	/9	Blue	Uzma Hashim	36.26 Secs.	6.12.03

4 X 100

Metres Relay:	126	/9	Blue	Zarlakhta	1min13secs	6.12.03
	06	/9	Blue	Uzma Hashim		
	176	/8	Blue	Taha Rehman		
	91	/9	Blue	Sophia Zohra		

Long Jump:	06	/9	Blue	Uzma Hashim	3.85m	6.12.03
High Jump:	91	/9	Blue	Sophia Zohra	3 ft.7inches	6.12.03
Shot Putt:	375	/9	Blue-Gr	Hijab Habib	5.70 m	02.12.05

Under 16:

Shot Putt:	77	/9	Blue (Gr)	Sana Habib	5.70 m.	02.12.05
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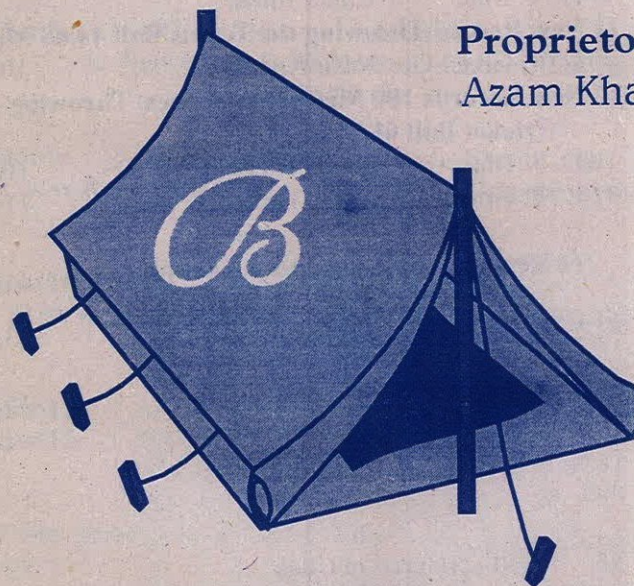
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CHAMPION ATHLETES (BOYS)

10th Annual Athletic Sports Meet 2005

Group	R.No/	Class	Name	Points
Under 5:	1376/	Pre Prep Gr	Ibrahim Yousha	8
Under 6:	1278/1-	Blue	Ishfaq Ahmed	10
Under 7:	1332/2	Bl	Muhammad Zeeshan	8

(1 New Record 50 Metres 8.30 Secs.)

Under 8:	1314/3	Green	Jaffar Iqbal	8
	1265/3	Blue	Muhammad Tufail	5
	1092/1	Green-Gr	Salman Afridi	5

(1 New Record 50 Metres 7.94 Secs.)

Under 9:	1145/4	Blue	Umair Imran	5
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(1 New Record Throwing the Tennis Ball 44.68 M.)

Under 10:	708 /6	Green-Gr	Nasir Khan	10
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(2 New Records 100 Metres 15.19 Secs. Throwing the Cricket Ball 61.24 M.)

Under 11:	1093/7	Blue	Shafat Hussain	10
Under 12:	423 /8	Green	Afnan Farid	11

(1 New Record Long Jump 4.43 m)

Under 13:	422 /9	Blue	Salman Farid	13
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Under 14:	795 /10	Blue	Hamza Bangash	15
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(1 New Record Shot Putt 7.53 m)

Under 15:	463 /8	Green	Adeel Afridi	15
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Under 16:	88 /10	Blue (Gr)	Zia Ullah	13
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(1 New Record High Jump 4 ft 10 Inches)



CHAMPION ATHLETES (GIRLS)

10th Annual Athletic Sports Meet 2005

Group	R.No/	Class	Name	Point
Under 5:	461 /	Pre-Prep	Aksa Gul Kakakhel	6

(2 New Records 50 Metres 12.44 Secs. & Throwing the Tennis Ball 12.53 m.)

Under 6:	377 /1	Blue	Hoor Sharif	10
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(1 New Record Throwing the Tennis Ball 13.88 M.)

Under 7:	435 /1	Blue	Gulalai	8
	360 /2	Blue-Gr	Faiza Gul	8
	313 /2	Blue-Gr	Sana Saleem	5

(1 New Record Throwing the Tennis Ball 18.77 M.)

Under 8:	359 /3	Blue	Hina Gul	15
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(2 New Records 50 Metres 9.42 Secs. Throwing the Tennis Ball 26.09 m)

Under 9:	295 /4	Blue-Gr	Ayesha Shahid	11
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(2 New Records 50 Metres 8.65 Secs. & Throwing the Tennis Ball 29.69 m.)

Under 10:	184 /6	Blue-Gr	Palwasha Khan	15
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(2 New Records 50 Metres 8.59 Secs. Throwing the Tennis Ball 33.76 m)

Under 11:	307 /6	Blue	Natasha Mehsud	6
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Under 12:	353 /8	Blue	Iqra Khalid	11
	140 /6	Blue	Bader Ateeq	11
	143 /7	Blue	Sana Rehman	11

(2 New Records 100 Metres 16.85 Secs. & 200 Metres 38.70 Secs.)

Under 13:	84 /9	Blue	Hijab Habib	15
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(1 New Record High Jump 3 ft 10 Inches)

Under 14:	119 /9	Blue	Shahana Mehsud	8
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(1 New Record High Jump 3 ft 7 Inches)

Under 15:	375 /10	Blue	Hijab Habib	15
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(1 New Record Shot Putt 5.48 m)

Under 16:	176 /10	Blue	Taha Rehman	13
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THE BEST ATHLETE'S TROPHY

BOYS:

1999	202 / 7	Green	Imran Afridi
2000	202 / 7	Green	Imran Afridi
2001	495 / 10	Green	Farhan Afridi
2002	715 / 8	Green	Zahid Ahmad
2003	471 / 9	Blue (Gr)	Mujeeb Alam with 15 Points
2003	1199/3	Blue	Muneeb Habib with 15 Points
2004	471 / 10	Blue (Gr)	Mujeeb Alam with 15 Points

GIRLS

1999	99 / 7	Blue	Rabia Asad
2000	209 / 9	Green	Saima Riaz
2001	05 / 8	Blue	Taniya Hashim
2002	05 / 8	Blue	Taniya Hashim
2003	05 / 10	Blue	Taniya Hashim with 15 Points
2004	375 / 8	Blue	Hijab Habib with 15 Points



CHIEF GUESTS:

- 1) Year 1996 (21-11-1996) Muhammad Saleem Khan
(Secretary to the Gove.of N.W.F.P
Planning Environment and
Development Department Peshawar)
- 2) Year 1997 (25-11-1997) Mr. Shakil Durrain
(Additional Chief Secretary to the
Govt. of N.W.F.P Planning Enviroment
and Development Department)
- 3) Year 1998 (14-11-1998) Maj. (Retd.) Sahibazda M. Khalid
(Secretary to the Gove. of N.W.F.P
Education Department, Peshawar)
- 4) Year 1999 (22-11-1999) Syed Mazhar Ali Shah
(Secretary to the Govt. of N.W.F.P
Education Department, Peshawar)
- 5) Year 2000 (09-11-2000) Mr. Muhammad Riaz
Chairman Monopoly Control Authority
Govt. of Pakistan, Islamabad.)
- 6) Year 2001 (20-11-2001) Mr. Francis' Sales Fernando
(Principal St.Francis' High School
Hayatabad Peshawar.)
- 7) Year 2002 (05-11-2002) His Excellency Gen.C.S. Weerasooriya
(The High Commissioner for Sri Lanka
in Pakistan)
- 8) Year 2003 (06-12-2003) Mr. Nooruddin F. Daud,
Tamga-I-Imtiaz (Civil) (The
Managing Director, Daud Sons,
Peshawar.)
- 9) Year 2004 (07-12-2004) Mr. Sherzada Khan
Secretary Schools and Literacy
Deptt. Govt. of N.W.F.P





SCHOOL TROPHIES

BADMINTON TROPHY:

(Boys) Singles: To Blue House with 35 Points (Green House 24.5 Points)

Doubles: To Green House with 30 Points (Blue House 24 Points)

(Girls) Singles: To Green House with 55 Points (Blue House 25 Points)

Doubles: To Blue House with 33 Points (Green House 16 Points)

Overall Badminton Trophy (Boys) To Blue House with 67 Points

Overall Badminton Trophy (Girls) To Green House with 71 Points

BASKETBALL TROPHY:

To Blue House with 35 Points (With Green House 25 Points)

CHESS TROPHY

(Boys) To Blue House with 28 Points. (Green House 26 Points)

(Girls) To Blue House with 16.5 Points. (Green House 13.5 Points)

CRICKET TROPHY

To Blue House with 60 Points. (Green House 30 Points)

FOOTBALL TROPHY

To Green House with 45 Points. (Blue House 25 Points)

NETBALL TROPHY

To Both House with 9 Points each.

TUG-O-WAR TROPHY

(Boys) To Green House with 19 points (Blue House 17 Points)

(Girls) To Green House with 7 Points. (Blue House 5 Points)

OVERALL TUG-O-WAR TROPHY

To Green House with 26 points. (Blue House 22 points)

VOLLEYBALL TROPHY

To Both House with 30 Points each.

BEST SQUAD LEADER TROPHY

(Boys)

(Girls)





SCHOOL TROPHIES

INTER HOUSE SPORTS TROPHY:

- (Boys) To Blue House with 254 points (Green House 221.5 points)
(Girls) To Green House with 84.5 points (Blue House 74.5 points)
Overall Inter House Sports Trophy
To Blue House 328.5 points. (Green House 306 points)

INTER HOUSE ATHLETICS TROPHY:

- (Boys) To Green House 387 points (Blue House 262 points)
(Girls) To Blue House 292 points (Green House 203 points)

OVERALL INTER HOUSE ATHLETICS TROPHY

- To Blue House with 679 points (Green House 465 points)

INTER HOUSE RELAY TROPHY:

- (Boys) To Blue House with 102.5 points (Green House 101.5 points)
(Girls) To Blue House with 34 points (Green House 29 points)
Overall Inter House Relay Trophy
To Blue House 136.5 points (Green House 130.5 points)

HOUSE TENT TROPHY

MARCH PAST TROPHY:

- (Boys) (Girls)

THE BEST ATHLETE'S TROPHY (Boys)

- 795 / 10 Blue Hamza Bangash 15 Points.
(1 New Record) Shot Putt 7.53 Metres.

THE BEST ATHLETE'S TROPHY (Girls)

- 359 / 3 Blue Hina Gul 15 Points.
(2 New Records) (i) 50 Metres. 9.42 Secs.
(ii) Throwing the Tennis Ball. 26.09 Metres.
184 / 6 Blue (Gr) Palwasha Khan 15 Points.
(2 New Records) (i) 50 Metres. 8.59 Secs.
(ii) Throwing the Tennis Ball. 33.76 Metres.

Overall Championship Trophy

- To Blue House with 1144 points (Green House 901.5 points)

